

# St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

### The Nineteenth Sunday after Pentecost

October 19, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

#### **About Our Service**

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

Please silence your phones.

#### ~ Prelude ~

# Original Improvisation

Paul Burkle

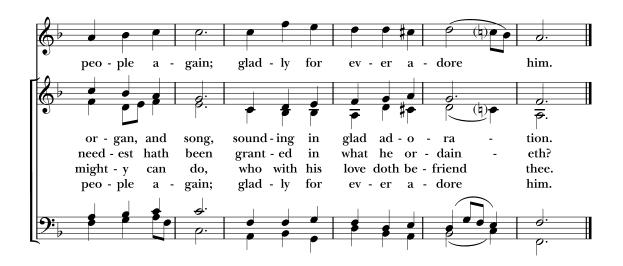
(please stand as you are able)

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.







Words: Joachim Neander (1650-1680); tr. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Lobe den Herren*, melody from *Erneuerten Gesangbuch*, 1665; harm. *The Chorale Book for England*, 1863; desc. Craig Sellar Lang (1891-1971). Descant, Copyright © 1953, Novello and Company Limited. Used by permission.

# **Collect of the Day**

Celebrant: God be with you.

People: And also with you.

Celebrant: Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

People: Amen

(please be seated for the readings)

## Jeremiah 31:27-34

Reader: A Reading from the book of Jeremiah

The days are surely coming, says the LORD, when I will sow the house of Israel and the house of Judah with the seed of humans and the seed of animals. And just as I have watched over them to pluck up and break down, to overthrow, destroy, and bring evil, so I will watch over them to build and to plant, says the LORD.

In those days they shall no longer say:

"The parents have eaten sour grapes, and the children's teeth are set on edge." But all shall die for their own sins; the teeth of everyone who eats sour grapes shall be set on edge.

The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt-- a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

Reader: The word of the Lord.

People: Thanks be to God.

## Psalm 119:97-10

Robert Knox Kennedy (b. 1945)

97 Oh, how I love your **law!** \* all the day long it is in my **mind**.



- 98 Your commandment has made me wiser than my **enemies**, \* and it is always **with me**.
- 99 I have more understanding than all my **teachers**, \* for your decrees are my **study**.
- 100 I am wiser than the **elders**, \* because I observe your com-**mandments**.
- 101 I restrain my feet from every evil way, \* that I may keep your word.
- 102 I do not shrink from your **judgments**, \* because you yourself have **taught me**.
- 103 How sweet are your words to my **taste!** \* they are sweeter than honey to my **mouth**.
- 104 Through your commandments I gain under-**standing**; \* therefore I hate every lying **way**.

# 2 Timothy 3:14-4:5

Reader: A Reading from Timothy

As for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work.

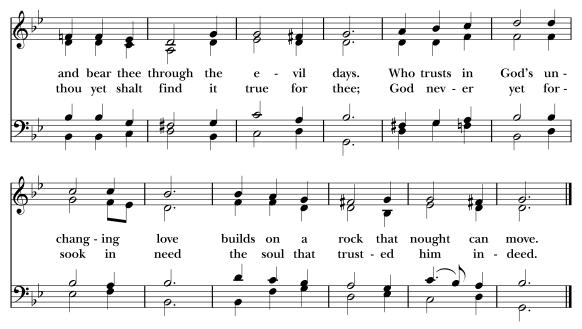
In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favorable or unfavorable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

Reader: The word of the Lord.

People: Thanks be to God.

(please stand as you are able as we welcome the Gospel)





Words: Georg Neumark (1621-1681); tr. Catherine Winkworth (1829-1878), alt. Music: Wer nur den lieben Gott, Georg Neumark (1621-1681).

#### Luke 18:1-8

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

Jesus told his disciples a parable about their need to pray always and not to lose heart. He said, "In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, 'Grant me justice against my opponent.'

For a while he refused; but later he said to himself, 'Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming." And the Lord said, "Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them?

I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?"

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

AII:

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

#### **Affirmation of Faith**

Please stand as you are able.

Let us affirm our faith in Jesus Christ the Son of God.

