



# **St. Benedict's Episcopal Church**

## **Tending Mind & Soul in Los Osos, CA**

**May 10th, 2026**

**Sixth Sunday of Easter  
Rogation Sunday**

**~ Prelude ~**

*Original Improvisation*

Paul Burkle

**Welcome**

The Rev. Linzi Stahlecker

# ♩ Hymn #291

## “We plow the fields”

Blue Hymnal



1 We plow the fields, and scat - ter the good seed on the land,  
 2 He on - ly is the Ma - ker of all things near and far;  
 3 We thank thee, then, O Fa - ther, for all things bright and good,



but it is fed and wa - tered by God's al - might - y hand;  
 he paints the way - side flow - er, he lights the eve - ning star;  
 the seed - time and the har - vest, our life, our health, our food:



he sends the snow in win - ter, the warmth to swell the grain,  
 the winds and waves o - bey him, by him the birds are fed;  
 the gifts we have to of - fer are what thy love im - parts,



the breez - es and the sun - shine, and soft re - fresh - ing rain.  
 much more to us, his chil - dren, he gives our dai - ly bread.  
 but chief - ly thou de - sir - est our hum - ble thank - ful hearts.



All good gifts a - round us are sent from heaven a - bove;



then thank the Lord, O thank the Lord for all his love.

Presider: Alleluia. Christ is risen.

People: ***Christ is risen indeed. Alleluia.***

Presider: Let us pray.

*A prayer for Rogation Sunday*

O merciful Creator, your hand is open wide to satisfy the needs of every living creature: Make us always thankful for your loving providence; and grant that we, remembering the account that we must one day give, may be faithful stewards of your good gifts; through Jesus Christ our Savior, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. ***Amen.***

# ♪ Hymn S277

## “Gloria”

Blue Hymnal

*The Cantor only begins*

*All join here:*



## Collect of the Day

Presider: God be with you.

People: *And also with you.*

Presider: O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*please be seated for the readings*

## Acts 17:22-31

Reader: A Reading from the Acts of the Apostles

Paul stood in front of the Areopagus and said, “Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, ‘To an unknown god.’ What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. For ‘In him we live and move and have our being’; as even some of your own poets have said,

‘For we too are his offspring.’

Since we are God's offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead."

*Reader: Hear what the Spirit is saying to God's people.*

*People: Thanks be to God.*

## ♪ Psalm 66: 7-18

Chanted by all on a single note moving to the next note for the bolded word

S408

James Frazier  
(b. 1947)



- 7 Bless our God, you **peoples**; \*  
make the voice of his praise to be  
**heard**;
- 8 Who holds our souls in **life**, \*  
and will not allow our feet to **slip**.
- 9 For you, O God, have **proved us**; \*  
you have tried us just as silver is **tried**.
- 10 You brought us into the **snare**; \*  
you laid heavy burdens upon our **backs**.
- 11 You let enemies ride over our heads;  
we went through fire and **water**; \*  
but you brought us out into a place of re-**freshment**.
- 12 I will enter your house with burnt-offerings  
and will pay you my **vows**, \*  
which I promised with my lips  
and spoke with my mouth when I was in **trouble**.
- 13 I will offer you sacrifices of fat beasts  
with the smoke of **rams**; \*  
I will give you oxen and **goats**.
- 14 Come and listen, all you who fear **God**, \*  
and I will tell you what he has done for **me**.
- 15 I called out to him with my **mouth**, \*  
and his praise was on my **tongue**.
- 16 If I had found evil in my **heart**, \*  
the Lord would not have **heard me**;
- 17 But in truth God has **heard me**; \*  
he has attended to the voice of my **prayer**.
- 18 Blessed be God, who has not rejected my **prayer**, \*  
nor withheld his **love from me**.

## 1 Peter 3:13-22

*Reader: A Reading from the First Letter of Peter*

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; yet do it with gentleness and reverence.

Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader: *Hear what the Spirit is saying to God's people.*

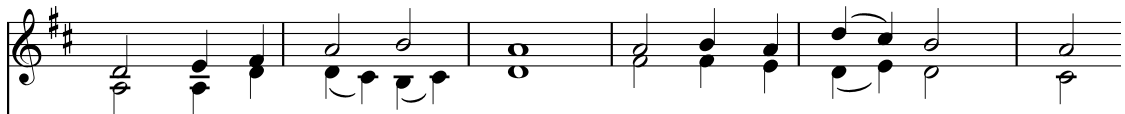
People: ***Thanks be to God.***

(please stand as you are able as we welcome the Gospel)

# ♩ Hymn #516

## “Come down O love divine” verse 1 only

Blue Hymnal



1 Come down, O Love di - vine, seek thou this soul of mine,  
2 O let it free - ly burn, till earth - ly pas - sions turn  
3 And so the yearn - ing strong, with which the soul will long,



and vis - it it with thine own ar - dor glow - ing;  
to dust and ash - es in its heat con - sum - ing;  
shall far out - pass the power of hu - man tell - ing;



O Com - fort - er, draw near, with - in my heart ap - pear,  
and let thy glo - rious light shine ev - er on my sight,  
for none can guess its grace, till Love cre - ate a place



and kin - dle it, thy ho - ly flame be - stow - ing.  
and clothe me round, the while my path il - lum - ing.  
where - in the Ho - ly Spi - rit makes a dwell - ing.

## John 14:15-21

*Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John*

*People: Glory to You, Lord Christ.*

Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him.

You know him, because he abides with you, and he will be in you.

”I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them.”

*Gospeller: The Gospel of Christ.*

*People Praise to You, Lord Christ.*

## **Sermon**

The Rev. Linzi Stahlecker

## **Affirmation of Faith**

The Nicene Creed

*Let us affirm our faith in Jesus Christ the Son of God.*

All: *We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.*

*For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.*

*On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.*

*We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## **Prayers of the People**

Loving God, in you we live and move and have our being, you are not far from any one of us.

We pray for all who are being prepared for baptism or confirmation, and that we, with them, may know that we dwell in you and you in us.

We pray for all who are attempting to follow your Way, and yet are struggling, or are in lonely or difficult places, we pray for all who feel forsaken, for all who are longing to know your love.

We pray for all who seek to do your will and fulfil your commandments.

Holy One, you abide in us.

**May we know we abide in you.**

We pray for countries where justice and human rights are ignored.

We pray for nations and peoples who are in danger of destroying themselves or others.

We pray for those in places where society is breaking down, where people are being harmed, excluded, or abused.

And pray for all who seek to live in simplicity and gentleness, and reverence, and love; we pray for all who suffer for doing good.

Holy One, you abide in us.

**May we know we abide in you.**

By your indwelling presence fill our hearts and minds with peace.

We pray for peace in our communities, for peace in our relationships, we pray that your peace may spread throughout our world.

Holy One, you abide in us.

**May we know we abide in you.**

We pray for all who have no knowledge of God.

We remember before you all those who are in the midst of difficulties, all those who are navigating illness, or particular troubles, we pray for those who feel weak and helpless, that they might find their strength and hope in you.

We pray for all who are in need, especially for those in our Bidding Book:

[here prayers are added from the bidding book and  
you are invited to add your own prayers silently or aloud]

Holy One, you abide in us.

**May we know we abide in you.**

Holy One, if we abide in you and you are in us, we are already in the fullness of that life which is eternal.

We rejoice in your presence, and pray for loved ones and friends who have gone before us.

Holy One, you abide in us.

**May we know we abide in you.**

Presider: Christ Jesus, you have promised to be with us for ever; teach us to rejoice in your presence, free us from all anxiety, help us to know you are always at hand, that we may work with you and to your glory, Jesus our Savior, who with the Father and the Holy Spirit lives and reigns for ever.

**Amen.**

## **The Peace**

Presider: The peace of Christ be always with you.

People: *And also with you.*

# Announcements

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward. Prayers can be found on the card in your pew.

