



# St. Benedict's Episcopal Church

Tending Mind & Soul  
in Los Osos, CA



## March 29th, 2026

# Palm Sunday

Today's service begins outside with The Liturgy of the Palms.

### The Liturgy of the Palms

Presider: Blessed is the King who comes in the name of the Lord.

All: *Peace in heaven and glory in the highest.*

Presider: Let us pray.

Assist us mercifully with your help, O God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Savior. *Amen.*

## Matthew 21:1-11

When Jesus and his disciples had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village ahead of you, and immediately you will find a donkey tied, and a colt with her; untie them and bring them to me. If anyone says anything to you, just say this, 'The Lord needs them.' And he will send them immediately." This took place to fulfill what had been spoken through the prophet, saying,

"Tell the daughter of Zion,  
Look, your king is coming to you,  
humble, and mounted on a donkey,  
and on a colt, the foal of a donkey."

The disciples went and did as Jesus had directed them; they brought the donkey and the colt, and put their cloaks on them, and he sat on them. A very large crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. The crowds that went ahead of him and that followed were shouting,

"Hosanna to the Son of David!  
Blessed is the one who comes in the name of the Lord!  
Hosanna in the highest heaven!"

When he entered Jerusalem, the whole city was in turmoil, asking, "Who is this?" The crowds were saying, "This is the prophet Jesus from Nazareth in Galilee."

Presider: God be with you.

People: *And also with you.*

Presider: Let us give thanks to the Lord our God.

People: *It is right to give God thanks and praise.*

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Savior. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way.

*The congregation raises up their palms for the blessing.*

Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. ***Amen.***

Blessed is the one who comes in the name of the Lord.

*All: Hosanna in the highest.*

## **The Procession**

Presider: Let us go forth in peace.

People: ***In the name of Christ. Amen.***

*After singing the first verse of the hymn in place (the hymn is on the next page), the congregation processes back into the church (as able) following the Ministers of the Liturgy. The procession is intended to be boisterous, like the one that accompanied Jesus on his journey into Jerusalem!*

# ♪ Hymn #154 “All Glory, Laud, and Honor”

Blue

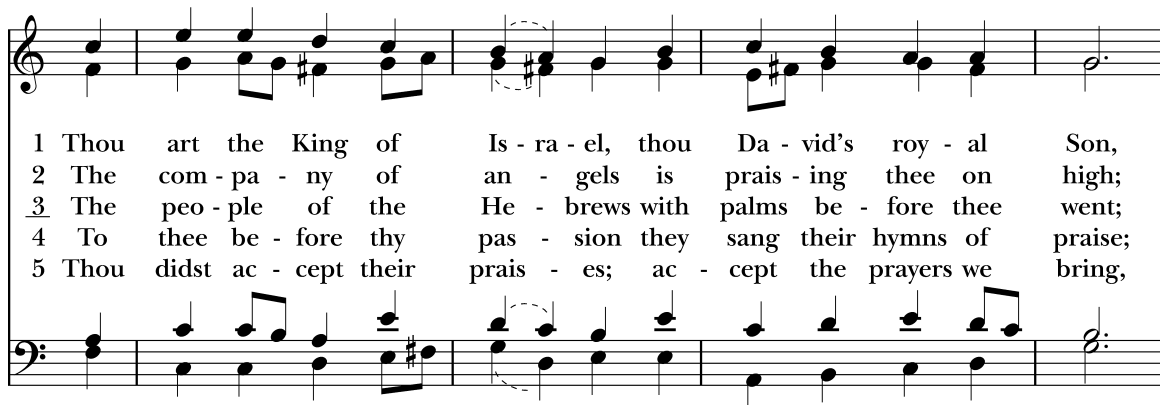
## Refrain



All glo - ry, laud, and hon - or to thee, Re - deem - er, King!

