



St. Benedict's Episcopal Church

**Tending Mind & Soul
in Los Osos, CA**

October 4th, 2026 Nineteenth Sunday after Pentecost

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

The Rev. Linzi Stahlecker

Presider: Blessed be the one, holy, and living God.

People: ***Glory to God for ever and ever.***

Presider: Let us pray.

**Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our hearts by
the inspiration of your Holy Spirit, that we may perfectly love you, and
worthily magnify your holy Name; through Christ our Lord. *Amen.***

♩ Hymn #400 “All creatures of our God and King” (vs. 1, 4, & 7 Only) Blue Hymnal



- 1 All crea - tures of our God and King, lift up your voic - es, let us
 *2 Great rush - ing winds and breez - es soft, you clouds that ride the heavens a -
 *3 Swift flow - ing wa - ter, pure and clear, make mu - sic for your Lord to
 4 Dear mo - ther earth, you day by day un - fold your bless - ings on our
 5 All you with mer - cy in your heart, for - giv - ing o - thers, take your
 *6 And ev - en you, most gen - tle death, wait - ing to hush our fi - nal
 7 Let all things their cre - a - tor bless, and wor - ship him in hum - ble -



- 1 sing: Al - le - lu - ia, al - le - lu - ia! Bright burn - ing
 2 loft, O — praise him, Al - le - lu - ia! Fair ris - ing
 3 hear, Al - le - lu - ia, al - le - lu - ia! Fire, so in -
 4 way, O — praise him, Al - le - lu - ia! All flowers and
 5 part, O — sing now: Al - le - lu - ia! All you that
 6 breath, O — praise him, Al - le - lu - ia! You lead back
 7 ness, O — praise him, Al - le - lu - ia! Praise God the



- 1 sun with gold - en beams, pale sil - ver moon that gen - tly gleams,
 2 morn, with praise re - joice, stars night - ly shin - ing, find a voice,
 3 tense and fierce - ly bright, you give to us both warmth and light,
 4 fruits that in you grow, let them his glo - ry al - so show:
 5 pain and sor - row bear, praise God, and cast on him your care:
 6 home the child of God, for Christ our Lord that way has trod:
 7 Fa - ther, praise the Son, and praise the Spi - rit, Three in One:



The Creation Collect of the Day

Presider: God be with you.

People: ***And also with you.***

Presider: All-loving and everliving God, you are always more ready to give than we are to receive: Pour upon us your abundance of contentment with simple, faithful living; through Jesus Christ the Wisdom of Creation, who lives and reigns with you and the Holy Spirit, now and for ever. ***Amen.***

please be seated for the readings

Exodus 20:1-4, 7-9, 12-20

Reader: A reading from the book of Exodus

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

When all the people witnessed the thunder and lightning, the sound of the trumpet, and the mountain smoking, they were afraid and trembled and stood at a distance, and said to Moses, "You speak to us, and we will listen; but do not let God speak to us, or we will die." Moses said to the people, "Do not be afraid; for God has come only to test you and to put the fear of him upon you so that you do not sin."

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 19

- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.

- 7 The law of the LORD is perfect
and revives the soul; *
the testimony of the LORD is sure
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just
and rejoice the heart; *
the commandment of the LORD is clear
and gives light to the eyes.
- 9 The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.
- 10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 Who can tell how often he offends? *
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

A Reading from *Red: Passion and Patience in the Desert*, Terry Tempest Williams

The eyes of the future are looking back at us and they are praying for us to see beyond our own time. They are kneeling with hands clasped that we might act with restraint, that we might leave room for the life that is destined to come. To protect what is wild is to protect what is gentle. Perhaps the wilderness we fear is the pause between our own heartbeats, the silent space that says we live only by grace. Wilderness lives by this same grace. Wild mercy is in our hands.

(please stand as you are able as we welcome the Gospel)

♪ Gospel Acclamation

Please stand (as able) to welcome the Gospel.

The Choir sings the Alleluia once, it is then repeated by all.



The Cantor sings the verse, then all repeat the Alleluia.

Verse: The word of the Lord stands fast for ever; his word is the Gospel preached to you. (1 Peter 1:25)

Matthew 21:33-46

Deacon: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: ***Glory to You, Lord Christ.***

Jesus said, "Listen to another parable. There was a landowner who planted a vineyard, put a fence around it, dug a wine press in it, and built a watchtower. Then he leased it to tenants and went to another country.

When the harvest time had come, he sent his slaves to the tenants to collect his produce. But the tenants seized his slaves and beat one, killed another, and stoned another. Again he sent other slaves, more than the first; and they treated them in the same way. Finally he sent his son to them, saying, ‘They will respect my son.’ But when the tenants saw the son, they said to themselves, ‘This is the heir; come, let us kill him and get his inheritance.’ So they seized him, threw him out of the vineyard, and killed him. Now when the owner of the vineyard comes, what will he do to those tenants?” They said to him, “He will put those wretches to a miserable death, and lease the vineyard to other tenants who will give him the produce at the harvest time.”

