



St. Benedict's Episcopal Church

Tending Mind & Soul in Los Osos, CA

Wherever you are on your spiritual journey, **you are welcome here!**

If the customs of the Episcopal Church are unfamiliar to you,
you're invited to simply rest into this sacred time and space,
and let the congregation carry you in worship.

You're presence here today is a blessing!

November 30th, 2025

The First Sunday of Advent

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

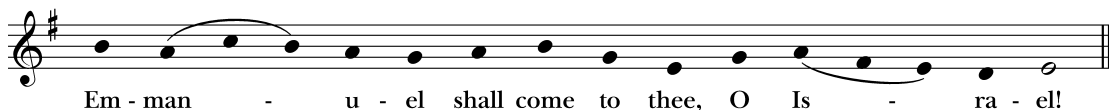
♩ Hymn #56 “O come, O come Emmanuel” (vs 1,2) Blue Hymnal



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile
 2 all things might - i - ly; to us the path of know - ledge
 3 tribes on Si - nai's height in an - cient times didst give the
 4 Sa - tan's ty - ran - ny that trust thy might - y power to
 5 wide our heaven - ly home; make safe the way that leads on
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of
 7 hearts of all man - kind; bid thou our sad di - vi - sions
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.
 2 show, and teach us in her ways to go.
 3 law, in cloud, and ma - jes - ty, and awe.
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!
 5 high, and close the path to mis - er - y.
 6 night, and death's dark shad - ow put to flight.
 7 cease, and be thy - self our King of Peace.
 8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

The stanzas may be used as antiphons with “The Song of Mary” on the dates given.

Words: Latin, ca. 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, veni, Emmanuel*, plainsong, Mode 1, Processionale, 15th cent.; adapt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937).

Presider: Blessed are you, holy and living One.
People: You come to your people and set them free.

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -

mor - tal One, Have mer - cy up - on us. Ho - ly God,

Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have

Ho - ly God, Ho - ly and Might - y,

mer - cy up - on us. Ho - ly God,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have

Ho - ly God, Ho - ly and Might - y,

mer - cy up - on us. Have mer - cy up - on us.

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Music: Mode 1 melody; Richard Fabian (b. 1942). Copyright © All Saints' Company.

Collect of the Day

Presider: God be with you.

People: And also with you.

Presider: Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

People: Amen

(please be seated for the readings)

Isaiah 2:1-5

Reader: A Reading from the book of Isaiah

In days to come
the mountain of the LORD's house
shall be established as the highest of the mountains,
and shall be raised above the hills;
all the nations shall stream to it.
Many peoples shall come and say,
'Come, let us go up to the mountain of the LORD,
to the house of the God of Jacob;
that he may teach us his ways
and that we may walk in his paths.'
For out of Zion shall go forth instruction,
and the word of the LORD from Jerusalem.
He shall judge between the nations,
and shall arbitrate for many peoples;
they shall beat their swords into ploughshares,
and their spears into pruning-hooks;
nation shall not lift up sword against nation,
neither shall they learn war any more.

O house of Jacob,
come, let us walk
in the light of the LORD!

Reader: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God***

Jerome Webster Meachen
(b. 1930)

Psalm 122

*The Psalm is chanted by all on a single note
changing pitch on the bolded word*



1 I was glad when they said to **me**, *
"Let us go to the house of the **LORD**."

2 Now our feet are **standing** *
within your gates, O Je-**rusalem**.

3 Jerusalem is built as a **city** *
that is at unity with it-**self**;

4 To which the tribes go up,
the tribes of the **LORD**, *
the assembly of Israel,
to praise the Name of the **LORD**.

5 For there are the thrones of **judgment**, *
the thrones of the house of **David**.

6 Pray for the peace of Je-**rusalem**: *
"May they prosper who **love you**."

7 Peace be within your **walls** *
and quietness within your **towers**.

8 For my brethren and companions' **sake**, *
I pray for your pros-**perity**.

Repeat the second half of the chant for verse 9

9 Because of the house of the LORD our **God**, *
I will seek to do you **good**."

Romans 13:11-14

Reader: A Reading from Paul's letter to the church in Rome

You know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armor of light; let us live honorably as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

