



# St. Benedict's Episcopal Church

## Tending Mind & Soul in Los Osos, CA

Wherever you are on your spiritual journey, **you are welcome here!**

If the customs of the Episcopal Church are unfamiliar to you, you're invited to simply rest into this sacred time and space, and let the congregation carry you in worship.

**Your presence here today is a blessing!**

**January 18th, 2026**

**Second Sunday after the Epiphany**

~ Prelude ~

*Original Improvisation*

Paul Burkle

**Welcome**

The Rev. Linzi Stahlecker

♪ Hymn #616 “Hail to the Lord’s Anointed” (vs. 1-3 only) Blue Hymnal

1 Hail to the Lord’s A - noint - ed, great Da - vid’s great - er Son!  
 2 He comes with suc - cor speed - y to those who suf - fer wrong,  
 3 He shall come down like show - ers up - on the fruit - ful earth,  
 4 Kings shall bow down be - fore him, and gold and in - cense bring;  
 5 O'er ev - ery foe vic - to - rious, he on his throne shall rest;

1 Hail, in the time ap - point - ed, his reign on earth be - gun!  
 2 to help the poor and need - y, and bid the weak be strong;  
 3 and love, joy, hope, like flow - ers, spring in his path to birth:  
 4 all na - tions shall a - dore him, his praise all peo - ple sing;  
 5 from age to age more glo - rious, all bless - ing and all - blest:

1 He comes to break op - pres - sion, to set the cap - tive free;  
 2 to give them songs for sigh - ing, their dark - ness turn to light,  
 3 be - fore him on the moun - tains shall peace, the her - ald, go;  
 4 to him shall prayer un - ceas - ing and dai - ly vows a - scand;  
 5 the tide of time shall nev - er his cov - e - nant re - move;

1 to take a - way trans - gres - sion, and rule in eq - ui - ty.  
 2 whose souls, con - demned and dy - ing, were pre - cious in his sight.  
 3 and right - eous - ness in foun - tains from hill to val - ley flow.  
 4 his king - dom still in - creas - ing, a king - dom with - out end.  
 5 his Name shall stand for ev - er, his change - less Name of Love.

Presider: Blessed be the one, holy, and living God.

People: ***Glory to God for ever and ever.***

Presider: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♪ Hymn

“Arise! Your Light is Come”

1 A - rise, your light is come! The Spir - it's call o - bey; show  
2 A - rise, your light is come! Fling wide the pris - on door; pro -  
3 A -rise, your light is come! All you in sor - row born, bind  
4 A -rise, your light is come! The moun-tains burst in song! Rise  
forth the glo - ry of your God which shines on you to - day.  
claim the cap-tive's lib - er - ty, good ti - dings to the poor.  
up the bro - ken - heart - ed ones and com - fort those who mourn.  
up like ea - gles on the wing, God's power will make us strong.

WORDS: Ruth Duck (1947-)  
MUSIC: William H. Walter (1825-1893)  
Words © 1992 GIA Publications

FESTAL SONG  
S.M.

## Collect of the Day

Presider: God be with you.

People: *And also with you.*

Presider: Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. *Amen.*

People: ***Amen***

(please be seated for the readings)

## **Isaiah 49:1-7**

*Reader: A Reading from the book of the prophet Isaiah*

Listen to me, O coastlands,  
pay attention, you peoples from far away!  
The LORD called me before I was born,  
while I was in my mother's womb he named me.  
He made my mouth like a sharp sword,  
in the shadow of his hand he hid me;  
he made me a polished arrow,  
in his quiver he hid me away.  
And he said to me, "You are my servant,  
Israel, in whom I will be glorified."  
But I said, "I have labored in vain,  
I have spent my strength for nothing and vanity;  
yet surely my cause is with the LORD,  
and my reward with my God."

And now the LORD says,  
who formed me in the womb to be his servant,  
to bring Jacob back to him,  
and that Israel might be gathered to him,  
for I am honored in the sight of the LORD,  
and my God has become my strength--  
he says,

“It is too light a thing that you should be my servant  
to raise up the tribes of Jacob  
and to restore the survivors of Israel;  
I will give you as a light to the nations,  
that my salvation may reach to the end of the earth.”