We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We trust in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son. Who with the Father and the Son is worshiped and glorified,

who has spoken through the Prophets.

We trust in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.

# **Prayers of the People**

Holy One, we give you thanks for all who proclaim your power, peace and presence.

We pray for preachers of the word and ministers of the sacrament, for those who are priests and pastors in our community.

We remember all who are teaching the faith and those who are seeking to learn more;

we ask you to guide our teachers and to bless us in our learning.

We pray for all being prepared for baptism, for parents and Godparents, and for those being prepared for confirmation or ordination.

Holy One, show us your way.

Teach us your path.

We ask your blessing on the judicial system,

we pray for law courts, lawyers, juries, and judges.

We remember all who seek to keep law and order,

we pray for the police, for those who work in probation services, for social workers and counselors.

We pray for all people who are suffering today because of injustice and lack of freedoms,

for all who suffer having been treated wrongfully, and for all whose lives are oppressed.

Holy One, show us your way.

## Teach us your path.

We give thanks for all who have shared their wisdoms and learning with us. We pray for teachers and tutors, and for schools of all kinds.

We pray that we may learn to listen, and be sensitive and open to others.

And we remember all who are prevented from receiving any education, or the education they need or desire.

We ask you to guide us and those we love at all times.

Holy One, show us your way.

## Teach us your path.

We remember before you all who feel lost, all who feel detached from reality, all who are struggling to carry on in these difficult times.

We remember our loved ones who are ill.

We pray today for all those named in our bidding book ..

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

Holy One, show us your way.

Teach us your path.

We give thanks that you seek us out and lead us to you and to eternal life. And we remember before you friends and loved ones who have passed on to life eternal in your Divine realm.

Holy One, show us your way. *Teach us your path.* Silence

Celebrant: Loving God, you are always ready to love us and accept us, always more ready to hear than we to pray; teach us to abide in you and trust that you abide in us, to place ourselves in your presence and your peace, and to live and work to your glory; through Jesus Christ our Savior, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.* 

### **Confession and Absolution**

Let us confess our sins against God and our neighbor.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

#### The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

The congregation may greet one another in the name of Christ.

#### **Announcements**

# **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or any special concerns, may come forward.

Prayers can be found on the white or yellow card in your pew.

# The Offertory

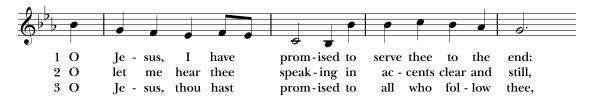
You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.

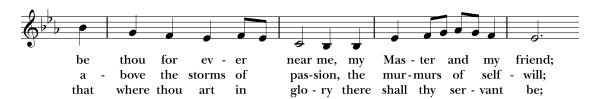


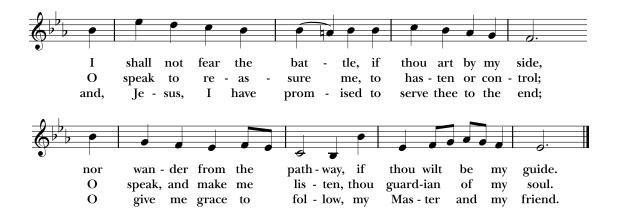
## **J** Hymn # 655

"O Jesus, I have promised"

**Blue Hymnal** 







Words: John Ernest Bode (1816-1874), alt. Music: *Nyland*, Finnish folk melody; adapt. and harm. David Evans (1874-1948). Harmonization by permission of Oxford University Press.

(please stand as you are able)

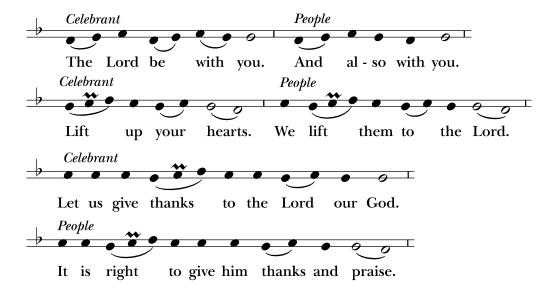
# **♪** Doxology:

[Hymn tune #400]

