



St. Benedict's Episcopal Church

**Tending Mind & Soul
in Los Osos, CA**

October 25th, 2026

**Twenty-second Sunday
after Pentecost**

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

The Rev. Linzi Stahlecker

Presider: Blessed be the one, holy, and living God.

People: ***Glory to God for ever and ever.***

Presider: Let us pray.

All: **Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our hearts by
the inspiration of your Holy Spirit, that we may perfectly love you, and
worthily magnify your holy Name; through Christ our Lord. *Amen.***

♫ Hymn #7

“Christ whose glory fills the skies”

Blue Hymnal



1 Christ, whose glo - ry fills the skies, Christ, the true, the on - ly Light,
2 Dark and cheer-less is the morn un - ac - com - pan - ied by thee;
3 Vis - it then this soul of mine! Pierce the gloom of sin and grief!



Sun of Right-eous - ness, a - rise! Tri-umph o'er the shades of night:
joy - less is the day's re - turn, till thy mer - cy's beams I see,
Fill me, ra - dian - cy di - vine; scat - ter all my un - be - lief;



Day-spring from on high, be near; Day-star, in my heart ap - pear.
till they in - ward light im - part, glad my eyes, and warm my heart.
more and more thy - self dis - play, shin - ing to the per - fect day.

Collect of the Day

Presider: God be with you.

People: *And also with you.*

Presider: Almighty and everlasting God, increase in us the gifts of faith, hope, and charity; and, that we may obtain what you promise, make us love what you command; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

please be seated for the readings

Deuteronomy 34:1-12

Reader: A Reading from the Book of Deuteronomy

Moses went up from the plains of Moab to Mount Nebo, to the top of Pisgah, which is opposite Jericho, and the LORD showed him the whole land: Gilead as far as Dan, all Naphtali, the land of Ephraim and Manasseh, all the land of Judah as far as the Western Sea, the Negeb, and the Plain—that is, the valley of Jericho, the city of palm trees—as far as Zoar. The LORD said to him, “This is the land of which I swore to Abraham, to Isaac, and to Jacob, saying, ‘I will give it to your descendants’; I have let you see it with your eyes, but you shall not cross over there.” Then Moses, the servant of the LORD, died there in the land of Moab, at the LORD’s command. He was buried in a valley in the land of Moab, opposite Beth-peor, but no one knows his burial place to this day. Moses was one hundred twenty years old when he died; his sight was unimpaired and his vigor had not abated. The Israelites wept for Moses in the plains of Moab thirty days; then the period of mourning for Moses was ended.

Joshua son of Nun was full of the spirit of wisdom, because Moses had laid his hands on him; and the Israelites obeyed him, doing as the LORD had commanded Moses.

Never since has there arisen a prophet in Israel like Moses, whom the LORD knew face to face. He was unequaled for all the signs and wonders that the LORD sent him to perform in the land of Egypt, against Pharaoh and all his servants and his entire land, and for all the mighty deeds and all the terrifying displays of power that Moses performed in the sight of all Israel.

Reader: Hear what the Spirit is saying to God’s people.

People: ***Thanks be to God.***

♪ Psalm 90:1-6, 13-17

S410

1 Lord, you have been our **refuge** *
from one generation to a-**nother**.

2 Before the mountains were brought forth,
or the land and the earth were **born**, *
from age to age you are **God**.

3 You turn us back to the dust and **say**, *
"Go back, O child of **earth**."

4 For a thousand years in your sight are like yesterday when it is **past** *
and like a watch in the **night**.

5 You sweep us away like a **dream**; *
we fade away suddenly like the **grass**.

6 In the morning it is green and **flourishes**; *
in the evening it is dried up and **withered**.

13 Return, O Lord; how long will you **tarry**? *
be gracious to your **servants**.

14 Satisfy us by your loving-kindness in the **morning**; *
so shall we rejoice and be glad all the days of our **life**.

15 Make us glad by the measure of the days that you a-**fflicted us** *
and the years in which we suffered ad-**versity**.

