



St. Benedict's Episcopal Church

Tending Mind & Soul
in Los Osos, CA

April 2nd, 2026 Maundy Thursday

~ Prelude ~

Original Improvisation

Paul Burkle

please stand as you are able

Presider: Blessed be the God of our salvation.

People: *Who bears our burdens and forgives our sins.*

Presider: Let us pray.

All: *Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name; through Christ our Lord. Amen*

♪ Trisagion

The image shows a musical score for the Trisagion. It consists of two systems of music, each with a vocal line and a piano accompaniment. The key signature is one flat (B-flat), and the time signature is 4/4. The lyrics are: "Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy up - on us." The piano accompaniment features chords and moving lines in both hands.

Music: Ver. *Hymnal 1982*, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

Collect of the Day

Presider: The Lord be with you.

People: And also with you.

Presider: Let us pray.

All: Almighty God, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

(please be seated for the readings)

Exodus 12:1-4, 11-14

Reader: A Reading from the book of Exodus

The LORD said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you.

Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it.

This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout your generations you shall observe it as a perpetual ordinance.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 116:1, 10-17



Chant on a single note, changing note with the bolded word.

1 I love the Lord, because he has heard the voice of my **suppli-cation**,*
because he has inclined his ear to me whenever I called **u-pon**
him.

10 How shall I repay the **Lord** *
for all the good things he has done for **me**?

11 I will lift up the cup of **sal-va-tion** *
and call upon the Name of the **Lord**.

12 I will fulfill my vows to the **Lord** *
in the presence of all his **people**.

13 Precious in the sight of the **Lord** *
is the death of his **servants**.

14 O Lord, I am your **servant**; *
I am your servant and the child of your handmaid;
you have freed me from my **bonds**.

15 I will offer you the sacrifice of **thanks-giving** *
and call upon the Name of the **Lord**.

16 I will fulfill my vows to the **Lord** *
in the presence of all his **people**,

Repeat second half of the chant for the last verse

17 In the courts of the **Lord's house**, *
in the midst of you, O **Je-rusalem**.

1 Corinthians 11:23-26

Reader: A Reading from Paul's first letter to the church in Corinth.

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

(please stand as you are able as we welcome the Gospel)

♪ Hymn #297

“Descend, O Spirit”

Blue Hymnal



1 De - scend, O Spi - rit, purg - ing flame, brand
2 For - bid us not this sec - ond birth; grant



us this day with Je - sus' Name! Con - firm our faith, con -
un - to us the great - er worth! En - list us in your



sume our doubt; sign us as Christ's, with - in, with - out.
ser - vice, Lord; bap - tize all na - tions with your Word.

Words: Scott Francis Brenner (1903-1991), alt. Reprinted and used from *The Worship Book — Services and Hymns*, Copyright © 1972, The Westminster Press. Music: *Erhalt uns Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

John 13:1-17, 31b-35

Presider: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?"

Jesus answered, “You do not know now what I am doing, but later you will understand.” Peter said to him, “You will never wash my feet.” Jesus answered, “Unless I wash you, you have no share with me.” Simon Peter said to him, “Lord, not my feet only but also my hands and my head!” Jesus said to him, “One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.” For he knew who was to betray him; for this reason he said, “Not all of you are clean.”

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, “Do you know what I have done to you? You call me Teacher and Lord--and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

“Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, ‘Where I am going, you cannot come.’ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.”

Presider: The Gospel of Christ

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Linzi Stahlecker

At the Foot-Washing

Fellow servants of our Savior Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority, or even miracle, but by loving care and acts of service.

Tonight, we are all invited to join him in washing one another's feet, as we remember his admonition that the one who is greatest must be the servant of all.

If you wish to participate in the foot washing, simply take off your shoes and socks before leaving your seat and come to one of the stations in the pews closest to the altar. First, sit to have your feet washed. Then wash the feet of the next person who comes. After you have washed that person's feet, please return to your seat.