Thus says the **LORD**,  
the Redeemer of Israel and his Holy One,  
to one deeply despised, abhorred by the nations,  
the slave of rulers,

“Kings shall see and stand up,  
princes, and they shall prostrate themselves,  
because of the **LORD**, who is faithful,  
the Holy One of Israel, who has chosen you.”

*Reader: Hear what the Spirit is saying to God's people.*

*People: Thanks be to God.*

## ♪ Psalm 40:1-12

S415

*Chanted by all on a single note moving to the next note  
for the bolded word*

Jerome Webster Meachen  
(b. 1930)



- 1 I waited patiently upon the **Lord**; \*  
he stooped to me and heard my **cry**.
- 2 He lifted me out of the desolate pit, out of the mire and **clay**; \*  
he set my feet upon a high cliff and made my footing **sure**.
- 3 He put a new song in my mouth,  
a song of praise to our **God**; \*  
many shall see, and stand in awe,  
and put their trust in the **Lord**.
- 4 Happy are they who trust in the **Lord**! \*  
they do not resort to evil spirits or turn to **false gods**.
- 5 Great things are they that you have done, O Lord my God!  
how great your wonders and your **plans for us**! \*  
there is none who can be com-pared with you.

6 Oh, that I could make them known and **tell them!** \*  
but they are more than I can **count**.

7 In sacrifice and offering you take no **pleasure** \*  
(you have given me ears to **hear you**);

8 Burnt-offering and sin-offering you have not **re-quired**, \*  
and so I said, "Behold, I **come**.

9 In the roll of the book it is written **concerning me**: \*  
'I love to do your will, O my God;  
your law is deep in my **heart**.'"

10 I proclaimed righteousness in the great **congre-gation**; \*  
behold, I did not restrain my lips;  
and that, O Lord, you **know**.

11 Your righteousness have I not hidden in my heart;  
I have spoken of your faithfulness and your **de-liverance**; \*  
I have not concealed your love and faithfulness from the great  
**congre-gation**.

12 You are the Lord;  
do not withhold your compassion **from me**; \*  
let your love and your faithfulness keep me safe for **ever**.

## 1 Corinthians 1:1-9

*Reader: A Reading from Paul's first letter to the Corinthians*

Paul, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Reader: *Hear what the Spirit is saying to God's people.*  
People: **Thanks be to God.**

(please stand as you are able as we welcome the Gospel)

♪ Hymn WLP #757 “Will you come and follow me” (vs. 1, 2, and 5 only)

1. Will you come and fol - low me if  
 2. Will you leave your self be - hind if  
 3. Will you let the blind - ed see if  
 4. Will you love the “You” you hide if  
 5. Christ, your sum-mons ech - oes true when

I but call your name? Will you go where you don't know and  
 I but call your name? Will you care for cruel and kind and  
 I but call your name? Will you set the pris - 'ner free and  
 I but call your name? Will you quell the fear in - side and  
 you but call my name. Let me turn and fol - low you and

nev - er be the same? Will you let my love be shown? Will you  
 nev - er be the same? Will you risk the hos - tile stare should your  
 nev - er be the same? Will you kiss the lep - er clean, and do  
 nev - er be the same? Will you use the faith you've found to re -  
 nev - er be the same. In your com - pa - ny I'll go where your

let my Name be known? Will you let my life be grown in  
 life at - tract or scare? Will you let me an - swer prayer in  
 such as this un - seen? And ad - mit to what I mean in  
 shape the world a - round through my sight and touch and sound in  
 love and foot - steps show, thus I'll move and live and grow in

1. 2. 3. 4.

5. (Final Ending)

you and you in me?  
 you and you in me?  
 you and you in me?  
 you and you in me?

5. you and you in me.

## John 1:29-42

Presider: *The Holy Gospel of Our Savior Jesus Christ According to John.*

People: ***Glory to You, Lord Christ.***

John saw Jesus coming toward him and declared, “Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, ‘After me comes a man who ranks ahead of me because he was before me.’ I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel.” And John testified, “I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, ‘He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.’ And I myself have seen and have testified that this is the Son of God.”