16 Show your servants your **works** *
and your splendor to their **children**.

repeat the second half of the chant for the last verse

17 May the graciousness of the Lord our God be u-**pon us**; *
prosper the work of our hands;
prosper our **handiwork**.



1 Thessalonians 2:1-8

Reader: A Reading from Paul's First Letter to the Thessalonians

You yourselves know, brothers and sisters, that our coming to you was not in vain, but though we had already suffered and been shamefully mistreated at Philippi, as you know, we had courage in our God to declare to you the gospel of God in spite of great opposition. For our appeal does not spring from deceit or impure motives or trickery, but just as we have been approved by God to be entrusted with the message of the gospel, even so we speak, not to please mortals, but to please God who tests our hearts.

As you know and as God is our witness, we never came with words of flattery or with a pretext for greed; nor did we seek praise from mortals, whether from you or from others, though we might have made demands as apostles of Christ. But we were gentle among you, like a nurse tenderly caring for her own children. So deeply do we care for you that we are determined to share with you not only the gospel of God but also our own selves, because you have become very dear to us.

Reader: Hear what the Spirit is saying to God's people.

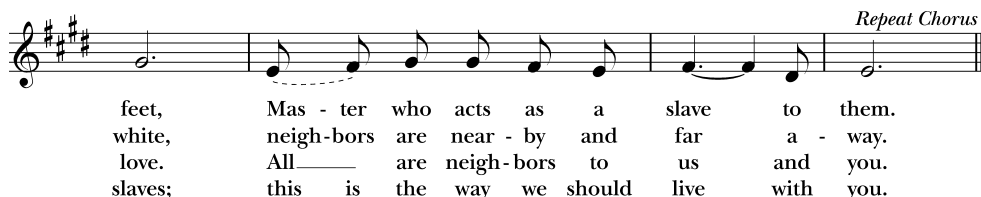
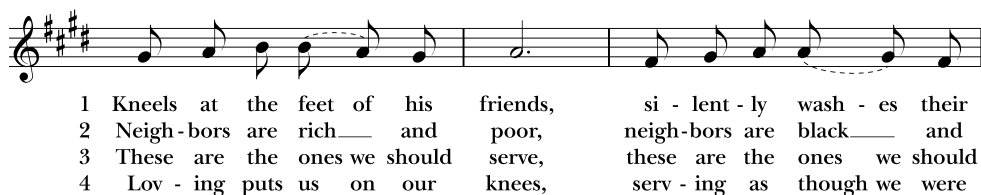
People: ***Thanks be to God.***

(please stand as you are able as we welcome the Gospel)

♫ Hymn #602

“Jesu, Jesu” (verse 1 and 2 only)

Blue Hymnal



Words: Ghanaian; tr. Thomas Colvin (b. 1925), alt. Copyright © 1969 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Chereponi [Jesu, Jesu]*, Ghanaian folk song, adapt. Thomas Colvin (b. 1925). Copyright © 1969 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission.

Matthew 22:34-46

Deacon: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: *Glory to You, Lord Christ.*

When the Pharisees heard that Jesus had silenced the Sadducees, they gathered together, and one of them, a lawyer, asked him a question to test him. “Teacher, which commandment in the law is the greatest?” He said to him, ““You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.

' This is the greatest and first commandment. And a second is like it:
'You shall love your neighbor as yourself.' On these two
commandments hang all the law and the prophets."

Now while the Pharisees were gathered together, Jesus asked them this
question: "What do you think of the Messiah? Whose son is he?" They
said to him, "The son of David." He said to them, "How is it then that
David by the Spirit calls him Lord, saying,

'The Lord said to my Lord,
"Sit at my right hand,
until I put your enemies under your feet"'?

If David thus calls him Lord, how can he be his son?" No one was able to
give him an answer, nor from that day did anyone dare to ask him any more
questions.

Deacon: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

Silence

Affirmation of Faith

The Nicene Creed

Let us affirm our faith in Jesus Christ the Son of God.

All: **We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

We pray for all who have shared their lives and their faith with us.

We pray for all who teach the faith,

for preachers and evangelists,

for theological colleges,

for Religious Education teachers,

for Sunday-school teachers.

