



St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

The Tenth Sunday of Pentecost

August 17th, 2025

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—
your presence here today is a blessing!

About Our Service

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

~ Prelude ~

Original Improvisation

Paul Burkle

Welcome

The Rev. Linzi Stahlecker

Officiant: Blessed be the one, holy, and living God.

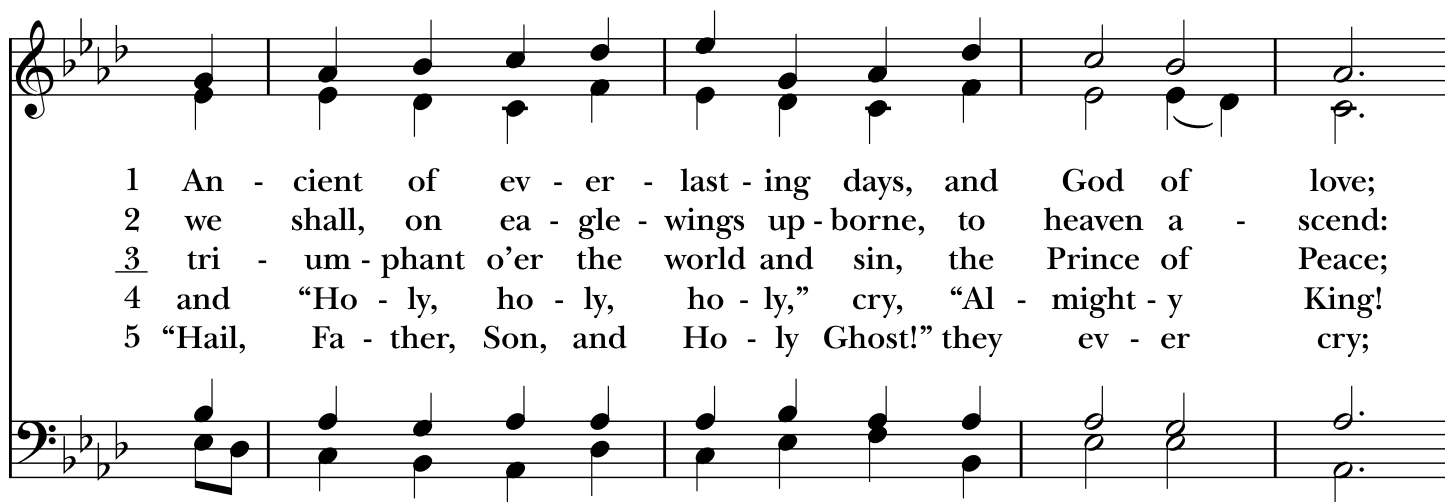
People: *Glory to God for ever and ever.*

♪ Hymn #401

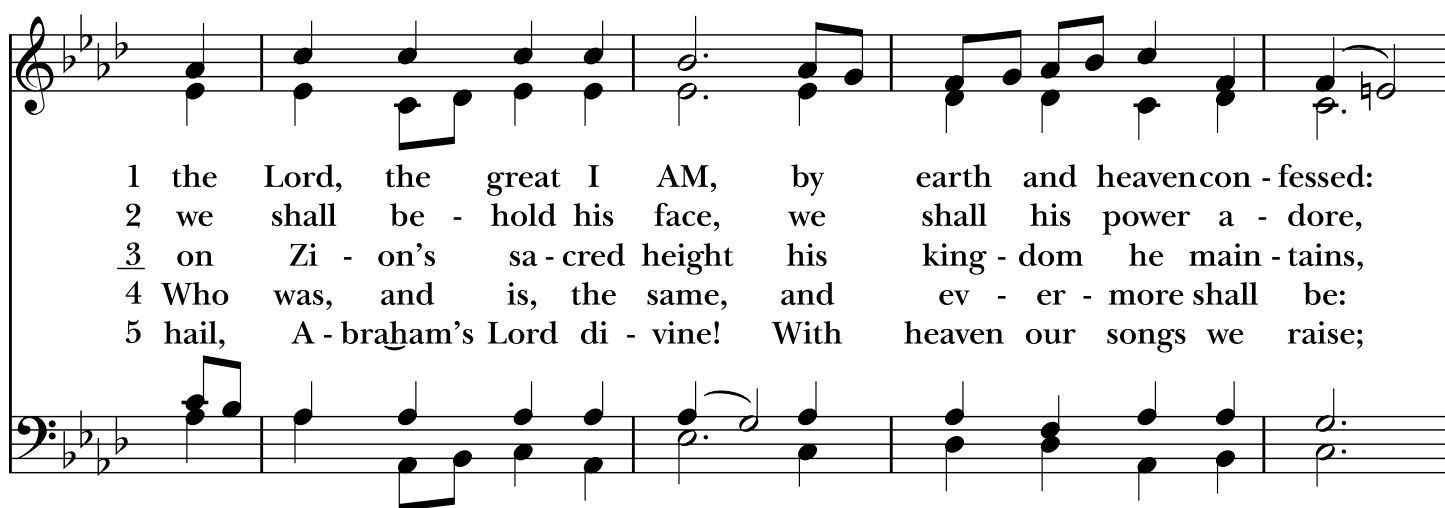
"The God of Abraham"

