



St Benedict's Episcopal Church

~ *Tending Mind and Soul in Los Osos* ~

The Second Sunday after Pentecost

June 22, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity,
economic condition, gender, sexual orientation, or physical or mental ability—
your presence here today is a blessing!

~ **Prelude** ~

Original Improvisation

Paul Burkle

Welcome

Litany of Repentance

Celebrant: Dear people of God, our history is marred by oppression, by the enslavement of those who differ from us, and by the forces of racism that attack human dignity. The sin of racism is woven into our lives and our cultures, in small and great ways, in things done and things left undone. As followers of Christ, we reject racism and the oppression of other human beings. In building Christ's beloved community, we must strive to love all people, respect all people, and work for the good of all people. We must stand alongside God's children of every race, language, and culture, and work together as agents of justice, peace, and reconciliation. In the assurance of our forgiveness, let us come before God and humbly confess our sins: our participation in racism, our privilege based on racism, and our perpetuation of racism.

Silence is then kept for a time, all standing, as able.

God the Father, you freed your people from slavery in Egypt, yet the legacy of slavery deforms our lives today.

Have mercy on us.

God the Son, you prayed that all would be united in your love and service, yet the divisions among us rend your body.

Have mercy on us.

God the Holy Spirit, you inspire us to live peaceably with all, yet the stain of genocide and internment mars our striving for justice.

Have mercy on us.

We have harmed one another and the earth through negligence, greed, and self-interest.

Have mercy on us.

We have failed to condemn discrimination that leads to unrest.

Have mercy on us.

We have decried violence, while overlooking inequity and frustration from which it rises.

Have mercy on us.

We have practiced injustice for economic gain and have oppressed others to make a false peace.

Have mercy on us.

We have sought comfort in advantage for ourselves at the cost of injustice for others.

Have mercy on us.

We have welcomed solace over conflict and ignored the cries of those harmed by our comfort.

Have mercy on us.

We have grasped for this world's goods, and been arrogant toward those who have little.

Have mercy on us.

We have not shared the good things we have been given, and blamed the poor for their poverty.

Have mercy on us.

We have been fearful and distrustful of those who are different from us.

Have mercy on us.

We have divided ourselves from others, and refused to listen to or believe their experience.

Have mercy on us.

We have been indifferent to the pain and suffering of our sisters and brothers.

Have mercy on us.

We have held in contempt those who need our help, and not loved them with our whole hearts.

Have mercy on us.

We have been self-satisfied in our privilege, and denied our oppression of others.

Have mercy on us.

We have preferred order over justice, and isolation over the struggle for peace.

Have mercy on us.

We have quietly held good intentions, and kept silent the message of reconciliation.

Have mercy on us.

We have failed to act with courage for the sake of love.

Have mercy on us.

Lord have mercy.

Christ have mercy.

Lord have mercy.

Celebrant: May Almighty God have mercy on us, grant us courage and conviction, and strengthen us to love others who are unlike us. May God, the Holy and Undivided Trinity, make us compassionate in our actions and courageous in our works, that we may see Christ's Beloved Community in our own day. ***Amen.***

Supplementary Materials to Address Systemic Racial Injustice
as authorized for use by The Episcopal Church.

Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: O God, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving--kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

1 Kings 19:1-4, 5-7, 8-15a

Reader: A Reading from the first book of Kings

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness

of Damascus."

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.



© 1979, Robert Knox Kennedy.

Psalm 42 S411

Quemadmodum

As the deer longs for the **water-brooks**, *
so longs my soul for you, O **God**.

My soul is athirst for God, athirst for the living **God**; *
when shall I come to appear before the presence of **God**?

My tears have been my food day and **night**, *
while all day long they say to me,
"Where now is your **God**?"

I pour out my soul when I think on these **things**: *
how I went with the multitude and led them into the house of **God**,

With the voice of praise and thanks-**giving**, *
among those who keep holy-**day**.

Why are you so full of heaviness, O my **soul**? *
and why are you so disquieted with-**in me**?

Put your trust in **God**; *
for I will yet give thanks to him,
who is the help of my countenance, and my **God**.

My soul is heavy with-**in me**; *
therefore I will remember you from the land of Jordan,
and from the peak of Mizar among the heights of **Hermon**.

One deep calls to another in the noise of your **cataracts**; *
all your rapids and floods have gone **over me**.