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, “Look, here is the Lamb of God!” The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, “What are you looking for?” They said to him, “Rabbi” (which translated means Teacher), “where are you staying?” He said to them, “Come and see.” They came and saw where he was staying, and they remained with him that day. It was about four o’clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter’s brother. He first found his brother Simon and said to him, “We have found the Messiah” (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, “You are Simon son of John. You are to be called Cephas” (which is translated Peter).

Presider: *The Gospel of Christ.*

People: ***Praise to You, Lord Christ.***

**Sermon**

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection before affirming our faith.]

## Affirmation of Faith

(please stand as you are able)

*Let us affirm our faith in Jesus Christ the Son of God.*

*All: We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.*

*On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.*

*He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.*

*Who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.*

*We trust in one holy catholic and apostolic Church.*

*We acknowledge one baptism for the forgiveness of sins.*

*We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## Prayers of the People

*adapted from Clouds and Glory,  
Prayers for the Church Year, by David Adam*

**Holy One, we give thanks that you have called us.**

You have called us to know you, you have called us to love you, you have called us to serve you. Loving God, make us worthy of our calling.

We pray for all who hear your call at this time, for all who seek to do your will. We pray for those who have a vocation to ordained ministry, and for lay ministers. We pray for all who seek to bring others to you, for the whole mission of your church;

Loving God, you call us to serve you.

**Be our strength in all we do.**

We give thanks for all who care for us in the service industries. We pray for all who have been called to teach, we pray for all who have been called to keep peace and order.

Loving God, you call us to serve you.

**Be our strength in all we do.**

We give thanks for those who brought us to know you. We pray for the faithful within our community, that your grace and peace may be revealed wherever we are. We pray for our families and friends, and for all those who do not know you, that we may be a good example and bring others to you.

Loving God, you call us to serve you.

**Be our strength in all we do.**

We pray for all who are called to the caring professions. We pray for social workers, for in-home carers, for doctors and nurses and medical assistants, for all who work in hospitals. We remember all whose vocations are hindered by sickness or disability, and for all who suffer because of poverty. We remember all who are in trouble or sickness at this time.

We pray for all those in our bidding book.

[here prayers are added from the bidding book and  
you are invited to add your own prayers silently or aloud]

Loving God, you call us to serve you.

**Be our strength in all we do.**

We give thanks for all who have served you faithfully and are now at rest, all who are called to be saints. We pray for our dear ones who are departed from us.

Loving God, you call us to serve you.

**Be our strength in all we do.**

Concluding collect:

Almighty God, you call us in the depths of our being, you have a purpose for us: open our ears to your call, open our hearts to your love, open our minds to your purpose, that we may know you and give ourselves fully in your service, Father, Son and Holy Spirit.

**Amen.**

## Confession and Absolution

*Let us confess our sins against God and our neighbor.*

*All:      Most merciful God,  
          we confess that we have sinned against you  
          in thought, word, and deed,  
          by what we have done,  
          and by what we have left undone.  
          We have not loved you with our whole heart;  
          we have not loved our neighbors as ourselves.  
          We are truly sorry and we humbly repent.  
          For the sake of your Son Jesus Christ,  
          have mercy on us and forgive us;  
          that we may delight in your will,  
          and walk in your ways,  
          to the glory of your Name. Amen.*

Presider: May the All-Compassionate God have mercy on you, forgive you all our sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

Presider: The peace of Christ be always with you.

People: ***And also with you.***

The congregation may greet one another in the name of Christ.

## Announcements

### Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concern, may come forward. Prayers can be found on the white or yellow card in your pew.

## The Offertory

*You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.*



# ♪ Hymn    “Oh, Freedom” Traditional African-American Spiritual   Presented by Joe Morris

“Oh, Freedom” is a traditional African-American spiritual often associated with the civil rights movement in the United States. Perhaps most famously performed by Joan Baez during the 1963 March on Washington, this powerful and iconic song is all the more fitting today as we remember and honor the legacy of Martin Luther King Jr.

1. Oh, free-dom,  
2. No more moan-ing,  
3. There'll be sing-ing,

oh, free-dom o - ver me.  
no more moan-ing o - ver me.  
there'll be sing-ing o - ver me.

And be -  
O - ver me.

fore I'd be a slave I'll be bur - ied in my grave,

and go home to my Lord and be free.