Blue Hymnal

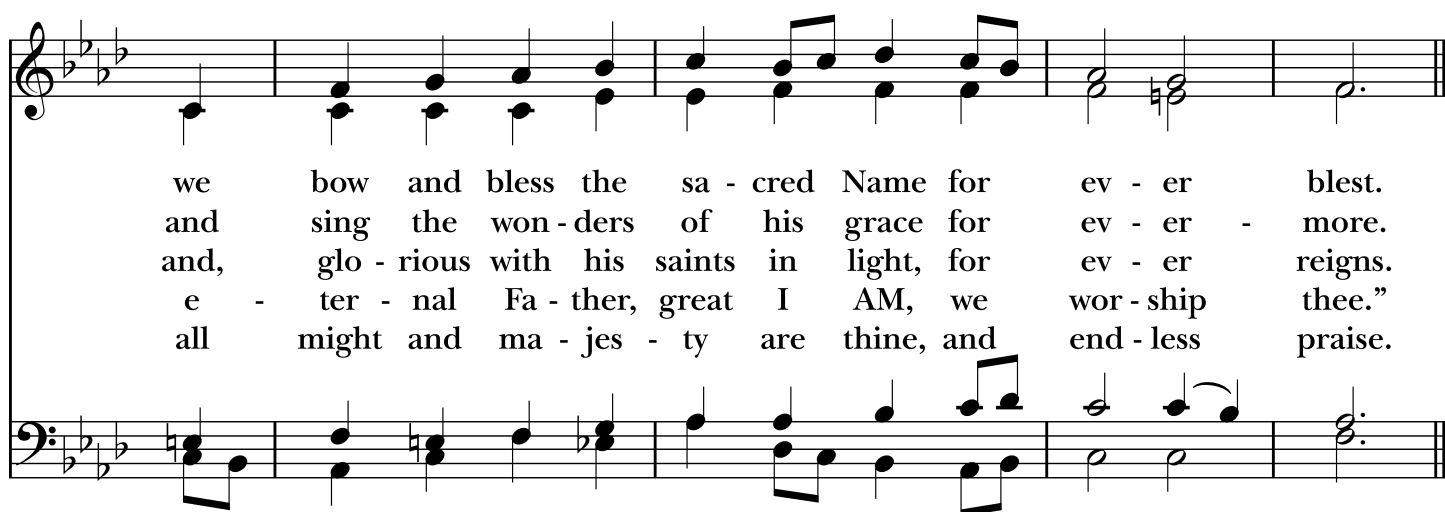
1 The God of A - braham praise, who reigns en - throned a - bove;
2 He by him - self hath sworn: we on his oath de - pend;
3 There dwells the Lord, our King, the Lord, our Right - eous - ness,
4 The God who reigns on high the great arch - an - gels sing,
5 The whole tri - um - phant host give thanks to God on high;



1 An - cient of ev - er - last - ing days, and God of love;
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:
 3 tri - um - phant o'er the world and sin, the Prince of Peace;
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;



1 the Lord, the great I AM, by earth and heaven con - fessed:
 2 we shall be - hold his face, we shall his power a - dore,
 3 on Zi - on's sa - cred height his king - dom he main - tains,
 4 Who was, and is, the same, and ev - er - more shall be:
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



we bow and bless the sa - cred Name for ev - er blest.
 and sing the won - ders of his grace for ev - er - more.
 and, glo - rious with his saints in light, for ev - er reigns.
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."
 all might and ma - jes - ty are thine, and end - less praise.