Prayers of the People

Adapt. *Intercessions for the Christian People*, Liturgical Press, 1990, Order of St. Benedict

Intercessor: We gather as the household of God, apostles, prophets, martyrs, servants, to pray for the church and all humankind, saying:

Come, Christ Jesus.

For refugees, for those who are unhoused, and for all who have nowhere safe to call home, we pray:

Come, Christ Jesus

For those unable to eat at the Lord's Table or at any table, we pray:

Come, Christ Jesus

For the body of Christ fractured in a world of violence and war, we pray:

Come, Christ Jesus

For those who betray, and for those whom they betray, we pray:

Come, Christ Jesus

For ourselves, who gather to celebrate our Savior's Passover in the bread we eat and the cup we drink, we pray: ***Come, Christ Jesus***

For all in any need...

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

We lift our prayers to you,

Come, Christ Jesus

Presider: *Almighty God, we recall the wonders you worked for our ancestors, and we marvel at the love shown us by your Son. Hear us as we pray in the name of your Son, our Savior, Jesus Christ. Amen.*

The Peace

Presider: The peace of Christ be always with you.

People: ***And also with you.***

The congregation may greet one another in the name of Christ.

The Offertory

You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website www.stbenslososos.org



♩ Hymn #47

“Jesu, Jesu”

LEVAS

Je - su, Je - su, fill us with your love, show

us how to serve the neigh - bors we have from you. **Fine**

1. Kneels at the feet of his friends, si - lent - ly wash - es their
 2. Neigh - bors are rich and poor, neigh - bors are black and
 3. These are the ones we should serve, these are the ones we should
 4. Lov - ing puts us on our knees, serv - ing as though we are
 5. Kneel at the feet of our friends, si - lent - ly wash - ing their

1. feet, Mas - ter who acts as a slave to them.
 2. white, neigh - bors are near and far a - way.
 3. love; all these are neigh - bors to us and you.
 4. slaves, this is the way we should live with you.
 5. feet, this is the way we should live with you. **D.C.**

Words: John 13:1-17; adapt. Tom Colvin, 1969. Music: Ghana Folk Song; adapt. Tom Colvin 1969; harm. Charles H. Webb, 1988. Copyright © 1969 Hope Publishing Co., Carol Stream, IL 60188. All Rights Reserved. Used by permission.

♪ Doxology:

Hymn tune #377

**Praise God from Whom all blessings flow
Praise God all creatures here below,
Praise God above, ye heavenly host.
Praise Father, Son, and Holy Ghost. Amen.**

Holy Eucharist

Iona

Presider: The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;

you who have been here often and you who have not been for a long time; you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Presider: May Christ be with you,

All: And also with you.

Presider: Lift up your hearts,

All: We lift them up to God.

Presider: Let us give thanks to God,

All: It is right to give both thanks and praise.

Presider: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with the host of heaven, with all the saints before and beside us, with siblings east and west, north and south, we sing to you.

And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

♪ Sanctus

S 131



Ho - ly, ho - ly, ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who comes in the
name of the Lord. Ho - san - na in the high - est.

Setting: Gerald R. Near (b. 1942)

Presider: Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke the bread and gave it to his disciples, saying, This is my body, given to you. In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, This cup is the new relationship with God, sealed with my blood. Take this and share it. I shall drink wine with you next in the coming Kingdom of God.

*All: Loving God,
through your goodness we have this bread and wine to offer,
which earth has given and human hands have made.
May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.
We celebrate the life that Jesus has shared among his
community through the centuries, and shares with us now.
Made one in Christ and one with each other, we offer these gifts
and with them ourselves, a single, holy, living sacrifice. Amen.*

Presider: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they become for us your body, vibrant with your life, healing, renewing and making us whole. And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

*All: Through Christ and with Christ and in Christ,
all honor and glory are yours, All-Compassionate God,
in the unity of the Holy Spirit, for ever and ever. AMEN*

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**


The Breaking of the Bread

The Presider breaks the Bread

♪ Fraction Anthem


EOM 147

Cantor, then All




We who are man-y are one bo - dy, for we all share in the one bread.