(please stand as you are able as we welcome the Gospel)

♫ Hymn #67

“Comfort, comfort ye my people” verse 1 only



1 Com - fort, com - fort ye my peo - ple, speak ye peace, thus
 2 Hark, the voice of one that cri - eth in the des - ert
 3 Make ye straight what long was crook - ed, make the rough - er



saith our God; com - fort those who sit in dark - ness
 far and near, call - ing us to new re - pent - ance
 pla - ces plain; let your hearts be true and hum - ble,



mourn - ing 'neath their sor - rows' load. Speak ye to Je -
 since the king - dom now is here. Oh, that warn - ing
 as be - fits his ho - ly reign. For the glo - ry



ru - sa - lem of the peace that waits for them;
 cry o - bey! Now pre - pare for God a way;
 of the Lord now o'er earth is shed a - broad;



tell her that her sins I cov - er,
 let the val - leys rise to meet him
 and all flesh shall see the to - ken



and her war - fare now is o - ver.
 and the hills bow down to greet him.
 that the word is nev - er bro - ken.

Words: Johann G. Olearius (1611-1684); tr. Catherine Winkworth (1827-1878), alt. Music: *Psalm 42*, melody and bass Claude Goudimel (1514-1572); harm. *Hymnal 1982*.

Matthew 24:36-44

Presider: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: Glory to You, Lord Christ.

Jesus said to the disciples, “But about that day and hour no one knows, neither the angels of heaven, nor the Son, but only the Father. For as the days of Noah were, so will be the coming of the Son of Man. For as in those days before the flood they were eating and drinking, marrying and giving in marriage, until the day Noah entered the ark, and they knew nothing until the flood came and swept them all away, so too will be the coming of the Son of Man. Then two will be in the field; one will be taken and one will be left.

Two women will be grinding meal together; one will be taken and one will be left. Keep awake therefore, for you do not know on what day your Lord is coming. But understand this: if the owner of the house had known in what part of the night the thief was coming, he would have stayed awake and would not have let his house be broken into. Therefore you also must be ready, for the Son of Man is coming at an unexpected hour.”

Presider: The Gospel of Christ

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments’ reflection before affirming our faith.]

Affirmation of Faith

(please stand as you are able)

Let us affirm our faith in Jesus Christ the Son of God.

*All: We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.*

*On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Adapted from Glimpses of Glory by David Adams

Loving God, you are ever among us.
Open our eyes to your presence,
that your church may be true to its mission,
that each congregation may proclaim your goodness,
that all of us may show forth your glory.
Holy One come down,
come in, come among us.

To the nations that are looking for freedom,
to the peoples that are longing for liberty,
to the individuals striving for justice,
to all who are seeking to improve the world,
to all who are seeking to improve themselves,

Holy One come down,
come in, come among us.

To our homes as we prepare for your coming,
to our loved ones as they reveal to us your love,
to our work, that it may show forth your presence,

into our downtime and into our leisure,

Holy One come down,
come in, come among us.

To all who long for release,
to all who cry in pain, to those who are sick in body, in mind and in spirit,
to those who can no longer cope,
to all who are oppressed and in darkness,
to all who watch and wait and weep for you,

Holy One come down,
come in, come among us.

To all those named in our bidding book:

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Holy One come down,
come in, come among us.
That we may know that life is eternal,
that loved ones departed are in your keeping,
that we may rejoice in hope,
that we may come to your glory,

Holy One come down,
come in, come among us.

Presider: O God, we watch, we wait, we look,
we long for you.
Dispel the clouds and darkness
and awaken us to your glory,
that we may walk in your light,
through Jesus Christ our Lord. **Amen.**

Confession and Absolution

Let us confess our sins against God and our neighbor.

*All: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Presider: May the All-Compassionate God have mercy on you, forgive you all our sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

Prayers for healing are now offered

The Peace

Presider: The peace of Christ be always with you.