The LORD grants his loving-kindness in the **daytime**; *
in the night season his song is with me,
a prayer to the God of my **life**.

I will say to the God of my strength,
"Why have you for-**gotten me**? *
and why do I go so heavily while the enemy op-**presses me**?"

While my bones are being **broken**, *
my enemies mock me to my **face**;

All day long they **mock me** *
and say to me, "Where now is your **God**?"

Why are you so full of heaviness, O my **soul**? *
and why are you so disquieted with-**in me**?

(rpt last two bars of music) Put your trust in **God**; *

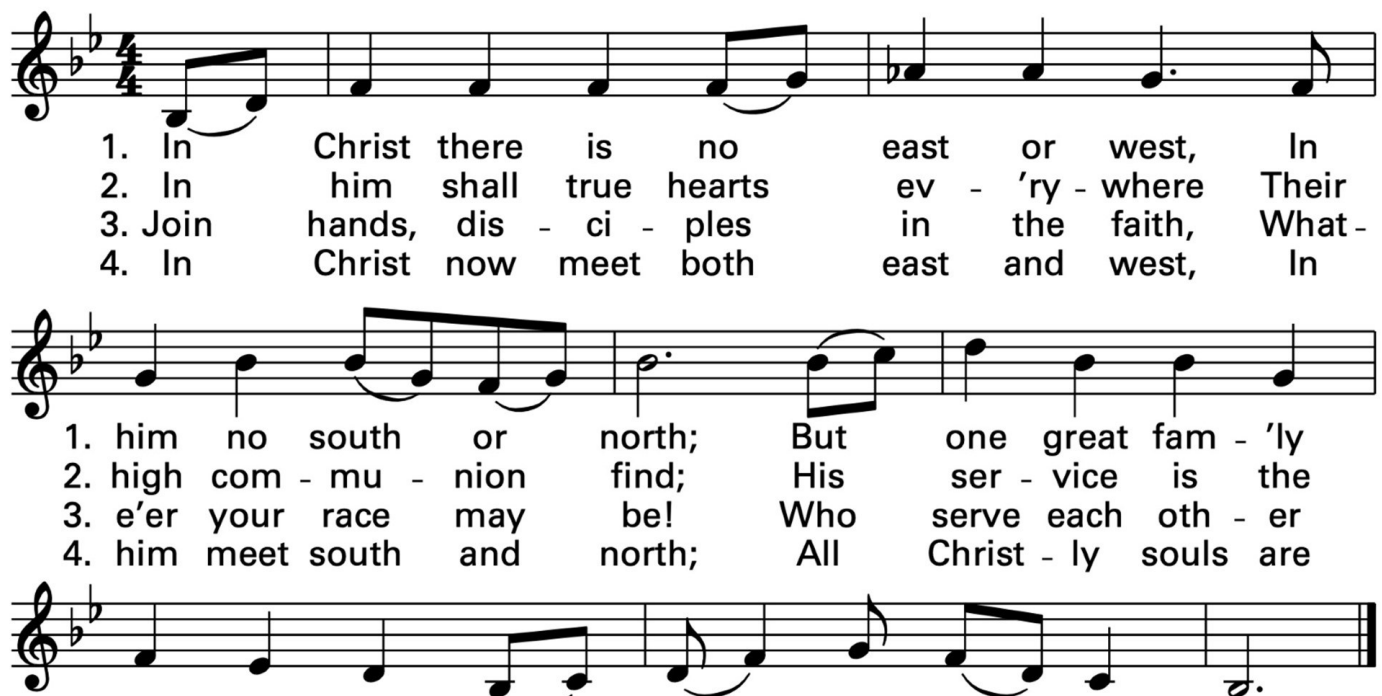
for I will yet give thanks to him,
who is the help of my countenance, and my **God**.

Galatians 3:23-29

Reader: A Reading from Paul's letter to the Galatians

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Reader: Hear what the Spirit is saying to God's people.



1. In Christ there is no east or west, In
2. In him shall true hearts ev - 'ry - where Their
3. Join hands, dis - ci - ples in the faith, What -
4. In Christ now meet both east and west, In

1. him no south or north; But one great fam - 'ly
2. high com - mu - nion find; His ser - vice is the
3. e'er your race may be! Who serve each oth - er
4. him meet south and north; All Christ - ly souls are

1. bound by love Through - out the whole wide earth.
2. gold - en cord Close - bind - ing hu - man - kind.
3. in Christ's love Are sure - ly kin to me.
4. one in him, Through - out the whole wide earth.