Jesus said to them, “Have you never read in the scriptures:

‘The stone that the builders rejected
has become the cornerstone;
this was the Lord’s doing,
and it is amazing in our eyes’?

Therefore I tell you, the kingdom of God will be taken away from you and given to a people that produces the fruits of the kingdom. The one who falls on this stone will be broken to pieces; and it will crush anyone on whom it falls.”

When the chief priests and the Pharisees heard his parables, they realized that he was speaking about them. They wanted to arrest him, but they feared the crowds, because they regarded him as a prophet.

Presider: The Gospel of Christ.

People *Praise to You, Lord Christ.*

Sermon

The Rev. Linzi Stahlecker

A moment of silence to contemplate the sermon

Profession of Faith

from Gurukul Lutheran Theological College
and Research Institute (a seminary in South India), adapted by Keld B. Hansen.

All: **We believe in God, who creates all things,
who embraces all things, who celebrates all things,
who is present in every part of the fabric of creation.
We believe in God as the source of all life,
who baptizes this planet with living water.
We believe in Jesus Christ, the suffering one,
the poor one, the malnourished one, the climate refugee,
who loves and cares for this world
and who suffers with it.
And we believe in Jesus Christ, the seed of life,
who came to reconcile and renew this world
and everything in it.
We believe in the Holy Spirit, the breath of God,
who moves with God
and who moves among and with us today.
We believe in everlasting life in God.
And we believe in the hope that one day
God will put an end to death and all destructive forces.**

Prayers of the People

We pray for the church in all places where it is persecuted,
all places where its work is dangerous.
We pray for churches that have lost their vision;
for all who seek to bring the light of Christ to others,
that we all may grow in holiness and in outreach.

Holy One,
hear us and help us.

We pray for all who are struggling for survival.
We pray for those whose lives have collapsed around them.
We remember those who have lost loved ones, possessions, homes, or work
this week,
all who have been robbed, or stripped of their dignity,
we pray for those who are forced to sleep on the streets of our towns and
cities,
all who have lost all hope.

Holy One,
hear us and help us.

We pray that our homes may be places of peace and light,
that our relationships may reflect joy and love,
that our faith, by our speech and action, may fill the places where we live,
serve, work, and worship.
Help us work, always, for peace and goodwill.

Holy One,
hear us and help us.

We pray for all who are brought low by disease or sickness, for those who
can no longer care for themselves, for those who take care of the ones they
love.
We pray for all who are close to death, and for all who work in hospice
care.
We remember all who have lost loved ones this week.

We pray that we may be strong in our faith to our last breath.

Holy One,
hear us and help us.

We pray for all those who have heavy hearts and who are carrying heavy burdens.

We pray for all those named in our bidding book:

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Holy One,
hear us and help us.

We pray for all who have died, that they now share in Christ's victory over the grave.

May we live as those who believe and trust in the communion of saints, the forgiveness of sins, and the resurrection of the body.

Holy One,
hear us and help us.

Presider: Holy One, you have called us to know you,
you have called us to love you,
you have called us to serve you.
Make us worthy of our calling.
May we proclaim your power and your peace.
May we rejoice in your light and in your love;
through Christ our Savior. *Amen.*

Confession

**Holy and merciful God,
we confess that we have failed to honor you
by rightly claiming our kinship with all your creatures.
We have walked heavily on your earth,
overused and wasted its resources,
taken for granted its beauty and abundance,
and treated its inhabitants unjustly,
holding future generations hostage to our greed.
Have mercy on us and forgive us our sin.
Renew in us the resolve to keep and conserve your earth as
you desire and intend,
with grateful and compassionate hearts,
through your Son, our Savior Jesus Christ. Amen.**

Absolution

Presider: Almighty God have mercy on you, forgive you all your sins
through the grace of Jesus Christ, strengthen you in all goodness, and by
the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Presider: The peace of Christ be always with you.

People: *And also with you.*

The congregation may greet one another in the name of Christ.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or for travel, may come forward. Prayers can be found on the card in your pew.