[sung Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia

# **Holy Eucharist**

#### **BCP Prayer B**



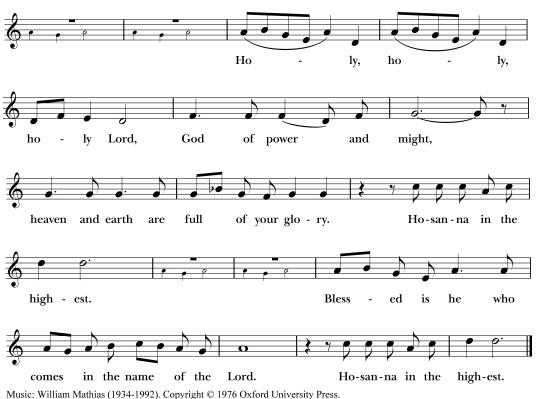
Setting: Copyright © Church Publishing Inc.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**∫ Sanctus** s128



#### The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary,

to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;

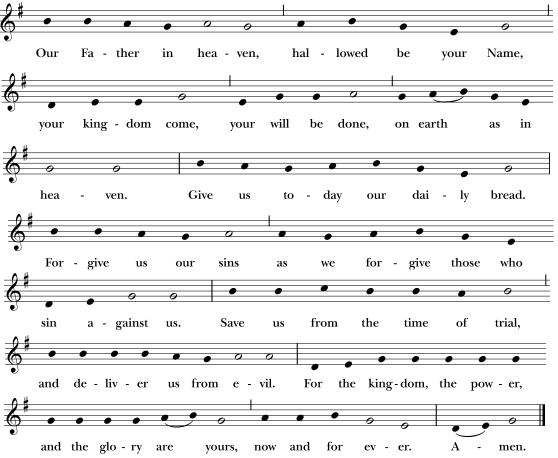
And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

All: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

# The Lord's Prayer

As our Savior Christ has taught us, we now sing



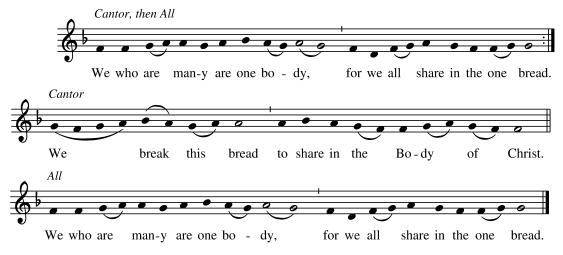
Music: McNeil Robinson II (b. 1943). Copyright © 1984 From: Music For the Lord's Supper. Theodore Presser Company. Used by permission.

## The Breaking of the Bread

The celebrant breaks the Bread

## **♪** Fraction Anthem

**EOM2 147** 



Setting: Mode 6, based on *Ubi caritas*, adapt. David Hurd © 1998 David Hurd. Used by permission. All rights reserved.

# **Holy Communion**

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If God is calling you, you are welcome to receive communion when the celebrant invites your section forward.

If you prefer to receive a blessing, please cross your arms over your chest.

## **♪** Communion Music

Original Improvisation
Paul Burkle





Words: Howard Charles Adie Gaunt (1902-1983), alt. By permission of Oxford University Press. Music: *Alles ist an Gottes Segen*, melody att. Johann Balthasar König (1691-1758), alt.; harm. Johann Löhner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750).

#### Silence

(please stand as you are able)

Sending of the Eucharistic Visitor If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

