



St. Benedict's Episcopal Church

**Tending Mind & Soul
in Los Osos, CA**

**May 24th, 2026
Day of Pentecost**

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

The Rev. Linzi Stahlecker

♪ Hymn #225

“Hail Thee, Festival Day”

Blue Hymnal

Refrain

Hail thee, fes - ti - val day! blest day that art hal - lowed for

ev - er, day when the Ho - ly Ghost shone in the

world with God's grace. grace.

1 Lo, in the like - ness of fire, on those who a -
3 Hark! for in myr - i - ad tongues Christ's own, his

wait his ap - pear - ing, he whom the
cho - sen a - pos - tles, preach to the

Lord fore - told sud - den - ly, swift - ly, de - scends:
ends of the earth Christ and his won - der - ful works:

2 Forth from the Fa - ther he comes with seven - fold
4 Praise to the Spi - rit of Life, all praise to the

my - sti - cal of - fering, pou - ring on all hu - man
fount of our be - ing, light that dost light - en

Repeat Refrain

souls in - fin - ite rich - es of God:
all, life that in all dost a - bide:

Presider: Alleluia. Christ is risen.

People: ***Christ is risen indeed. Alleluia.***

Presider: Let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

♪ Hymn S278

“Gloria”

Blue Hymnal

1. Glo-ry to God in the high-est, and

peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -

might - y God and Fa - ther, we wor - ship you, we give you thanks, we

praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo - ry of

God the Fa - ther. A - men.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Collect of the Day

Presider: God be with you.

People: *And also with you.*

Presider: O God, who on this day taught the hearts of your faithful people by sending to them the light of your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort;

through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. *Amen.*

please be seated for the readings

Acts 2:1-21

Reader: A Reading from the Acts of the Apostles

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans?"

And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord's great and glorious day.

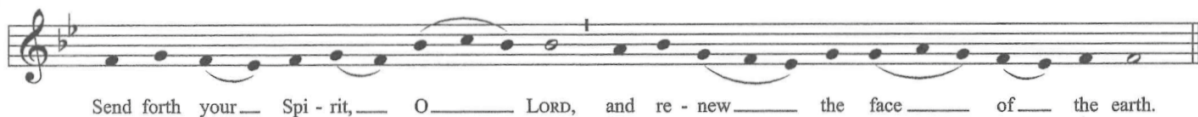
Then everyone who calls on the name of the Lord shall be
saved.' "

Reader: Hear what the Spirit is saying to God's people.

People: ***Thanks be to God.***

♪ Psalm 104:25-35, 37

The refrain is once by the choir and then repeated by all.



25 O LORD, how manifold are your works! *
in wisdom you have made them all;
the earth is full of your creatures.

26 Yonder is the great and wide sea
with its living things too many to number, *
creatures both small and great.

27 There move the ships,
and there is that Leviathan, *
which you have made for the sport of it.

28 All of them look to you *
to give them their food in due season.

29 You give it to them; they gather it; *
you open your hand, and they are filled with good things.

30 You hide your face, and they are terrified; *
you take away their breath,
and they die and return to their dust.

(Refrain)

31 You send forth your Spirit, and they are created; *
and so you renew the face of the earth.

32 May the glory of the LORD endure for ever; *
may the LORD rejoice in all his works.

33 He looks at the earth and it trembles; *
he touches the mountains and they smoke.

34 I will sing to the LORD as long as I live; *
I will praise my God while I have my being.

35 May these words of mine please him; *
I will rejoice in the LORD.

37 Bless the LORD, O my soul. *
Hallelujah!
(Refrain)

1 Corinthians 12:3b-13

Reader: A Reading from Paul's first letter to the Corinthians

No one can say “Jesus is Lord” except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body-- Jews or Greeks, slaves or free-- and we were all made to drink of one Spirit.

Reader: Hear what the Spirit is saying to God’s people.

People: ***Thanks be to God.***

(please stand as you are able as we welcome the Gospel)

The Alleluia is sung once by choir, then repeated once by all



The cantor alone sings the verse

Come, Holy Spirit, and fill the hearts of your faithful people, and kindle in them the fire of your love.

After the verse all repeat the Alleluia



John 7:37-39

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

*People: **Glory to You, Lord Christ.***

On the last day of the festival, the great day, while Jesus was standing there, he cried out, “Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, ‘Out of the believer’s heart shall flow rivers of living water.’” Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified.

