



St. Benedict's Episcopal Church

Tending Mind & Soul in Los Osos, CA

October 18th, 2026

Twenty-first Sunday after Pentecost

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

The Rev. Linzi Stahlecker

Presider: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever.*

Presider: Let us pray.

All: Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our hearts by
the inspiration of your Holy Spirit, that we may perfectly love you, and
worthily magnify your holy Name; through Christ our Lord. *Amen.*

♫ Hymn #420 “When in our music God is glorified” (vs. 1-3 only) Blue Hymnal



1 When in our mu - sic God is glo - ri - fied, _____
 2 How of - ten, mak - ing mu - sic, we have found _____
 3 So has the Church, in lit - ur - gy and song, _____
 4 And did not Je - sus sing a psalm that night _____
 5 Let ev - ery in - stru - ment be tuned for praise! _____



1 and a - dor - a - tion leaves no room for pride, _____
 2 a new di - men - sion in the world of sound, _____
 3 in faith and love, through cen - tu - ries of wrong, _____
 4 when ut - most e - vil strove a - gainst the Light? _____
 5 Let all re - joice who have a voice to raise! _____



1 it is as though the whole cre - a - tion cried _____
 2 as wor - ship moved us to a more pro - found _____
 3 borne wit - ness to the truth in ev - ery tongue, _____
 4 Then let us sing, for whom he won the fight, _____
 5 And may God give us faith to sing al - ways _____



— Al - le - lu - ia! — Al - le - lu - ia! A - men.

Collect of the Day

Presider: God be with you.

People: *And also with you.*

Presider: Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

please be seated for the readings

Exodus 33:12-23

Reader: A Reading from the book of Exodus

Moses said to the LORD, “See, you have said to me, ‘Bring up this people’; but you have not let me know whom you will send with me. Yet you have said, ‘I know you by name, and you have also found favor in my sight.’ Now if I have found favor in your sight, show me your ways, so that I may know you and find favor in your sight. Consider too that this nation is your people.” He said, “My presence will go with you, and I will give you rest.” And he said to him, “If your presence will not go, do not carry us up from here. For how shall it be known that I have found favor in your sight, I and your people, unless you go with us? In this way, we shall be distinct, I and your people, from every people on the face of the earth.”

The LORD said to Moses, “I will do the very thing that you have asked; for you have found favor in my sight, and I know you by name.” Moses said, “Show me your glory, I pray.” And he said, “I will make all my goodness pass before you, and will proclaim before you the name, ‘The LORD’; and I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. But,” he said, “you cannot see my face; for no one shall see me and live.” And the LORD continued, “See, there is a place by me where you shall stand on the rock; and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by; then I will take away my hand, and you shall see my back; but my face shall not be seen.”

Reader: Hear what the Spirit is saying to God’s people.

People: ***Thanks be to God.***

♪ Psalm 99

S414

1 The Lord is King;
let the people **tremble**; *
he is enthroned upon the
cherubim;
let the earth **shake**.



2 The Lord is great in **Zion**; *
he is high above all **peoples**.

3 Let them confess his Name, which is great and **awesome**; *
he is the **Holy One**.

4 "O mighty King, lover of justice,
you have established **equity**; *
you have executed justice and righteousness in **Jacob**."

5 Proclaim the greatness of the Lord our God
and fall down before his **footstool**; *
he is the **Holy One**.

6 Moses and Aaron among his priests,
and Samuel among those who call upon his **Name**, *
they called upon the Lord, and he **answered them**.

7 He spoke to them out of the pillar of **cloud**; *
they kept his testimonies and the decree that he **gave them**.

8 O Lord our God, you answered them in-**deed**; *
you were a God who forgave them,
yet punished them for their **evil deeds**.

repeat the second half of the chant for the last verse

9 Proclaim the greatness of the Lord our God
and worship him upon his holy **hill**; *
for the Lord our God is the **Holy One**.

1 Thessalonians 1:1-10

Reader: A Reading from Paul's First Letter to the Thessalonians

Paul, Silvanus, and Timothy, To the church of the Thessalonians in
God the Father and the Lord Jesus Christ:

Grace to you and peace.