The Offertory

You are invited to make a thank offering. If you cannot contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website www.stbenslososos.org



♪ Hymn #593 “Lord make us servants of your peace” (vs. 1-4 only) Blue Hymnal

1 Lord, make us ser - vants of your peace: where there is
2 Where all is doubt, may we sow faith; where all is
3 Je - sus, our Lord, may we not seek to be con -
4 May we not look for love's re - turn, but seek to
5 Dy - ing, we live, and are re - born through death's dark

1 hate, may we sow love; where there is hurt, may we for -
2 gloom, may we sow hope; where all is night, may we sow
3 soled, but to con - sole, nor look to un - der - stand - ing
4 love un - self - ish - ly, for in our giv - ing we re -
5 night to end - less day: Lord, make us ser - vants of your

1 give; where there is strife, may we make one.
2 light; where all is tears, may we sow joy.
3 hearts, but look for hearts to un - der - stand.
4 ceive, and in for - giv - ing are for - given.
5 peace, to wake at last in hea - ven's light.

♪ Doxology:

[Hymn tune #400]

*Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

EOW Prayer 2

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the People, with the lyrics: "The Lord be with you. And al - so with you." The second staff is for the Celebrant and the People, with the lyrics: "Lift up your hearts. We lift them to the Lord." The third staff is for the Celebrant, with the lyrics: "Let us give thanks to the Lord our God." The fourth staff is for the People, with the lyrics: "It is right to give him thanks and praise." The notes are simple, using quarter and half notes, with some beams connecting them. There are also some decorative flourishes above certain notes.

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

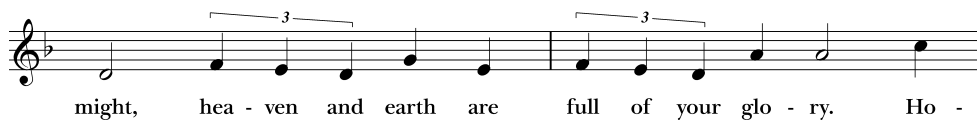
People
It is right to give him thanks and praise.

Presider:

We praise you and we bless you, holy and gracious God,
source of life abundant.
From before time you made ready the creation.
Your Spirit moved over the deep
and brought all things into being:
sun, moon, and stars;
earth, winds, and waters;
and every living thing.
You made us in your image,
and taught us to walk in your ways.
But we rebelled against you, and wandered far away;
and yet, as a mother cares for her children,
you would not forget us.
Time and again you called us
to live in the fullness of your love.
And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

♪ Sanctus

S129



Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:
“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”
As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.

Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.
In the fullness of time bring us,
with Benedict and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. **AMEN.**

♪ The Lord's Prayer

by Martha Blacklock, Mother Thunder
Mission, "Honoring God in Creation,"

Presider: As the Wisdom before Creation teaches us, we pray.

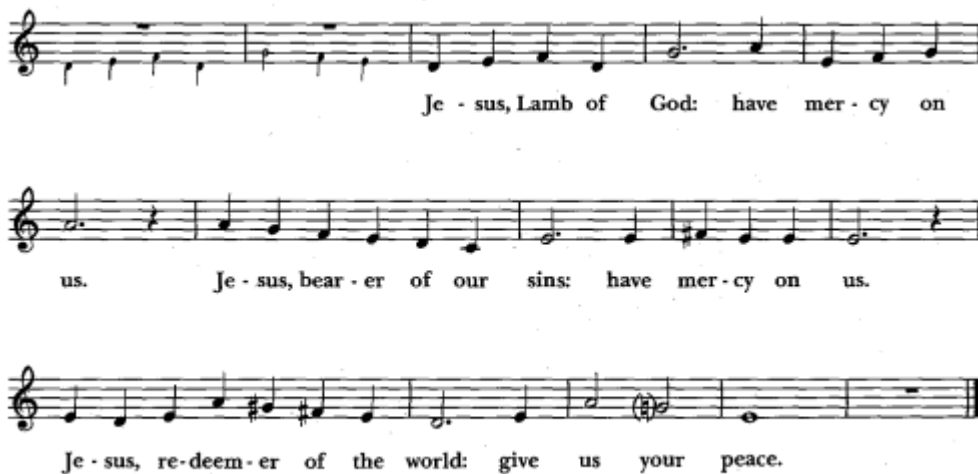
All: Holy One, our only Home,
hallowed be your name.
May your day dawn,
your will be done,
here as in heaven.
Feed us today,
and forgive us as we forgive each other.
Do not forsake us at the test,
but deliver us from evil.
For the glory, the power,
and the mercy are yours,
now and for ever. Amen.

The Breaking of the Bread

The Presider breaks the Bread

♪ Fraction Anthem

S 166



Je - sus, Lamb of God: have mer - cy on

us. Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er of the world: give us your peace.

Setting: Gerald R. Near (b. 1942)

Presider: This is Living Bread, given for all Creation.

People: All who eat this bread share in Christ's Body.

Holy Communion

Presider: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward.