Cantor



We break this bread to share in the Bo - dy of Christ.

All



We who are man-y are one bo - dy, for we all share in the one bread.

Holy Communion

The Presider continues: The Gifts of God for the People of God.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward.

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Choir Anthem

“Thy Will Be Done”

Craig Courtney

Silence

Post Communion Prayer

Presider: Let us pray.

*God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior.
Amen*

We pause for a few moments' silence before stripping the altar.

Stripping of the Altar

As Cantors chant Psalm 22, the altar is stripped of all linens, candlelight, and ornament, leaving the focal point of our worship space completely bare and empty. This action symbolizes the abandonment and stripping of Jesus before his crucifixion. This is the way we will encounter the space tomorrow on Good Friday.

Psalm 22

My God, my God, why have you forsaken me? *
and are so far from my cry and from the words of my distress?

O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.

Yet you are the Holy One, *
enthroned upon the praises of Israel.

Our forefathers put their trust in you; *
they trusted, and you delivered them.

They cried out to you and were delivered; *
they trusted in you and were not put to shame.

But as for me, I am a worm and no man, *
scorned by all and despised by the people.

All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,

“He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him.”

Yet you are he who took me out of the womb, *
and kept me safe upon my mother’s breast.

I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother’s womb.

Be not far from me, for trouble is near, *
and there is none to help.

Many young bulls encircle me; *
strong bulls of Bashan surround me.

They open wide their jaws at me, *
like a ravening and a roaring lion.

I am poured out like water; all my bones are out of joint; *
my heart within my breast is melting wax.

My mouth is dried out like a pot-sherd; my tongue sticks to the roof of
my mouth; *
and you have laid me in the dust of the grave.

Packs of dogs close me in, and gangs of evildoers circle around me; *
they pierce my hands and my feet; I can count all my bones.

They stare and gloat over me; *
they divide my garments among them; they cast lots for my
clothing.

Be not far away, O Lord; *
you are my strength; hasten to help me.

Save me from the sword,*
my life from the power of the dog.

Save me from the lion's mouth, *
my wretched body from the horns of wild bulls.

I will declare your Name to my brethren; *
in the midst of the congregation I will praise you.

Praise the Lord, you that fear him; *
stand in awe of him, O offspring of Israel; all you of Jacob's
line, give glory.

For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them; *
but when they cry to him he hears them.

My praise is of him in the great assembly; *
I will perform my vows in the presence of those who worship
him.

The poor shall eat and be satisfied, and those who seek the Lord
shall praise him: *
"May your heart live for ever!"

All the ends of the earth shall remember and turn to the Lord, *
and all the families of the nations shall bow before him.

For kingship belongs to the Lord; *
he rules over the nations.

To him alone all who sleep in the earth bow down in worship; *
all who go down to the dust fall before him.

My soul shall live for him; my descendants shall serve him; *
they shall be known as the Lord's for ever.

They shall come and make known to a people yet unborn *
the saving deeds that he has done.

We leave in silence

Ministers of the Service

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Eucharistic Minister:	Diana Hammerlund
Lectors:	Jane Wu, Bob Pelfrey
Music:	Paul Burkle
Flowers:	Sharon Porter
Altar Guild:	Pat Stoneman
Usher:	Connie Weldon
Technical:	Hannah-Jaye Matthews

This Week at St Ben's

Friday	Apr 3
12:00p	Stations of the Cross
7:30p	Good Friday Service
Saturday	Apr 4
7:45p	The Great Vigil
Sunday	Apr 5
10:30a	Easter Eucharist Service

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, economic condition, gender, sexual orientation, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.

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