Text: CM; Galatians 3:28; John Oxenham, 1852–1941. Music: Spiritual; adapted by Harry T. Burleigh, 1866–1949.

People: Thanks be to God.

♪ **Hymn #529** “In Christ there is no East or West” Blue Hymnal

John 14:8-17

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" -- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith

Please stand as you are able.

Let us affirm our faith in Jesus Christ the Son of God.

All: *We trust in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We trust in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and became truly human.*

*For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Let us pray for the Church and for the world.

God of love, we pray for your church: For Sean, our Presiding Bishop; Lucinda, our bishop; for all lay and ordained ministers; and for all who seek you in the community of the faithful. Equip us with compassion and love, to carry out your work of reconciliation in the world.

God of love,

Hear our prayers for the church.

Silence — Add your prayers, silently or in your hearts

God of freedom, we pray for our nation, and all the nations of the world: For peace and unity across barriers of language, color, and creed; for elected and appointed leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred, to actively resist evil. Unite the human family in bonds of love.

God of freedom,

Hear our prayers for the world.

Silence — Add your prayers, silently or in your hearts

God of justice, we pray for the earth, your creation entrusted to our care: For the animals and birds, the mountains and oceans, and all parts of your creation that have no voice of their own. Stir up in us a thirst for justice that protects the earth and all its resources, that we may leave to our children's children the legacy of beauty and abundance that you have given us.

God of justice,

Hear our prayers for the earth.

Silence — Add your prayers, silently or in your hearts

God of peace, we pray for this community: For our local leaders; for our schools and markets; for our neighborhoods and workplaces. Kindle in every heart a desire for equality, respect, and opportunity for all. Give us courage to strive for justice and peace among all people, beginning here at home.

God of peace,

Hear our prayers for this community.

Silence — Add your prayers, silently or in your hearts

God of mercy, we pray for all in any kind of need or trouble: For those whose lives are closely linked with ours, and those connected to us as part of the human family. For refugees and prisoners; for the sick and suffering, the lonely and despairing; for those facing violence; for all held down by prejudice or injustice. Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons.

God of mercy,

Hear our prayers for all who are in need.

Silence — Add your prayers, silently or in your hearts

We remember all those named in our bidding book.

[bidding book prayers here]

God of grace, we pray for those who have died: For the faithful in every generation who have worked for justice; for prophets who called us to racial reconciliation; for martyrs who died because of hatred; and for all the communion of saints. Make us faithful to your call to proclaim your Good News, by word and example, and bring us at last into the glorious company of the saints in light.

God of grace,

Hear our prayers for those who have died.

Silence — Add your prayers, silently or in your hearts

Concluding Collect

Celebrant: Hear our prayers, Holy God. Breathe your Spirit over us and all the earth, that barriers would crumble and divisions cease. Make us more fully your co-healers of the broken world. Unite us with all people in bonds of love, that the whole earth and all its peoples may be at peace; through Jesus Christ our Lord.

Amen.

Supplementary Materials to Address Systemic Racial Injustice
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The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830


Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431


O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*



1. I am weak but thou art strong;____
2. Through this world of toil and snares,____
3. When my fee - ble life is o'er,____
Refrain: Just a clos - er walk with thee,____



1. Je - sus, keep me from all wrong;____ I'll be sat - is - fied as
2. If I fal - ter, Lord, who cares?____ Who with me my bur - den
3. Time for me will be no more;____ Guide me gent - ly, safe - ly
Refrain: Grant it, Je - sus, is my plea,____ Dai - ly walk - ing close to



1. long____ As I walk, let me walk close to thee.
2. shares?____ None but thee, dear____ Lord, none but thee.
3. o'er____ To Thy king - dom____ shore, to thy shore.
Refrain: thee,____ Let it be, dear____ Lord, let it be.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

♪ Hymn #

“Just a Closer Walk with Thee ”

LEVAS 72

♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia.*

Holy Eucharist

Iona

Celebrant:

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;

you who have been here often and you who have not been for a long time;

you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Celebrant: May Christ be with you,