♪ Communion Music *Original Improvisation*

Paul Burkle

♪ Hymn #692

“I heard the voice of Jesus say”

Blue Hymnal

1 I heard the voice of Je - sus say, “Come un - to me and rest;
2 I heard the voice of Je - sus say, “Be - hold, I free - ly give
3 I look un - to me, of Je - sus say, “I am this dark world’s light;
and in your wea - ri - ness lay down your head up - on my breast.”
the liv - ing wa - ter; thirst - y one, stoop down and drink, and live.”
look un - to me, your morn shall rise, and all your day be bright.”

*
I came to Je - sus as I was, so wea - ry, worn, and sad;
I came to Je - sus, and I drank of that life - giv - ing stream;
I looked to Je - sus, and I found in him my Star, my Sun;
I found in him a rest - ing place, and he has made me glad.
my thirst was quenched, my soul re - vived, and now I live in him.
and in that light of life I’ll walk till pil - grim days are done.

Silence

(please stand as you are able)

Prayer

Post communion prayer 4 from "Prayers of Intercession for
Creation Time 2012," prepared by Sister Catherine Brennan SSL and
Sister Ann Concannon SSL for Churches Together in Britain and
Ireland (CTBI)

All: **Create in us a new heart and a new vision, O God,
that the gifts of your Spirit may work
in us and renew the face of the earth.
May we be one with you
so that our work is yours
and your work is ours.
Lead us to transform our lives
to reflect your glory in Creation;
through Jesus Christ our Savior
who is alive with you and the Holy Spirit,
one God now and for ever. Amen.**

Blessing

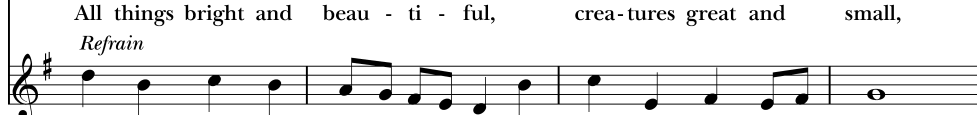
♫ **Hymn #405** “All things bright and beautiful” (verses 1, 2, and 4) Blue Hymnal

Descant



All things bright and beau - ti - ful, crea-tures great and small,

Refrain



All things bright and beau - ti - ful, all crea-tures great and small,



all things wise and won - der - ful, God made them all.



all things wise and won - der - ful, the Lord God made them all.



1 Each lit - tle flower that o - pens, each lit - tle bird that sings,
 2 The pur - ple - head - ed moun-tain, the riv - er run - ning by,
 3 The cold wind in the win - ter, the pleas - ant sum - mer sun,
 4 He gave us eyes to see them, and lips that we might tell

Repeat Refrain



he made their glow-ing col - ors, he made their ti - ny wings.
 the sun - set, and the morn - ing that bright - ens up the sky,
 the ripe fruits in the gar - den, he made them ev - ery one.
 how great is God Al - might - y, who has made all things well.

Dismissal

Presider: Let us go forth into all Creation, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

The congregation is invited to be seated for the choir anthem

Postlude

♪ Choir Anthem

“All Things Bright and Beautiful”

John Rutter

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Ministers of the Service

Presider:	The Rev. Linzi Stahlecker
Preacher:	The Rev. Linzi Stahlecker
Deacon:	The Rev. Deacon Sharon Dalrymple
Altar Guild:	Diana Hammerlund
Eucharistic Minister:	Sandy Fisher
Chalice:	The Rev. Deacon Sharon Dalrymple
Lectors:	Michael Lucas, John Horsley
Flowers:	Pamela Bleisch
Usher:	Barbara Schippers
Usher:	Jim Malone
Music:	Paul Burkle
Intercessor:	Lisa Gonzalez
Tellers:	Sandy Fisher, Alice Welchert
Online Host:	Connie Weldon
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Potluck

This Week at St. Ben's

Monday

8:30 a

Tuesday

8:30 a

9:45 a

10:30 a

11:30 a

5:30 p

Wednesday

8:30 a

Thursday

8:30 a

6:00 p

Friday

8:30 a

Oct 5

Morning Prayer (Zoom)

Oct 6

Morning Prayer (Zoom)

Prayers for the Morning (Zoom)

Spiritual Conversation (Zoom)

Bible Study

Centering Prayer (in-person only)

Oct 7

Morning Prayer (Zoom)

Oct 8

Morning Prayer (Zoom)

Choir Practice

Oct 9

Morning Prayer (Zoom)

Land Acknowledgment

St. Benedict's acknowledges with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May the people of this parish always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and invites spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

St. Benedict's strives to welcome all, regardless of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.



St. Benedict's Episcopal Church
PO Box 6877
2220 Snowy Egret Lane
Los Osos, CA 93402
805-528-0654
office@stbenslososos.org
www.stbenslososos.org