People: ***And also with you.***

The congregation may greet one another in the name of Christ.

Announcements

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.

♪ Offertory Music “Thanksgiving prayer”

by Josef Anderson, as originally performed by Johnny Cash, presented by Joe Morris

(please stand as you are able)

♪ Doxology:

[Hymn tune #400]

[sung]

***Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia***

Holy Eucharist

BCP Prayer B

The musical notation is arranged in four staves, each with a key signature of one flat (B-flat) and a common time signature (C). The notation uses a mix of quarter, eighth, and half notes, with some notes beamed together. The lyrics are written below the notes.

Staff 1: Celebrant: The Lord be with you. People: And al - so with you.

Staff 2: Celebrant: Lift up your hearts. People: We lift them to the Lord.

Staff 3: Celebrant: Let us give thanks to the Lord our God.

Staff 4: People: It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame of fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

♪ Sanctus

Missa Oecumenica
Arranged by Richard Proulx

Ho - ly, Ho - ly, Ho - ly Lord, Lord God of hosts.

Heav'n and earth are full of your glo - ry. Ho-san-na in the

high-est. **Blest is the one** who comes in the name of the Lord.

Ho-san - na in the high - est, ho-san-na in the high-est.

Text © 2010, ICEL. All rights reserved. Used with permission.
Music: Russian Orthodox Tone 1; arr. by Richard Proulx, 1937–2010, © 1999, 2012, Richard Proulx.
Published by TRINITAS. All rights reserved.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary to be the Savior and Redeemer of the world.

In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

***All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;***

And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

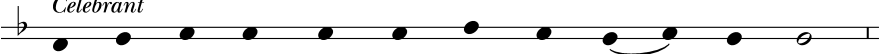
We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

***All: By him, and with him, and in him, in the unity of the Holy Spirit
all honor and glory is yours, Almighty God, now and for
ever. AMEN.***

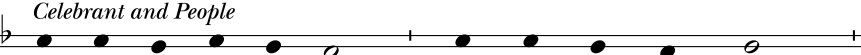
The Lord's Prayer

Celebrant

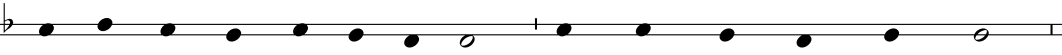


As our Sa - vior Christ has taught us, we now pray,


Celebrant and People



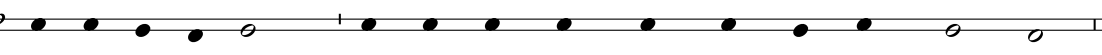
Our Fa - ther in hea - ven, hal - lowed be your Name,



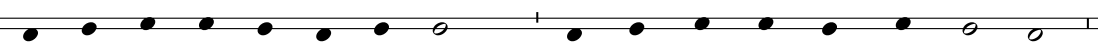
your king - dom come, your will be done, on earth as in hea - ven.



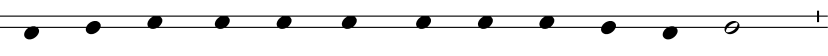
Give us to - day our dai - ly bread.



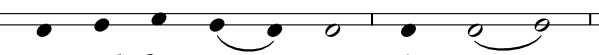
For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

The Breaking of the Bread

The Presider breaks the Bread

Fraction

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Presider: Alleluia. Christ our Passover is sacrificed for us.

People: *Therefore let us keep the feast. Alleluia.*

Presider: The Gifts of God for the People of God.
Take them in remembrance that Christ died for
you, and feed on him in your hearts by faith, with thanksgiving.

Holy Communion

If God is calling you, you are welcome to receive communion when the Presider invites your section forward. If you prefer to receive a blessing, please cross your arms over your chest.

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Choir Anthem

“Come, Emmanuel” by Don Besig and Nancy Price

Silence

Sending of the Eucharistic Visitor

If no visitation is to be

made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Presider: In the name of this parish family, I send you forth, bearing these holy gifts, to _____. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: ***We who are many are one Body, because we share one Bread and one Cup. Amen.***

Prayer


Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord.
Amen.