## The Offertory

*You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website [www.stbenslososos.org](http://www.stbenslososos.org)*



## ♪ Hymn #306

## “Come risen Lord”

Blue Hymnal



1 Come, ris - en Lord, and deign to be our guest;  
2 We meet, as in that up - per room they met;  
3 One bo - dy we, one Bo - dy who par - take,  
4 One with each o - ther, Lord, for one in thee,



nay, let us be thy guests; the feast is thine;  
thou at the ta - ble, bless - ing, yet dost stand:  
one Church u - ni - ted in com - mun - ion blest;  
who art one Sa - vior and one liv - ing Head;



thy - self at thine own board make man - i - fest  
“This is my Bo - dy”; so thou giv - est yet:  
one Name we bear, one Bread of life we break,  
then o - pen thou our eyes, that we may see;



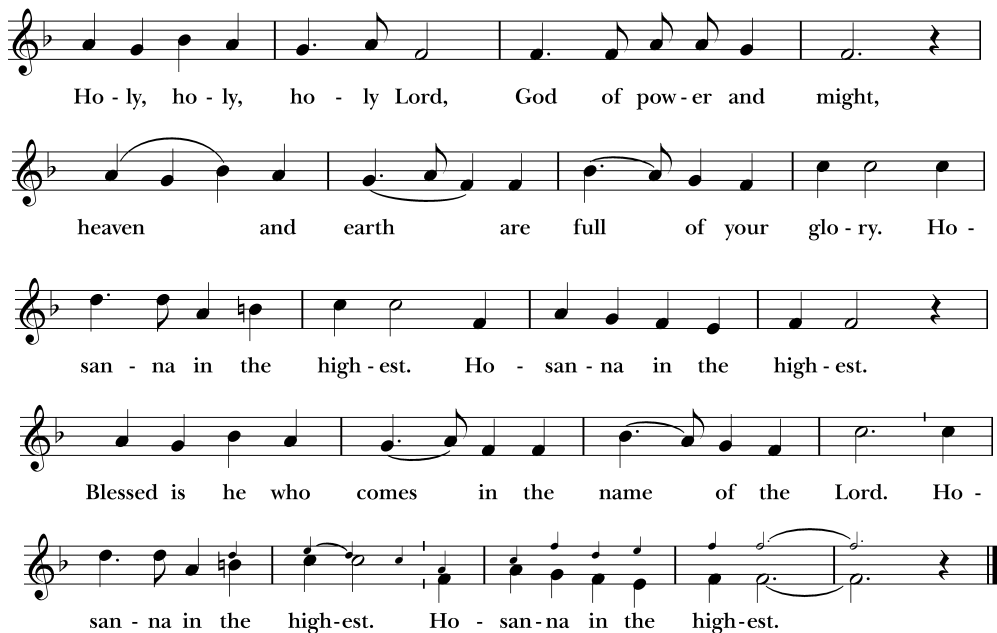
in thine own Sac - ra - ment of Bread and Wine.  
faith still re - ceives the cup as from thy hand.  
with all thy saints on earth and saints at rest.  
be known to us in break - ing of the Bread.

Words: George Wallace Briggs (1875-1959), alt. By permission of Oxford University Press. Music: *Sursum Corda*, Alfred Morton Smith (1879-1971). Copyright © 1941, Mrs. Alfred M. Smith.



## Sanctus

S125



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

### *The Presider continues*

We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Holy God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, Jesus lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose Jesus gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And that we might live no longer for ourselves, but for Christ who died and rose for us, you sent the Holy Spirit, your own first gift for those who believe, to complete your work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for Jesus to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them Jesus took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said,

“Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Almighty God, we now celebrate this memorial of our redemption. Recalling Christ’s death and descent among the dead, proclaiming Christ’s resurrection and ascension to your right hand, awaiting Christ’s coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

**All: We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.**

God our Creator, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of our Savior Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with all the saints who have found favor with you in ages past.