We always give thanks to God for all of you and mention you in our prayers, constantly remembering before our God and Father your work of faith and labor of love and steadfastness of hope in our Lord Jesus Christ. For we know, brothers and sisters beloved by God, that he has chosen you, because our message of the gospel came to you not in word only, but also in power and in the Holy Spirit and with full conviction; just as you know what kind of persons we proved to be among you for your sake. And you became imitators of us and of the Lord, for in spite of persecution you received the word with joy inspired by the Holy Spirit, so that you became an example to all the believers in Macedonia and in Achaia. For the word of the Lord has sounded forth from you not only in Macedonia and Achaia, but in every place your faith in God has become known, so that we have no need to speak about it. For the people of those regions report about us what kind of welcome we had among you, and how you turned to God from idols, to serve a living and true God, and to wait for his Son from heaven, whom he raised from the dead-- Jesus, who rescues us from the wrath that is coming.

Reader: Hear what the Spirit is saying to God's people.

People: ***Thanks be to God.***

(please stand as you are able as we welcome the Gospel)

♩ Hymn #633

“Word of God, come down on earth” (verse 1 only)

Blue Hymnal



1 Word of God, come down on earth, liv - ing rain from
 2 Word e - ter - nal, throned on high, Word that brought to
 3 Word that caused blind eyes to see, speak and heal our
 4 Word that speaks your Fa - ther's love, one with him be -



heaven de - scend - ing; touch our hearts and bring to birth
 life cre - a - tion, Word that came from heaven to die,
 mor - tal blind - ness; deaf we are: our heal - er be;
 yond all tell - ing, Word that sends us from a - bove



faith and hope and love un - end - ing. Word al - might - y,
 cru - ci - fied for our sal - va - tion, sav - ing Word, the
 loose our tongues to tell your kind - ness. Be our Word in
 God the Spi - rit, with us dwell - ing, Word of truth, to



we re - vere you; Word made flesh, we long to hear you.
 world re - stor - ing, speak to us, your love out - pour - ing.
 pi - ty spo - ken; heal the world, by our sin bro - ken.
 all truth lead us, Word of life, with one Bread feed us.

Matthew 22:15-22

Deacon: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: *Glory to You, Lord Christ.*

The Pharisees went and plotted to entrap Jesus in what he said. So they sent their disciples to him, along with the Herodians, saying, “Teacher, we know that you are sincere, and teach the way of God in accordance with truth, and show deference to no one; for you do not regard people with partiality.

Tell us, then, what you think. Is it lawful to pay taxes to the emperor, or not?” But Jesus, aware of their malice, said, “Why are you putting me to the test, you hypocrites? Show me the coin used for the tax.” And they brought him a denarius. Then he said to them, “Whose head is this, and whose title?” They answered, “The emperor’s.” Then he said to them, “Give therefore to the emperor the things that are the emperor’s, and to God the things that are God’s.” When they heard this, they were amazed; and they left him and went away.

Deacon: The Gospel of Christ.

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Linzi Stahlecker

Silence

Affirmation of Faith

The Nicene Creed

Let us affirm our faith in Jesus Christ the Son of God.

All: **We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God, begotten, not made,
 of one Being with the Father;
 through him all things were made.
 For us and for our salvation
 he came down from heaven,
 was incarnate of the Holy Spirit and the Virgin Mary
 and became truly human.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge
 the living and the dead,
 and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son,
 who with the Father and the Son is worshiped and
 glorified,
 who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.**

Prayers of the People

May we show your love and your salvation in our lives,
that the church may ever order its priorities,
that it may grow in holiness and in outreach.

We pray for the mission of your church to all who are trapped by the
promises of wealth.

We remember all those fooled by the glitter and false promises of our
society.

Spirit of God,
guide us strengthen us.

We pray for all who hunger for goodness and righteousness,
for all who serve you by serving others.