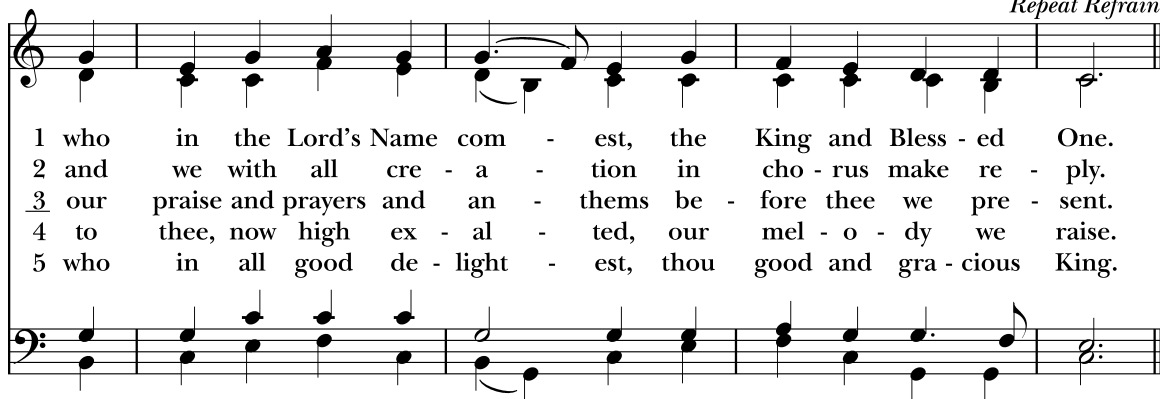


to whom the lips of chil - dren made sweet ho - san - nas ring.



1 Thou art the King of Is - ra - el, thou Da - vid's roy - al Son,  
2 The com - pa - ny of an - gels is prais - ing thee on high;  
3 The peo - ple of the He - brews with palms be - fore thee went;  
4 To thee be - fore thy pas - sion they sang their hymns of praise;  
5 Thou didst ac - cept their prais - es; ac - cept the prayers we bring,

## Repeat Refrain



1 who in the Lord's Name com - est, the King and Bless - ed One.  
2 and we with all cre - a - tion in cho - rus make re - ply.  
3 our praise and prayers and an - thems be - fore thee we pre - sent.  
4 to thee, now high ex - al - ted, our mel - o - dy we raise.  
5 who in all good de - light - est, thou good and gra - cious King.

Hymnal *Following the singing of the hymn, please be seated for the choir anthem.*

*A brief time of silence follows, before the liturgy continues.*

## **The Liturgy of the Word**

Presider: God be with you.

People: *And also with you.*

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*please be seated for the readings*

### **Isaiah 50:4-9a**

Reader: *A Reading from the book of Isaiah*

The Lord GOD has given me  
the tongue of a teacher,

that I may know how to sustain  
the weary with a word.

Morning by morning he wakens--  
wakens my ear  
to listen as those who are taught.

The Lord GOD has opened my ear,  
and I was not rebellious,  
I did not turn backward.

I gave my back to those who struck me,  
and my cheeks to those who pulled out the beard;

I did not hide my face  
from insult and spitting.

The Lord GOD helps me;  
therefore I have not been disgraced;  
therefore I have set my face like flint,  
and I know that I shall not be put to shame;  
he who vindicates me is near.

Who will contend with me?  
Let us stand up together.

Who are my adversaries?  
Let them confront me.

It is the Lord GOD who helps me;  
who will declare me guilty?

*Reader: Hear what the Spirit is saying to God's people.*

*People: Thanks be to God.*



## **Philippians 2:5-11**

*Reader: A Reading from Paul's letter to the church in Philippi*

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

*Reader: Hear what the Spirit is saying to God's people.*

*People: **Thanks be to God.***

*please stand as you are able as we welcome the Gospel*

♪ Hymn #458 “My Song is Love Unknown” (v. 1 and 2 only) Blue Hymnal

1 My song is love un - known, my Sa - vior's love to me, love  
2 He came from his blest throne sal - va - tion to be - stow, but

1 to the love - less shown that they might love - ly be. O  
2 men made strange, and none the longed - for Christ would know. But

1 who am I that for my sake my Lord should take frail flesh, and die?  
2 O my friend, my friend in - deed, who at my need his life did spend.

*All are seated. The customary responses before and after the Gospel are omitted.*

## **The Passion of Our Lord Jesus Christ According to Matthew**

Jesus stood before the governor; and the governor asked him, “Are you the King of the Jews?” Jesus said, “You say so.” But when he was accused by the chief priests and elders, he did not answer. Then Pilate said to him, “Do you not hear how many accusations they make against you?” But he gave him no answer, not even to a single charge, so that the governor was greatly amazed.