All: *And also with you.*

Celebrant: Lift up your hearts,

All: *We lift them up to God.*

Celebrant: Let us give thanks to God,

All: *It is right to give both thanks and praise.*

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

8

Celebrant: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with all the saints before and beside us, and Blessed Benedict, the patron of this house, and with siblings east and west, north and south we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

Celebrant Blessed is our brother Jesus, who walks with us the road of our world's suffering, and who is known to us in the breaking of bread. On the night of his arrest Jesus took bread and having blessed it he broke the bread and gave it to his disciples, saying, This is my body, given to you. In the same way he took wine and having given thanks for it he poured it out and gave the cup to his disciples, saying, This cup is the new relationship with God, sealed with my blood. Take this and share it. I shall drink wine with you next in the coming Kingdom of God.

All: *Loving God,
through your goodness we have this bread and wine to offer,
which earth has given and human hands have made.
May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.
We celebrate the life that Jesus has shared among his
community through the centuries, and shares with us now.
Made one in Christ and one with each other, we offer these gifts
and with them ourselves, a single, holy, living sacrifice. Amen.*

Celebrant: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they become for us your body, vibrant with your life, healing, renewing and making us whole. And as the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh, loving and caring in the world.

Voice

Our Fa----ther in

Heaven Holy be- your name Your kingdom come; Your will be

done on earth as in heav'n. Give us this day our dai-----ly

bread. Forgive us our sins as we for- give those who sin a - gainst us.

Save us from the time of tri-al and de - li-ver-us from e-vil For the

king - dom the po-wer and the glo-ry are yours now & for-e-ver

A -men A -men A -men

A -men A -men. Jack Noble White Tune: © 1993 Triune Music,

All: *Through Christ and with Christ and in Christ,
all honor and glory are yours, All-Compassionate God,
in the unity of the Holy Spirit, for ever and ever. AMEN*

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to sing,

The Breaking of the Bread

The celebrant breaks the Bread

Fraction

Celebrant Alleluia. Christ our Passover is sacrificed for us.

People *Therefore let us keep the feast. Alleluia.*

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Holy Communion

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

Original Improvisation

Paul Burkle

♩ Hymn #325

“Let us Break Bread ”

Blue Hymnal



1 Let us break bread to - geth-er on our knees; _____
2 Let us drink wine to - geth-er on our knees; _____



let us break bread to - geth-er on our knees; _____
let us drink wine to - geth-er on our knees; _____



Refrain

when I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer-cy on me. _____



3 Let us praise God to - geth-er on our knees; _____



let us praise God to - geth-er on our knees; _____



Refrain

when I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer-cy on me. _____

Words: African-American spiritual. Music: *Let Us Break Bread*, Afro-American spiritual; arr. and harm. David Hurd (b. 1950).

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____.

Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

Prayer

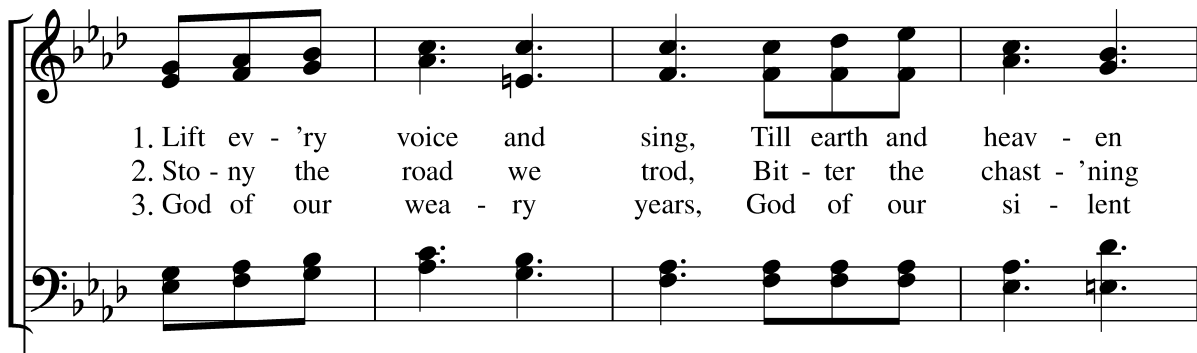
Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