Gospeller: The Gospel of Christ.

*People **Praise to You, Lord Christ.***

Sermon

The Rev. Linzi Stahlecker

Renewal of Baptismal Vows

Presider: Dear People of God: Our Savior Jesus Christ sealed the Paschal Mystery of his death and resurrection by his gift of the Holy Spirit on the Day of Pentecost. That same Spirit continues to give new birth to God's people through the waters of Baptism. Let us therefore, on this Fiftieth Day of Easter, join in renewing our baptismal covenant, by which we have committed ourselves to new life in the Risen Christ through the power of the Spirit.

Presider: Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

People: ***I do.***

Presider: Do you believe in God the Father?

People: ***I believe in God, the Father almighty,
creator of heaven and earth.***

Presider: Do you believe in Jesus Christ, the Son of God?

People: ***I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.***

Presider: Do you believe in God the Holy Spirit?

People: ***I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,***

***the forgiveness of sins, the resurrection of the body,
and the life everlasting.***

Presider: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: ***I will, with God's help.***

Presider: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: ***I will, with God's help.***

Presider: Will you proclaim by word and example the Good News of God in Christ?

People: ***I will, with God's help.***

Presider: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: ***I will, with God's help.***

Presider: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: ***I will, with God's help.***

Presider: Will you cherish the wondrous works of God, and protect the beauty and integrity of all creation?

People: ***I will, with God's help.***

The Presider concludes the Renewal of Vows as follows

May Almighty God, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. ***Amen.***

The congregation is sprinkled with Baptismal water as a sign and reminder of their baptism.

♪ Hymn #297

“Descend, O Spirit”

Blue

Hymnal

(repeat until everyone has been sprinkled with water)



1 De - scend, O Spi - rit, purg - ing flame, brand
2 For - bid us not this sec - ond birth; grant



us this day with Je - sus' Name! Con - firm our faith, con -
un - to us the great - er worth! En - list us in your



sume our doubt; sign us as Christ's, with - in, with - out.
ser - vice, Lord; bap - tize all na - tions with your Word.

Words: Scott Francis Brenner (1903-1991), alt. Reprinted and used from *The Worship Book — Services and Hymns*, Copyright © 1972, The Westminster Press. Music: *Erhalt uns Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

God, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

God, in your mercy
Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

God, in your mercy
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

God, in your mercy
Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

God, in your mercy
Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

God, in your mercy
Hear our prayer.

Presider: Holy One, accept these prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, now and for ever.
Amen.

The Peace

Presider: The peace of Christ be always with you.

People: ***And also with you.***

The congregation may greet one another in the name of Christ.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or for travel, may come forward. Prayers can be found on the card in your pew.

The Offertory

You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website www.stbenslososos.org



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♩ Hymn #86

“Hail, this Joyful Day's Return”

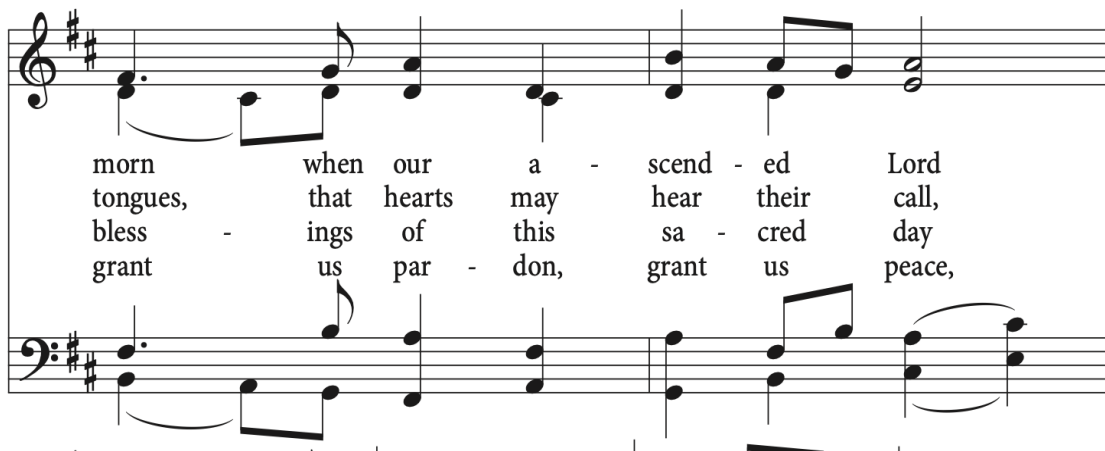
Take Up the Song



1 Hail, this joy - ful day's re - turn,
2 Like to clo - ven tongues of flame
3 Lord, to you your peo - ple bend;
4 You who did our fore - bears guide,