Words: Thomas Olivers (1725-1799), alt. Music: *Leoni*, Hebrew melody; harm. *Hymns Ancient and Modern*, 1875, alt.

Collect of the Day

Officiant: God be with you.

People: *And also with you.*

Officiant: Beloved God, as we approach your Presence, guide and stir us with your Holy Spirit, that we may become one body, one spirit in Jesus Christ our Savior.

People: *Amen*

Isaiah 5:1-7

Reader: A Reading from the book of Isaiah

Let me sing for my beloved
my love-song concerning his vineyard:

My beloved had a vineyard
on a very fertile hill.

He dug it and cleared it of stones,
and planted it with choice vines;

he built a watchtower in the midst of it,
and hewed out a wine vat in it;

he expected it to yield grapes,
but it yielded wild grapes.

And now, inhabitants of Jerusalem
and people of Judah,

judge between me
and my vineyard.

What more was there to do for my vineyard
that I have not done in it?

When I expected it to yield grapes,
why did it yield wild grapes?

And now I will tell you
what I will do to my vineyard.
I will remove its hedge,
and it shall be devoured;
I will break down its wall,
and it shall be trampled down.
I will make it a waste;
it shall not be pruned or hoed,
and it shall be overgrown with briers and thorns;
I will also command the clouds
that they rain no rain upon it.
For the vineyard of the LORD of hosts
is the house of Israel,
and the people of Judah
are his pleasant planting;
he expected justice,
but saw bloodshed;
righteousness,
but heard a cry!

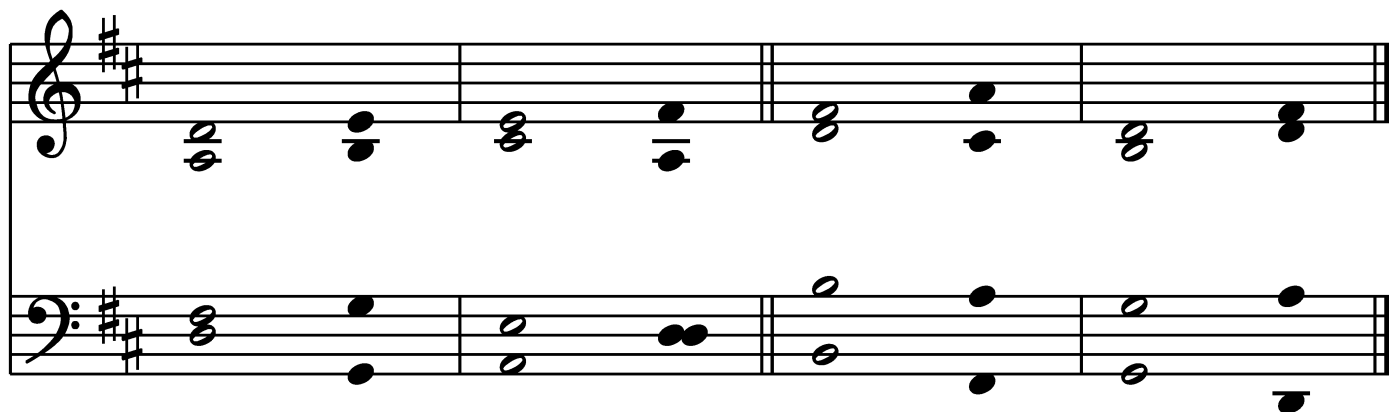
Reader: *Hear what the Spirit is saying to God's people.*

People: *Thanks be to God*

Psalm 80:1-2, 8-18

Qui regis Israel

*the chant setting will be played once through, then all chant the Psalm together,
changing tone for the bolded word*



© 1956, Jerome Webster Meachen.