We pray for world leaders and all who influence our shared future,
for all those who work with news outlets,
for artists, musicians, and writers,
for all who seek to care for and improve our environment.

Spirit of God,
guide us strengthen us.

May we set a good example by the way we live.
Let our homes be places of grace and goodness, of hospitality and holiness.
We pray for good relationships and honest dealings.
We remember homes where loved ones are betrayed,
where relationships are breaking down.

Spirit of God,
guide us strengthen us.

We pray for all who are weak in body, mind, and spirit.
For all who are lured into crime, violence, or ways of living that do harm.
We pray for those who have lost their way and are caught up in a life they can't leave.
We remember the depressed, the despairing, and all who have lost vision or hope.

We pray for all who are in need, especially for those in our Bidding Book:

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Spirit of God,
guide us strengthen us.

We entrust to your power our friends and loved ones in this world,
and those who have departed from our sight.
We pray that we may all at the last share in the joy and peace of your kingdom.

Spirit of God,
guide us strengthen us.

Presider:

God of grace and peace,
we rejoice that you have chosen us,
and empowered us by your Spirit.
Lead us, that we may lead others,
guide us, that we may be the people you would have us be.
Direct us, that we may do what you would have us do;
through Christ, the Prince of peace. **Amen.**

Confession

Deacon: Let us confess our sins against God and our neighbor.

*People: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Absolution

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Presider: The peace of Christ be always with you.

People: And also with you.

The congregation may greet one another in the name of Christ.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concern, may come forward. Prayers can be found on the yellow/blue card in your pew.

The Offertory

You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website www.stbenslososos.org

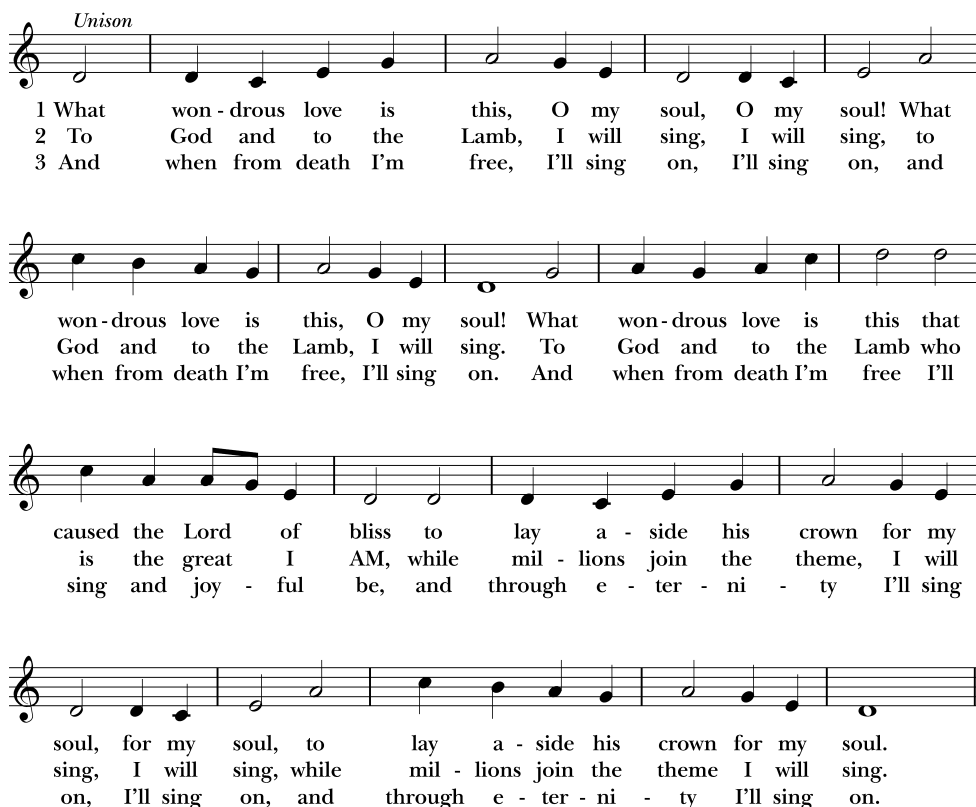


♪ Hymn #439

“What wondrous love is this”