Blessing

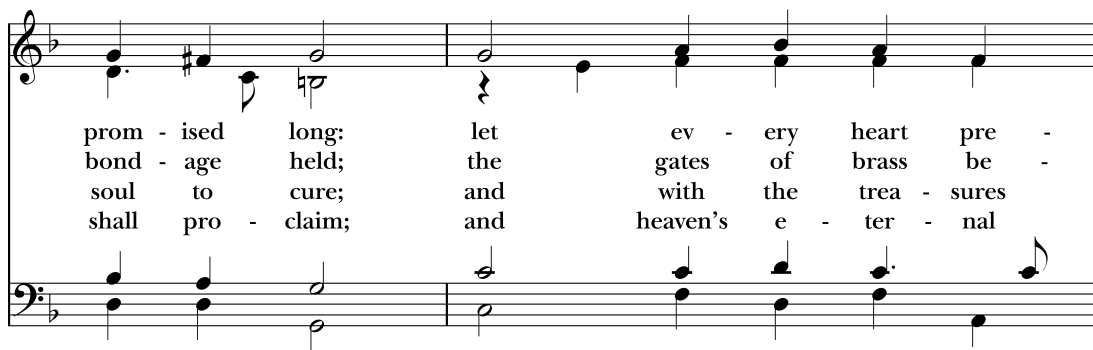
♫ Hymn #71

“Hark! the glad sound!”

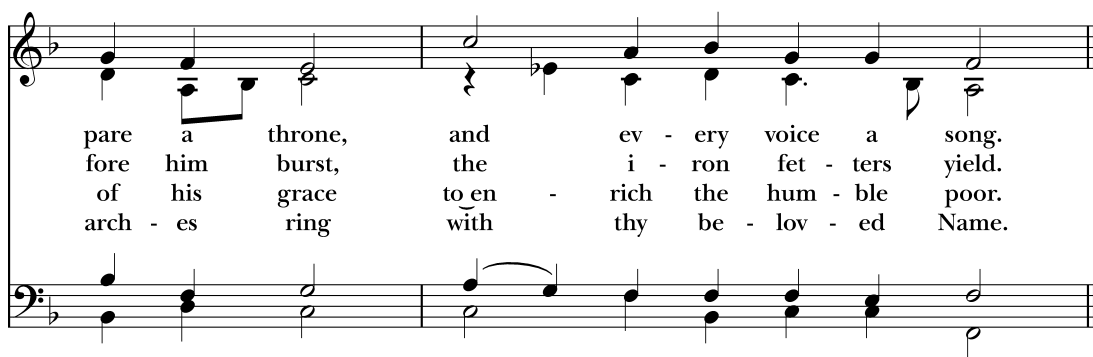
Blue Hymnal



1 Hark! the glad sound! the Sa - vior comes, the Sa - vior
 2 He comes, the pri - soners to re - lease in Sa - tan's
 3 He comes, the bro - ken heart to bind, the bleed - ing
 4 Our glad ho - san - nas, Prince of Peace, thy wel - come



prom - ised long: let ev - ery heart pre -
 bond - age held; the gates of brass be -
 soul to cure; and with the trea - sures
 shall pro - claim; and heaven's e - ter - nal



pare a throne, and ev - ery voice a song.
 fore him burst, the i - ron fet - ters yield.
 of his grace to en - rich the hum - ble poor.
 arch - es ring with thy be - lov - ed Name.

Words: Philip Doddridge (1702-1751). Music: *Bristol*, from *The Whole Booke of Psalmes*, 1621.

Dismissal

Presider: *Let us go forth into the world,
rejoicing in the power of the Spirit.*

All: *Thanks be to God.*

♪ Postlude

Original Improvisation

Paul Burkle

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



St. Benedict's Episcopal Church

PO Box 6877

2220 Snowy Egret Lane

Los Osos, CA 93402

805-528-0654

office@stbenslososos.org

www.stbenslososos.org