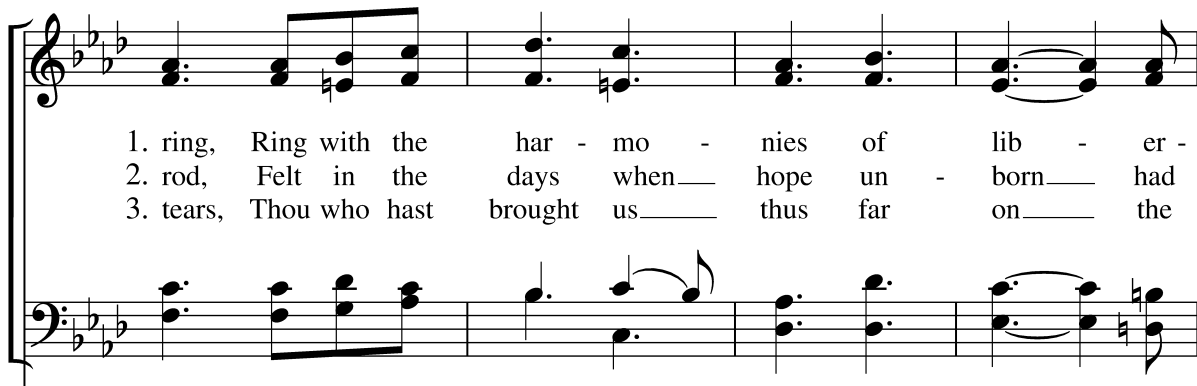
♪ Hymn

"Lift Every Voice and Sing"

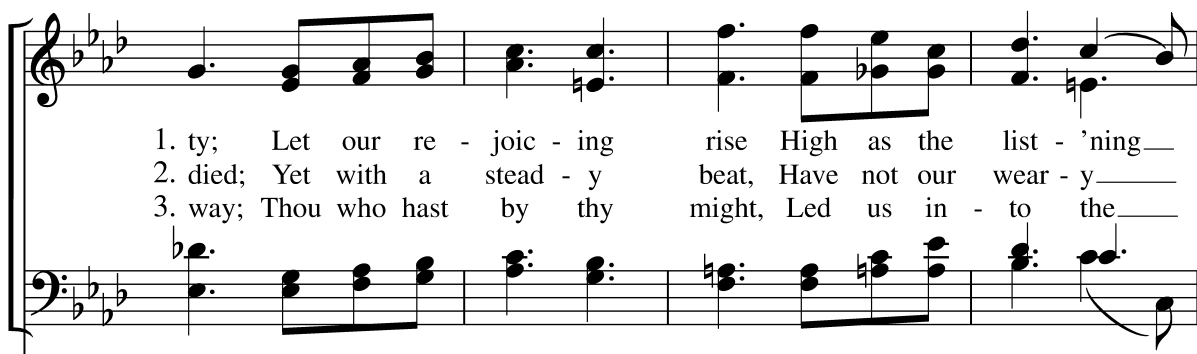
LEVAS 1



1. Lift ev - 'ry voice and sing, Till earth and heav - en
2. Sto - ny the road we trod, Bit - ter the chast - 'ning
3. God of our wea - ry years, God of our si - lent



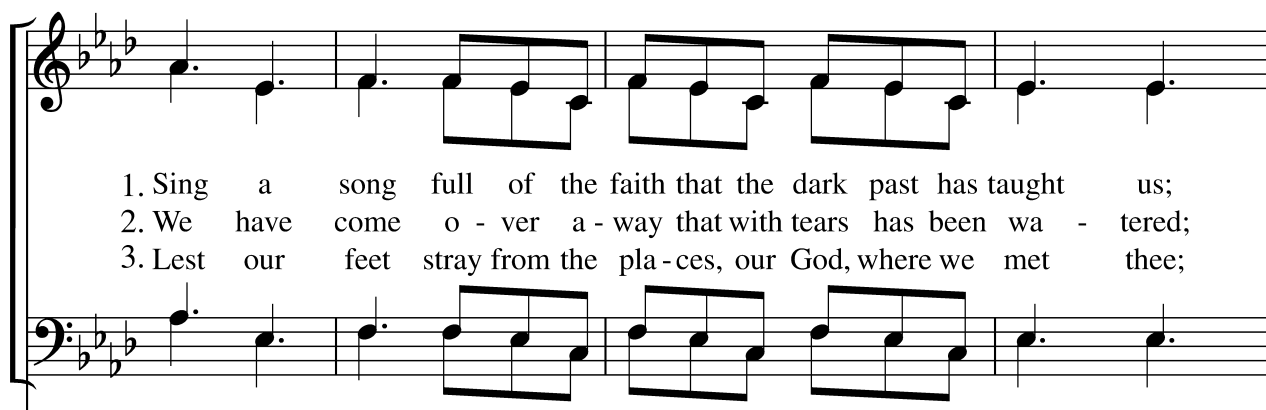
1. ring, Ring with the har - mo - nies of lib - er -
2. rod, Felt in the days when hope un - born had
3. tears, Thou who hast brought us thus far on the