hail the Pen - te - cos - tal morn,
on the twelve the Spir - it came
un - to us your Spir - it send;
with their chil - dren still a - bide;



morn when our a - scend - ed Lord
tongues, that hearts may hear their call,
bless - ings of this sa - cred day
grant us par - don, grant us peace,

on his Church his Spir - it poured!
 fire, that love may burn in all.
 grant us, dear - est Lord we pray.
 till our earth - ly wan - dering cease.

Sing with joy, Al - le - lu - ia!
 For such love. Al - le - lu - ia!
 Gifts of grace, Al - le - lu - ia!
 End - less joy, Al - le - lu - ia!

♪ Doxology:

[Hymn tune #400]

*Praise God from Whom all blessings flow
 Praise God all creatures here below, Alleluia, Alleluia
 Praise God the Source of all our gifts
 Praise Jesus Christ whose power uplifts
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

On the 4th Sunday of the month, it has long been St. Benedict's custom to use the Eucharistic Prayer from the Iona Community [iona.uk.org]. The Iona Community is an international, ecumenical Christian movement, working for peace and justice, the rebuilding of community and the renewal of worship.

Holy Eucharist

Presider:

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;

you who have been here often and you who have not been for a long time;

you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Presider: May Christ be with you,

All: And also with you.

Presider: Lift up your hearts,

All: We lift them up to God.

Presider: Let us give thanks to God,

All: It is right to give both thanks and praise.

Presider: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea

and sky, we sing to you. With the angels of light who envelop us, with the host of heaven, with all the saints before and beside us, with siblings east and west, north and south, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

♪ Sanctus

S129

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

The musical score is written on a single treble clef staff in a 3/4 time signature. It consists of four lines of music. The first line begins with a whole rest followed by a half note G4, then quarter notes A4, B4, C5, B4, A4, G4. The second line starts with a quarter note G4, followed by a triplet of quarter notes (A4, B4, C5), then quarter notes B4, A4, G4, and a half note F#4. The third line begins with a quarter note G4, followed by quarter notes A4, B4, C5, B4, A4, and a half note G4. The fourth line starts with a triplet of quarter notes (A4, B4, C5), followed by quarter notes B4, A4, G4, and a half note F#4. The piece concludes with a double bar line.

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.

The Presider continues

Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke the bread and gave it to his disciples, saying, "This is my body, given to you." In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, "This cup is the new relationship with God, sealed with my blood. Take this and share it. I shall drink wine with you next in the coming Kingdom of God."

***All: Loving God,
through your goodness we have this bread and wine to offer,
which earth has given and human hands have made.
May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.
We celebrate the life that Jesus has shared among his
community through the centuries, and shares with us now.
Made one in Christ and one with each other, we offer these gifts
and with them ourselves, a single, holy, living sacrifice. Amen.***

Presider: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they become for us your body, vibrant with your life, healing, renewing and making us whole. And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

***All: Through Christ and with Christ and in Christ,
all honor and glory are yours, All-Compassionate God,
in the unity of the Holy Spirit, for ever and ever. AMEN***

♪ The Lord's Prayer

EOM2 138

Our Fa - ther in heaven, hal - lowed be your Name, your king - dom come,

The first system of musical notation for the Lord's Prayer. It consists of a treble clef staff and a bass clef staff, both in a key signature of one flat (B-flat). The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: "Our Fa - ther in heaven, hal - lowed be your Name, your king - dom come,"

your will be done, on earth as in heaven. Give us to - day our dai - ly bread.

The second system of musical notation. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: "your will be done, on earth as in heaven. Give us to - day our dai - ly bread."

For - give us our sins as we for - give those who sin a - gainst us.

The third system of musical notation. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: "For - give us our sins as we for - give those who sin a - gainst us."

Save us from the time of trial, and de - liv - er us from e - vil.