Text: Traditional  
Tune: OH FREEDOM, Irregular; Negro Spiritual, arr. by Valeria A. Foster, © 2000, GIA Publications, Inc.

## ♪ Doxology:

[Hymn tune #400]

*[sung] Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

EOW

The musical notation consists of three staves of music. The first staff shows the Celebrant's part with a bass clef and the People's part with a soprano clef. The lyrics are: "The Lord be with you. And al - so with you." The second staff shows the Celebrant's part with a bass clef and the People's part with a soprano clef. The lyrics are: "Lift up your hearts. We lift them to the Lord." The third staff shows the People's part with a soprano clef. The lyrics are: "Let us give thanks to the Lord our God." The fourth staff shows the People's part with a soprano clef. The lyrics are: "It is right to give him thanks and praise."

Presider: We praise you and we bless you, holy and gracious God,  
source of life abundant.  
From before time you made ready the creation.  
Your Spirit moved over the deep  
and brought all things into being:  
sun, moon, and stars;  
earth, winds, and waters;  
and every living thing.

You made us in your image, and taught us to walk in your ways.  
But we rebelled against you, and wandered far away;  
and yet, as a parent cares for their children,  
you would not forget us.

Time and again you called us  
to live in the fullness of your love.

And so this day we join with Saints and Angels  
in the chorus of praise that rings through eternity,  
lifting our voices to magnify you as we sing:

## ♪ Sanctus

S128

The musical score consists of five staves of music in G clef, common time, and 2/4 time. The lyrics are written in a Gothic script font, aligned with the music. The lyrics are:

Ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the  
high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

*The Presider continues*

Glory and honor and praise to you, holy and living God.  
To deliver us from the power of sin and death  
and to reveal the riches of your grace,  
you looked with favor upon Mary, your willing servant,  
that she might conceive and bear a son,  
Jesus the holy child of God.  
Living among us, Jesus loved us.  
He broke bread with outcasts and sinners,  
healed the sick, and proclaimed good news to the poor.

He yearned to draw all the world to himself  
yet we were heedless of his call to walk in love.  
Then, the time came for him to complete upon the cross  
the sacrifice of his life,  
and to be glorified by you.

On the night before he died for us,  
Jesus was at table with his friends.  
He took bread, gave thanks to you,  
broke it, and gave it to them, and said:  
“Take, eat:  
This is my Body, which is given for you.  
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.  
Again, he gave thanks to you,  
gave it to them, and said:

“Drink this, all of you:  
This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,  
and remembering Christ, crucified and risen,  
who was and is and is to come,  
we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts  
that they may be the Body and Blood of Christ.  
Breathe your Spirit over the whole earth  
and make us your new creation,  
the Body of Christ given for the world you have made.

In the fullness of time bring us,  
with Benedict and all your saints,  
from every tribe and language and people and nation,  
to feast at the banquet prepared from the foundation of the  
world.

All: ***Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise, for ever and ever. AMEN.***

# ♪ The Lord's Prayer

S149

Our Fa - ther in hea - ven, hal - lowed be your Name,  
your king - dom come, your will be done, on earth as in  
heav - en. Give us to - day our dai - ly bread.  
For - give us our sins as we for - give those who  
sin a - gainst us. Save us from the time of trial,  
and de - liv - er us from e - vil. For the king - dom, the pow - er,  
and the glo - ry are yours, now and for ev - er. A - men.

Music: McNeil Robinson II (b. 1943). Copyright © 1984 From: Music For the Lord's Supper. Theodore Presser Company. Used by permission.

## The Breaking of the Bread

*The Presider breaks the Bread*

## ♪ Fraction Anthem

EOM2 147

*Cantor, then All*

We who are man-y are one bo - dy, for we all share in the one bread.

We break this bread to share in the Bo - dy of Christ.

We who are man-y are one bo - dy, for we all share in the one bread.

## Holy Communion

Presider: The Gifts of God for the People of God.