1. ty; Let our re - joic - ing rise High as the list - 'ning
2. died; Yet with a stead - y beat, Have not our wear - y
3. way; Thou who hast by thy might, Led us in - to the



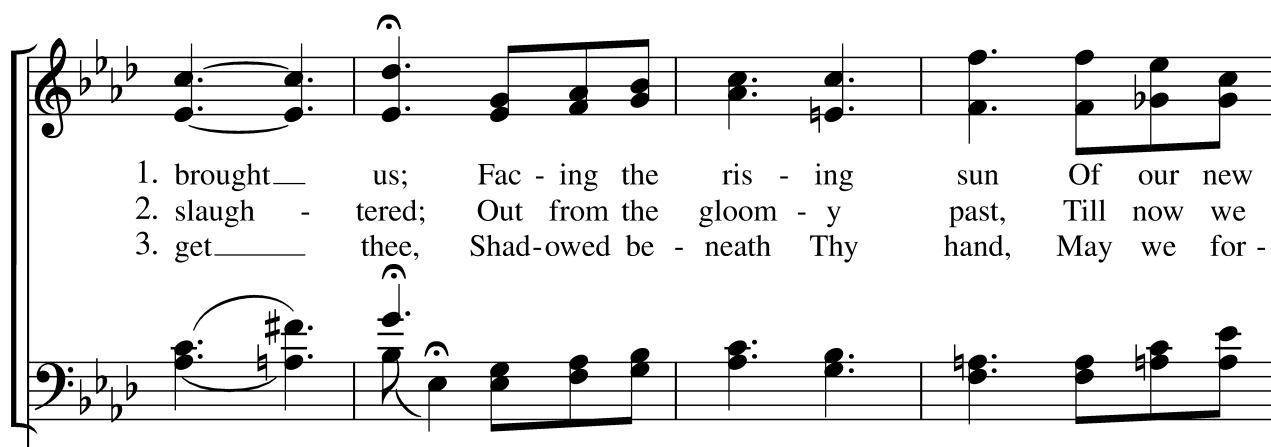
1. skies, Let it re - sound loud as the roll - ing sea.
2. feet Come to the place for which our fa - thers sighed?
3. light, Keep us for - ev - er in the path, we pray.



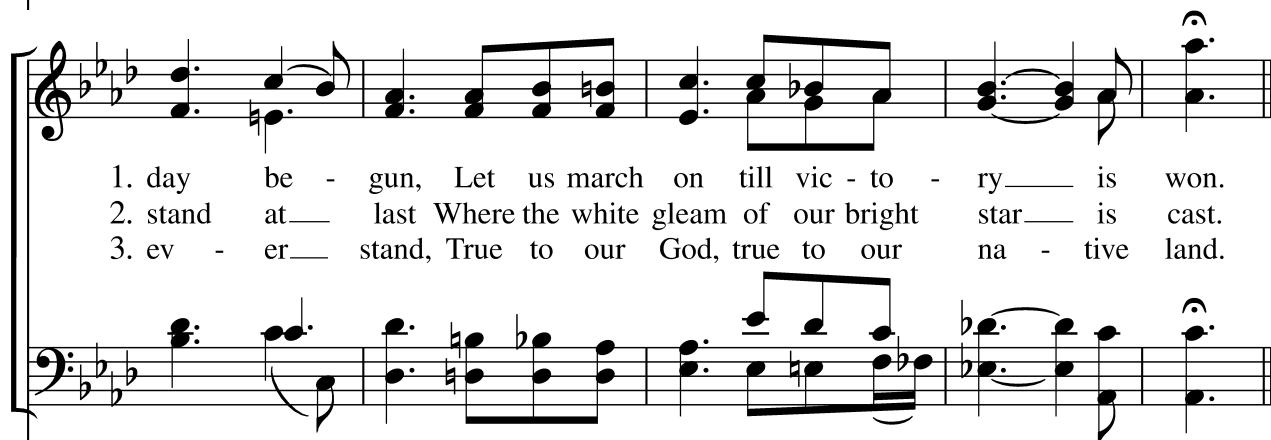
1. Sing a song full of the faith that the dark past has taught us;
 2. We have come o - ver a - way that with tears has been wa - tered;
 3. Lest our feet stray from the pla - ces, our God, where we met thee;