Hear, O Shepherd of Israel, leading Joseph like a **flock**; *
shine forth, you that are enthroned upon the **cherubim**.

In the presence of Ephraim, Benjamin, and Ma-nasseh, *
stir up your strength and come to **help us**.

You have brought a vine out of **Egypt**; *
you cast out the nations and **planted it**.

You prepared the **ground for it**; *
it took root and filled the **land**.

The mountains were covered by its **shadow** *
and the towering cedar trees by its **boughs**.

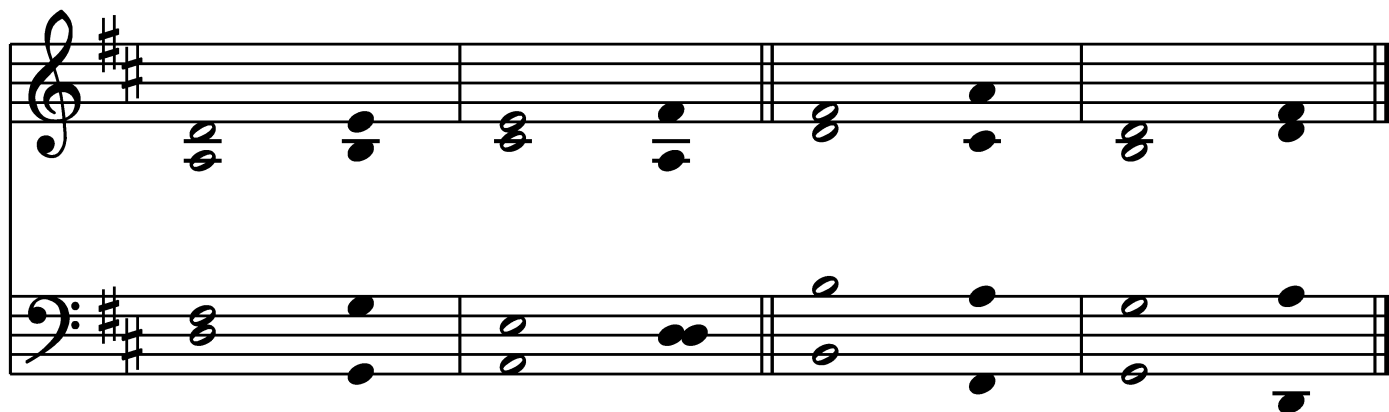
You stretched out its tendrils to the **Sea** *
and its branches to the **River**.

Why have you broken down its **wall**, *
so that all who pass by pluck off its **grapes**?

The wild boar of the forest has **ravaged it**, *
and the beasts of the field have grazed up-on it.

Turn now, O God of hosts, look down from heaven;
behold and tend this **vine**; *
preserve what your right hand has **planted**.

They burn it with fire like **rubbish**; *
at the rebuke of your countenance let them **perish**.



© 1956, Jerome Webster Meachen.

Let your hand be upon the man of your **right hand**, *
the son of man you have made so strong for your-**self**.

And so will we never turn away **from you**; *
give us life, that we may call upon your **Name**.

(repeat the second half of the chant setting)

Restore us, O LORD God of **hosts**; *
show the light of your countenance, and we shall be **saved**.

Hebrews 11:29-12:2

Reader: A Reading from the letter to the Hebrews

By faith the people passed through the Red Sea as if it were dry land, but when the Egyptians attempted to do so they were drowned. By faith the walls of Jericho fell after they had been encircled for seven days. By faith Rahab the prostitute did not perish with those who were disobedient, because she had received the spies in peace.

And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they

were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented-- of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

♪ Hymn #633 (vs 1-2)

“Word of God”

Blue Hymnal

1 Word of God, come down on earth, liv - ing rain from
2 Word e - ter - nal, throned on high, Word that brought to
heaven de - scend - ing; touch our hearts and bring to birth
life cre - a - tion, Word that came from heaven to die,
faith and hope and love un - end - ing. Word al - might - y,
cru - ci - fied for our sal - va - tion, sav - ing Word, the
we re - vere you; Word made flesh, we long to hear you.
world re - stor - ing, speak to us, your love out - pour - ing.