Blue Hymnal

Unison



1 What won - drous love is this, O my soul, O my soul! What
2 To God and to the Lamb, I will sing, I will sing, to
3 And when from death I'm free, I'll sing on, I'll sing on, and

won - drous love is this, O my soul! What won - drous love is this that
God and to the Lamb, I will sing. To God and to the Lamb who
when from death I'm free, I'll sing on. And when from death I'm free I'll

caused the Lord of bliss to lay a - side his crown for my
is the great I AM, while mil - lions join the theme, I will
sing and joy - ful be, and through e - ter - ni - ty I'll sing

soul, for my soul, to lay a - side his crown for my soul.
sing, I will sing, while mil - lions join the theme I will sing.
on, I'll sing on, and through e - ter - ni - ty I'll sing on.

♪ Doxology:

[Hymn tune #400]

Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

Eucharistic Prayer B

The musical notation is presented in four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes.

Presider *People*
The Lord be with you. And al - so with you.

Presider *People*
Lift up your hearts. We lift them to the Lord.

Presider
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Maker of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

♪ Sanctus

WLP 858

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. *Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;**

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

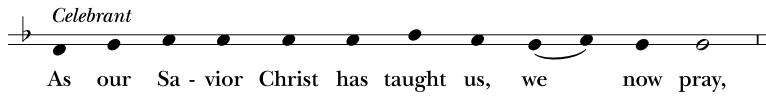
We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Benedict and all your saints, we may enter the everlasting heritage of all your children;
through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

♪ The Lord's Prayer

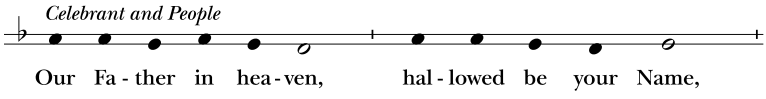
S148

Celebrant

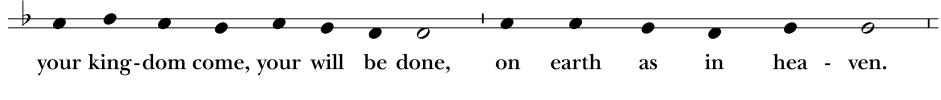


As our Sa - vior Christ has taught us, we now pray,

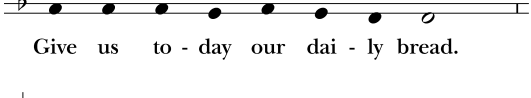
Celebrant and People



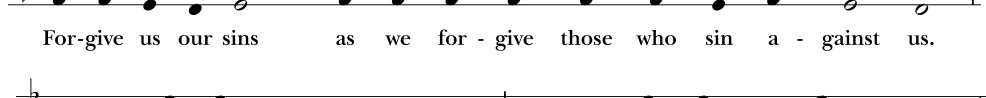
Our Fa - ther in hea - ven, hal - lowed be your Name,



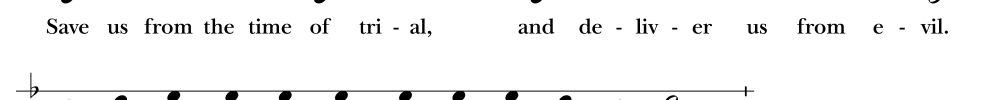
your king - dom come, your will be done, on earth as in hea - ven.



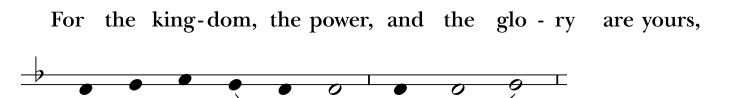
Give us to - day our dai - ly bread.



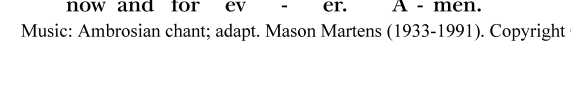
For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Breaking of the Bread

The Presider breaks the Bread

♪ Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Holy Communion

Presider: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward.