Now at the festival the governor was accustomed to release a prisoner for the crowd, anyone whom they wanted. At that time they had a notorious prisoner, called Jesus Barabbas. So after they had gathered, Pilate said to them, “Whom do you want me to release for you, Jesus Barabbas or Jesus who is called the Messiah?” For he realized that it was out of jealousy that they had handed him over. While he was sitting on the judgment seat, his wife sent word to him, “Have nothing to do with that innocent man, for today I have suffered a great deal because of a dream about him.”

Now the chief priests and the elders persuaded the crowds to ask for Barabbas and to have Jesus killed. The governor again said to them, “Which of the two do you want me to release for you?” And they said, “Barabbas.” Pilate said to them, “Then what should I do with Jesus who is called the Messiah?” All of them said,

***All: “Let him be crucified!”***

Then he asked, “Why, what evil has he done?” But they shouted all the more,

***All: “Let him be crucified!”***

So when Pilate saw that he could do nothing, but rather that a riot was beginning, he took some water and washed his hands before the crowd, saying, “I am innocent of this man’s blood; see to it yourselves.” Then the people as a whole answered, “His blood be on us and on our children!” So he released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

Then the soldiers of the governor took Jesus into the governor’s headquarters, and they gathered the whole cohort around him. They stripped him and put a scarlet robe on him, and after twisting some thorns into a crown, they put it on his head.

They put a reed in his right hand and knelt before him and mocked him, saying, “Hail, King of the Jews!” They spat on him, and took the reed and struck him on the head. After mocking him, they stripped him of the robe and put his own clothes on him. Then they led him away to crucify him.

As they went out, they came upon a man from Cyrene named Simon; they compelled this man to carry his cross.

***All stand, as able.***

And when they came to a place called Golgotha (which means Place of a Skull), they offered him wine to drink, mixed with gall; but when he tasted it, he would not drink it. And when they had crucified him, they divided his clothes among themselves by casting lots; then they sat down there and kept watch over him. Over his head they put the charge against him, which read, “This is Jesus, the King of the Jews.”

Then two bandits were crucified with him, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying, “You who would destroy the temple and build it in three days, save yourself! If you are the Son of God, come down from the cross.” In the same way the chief priests also, along with the scribes and elders, were mocking him, saying, “He saved others; he cannot save himself. He is the King of Israel; let him come down from the cross now, and we will believe in him. He trusts in God; let God deliver him now, if he wants to; for he said, ‘I am God’s Son.’” The bandits who were crucified with him also taunted him in the same way.

From noon on, darkness came over the whole land until three in the afternoon. And about three o’clock Jesus cried with a loud voice, “Eli, Eli, lema sabachthani?” that is, “My God, my God, why have you forsaken me?”

When some of the bystanders heard it, they said, “This man is calling for Elijah.” At once one of them ran and got a sponge, filled it with sour wine, put it on a stick, and gave it to him to drink. But the others said, “Wait, let us see whether Elijah will come to save him.” Then Jesus cried again with a loud voice and breathed his last.

*All kneel, as able. A deep bow is also appropriate. Silence is kept.*

*All stand, as able, when the Presider stands, and remain standing until the conclusion.*

At that moment the curtain of the temple was torn in two, from top to bottom. The earth shook, and the rocks were split. The tombs also were opened, and many bodies of the saints who had fallen asleep were raised.

After his resurrection they came out of the tombs and entered the holy city and appeared to many. Now when the centurion and those with him, who were keeping watch over Jesus, saw the earthquake and what took place, they were terrified and said, “Truly this man was God’s Son!”

*The congregation is invited to observe a time of silence, a few minutes to meditate on the story of Christ’s Passion (no sermon)*

## **Prayers of the People**

Holy One, we come to you as a church broken by sin, divided by factions.  
We come weak in our mission failing in holiness.  
We come neglectful in our prayers and insensitive to your presence.  
We come lacking in vision, wavering in faith.  
We remember all who have broken away from their faith, have broken vows, have broken commitments.

Jesus, broken on the cross, we come to you.

***Only you can make us whole.***

Holy One, we come with broken hopes and broken dreams,  
with broken relationships and broken hearts,  
with broken promises and broken trust.  
We come as shattered people.

Jesus, broken on the cross, we come to you.

***Only you can make us whole.***

We come with all your broken people.  
We come with the broken in spirit,  
with the despondent and the despairing.

We come with the broken in mind,  
with the deeply distressed and the disturbed.  
We come with the broken in body,  
with all who are injured and all who are ill.  
We come to you with all our needs.