Luke 12:49-56

Officiant: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

Jesus said, "I came to bring fire to the earth, and how I wish it were already kindled! I have a baptism with which to be baptized, and what stress I am under until it is completed! Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! From now on five in one household will be divided, three against two and two against three; they will be divided:

father against son
and son against father,
mother against daughter
and daughter against mother,
mother-in-law against her daughter-in-law
and daughter-in-law against mother-in-law."

He also said to the crowds, "When you see a cloud rising in the west, you immediately say, 'It is going to rain'; and so it happens. And when you see the south wind blowing, you say, 'There will be scorching heat'; and it happens. You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?"

Officiant: The Gospel of Christ

People: Praise to You, Lord Christ.

Sermon

Don Maruska

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

All: *We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.*

*On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified,*

*who has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Adapted from Glimpses of Glory by David Adams

We give thanks, this day, that we share in the inheritance of your saints.

Grant us and your whole church a spirit of discipline and perseverance.

Loving God, make us a holy church, a healing church, a hospitable church.

We pray for all who are new to the faith, the newly baptized, and the newly confirmed.

We remember before you any whose faith is wavering, and any who have lost their faith.

Holy and Mighty God, *we keep our hope fixed on you.*

God of righteousness, we pray for fair trade and justice in our world:

we remember before you all involved in commerce.

We pray that the multinational companies of the world deal with integrity, and with respect for all, for all life, and for the planet.

We ask that all who are help captive by corruption, and all who are enslaved by debt, may find freedom.

Holy and Mighty God, *we keep our hope fixed on you.*

God of All Power, we pray for all exhausted people, and for people who live in places where the resources are exhausted.

We remember before you all who are weary and worn, all who are too tired to enjoy life.

We pray for all who are struggling today, and all who are finding it hard to cope.

We pray for friends or loved ones who are in trouble or who are ill.

We pray for all those named in our Bidding Book...

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

Holy and Mighty God, *we keep our hope fixed on you.*

God of Infinite Grace, we give thanks that you renew, refresh, and restore us;
we pray for all who have passed through the shadow of death and have entered life
and light everlasting.

Holy and Mighty God, *we keep our hope fixed on you.*

Silence

Officiant: Creator God, among the many distractions of the world,
keep our eyes, our minds, our hearts fixed on our Savior Jesus Christ,
the pioneer and perfecter of our faith, that at the last,
we may come to the fullness of your eternal kingdom;
through the same, Christ our Savior,
who lives and reigns with you and the Holy Spirit,
one God, world without end.

Amen.

Confession and Absolution

Let us confess our sins against God and our neighbor.

All: *Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,*

*and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Officiant: May the All-Compassionate God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

The Peace

Officiant: The peace of Christ be always with you.

People: *And also with you.*

Please greet one another in the chat.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.



♪ Hymn

“Standin’ in the Need of Prayer”

LEVAS-177

The musical score is written for a four-part setting (Soprano, Alto, Tenor, Bass) in G major and 4/4 time. It consists of two systems of staves. The lyrics are: "It's me, it's me, O Lord, Stand-in' in the need of prayer;—". The first system ends with a repeat sign and the word "Fine" above the final measure. The second system continues the melody and harmony, ending with a double bar line.

It's me, it's me, O Lord, Stand-in' in the need of prayer;—

— It's me, it's me, O Lord, Stand-in' in the need of prayer. Fine

1. Not my broth - er, not my sis - ter, but it's me, O Lord,___
 2. Not the preach - er, not the dea - con, but it's me, O Lord,___
 3. Not my fa - ther, not my moth - er, but it's me, O Lord,___
 4. Not the stran - ger, not my neigh - bor, but it's me, O Lord,___

1. Stand-in' in the need of prayer,___ Not my broth - er, not my sis - ter, but it's
 2. Stand-in' in the need of prayer,___ Not the preach - er, not the dea - con, but it's
 3. Stand-in' in the need of prayer,___ Not my fa - ther, not my moth - er, but it's
 4. Stand-in' in the need of prayer,___ Not the stran - ger, not my neigh - bor, but it's

1. me, O Lord,___ Stand - in' in the need of prayer.____
 2. me, O Lord,___ Stand - in' in the need of prayer.____
 3. me, O Lord,___ Stand - in' in the need of prayer.____
 4. me, O Lord,___ Stand - in' in the need of prayer.____

D.C.