The fourth system of musical notation. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: "Save us from the time of trial, and de - liv - er us from e - vil."

For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A - men.

The fifth and final system of musical notation. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: "For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A - men."

The Breaking of the Bread

The Presider breaks the Bread

♪ Fraction Anthem

WLP 878

Who - ev - er comes to me shall not hun - ger and

who - ev - er be - lieves in me shall nev - er thirst.

The musical score is for a piece in G major and 4/4 time. It consists of a vocal line and a piano accompaniment. The vocal line is written in a single staff with a treble clef. The piano accompaniment is written in two staves, with a grand staff (treble and bass clefs). The lyrics are: "Who - ev - er comes to me shall not hun - ger and" followed by "who - ev - er be - lieves in me shall nev - er thirst." The music features a simple, hymn-like melody with a steady piano accompaniment.

Music: Carl Haywood (b. 1949), from *Fraction Anthems, Canticles, and Chants*. Copyright © 1997 Carl Haywood.

Holy Communion

Presider: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward.

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Choir Anthem

“Great and Mighty Lord”

Mark Hayes

Silence

Prayer

*God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen*

Blessing

♩ Hymn #506 “Praise the Spirit in creation” vs. 1-3 & 6 only Blue Hymnal



1 Praise the Spi - rit in cre - a - tion, breath of God, life's
 2 Praise the Spi - rit, close com - pan - ion of our in - most
 3 Praise the Spi - rit, who en - light - ened priests and pro - phets
 4 Tell of how the a - scend - ed Je - sus armed a peo - ple
 5 Pray we then, O Lord the Spi - rit, on our lives de -
 6 Praise, O praise the Ho - ly Spi - rit, praise the Fa - ther,



1 or - i - gin: Spi - rit, mov - ing on the wa - ters,
 2 thoughts and ways; who, in show - ing us God's won - ders,
 3 with the word; his the truth be - hind the wis - doms
 4 for his own; how a hun - dred men and wo - men
 5 scend in might; let your flame break out with - in us,
 6 praise the Word, Source, and Truth, and In - spi - ra - tion,



1 quick - ening worlds to life with - in, source of breath to
 2 is him - self the power to gaze; and God's will, to
 3 which as yet know not our Lord; by whose love and
 4 turned the known world up - side down, to its dark and
 5 fire our hearts and clear our sight, till, white - hot in
 6 Trin - i - ty in deep ac - cord: through your voice which



1 all things breath - ing, life in whom all lives be - gin.
 2 those who lis - ten by a still small voice con - veys.
 3 power, in Je - sus God him - self was seen and heard.
 4 fur - thest cor - ners by the wind of hea - ven blown.
 5 your pos - ses - sion, we, too, set the world a - light.
 6 speaks with - in us we, your crea - tures, call you Lord.

Words: Michael Hewlett (b. 1916), alt. By permission of Oxford University Press. Music: *Fimian*, Christopher Dearnley (b. 1930). By permission of Oxford University Press.

Dismissal

Presider: Go in peace to love and serve our God. Alleluia! Alleluia!

People: **Thanks be to God. Alleluia! Alleluia!**

♪ Postlude

Original Improvisation

Paul Burkle

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Ministers of the Service

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Altar Guild:	Diana Hammerlund
Eucharistic Minister:	Maureen Titus
Chalice:	Sandy Fisher
Lectors:	Roz Malone, Maureen Titus
Flowers:	Pamela Bleisch
Usher:	Ed Valentine
Usher:	Jim Malone
Music:	Paul Burkle
Intercessor:	Sandy Fisher
Tellers:	Karen Lewis, Steve Cake
Online Host:	Don Maruska
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	St. Ben's Kitchen Team

This Week at St. Ben's

Monday	May 25
8:30 a	Morning Prayer (Zoom)
Tuesday	May 26
8:30 a	Morning Prayer (Zoom)
9:45 a	Prayers for the Morning (Zoom)
10:30 a	Spiritual Conversation (Zoom)
5:30 p	Centering Prayer (in-person only)
Wednesday	May 27
8:30 a	Morning Prayer (Zoom)
11:00 a	Laundry Love
4:00 p	Laundry Love
Thursday	May 28
8:30 a	Morning Prayer (Zoom)
11:30a	Bible Study
6:00 p	Choir Practice
Friday	May 29
8:30 a	Morning Prayer (Zoom)

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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