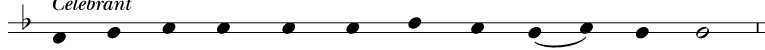
We praise you in union with them and give you glory through Jesus Christ our Savior.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

## ♪ The Lord's Prayer

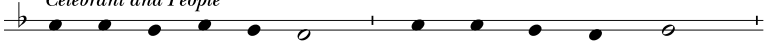
S148

*Celebrant*

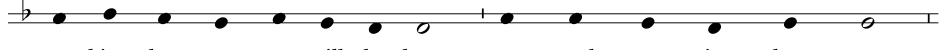


As our Sa - vior Christ has taught us, we now pray,


*Celebrant and People*



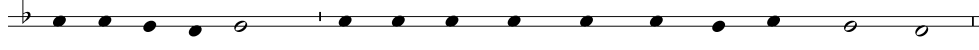
Our Fa - ther in hea - ven, hal - lowed be your Name,



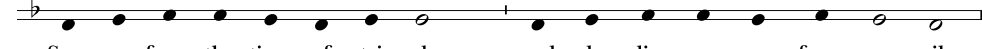
your king - dom come, your will be done, on earth as in hea - ven.



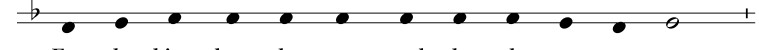
Give us to - day our dai - ly bread.




For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.


# The Breaking of the Bread

*The Presider breaks the Bread*

## ♪ Fraction Anthem


EOM2 147

*Cantor, then All*




We who are man-y are one bo - dy, for we all share in the one bread.

*Cantor*



We break this bread to share in the Bo - dy of Christ.

*All*



We who are man-y are one bo - dy, for we all share in the one bread.

## Holy Communion

Presider: The Gifts of God for the People of God.

*If God is calling you, you are welcome to receive communion when the Presider invites your section forward.*

## ♪ Communion Music

*Original Improvisation*

Paul Burkle

## ♪ Choir Anthem

“I Thank You Lord”

Joseph Martin

Silence

(please stand as you are able)

## Prayer

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## Blessing

### ♪ Hymn #397

### “Now thank we all our God”

Blue Hymnal

1 Now thank we all our God, with heart, and hands, and voic - es,  
2 O may this boun - teous God through all our life be near us!  
3 All praise and thanks to God the Fa - ther now be giv - en,  
who won - drous things hath done, in whom his world re - joic - es;  
With ev - er - joy - ful hearts and bless - ed peace to cheer us;  
the Son, and him who reigns with them in high - est hea - ven,

who from our mo-ther's arms hath blessed us on our way  
 and keep us in his grace, and guide us when per - plexed,  
 e - ter - nal, Tri - une God, whom earth and heaven a - dore;

with count-less gifts of love, and still is ours to - day.  
 and free us from all ills in this world and the next.  
 for thus it was, is now, and shall be, ev - er - more.

## Dismissal

*Presider:* Let us go forth in the name of Christ.

*People:* **Thanks be to God. Alleluia! Alleluia!**

## ♪ Postlude

*Original Improvisation*

Paul Burkle

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## **Ministers of the Service**

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Altar Guild:	Lisa Gonzalez
Eucharistic Minister:	Alan Kiste
Chalice:	Brian Spolarich
Lectors:	John Horsley, Bryson McKelvey
Flowers:	Elaine Beckham
Usher:	Brian Spolarich
Usher:	Ron Thompson
Music:	Paul Burkle
Intercessor:	Berkeley Johnson
Tellers:	Steve Cake, Karen Lewis
Online Host:	Don Maruska
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	TBD

## This Week at St. Ben's

Monday	May 11
8:30 a	Morning Prayer (Zoom)
Tuesday	May 12
8:30 a	Morning Prayer (Zoom)
9:45 a	Prayers for the Morning (Zoom)
10:30 a	Spiritual Conversation (Zoom)
5:30 p	Centering Prayer (in-person only)
Wednesday	May 13
8:30 a	Morning Prayer (Zoom)
Thursday	May 14
8:30 a	Morning Prayer (Zoom)
11:30a	Bible Study
6:00 p	Choir Practice
Friday	May 15
8:30 a	Morning Prayer (Zoom)
Saturday	May 16
9:00 a	Men's Breakfast @ Cielias

## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



### St. Benedict's Episcopal Church

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