Words: Traditional. Music: Negro Spiritual; arr. Carl Haywood (b. 1949), from *The Haywood Collection of Negro Spirituals*. Arr. Copyright © 1992 Carl Haywood.

♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

EOW Prayer 3

S-120

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the People. The second staff is for the Celebrant and the People. The third staff is for the Celebrant. The fourth staff is for the People.

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

Celebrant: All thanks and praise
are yours at all times and in all places,
our true and loving God;
through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world;
you brought forth all creatures of the earth

and gave breath to humankind.
Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey;
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

♪ Sanctus

WLP 785

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

8

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

The Celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be

human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ, our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

“Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**All: *Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!***

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Benedict, the patron of this house, and all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to sing,

Voice

Our Fa----ther in

Heaven Holy bc- your name Your kingdom come; Your will be

done on earth as in heav'n. Give us this day our dai-----ly

bread. Forgive us our sins as we for- give those who sin a - gainst us.

Save us from the time of tri-al and de - li-ver-us from e-vil For the

king - dom the po-wer and the glo----- ry are yours now & for---e---ver

A -----men A -----men A-----men

A -----men A -----men.

The Breaking of the Bread

The celebrant breaks the Bread

Fraction

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People: *Therefore let us keep the feast. Alleluia.*

Celebrant: The Gifts of God for the People of God.
Take them in remembrance that Christ died for
you, and feed on him in your hearts by faith,
with thanksgiving.

Holy Communion

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

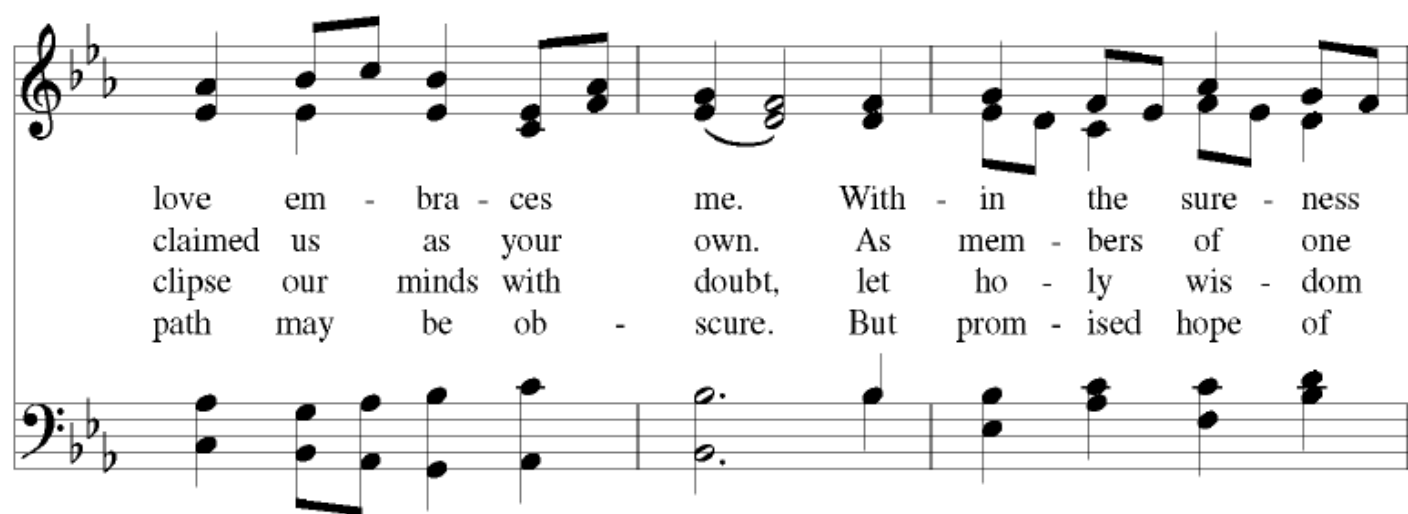
♪ Communion Music

Original Improvisation

Paul Burkle



1. O God of gen - tle strength, your
 2. Your wa - ters of re - birth have
 3. And when life's chal - len - ges e -
 4. Where will the jour - ney lead? The



