

### St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~ All Saints

November 3, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—
your presence here today is a blessing!

#### **About Our Service**

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

Please silence your phones.

#### ~ Prelude ~

Original Improvisation
Paul Burkle

(At the sound of the bell, please stand as you are able)



Words: Reginald Heber (1783-1826), alt. Music: Nicaea, John Bacchus Dykes (1823-1876).

Presider: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

Presider: Let us pray.

All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen

**∫** Gloria S 277



Music: New Plainsong, David Hurd, © 1981, GIA Publications, Inc.

### **Collect of the Day**

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Almighty God, you have knit together your elect in one communion and fellowship in the mystical body of your Son Christ our Lord: Give us grace so to follow your blessed saints in all virtuous and godly living, that we may come to those ineffable joys that you have prepared for those who truly love you; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, in glory everlasting.

People: Amen

(please be seated for the readings)

#### **Daniel 7:1-3,15-18**

Reader: A Reading from the book of Daniel

In the first year of King Belshazzar of Babylon, Daniel had a dream and visions of his head as he lay in bed. Then he wrote down the dream: I, Daniel, saw in my vision by night the four winds of heaven stirring up the great sea, and four great beasts came up out of the sea, different from one another.

As for me, Daniel, my spirit was troubled within me, and the visions of my head terrified me. I approached one of the attendants to ask him the truth concerning all this. So he said that he would disclose to me the interpretation of the matter: "As for these four great beasts, four kings shall arise out of the earth. But the holy ones of the Most High shall receive the kingdom and possess the kingdom for ever—for ever and ever."

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

#### Psalm 149

1 Hallelujah!

Sing to the LORD a **new** song; \*

sing his praise in the

congregation of the faithful.

- 2 Let Israel rejoice in his **Maker**;\* let the children of Zion be joyful in their **King**.
- 3 Let them praise his Name in the **dance**; \* let them sing praise to him with timbrel and **harp**.
- 4 For the LORD takes pleasure in his **people** \* and adorns the poor with **victory**.
- 5 Let the faithful rejoice in **triumph**; \* let them be joyful on their **beds**.
- 6 Let the praises of God be in their **throat** \* and a two-edged sword in their **hand**;
- 7 To wreak vengeance on the **nations** \* and punishment on the **peoples**;
- 8 To bind their kings in **chains** \* and their nobles with links of **iron**; [Repeat second half of the chant]
- 9 To inflict on them the judgment de-**creed**; \* this is glory for all his faithful people. Halle-**lujah**!

### **Ephesians 1:11-23**

Reader: A Reading from the book of Ephesians

In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set

our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. And he has put all things under his feet and has made him the head over all things for the church, which is his body, the fullness of him who fills all in all.

Reader: Hear what the Spirit is saying to God's people

People: Thanks be to God

(please stand as you are able as we welcome the Gospel)



Words: Shirley Erena Murray (b. 1931). Music: *Omni die*, melody from *Gross Catolische Gesangbuch*, 1631; harm. William Smith Rockstro (1823-1895).

#### Luke 6:20-31

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

Jesus looked up at his disciples and said:

"Blessed are you who are poor, for yours is the kingdom of God.

"Blessed are you who are hungry now, for you will be filled.

"Blessed are you who weep now, for you will laugh.

"Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets."

"But woe to you who are rich, for you have received your consolation.

"Woe to you who are full now, for you will be hungry.

"Woe to you who are laughing now, for you will mourn and weep.

"Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.

"But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you."

Gospeller: The Gospel of Christ

People: Praise to You, Lord Christ.

Sermon The Rt. Rev. Lucinda Ashby (Diocesan Convention Address)

[We pause for a few moments' reflection.]

### Renewal of Baptismal Vows (please stand as you are able)

Let us renew the solemn promises and vows of Holy Baptism.

Presider: Do you reaffirm your renunciation of evil and

renew your commitment to Jesus Christ?

People: I do.

Presider: Do you believe in God the Father?

People: I believe in God, the Father almighty,

creator of heaven and earth.

Presider: Do you believe in Jesus Christ, the Son of God?

People: I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Presider: Do you believe in God the Holy Spirit?

People: I believe in the Holy Spirit,

the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Presider: Will you continue in the apostles' teaching and

fellowship, in the breaking of the bread, and in the prayers?

People: I will, with God's help.

Presider: Will you persevere in resisting evil, and, whenever

you fall into sin, repent and return to the Lord?

People: I will, with God's help.

Presider: Will you proclaim by word and example of the Good News of

God in Christ?

People: I will, with God's help.

Presider: Will you seek and serve Christ in all persons, loving your

neighbor as yourself?

People: I will, with God's help.

Presider: May Almighty God, the Father of our Lord Jesus Christ, who

has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal

life by his grace, in Christ Jesus our Lord. Amen.

# **Prayers of the People**

We give thanks for all who through faith have built up your church, for those who quietly served you and the community; we remember especially any you have inspired us along the way. May we become the people you have called us to be, a chosen people, a holy people.

May we each fulfil our vocation and use our gifts to you glory and the relief of those in need.

Holy God, make us to be numbered among your saints *in that glory which is everlasting*.