We remember all who have been led astray by false teachers and vain promises.

God of grace and glory,

lead us from despair to hope.

We pray for all who are working for peace in our world,

for all who stand up for the exploited or the marginalized,

for those with vision who seek to care for and conserve the resources of this planet.

We pray for ecologists,

for all who work on the land,

for all research workers and scientists.

We pray for all who have been cheated out of their land by economic powers.

God of grace and glory,

lead us from despair to hope.

We give thanks for all who share their lives with us and are dear to us.

We pray for a spirit of good neighborliness in our communities;

may no one be neglected or forgotten.

We pray for all who are estranged from their loved ones and friends.

We pray for the building up of community life,

for community centers and places where locals can meet.

God of grace and glory,
lead us from despair to hope.

We remember before you all who are lonely,
all who have been deserted by loved ones,
those who have recently lost a loved one.
We pray for all who have difficulty in building relationships,
for those in difficult relationships
and where there is a breakdown in understanding or care.

We pray for all who are separated from loved ones because of sickness,
all who are in hospital, all who need full-time care.

We pray for all who are in need, especially for those in our Bidding Book:

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

God of grace and glory,
lead us from despair to hope.

We give thanks for all who have sought to loved you with all their heart,
with all their soul, and with all their mind.

We remember all who have served you by serving others.
We give thanks for all who in the past have enriched our lives and our
communities by their goodness.
We pray that we may have a share with them in your kingdom in glory.

God of grace and glory,
lead us from despair to hope.

Presider:

Almighty God, we give you thanks and praise
for all who have had the courage to speak out boldly for the
gospel,
for all the saints and martyrs of the past,
for all holy people who now stand for justice and freedom.
May we join with them in serving you;
through Jesus Christ our Savior. *Amen.*

Confession

Deacon: Let us confess our sins against God and our neighbor.

*People: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Absolution

Presider: Almighty God have mercy on you, forgive you all your sins
through our Lord Jesus Christ, strengthen you in all
goodness, and by the power of the Holy Spirit keep you in
eternal life. *Amen.*

The Peace

Presider: The peace of Christ be always with you.

People: *And also with you.*

The congregation may greet one another in the name of Christ.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concern, may come forward. Prayers can be found on the yellow/blue card in your pew.

The Offertory

You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website www.stbenslososos.org



♪ Hymn #691

“My faith looks up to thee”

Blue Hymnal

1 My faith looks up to thee, thou Lamb of Cal - va - ry,
 2 May thy rich grace im - part strength to my faint - ing heart,
 3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine! Now hear me while I pray, take all my
 my zeal in - spire; as thou hast died for me, O may my
 be thou my guide; bid dark-ness turn to day; wipe sor - row's

guilt a - way; O let me from this day be whol - ly thine.
 love to thee pure, warm, and change-less be, a liv - ing fire.
 tears a - way, nor let me ev - er stray from thee a - side.

Words: Ray Palmer (1808-1887). Music: Olivet, Lowell Mason (1792-1872).

♪ Doxology:

[Hymn tune #400]

Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

On the 4th Sunday of the month, it has long been St. Benedict's custom to use the Eucharistic Prayer from the Iona Community [iona.uk.org]. The Iona Community is an international, ecumenical Christian movement, working for peace and justice, the rebuilding of community and the renewal of worship.

Presider:

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;

you who have been here often and you who have not been for a long time;

you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Presider: May Christ be with you,

All: And also with you.

Presider: Lift up your hearts,

All: We lift them up to God.

Presider: Let us give thanks to God,

All: It is right to give both thanks and praise.

Presider: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you.

With the angels of light who envelop us, with the host of heaven, with all the saints before and beside us, with siblings east and west, north and south,

we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

♪ Sanctus

WLP 858

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. * Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The Presider continues

Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke the bread and gave it to his disciples, saying, "This is my body, given to you." In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, "This cup is the new relationship with God, sealed with my blood. Take this and share it. I shall drink wine with you next in the coming Kingdom of God."