We come to you with prayers for all those named in our bidding book:

[here prayers are added from the bidding book and  
you are invited to add your own prayers silently or aloud]

Jesus, broken on the cross, we come to you.

***Only you can make us whole.***

We remember all who have been killed,  
in war, through injustice, cruelty or carelessness.

We remember all who have died so that others might live.  
we rejoice that now they know the wholeness  
and holiness of your kingdom.

Jesus, broken on the cross, we come to you.

***Only you can make us whole***

Presider: Creator God, you give us life, you give us love, you give us yourself:  
help us to give our lives, our love, ourselves to you;  
through Christ, who died and rose again for us,  
and who lives with you and the Holy Spirit in everlasting light.  
***Amen.***

## **The Peace**

Presider: The peace of Christ be always with you.

People: *And also with you.*

The congregation may greet one another in the name of Christ.

## **Announcements**

### **The Offertory**

*You are invited to make a thank offering. If you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can also contribute by scanning the QR Code or at our website [www.stbenslososos.org](http://www.stbenslososos.org)*



# ♪ Hymn #480 “When Jesus left his Father’s throne”

Blue Hymnal



1 When Je - sus left his Fa-ther's throne, he chose an hum - ble birth;  
2 Sweet were his words and kind his look, when mo-thers round him pressed;  
3 When Je - sus in - to Zi - on rode, the chil - dren sang a - round;



like us, un - hon - ored and un-known, he came to dwell on earth.  
their in-fants in his arms he took, and on his bos - om blessed.  
for joy they plucked the palms and strowed their gar - ments on the ground.



Like him may we be found be - low in wis-dom's path of peace;  
Safe from the world's al - lur - ing harms, be - neath his watch-ful eye,  
Ho - san - na our glad voic - es raise, ho - san - na to our King!



like him in grace and know-ledge grow as years and strength in - crease.  
thus in the cir - cle of his arms may we for ev - er lie.  
Should we for - get our Sa - vior's praise, the stones them-selves would sing.

(please stand as you are able)

## ♪ Doxology:

Hymn tune #377

*Praise God from Whom all blessings flow  
Praise God all creatures here below,  
Praise God above, ye heavenly host.  
Praise Father, Son and Holy Ghost. Amen.*

# Holy Eucharist

BCP Eucharistic Prayer A (expansive language)

The image displays four staves of musical notation for a prayer. Each staff has a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Presider and the People. The second staff is for the Presider and the People. The third staff is for the Presider. The fourth staff is for the People.

*Presider*                      *People*  
The Lord be with you.      And al - so with you.

*Presider*                      *People*  
Lift up your hearts.      We lift them to the Lord.

*Presider*  
Let us give thanks to the Lord our God.

*People*  
It is right to give him thanks and praise.

Presider

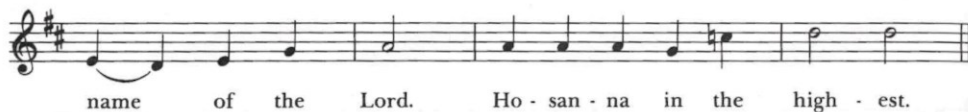
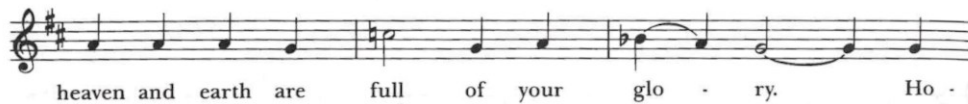
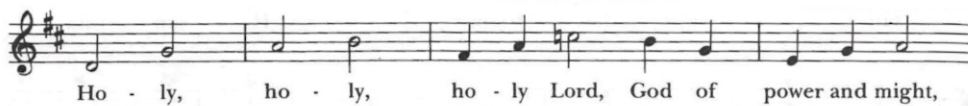
It is truly right, and good and a joyful thing,  
always and everywhere to give thanks to you,  
Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every  
way as we are, yet did not sin. By his grace we are able to  
triumph over every evil, and to live no longer for ourselves  
alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the  
faithful of every generation, we lift our voices with all creation  
as we sing:

# Sanctus

S 131



Setting: Gerald R. Near (b. 1942)

*Presider continues*

Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus

Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All:     ***Christ has died.***  
          ***Christ is risen.***  
          ***Christ will come again.***

Presider    We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving.

Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ: By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. *AMEN*.