♪ Communion Music

Original Improvisation

Paul Burkle

♩ Hymn #316 “This is the hour of banquet and of song” Blue Hymnal



1 This is the hour of ban - quet and of song;
2 Too soon we rise; we go our sev - eral ways;
3 Feast af - ter feast thus comes and pass - es by,



this is the heaven - ly ta - ble spread for me;
the feast, though not the love, is past and gone,
yet, pass - ing, points to the glad feast a - bove,



here let me feast, and feast - ing, still pro - long the
the Bread and Wine con - sumed: yet all our days thou
giv - ing us fore - taste of the fes - tal joy, the



brief, bright hour of fel - low - ship with thee.
still art here with us—our Shield and Sun.
Lamb's great mar - riage feast of bliss and love.

Words: Horatius Bonar (1808-1889), alt. Music: *Canticum refectonis*, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

Silence

(please stand as you are able)

Prayer

*Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,*

*and heirs of your eternal kingdom.
 And now send us out
 to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Savior.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.*

Blessing

♪ Hymn #594

“God of grace and God of glory ”

Blue Hymnal



1 God of grace and God of glo - ry, on thy peo - ple pour thy power;
 2 Lo! the hosts of e - vil round us scorn thy Christ, as - sail his ways!
 3 Cure thy chil - dren's war - ring mad - ness, bend our pride to thy con - trol;
 4 Save us from weak res - ig - na - tion to the e - vils we de - plore;



crown thine an - cient Church's sto - ry; bring her bud to glo - rious flower.
 From the fears that long have bound us free our hearts to faith and praise:
 shame our wan - ton, self - ish glad - ness, rich in things and poor in soul.
 let the gift of thy sal - va - tion be our glo - ry ev - er - more.



Grant us wis - dom, grant us cour - age, for the fac - ing of this
 grant us wis - dom, grant us cour - age, for the liv - ing of these
 Grant us wis - dom, grant us cour - age, lest we miss thy king - dom's
 Grant us wis - dom, grant us cour - age, serv - ing thee whom we a -



hour, for the fac - ing of this hour.
 days, for the liv - ing of these days.
 goal, lest we miss thy king - dom's goal.
 dore, serv - ing thee whom we a - dore.

Dismissal

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

♪ Postlude

Original Improvisation

Paul Burkle

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Ministers of the Service

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Deacon:	The Rev. Deacon Sharon Dalrymple
Altar Guild:	Sarah Chesebro
Eucharistic Minister:	Lisa Gonzalez
Chalice:	The Rev. Deacon Sharon Dalrymple
Lectors:	Roz Malone, Jim Malone
Flowers:	Elaine Beckham
Usher:	Michael Lucas
Usher:	Ed Valentine
Music:	Paul Burkle
Intercessor:	Sandy Fisher
Tellers:	Alice Welchert, Bryson McKelvey
Online Host:	Connie Weldon
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Adam Fernandes and Sadie Bruder

This Week at St. Ben's

Monday	Oct 19
8:30 a	Morning Prayer (Zoom)
Tuesday	Oct 20
8:30 a	Morning Prayer (Zoom)
9:45 a	Prayers for the Morning (Zoom)
10:30 a	Spiritual Conversation (Zoom)
11:30p	Bible Study
Wednesday	Oct 21
8:30 a	Morning Prayer (Zoom)
3:00 p	Earthcare
Thursday	Oct 22
8:30 a	Morning Prayer (Zoom)
6:00 p	Choir Practice
Friday	Oct 23
8:30 a	Morning Prayer (Zoom)
Saturday	Oct 24
3:00 p	Readers Theater Performance

Land Acknowledgment

St. Benedict's acknowledges with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May the people of this parish always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and invites spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

St. Benedict's strives to welcome all, regardless of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.



St. Benedict's Episcopal Church
PO Box 6877
2220 Snowy Egret Lane
Los Osos, CA 93402
805-528-0654
office@stbenslososos.org
www.stbenslososos.org