*All: Loving God,
 through your goodness we have this bread and wine to offer,
 which earth has given and human hands have made.
 May we know your presence in the sharing of this bread,
 So that we may know your touch in all bread, all matter.
 We celebrate the life that Jesus has shared among his
 community through the centuries, and shares with us now.
 Made one in Christ and one with each other, we offer these gifts
 and with them ourselves, a single, holy, living sacrifice. Amen.*

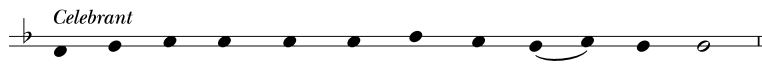
Presider: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they become for us your body, vibrant with your life, healing, renewing and making us whole. And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

*All: Through Christ and with Christ and in Christ,
 all honor and glory are yours, All-Compassionate God,
 in the unity of the Holy Spirit, for ever and ever. AMEN*

♪ The Lord's Prayer

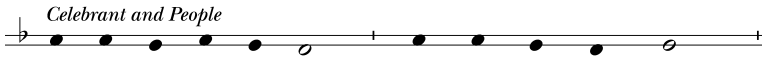
S148

Celebrant

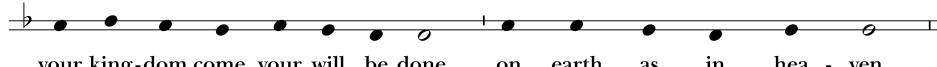


As our Sa - vior Christ has taught us, we now pray,

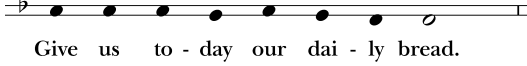
Celebrant and People



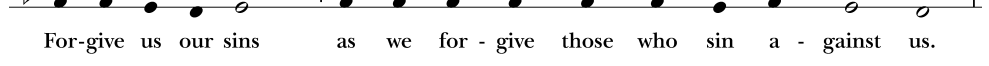
Our Fa - ther in hea - ven, hal - lowed be your Name,



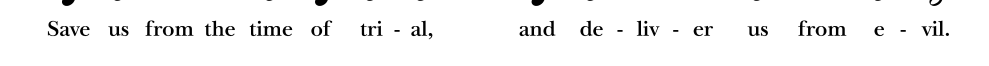
your king - dom come, your will be done, on earth as in hea - ven.



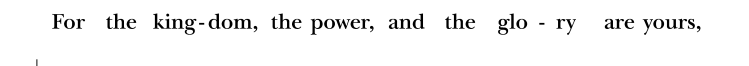
Give us to - day our dai - ly bread.



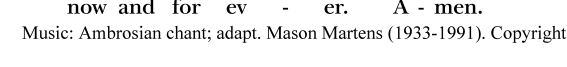
For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

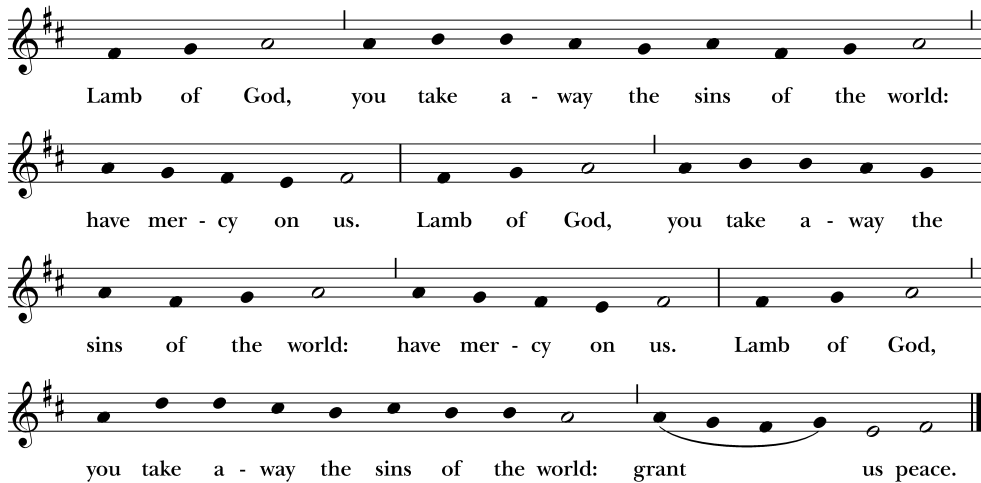
Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Breaking of the Bread

The Presider breaks the Bread

♪ Fraction Anthem

S161



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Holy Communion

Presider: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward.