Bless, O God, all peace-makers: guide the work of all those who are striving for the peace and freedom of all. We pray for all who seek to promote justice, integrity, and right dealings, for all who work for fair trade, and all relief organizations.

Holy God, make us to be numbered among your saints in that glory which is everlasting.

We give you thanks for all who have inspired us, who have enriched our lives by their goodness and faith. We pray for all who are seeking to live a godly and saintly life. We ask your blessing upon our community, our homes and loved ones; we remember before you all who are lonely and fearful.

Holy God, make us to be numbered among your saints in that glory which is everlasting.

We pray for all who watch and wait for your coming, for the weary and the worn, the hungry and the rejected, all who long for justice and freedom, all who weep because of injustice. We pray for all who suffer for the faith: the scorned and the persecuted, the mocked and the ignored.

We pray for friends and loved ones who are suffering, that they may be strong in their faith.

We pray for those named in our bidding book...

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

Holy God, make us to be numbered among your saints in that glory which is everlasting.

12

We give thanks for all who have triumphed in your Name, all who have been defeated and undiminished and now share in the communion of saints in your kingdom.

Holy God, make us to be numbered among your saints in that glory which is everlasting.

Presider: Holy God, you call us to be holy; we give you thanks and praise for the sanctity of the saints, the perception of the prophets, and the witness of martyrs. May we be inspired by them and live and work to your praise and glory; through Jesus Christ our Savior, one God, now and for ever. **Amen.**Adapted from *Traces of Glory* by David Adam 1999

The Presider will now sprinkle the congregation with Holy Water as an embodied reminder of Baptism, the congregation remains standing as able.

#### The Peace

Presider: The peace of Christ be always with you.

People: And also with you.

The congregation may greet one another in the name of Christ.

#### **Announcements**

### **Birthday & Anniversary Prayers**

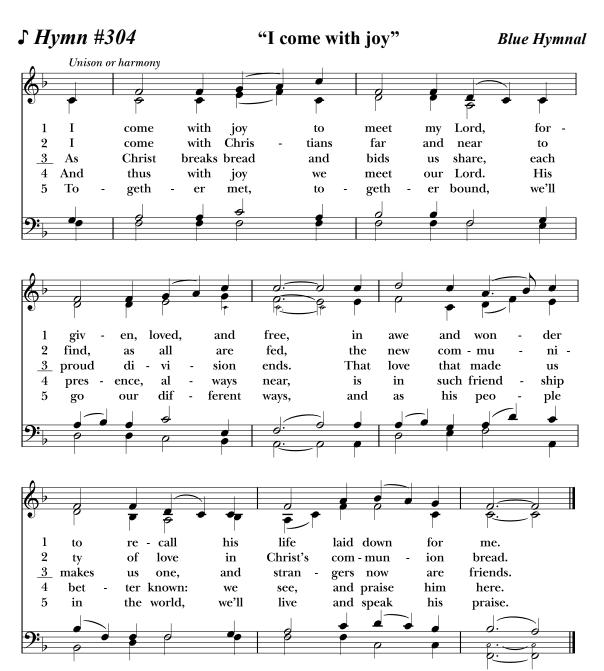
Those wanting a special prayer for a birthday, anniversary, or any special concerns, may come forward.

Prayers can be found on the white or yellow card in your pew.

### **The Offertory**

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.





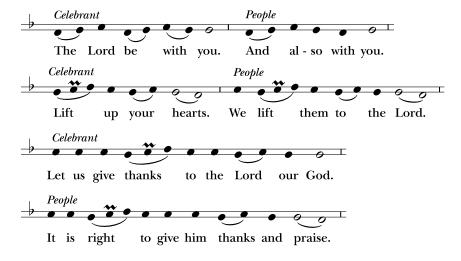
Words: Brian A. Wren (b. 1936), alt. Copyright © 1971 by Hope Publishing Company Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983).

# **♪** Doxology:

[Hymn tune #400]

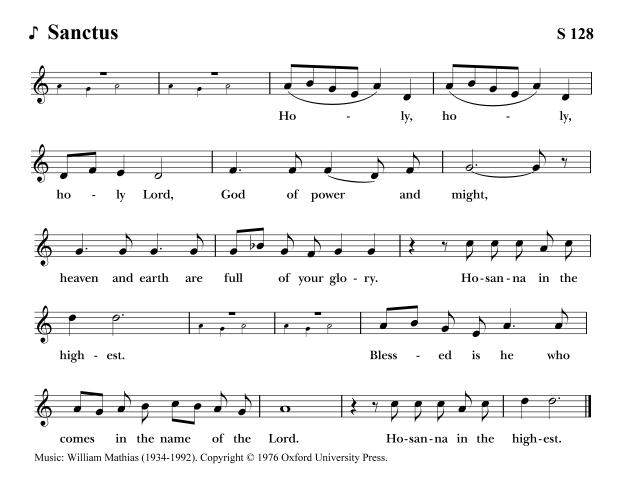
Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

### **Holy Eucharist**



Setting: Copyright © Church Publishing Inc.