love em - bra - ces me. With - in the sure - ness
 claimed us as your own. As mem - bers of one
 ciple our minds with doubt, let ho - ly wis - dom
 path may be ob - scure. But prom - ised hope of



of your care my heart rests will - ing - ly.
 bod - y, we shall nev - er be a - lone.
 spark a flame to drive the dark - ness out.
 things un - seen will keep our foot - ing sure.

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

Prayer

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

♪ Hymn #559

"Lead us Heavenly Father"

Blue Hymnal

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
thou dost know; thou didst tread this earth be - fore us;
heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
thou didst feel its keen - est woe; yet un - fear - ing,
plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
per - se - ver - ing, to thy pas - sion thou didst go.
par - doned, guid - ed, noth - ing can our peace des - troy.

Words: James Edmeston (1791-1867), alt. Music: *Dulce carmen*, melody from *An Essay on the Church Plain Chant*, 1782; adapt. *Collection of Motetts or Antiphons*, ca 1840; harm. William Henry Monk (1823-1889).

Dismissal

Officiant: *Let us go forth into the world,
rejoicing in the power of the Spirit. Alleluia Alleluia!*

All: *Thanks be to God. Alleluia Alleluia!*

♪ Postlude

Original Improvisation

Paul Burkle

Today's Liturgy
is from the outline in the Book of Common Prayer.
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Ministers of the Service

Presider:	The Rev. Linzi Stahlecker
Preacher:	Don Maruska
Eucharistic Minister:	Brian Spolarich
Chalice:	Alan Kiste
Lector:	Bryson McKelvey
Flowers:	Brian Spolarich
Usher:	Maureen Titus
Usher:	Alan Kiste
Intercessor:	Louisa Beeler
Music:	Paul Burkle
Altar Guild:	Pat Stoneman
Online Host:	Jane Wu
Teller:	Diana Hammerlund
Teller:	Steve Cake
Technical:	Hannah Matthews

This Week at St Ben's

Tuesday

Aug 19

9:45 a

Prayers for the Morning (Zoom)

10:30 a

Spiritual Conversation (Zoom)

Wednesday

Aug 20

3:00p

Earthcare Meeting

Sunday

Aug 24

10:30a

Liturgy of the Word Service

Announcements

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday Morning Prayer and the Spiritual Conversation groups have resumed meeting. The Spiritual Conversation is reading and discussing Pema Chödrön's book When Things Fall Apart: Heart Advice for Difficult Times. *"The beautiful practicality of her teaching has made Pema Chödrön one of the most beloved of contemporary American spiritual authors among Buddhists and non-Buddhists alike. The book is a treasury of wisdom for going on living when we are overcome by pain and difficulties."*

The Season of Creation begins in September: an international, ecumenical time of prayer, reflection, and action, it begins on September 1 with the World Day of Prayer for Creation, and ends on October 4, the Feast Day of St. Francis. The central theme for this year is "Peace with Creation," inspired by Isaiah 32:14-18:

Then justice will dwell in the wilderness
and righteousness abide in the fruitful field.
The effect of righteousness will be peace,
and the result of righteousness, quietness and trust forever.
My people will abide in a peaceful habitation,
in secure dwellings, and in quiet resting places.

Foundations of Creation Care and Creation Justice: On September 20, the diocesan Social Justice Committee is hosting a conference, Spiritual Foundations of Creation Care and Creation Justice, this is a one-day, in-person conference, and will be held at Church of the Good Shepherd, in Salinas. Folks from St. Ben's Earthcare are planning on driving up, if you'd like to coordinate a ride please reach out to the group. There is a link in the Benediction Weekly.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



St. Benedict's Episcopal Church
PO Box 6877
2220 Snowy Egret Lane
Los Osos, CA 93402
805-528-0654
office@stbenslosos.org
www.stbenslosos.org