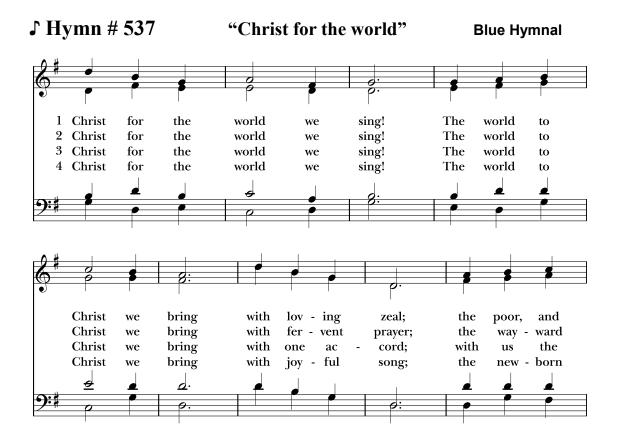
# **Prayer**

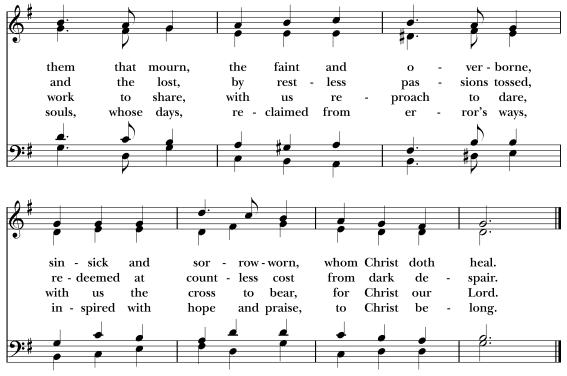
Eternal God, heavenly father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

# **Blessing**

(please stand as you are able)





Words: Samuel Wolcott (1813-1886). Music: *Moscow*, melody Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916 based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1892).

### **Dismissal**

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

## 

Original Improvisation
Paul Burkle

Today's Liturgy is from the outline in the Book of Common Prayer.

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#### **Ministers of the Service**

Presider: Rev. Linzi Stahlecker Preacher: Rev. Linzi Stahlecker

Eucharistic Minister: Brian Spolarich

**Eucharistic Assistant:** 

Chalice: Alan Kiste

Altar Guild: Pat Stoneman
Lector: Roz Malone
Flowers: Brian Spolarich

Ushers: Alan Kiste & Jim Malone

Intercessor: Lisa Gonzalez Music: Paul Burkle

Online Host:

Tellers: Diana Hammerlund & Sandy Fisher

Technical: Hannah-Jaye Matthews

Coffee Hour Host: Alice Welchert

### This Week at St Ben's

Monday Oct 20

8:30 a Morning Prayers (Zoom)

Tuesday Oct 21

8:30 a Morning Prayers (Zoom)

9:45 a Prayers for the Morning (Zoom) 10:30 a Spiritual Conversation (Zoom)

Wednesday Oct 22

8:30 a Morning Prayers (Zoom)

Thursday Oct 23

8:30 a Morning Prayers (Zoom)

6:00 p Choir Practice

Friday Oct 24

8:30 a Morning Prayers (Zoom)

## **Announcements**

Morning Prayer continues! All are welcome, 8:30am each weekday morning (Monday-Friday), on Zoom. The liturgy is approximately 30 minutes. No prior experience with Morning Prayer is needed or expected! Bring your Book of Common Prayer and Bible or follow along with "Venite" either via their website (https://www.venite.app/)

or their downloadable app. Join Morning Prayer by finding the link on the website Calendar Page or Worship Page.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday morning Spiritual Conversation group will discussing ideas from the book <u>The Great Emergence</u>: How Christianity Is Changing and Why by Phyllis Tickle. We will include video lectures by the author as part of our exploration. You do not have to read the book to participate. Tuesdays at 10:30 on <u>Zoom</u>.

The Feast of All Saints falls each year on November 1, but it's a feast day which can be moved to Sunday, so this year we'll observe this major feast day on Sunday, November 2. All Saints' is the day on which we remember the exemplary lives of the saints of the church, known and unknown, who lived remarkable lives of holiness and faith; during this liturgy we give thanks for their witness to the Gospel, and all the ways their lives continue to serve as an inspiration for our own.

All Souls' Day is November 2, the day after All Saints'. This year we'll be celebrating the Feast of All Saints at our morning service on November 2, and so we will observe All Souls' later that same day (on 11/2), at 5pm, with a candlelit service. All Souls' is a powerful time of remembrance of all those we love but see no longer, all those who have died in the faith, our beloveds, those whose memories we cherish, all the 'ordinary' believers. There will be more to come about this service, in the meantime, please mark your calendars and let friends and loved ones who might be interested know that everyone is invited and welcome.

### **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

#### **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

#### **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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