Presider For in the multitude of your saints you have surrounded us with the great cloud of witnesses, that we might rejoice in their fellowship, and run with endurance the race that is set before us; and, together with them, receive the crown of glory that never fades away. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



#### The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

Presider and People: We remember his death,

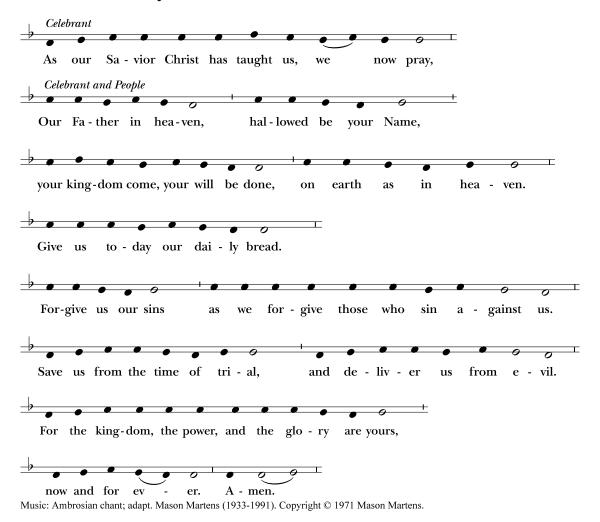
We proclaim his resurrection, We await his coming in glory;

The Presider continues: We offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where with all your saints we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

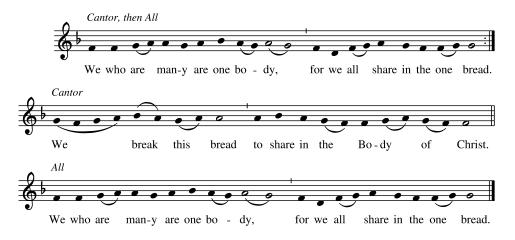
By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

### The Lord's Prayer



# The Breaking of the Bread

The Presider breaks the Bread



Setting: Mode 6, based on *Ubi caritas*, adapt. David Hurd © 1998 David Hurd. Used by permission. All rights reserved.

### **Holy Communion**

Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If God is calling you, you are welcome to receive communion when the Presider invites your section forward. If you prefer to receive a blessing, please cross your arms over your chest.

↑ Communion Music

Original Improvisation

Paul Burkle

**Solo** "The Call" Music by R. Vaughan Williams, Words by George Herbert

Silence

(please stand as you are able)

Sending of the Eucharistic Visitor If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Presider: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

### **Prayer**

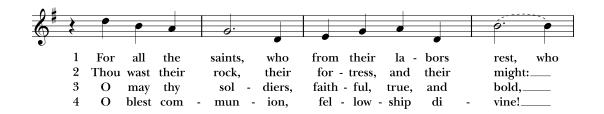
God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

# **Blessing**

### **J** Hymn #287

"For All the Saints" verses 1-4

**Blue Hymnal** 









#### **Dismissal**

Presider: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

### **♪** Postlude

Original Improvisation
Paul Burkle

Eucharist Liturgy Adapted from Enriching Our Worship
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#### **Ministers of the Service**

Presider: Rev. Linzi Stahlecker

Preacher: The Rt. Rev. Lucinda Ashby

Eucharistic Minister: Michael Lucas
Lector: Lisa Gonzalez
Music: Paul Burkle
Flowers: Sarah Chesebro

Ushers: Brian Spolarich & Alan Kiste

Intercessor: Lisa Gonzalez Altar Guild: Sarah Chesebro

Tellers: Alice Welchert & Steve Cake

Technical: Hannah Matthews

Coffee Hour Host: Potluck

#### This Week at St Ben's

Sunday Nov 2 12:15 p Potluck

5:00 p All Souls' Service

Monday Nov 3

8:30 a Morning Prayers (Zoom)

Tuesday Nov 4

8:30 a Morning Prayers (Zoom)

9:45 a Prayers for the Morning (Zoom) 10:30 a Spiritual Conversation (Zoom)

Wednesday Nov 5

8:30 a Morning Prayers (Zoom)

Thursday Nov 6

8:30 a Morning Prayers (Zoom)

6:00 p Choir Practice

Friday Nov 7

8:30 a Morning Prayers (Zoom)

6:00 p Gratitude Dinner

#### **Announcements**

Morning Prayer continues! All are welcome, 8:30am each weekday morning (Monday-Friday), on Zoom. The liturgy is approximately 30 minutes. No prior experience with Morning Prayer is needed or expected! Bring your Book of Common Prayer and Bible or follow along with "Venite" either via their website (https://www.venite.app/) or their downloadable app. Join Morning Prayer by finding the link on the website Calendar Page or Worship Page.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday Morning Prayer and the Spiritual Conversation groups have resumed meeting. The Spiritual Conversation is reading and discussing Pema Chödrön's book When Things Fall Apart: Heart Advice for Difficult Times. "The beautiful practicality of her teaching has made Pema Chödrön one of the most beloved of contemporary American spiritual authors among Buddhists and non-Buddhists alike. The book is a treasury of wisdom for going on living when we are overcome by pain and difficulties."

#### **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

#### **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

#### **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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