1. Sing a song full of the hope that the pres - ent has
 2. We have come, tread - ing our path through the blood of the
 3. Lest our hearts, drunk with the wine of the world, we for -



1. brought us; Fac - ing the ris - ing sun Of our new
 2. slaugh - tered; Out from the gloom - y past, Till now we
 3. get thee, Shad - owed be - neath Thy hand, May we for -



1. day be - gun, Let us march on till vic - to - ry is won.
 2. stand at last Where the white gleam of our bright star is cast.
 3. ev - er stand, True to our God, true to our na - tive land.

Dismissal

Celebrant: Let go in peace to love and serve our God.

All: ***Thanks be to God. Alleluia! Alleluia!***

♪ Postlude

Original Improvisation

Paul Burkle

Eucharist Liturgy Adapted from Enriching Our Worship
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Ministers of the Service

Celebrant:	Rev. Linzi Stahlecker
Preacher:	Rev. Linzi Stahlecker
Eucharistic Minister:	Sarah Chesebro
Lector:	Bryson McKelvey
Music:	Paul Burkle
Flowers:	Sharon Porter
Ushers:	Jim Malone & Sandy Fisher
Intercessor:	Sandy Fisher
Altar Guild:	Diana Hammerlund
Online Host:	
Tellers:	Bryson McKelvey & Steve Cake
Technical:	Hannah Matthews
Coffee Hour Host:	Bryson McKelvey

This Week at St Ben's

Sunday:

- 10:30am **Holy Eucharist in-person and live-streamed on Facebook**
- 12:00pm **Coffee Hour, and "Why do we worship the way we do?"**
 - 3:00pm - 5:00pm **Newcomers' Meeting**

Tuesday:

- 9:45am **Prayers for the Morning, via zoom**
- 10:30am **Spiritual Conversation, via zoom**

Wednesday:

- 11:00am **Laundry Love**
- 4:00pm **Laundry Love**

Announcements

Please note that **Rev. Linzi will be taking time away from the parish from Monday, June 30 - Wednesday, July 16**. During this time she will not be responding to email or text or phone calls. There will be a plan in place with local clergy for pastoral emergencies ... contact information for clergy on-call will be in next week's Ben Weekly. During this time, Hannah will be putting together the Ben Weekly and gathering announcements for Sunday worship, so please forward everything you'd like shared with the parish to Hannah in the office: office@stbenslososos.org. Thanks!

St. Benedict's is serving Community Dinner, on Wednesday, July 2nd. On the menu is Hot Dogs, Potato Salad and Watermelon. We need donations of Potato Salad and Watermelon - let us know what you will bring!!! All food needs to be dropped off at South Bay Community Center, in Los Osos, by 4PM on July 2. Ready to sign up? or have questions? ... please contact Maureen.

The Bishop is coming to St. Benedict's! If you're in town, I hope you'll plan on being in church **on Sunday, August 3** for Bishop Lucinda's visitation. Now is a great time to consider being Received, Confirmed, or Reaffirmed into the Episcopal Church, these are deeply meaningful sacramental rites and, in The Episcopal Church, can only be administered by a Bishop. If you'd like to know more about these rites, if you're curious, or are ready to sign up, please send Linzi an email.

Tuesday Morning Prayers & Spiritual Conversation: The Spiritual Conversation group will be discussing ideas from the book [My Life with the Saints](#) by James Martin. Martin's inspiring, witty, and always fascinating memoir encompasses saints from the whole of Christian history. This rich, vibrant, stirring narrative shows how the saints can help all of us find our way in the world. You do not have to read the book to participate. 10:30 on [Zoom](#).

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, economic condition, gender, sexual orientation, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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