*If God is calling you, you are welcome to receive communion when the Presider invites your section forward.*

## ♪ Communion Music

*Original Improvisation*

Paul Burkle

♪ Hymn WLP #761

“All who hunger”



1. All who hun - ger gath - er glad - ly; ho - ly man - na  
 2. All who hun - ger, nev - er stran - gers, seek - er, be a  
 3. All who hun - ger, sing to - geth - er, Je - sus Christ is



is our bread. Come from wil - der - ness and wan - d'ring.  
 wel - come guest. Come from rest - less - ness and roam - ing.  
 liv - ing bread. Come from lone - li - ness and long - ing.



Here in truth we will be fed. You that yearn for  
 Here, in joy we keep the feast. We that once were  
 Here, in peace, we have been fed. Blest are those who



days of full - ness, all a - round us is our food.  
 lost and scat - tered in com - mun - ion's love have stood.  
 from this ta - ble live their days in grat - i - tude.



Taste and see the grace e - - ter - - nal.  
 Taste and see the grace e - - ter - - nal.  
 Taste and see the grace e - - ter - - nal.



Taste and see that God is good.  
 Taste and see that God is good.  
 Taste and see that God is good.

Silence

(please stand as you are able)

## **Prayer**

*Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.*

## **Blessing**

## ♪ Hymn LEVAS #1 “Lift every voice and sing”

1. Lift ev - 'ry voice and sing, Till earth and heav - en  
 2. Sto - ny the road we trod, Bit - ter the chaste - 'ning  
 3. God of our wea - ry years, God of our si - lent

1. ring, Ring with the har - mo - nies of lib - er -  
 2. rod, Felt in the days when hope un - born had  
 3. tears, Thou who hast brought us thus far on the

1. ty; Let our re - joic - ing rise High as the list - ning  
 2. died; Yet with a stead - y beat, Have not our wear - y  
 3. way; Thou who hast by thy might, Led us in - to the

1. skies, Let it re - sound loud as the roll - ing sea.  
 2. feet Come to the place for which our fa - thers sighed?  
 3. light, Keep us for - ev - er in the path, we pray.

1. Sing a song full of the faith that the dark past has taught us;  
 2. We have come o - ver a - way that with tears has been wa - tered;  
 3. Lest our feet stray from the pla - ces, our God, where we met thee;

1. Sing a song full of the hope that the pres - ent has  
 2. We have come, tread - ing our path through the blood of the  
 3. Lest our hearts, drunk with the wine of the world, we for -

1. brought us; Fac-ing the ris-ing sun Of our new  
 2. slaug-tered; Out from the gloom-y past, Till now we  
 3. get thee, Shad-owed be-neath Thy hand, May we for-  
  
 1. day be-gun, Let us march on till vic-to-ry is won.  
 2. stand at last Where the white gleam of our bright star is cast.  
 3. ev-er stand, True to our God, true to our na-tive land.

## Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit.

All: ***Thanks be to God.***

### ♪ Postlude *Original Improvisation*

Paul Burkle

## Ministers of the Service

Presider:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Altar Guild:	Lisa Gonzalez
Eucharistic Minister:	Michael Lucas
Chalice:	Maureen Titus
Lectors:	Lisa Gonzalez, Bryson McKelvey
Flowers:	Sarah Chesebro
Usher:	Maureen Titus
Usher:	Barbara Schippers
Music:	Pal Burkle
Online Host:	Connie Weldon
Intercessor:	Louisa Beeler
Tellers:	Diana Hammerlund, Sandy Fisher
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Alice Welchert

## This Week at St. Ben's

Monday	Jan 19
8:30 a	Morning Prayers (Zoom)
Tuesday	Jan 20
8:30 a	Morning Prayers (Zoom)
9:45 a	Prayers for the Morning (Zoom)
10:30 a	Spiritual Conversation (Zoom)
Wednesday	Jan 21
8:30 a	Morning Prayers (Zoom)
3:00 p	Earthcare Meeting (Zoom)
Thursday	Jan 22
8:30 a	Morning Prayers (Zoom)
6:00 p	Choir Practice
Friday	Jan 23
8:30 a	Morning Prayers (Zoom)



## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



**St. Benedict's Episcopal Church**  
PO Box 6877  
2220 Snowy Egret Lane  
Los Osos, CA 93402  
805-528-0654  
[office@stbenslososos.org](mailto:office@stbenslososos.org)  
[www.stbenslososos.org](http://www.stbenslososos.org)