♪ Choir Anthem

“If Ye Love Me” - Thomas Tallis

Hymn #334 “Praise the Lord, rise up rejoicing” (verses 1 and 3 only) Blue Hymnal



1 Praise the Lord, rise up re - joice - ing, wor - ship, thanks, de -
 2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,
 3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -

vo - tion voic - ing; glo - ry be to God on high!
 one voice hear - ing, ears at - ten - tive to your word;
 lert and liv - ing in your Spi - rit, strong and free.

Christ, your cross and pas - sion shar - ing, by this Eu - cha -
 by your Blood new life re - ceiv - ing, in your Bo - dy,
 Part - ners in your new cre - a - tion, seek - ing peace in

rist de - clar - ing yours the fi - nal vic - to - ry.
 firm be - liev - ing, we are yours, and you the Lord.
 ev - ery na - tion, may we faith - ful fol - lowers be.

Silence

(please stand as you are able)

Prayer

*Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Savior.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.*

Blessing

♪ Hymn #537

“Christ for the world we sing!”

Blue Hymnal



1 Christ for the world we sing! The world to
 2 Christ for the world we sing! The world to
 3 Christ for the world we sing! The world to
 4 Christ for the world we sing! The world to



Christ we bring with lov - ing zeal; the poor, and
 Christ we bring with fer - vent prayer; the way - ward
 Christ we bring with one ac - cord; with us the
 Christ we bring with joy - ful song; the new - born



them that mourn, the faint and o - ver - borne,
 and the lost, by rest - less pas - sions tossed,
 work to share, with us re - proach to dare,
 souls, whose days, re - claimed from er - ror's ways,



sin - sick and sor - row - worn, whom Christ doth heal.
 re - deemed at count - less cost from dark de - spair.
 with us the cross to bear, for Christ our Lord.
 in - spired with hope and praise, to Christ be - long.

Dismissal

Deacon: Let us go forth in the name of Christ.

People: *Thanks be to God.*

♪ Postlude

Original Improvisation

Paul Burkle

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Ministers of the Service

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Deacon:	The Rev. Deacon Sharon Dalrymple
Altar Guild:	Lisa Gonzalez
Eucharistic Minister:	Michael Lucas
Chalice:	The Rev. Deacon Sharon Dalrymple
Lectors:	Alice Welchert, Connie Weldon
Flowers:	Brian Spolarich
Usher:	Alan Kiste
Usher:	Brian Spolarich
Music:	Paul Burkle
Intercessor:	Louisa Beeler
Tellers:	Alice Welchert, Bryson McKelvey
Online Host:	Elaine Beckham
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Bryson McKelvey & Rev. Caro Hall

This Week at St. Ben's

Monday	Oct 26
8:30 a	Morning Prayer (Zoom)
Tuesday	Oct 27
8:30 a	Morning Prayer (Zoom)
9:45 a	Prayers for the Morning (Zoom)
10:30 a	Spiritual Conversation (Zoom)
11:30p	Bible Study
Wednesday	Oct 28
8:30 a	Morning Prayer (Zoom)
11:00 a	Laundry Love
4:00 p	Laundry Love
Thursday	Oct 29
8:30 a	Morning Prayer (Zoom)
6:00 p	Choir Practice
Friday	Oct 30
8:30 a	Morning Prayer (Zoom)
Sunday	Nov 1
10:30 a	Eucharist Service & Blessing the union of Jane and Sharon
12:00 p	Potluck

Land Acknowledgment

St. Benedict's acknowledges with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May the people of this parish always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and invites spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

St. Benedict's strives to welcome all, regardless of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.



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