## **The Lord's Prayer**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

# The Breaking of the Bread

The Presider breaks the Bread

## ♪ Fraction Anthem

S 166



Je - sus, Lamb of God: have mer - cy on



us. Je - sus, bear - er of our sins: have mer - cy on us.



Je - sus, re-deem - er of the world: give us your peace.

## Holy Communion

The Presider continues:

The Gifts of God for the People of God.

*If God is calling you, you are welcome to receive communion when the Presider invites your section forward.*

## ♪ Communion Music

*Original Improvisation*

Paul Burkle

# ♩ Hymn #168 “O sacred head sore wounded”

Blue Hymnal



1 O sa - cred head, sore wound - ed, de - filed and put to scorn;  
 2 Thy beau - ty, long - de - sir - ed, hath va - nished from our sight;  
 3 In thy most bit - ter pas - sion my heart to share doth cry,  
 \*4 What lan - guage shall I bor - row to thank thee, dear - est friend,  
 \*5 My days are few, O fail not, with thine im - mor - tal power,



1 O king - ly head, sur - round - ed with mock - ing crown of thorn:  
 2 thy power is all ex - pir - ed, and quenched the light of light.  
 3 with thee for my sal - va - tion up - on the cross to die.  
 4 for this thy dy - ing sor - row, thy pi - ty with - out end?  
 5 to hold me that I quail not in death's most fear - ful hour;



1 what sor - row mars thy gran - deur? Can death thy bloom de - flower?  
 2 Ah me! for whom thou di - est, hide not so far thy grace:  
 3 Ah, keep my heart thus mov - ed to stand thy cross be - neath,  
 4 Oh, make me thine for - ev - er! and should I faint - ing be,  
 5 that I may fight be - friend - ed, and see in my last strife



1 O coun - te - nance whose splen - dor the hosts of heaven a - dore!  
 2 show me, O Love most high - est, the bright - ness of thy face.  
 3 to mourn thee, well - be - lov - ed, yet thank thee for thy death.  
 4 Lord, let me nev - er, nev - er, out - live my love for thee.  
 5 to me thine arms ex - tend - ed up - on the cross of life.

Silence

## Prayer

*Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.*

## Solemn Prayer over the Assembly

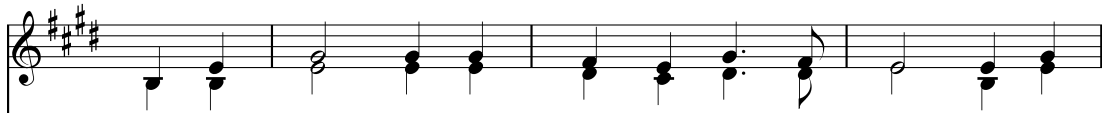
Presider: Let us bow down before God.

Presider: Almighty God, we pray you graciously to behold this your family, for whom our Savior Jesus Christ was willing to be betrayed, and given into the hands of sinners, and to suffer death upon the cross; who lives and reigns for ever and ever. *Amen.*

# Hymn #172

## “Were you there?”

Blue Hymnal



1 Were you there when they cru - ci - fied my Lord? Were you  
 2 Were you there when they nailed him to the tree? Were you  
 \*3 Were you there when they pierced him in the side? Were you  
 4 Were you there when they laid him in the tomb? Were you



there when they cru - ci - fied my Lord? Oh! \_\_\_\_\_  
 there when they nailed him to the tree? Oh! \_\_\_\_\_  
 there when they pierced him in the side? Oh! \_\_\_\_\_  
 there when they laid him in the tomb? Oh! \_\_\_\_\_



\_\_\_\_\_ Some-times it caus - es me to trem-ble, trem-ble,  
 \_\_\_\_\_ Some-times it caus - es me to trem-ble, trem-ble,  
 \_\_\_\_\_ Some-times it caus - es me to trem-ble, trem-ble,  
 \_\_\_\_\_ Some-times it caus - es me to trem-ble, trem-ble,



trem-ble. Were you there when they cru - ci - fied my Lord?  
 trem-ble. Were you there when they nailed him to the tree?  
 trem-ble. Were you there when they pierced him in the side?  
 trem-ble. Were you there when they laid him in the tomb?

## Dismissal

Presider: Go in peace to love and serve Jesus Christ our Savior.

All: *Thanks be to God. (no Alleluias during Lent)*

## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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