



St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

Day of Pentecost

June 8, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity,
economic condition, gender, sexual orientation, or physical or mental ability—
your presence here today is a blessing!

~ Prelude ~

Original Improvisation

Paul Burkle

♪ Hymn #225

"Hail Thee, Festival Day" v. 1, 3

Blue Hymnal

Refrain



Hail thee, fes - ti - val day! blest day that art hal - lowed for



ev - er, day when the Ho - ly Ghost shone in the



world with God's grace. grace.



1 Lo, in the like - ness of fire, on those who a -
3 Hark! for in myr - i - ad tongues Christ's own, his—



wait his ap - pear - ing, he whom the
cho - sen a - pos - tles, preach to the



Lord fore - told sud - den - ly, swift - ly, de - scends:
ends of the earth Christ and his won - der - ful works:

Welcome

Celebrant: Blessed be the one, holy, and living God.

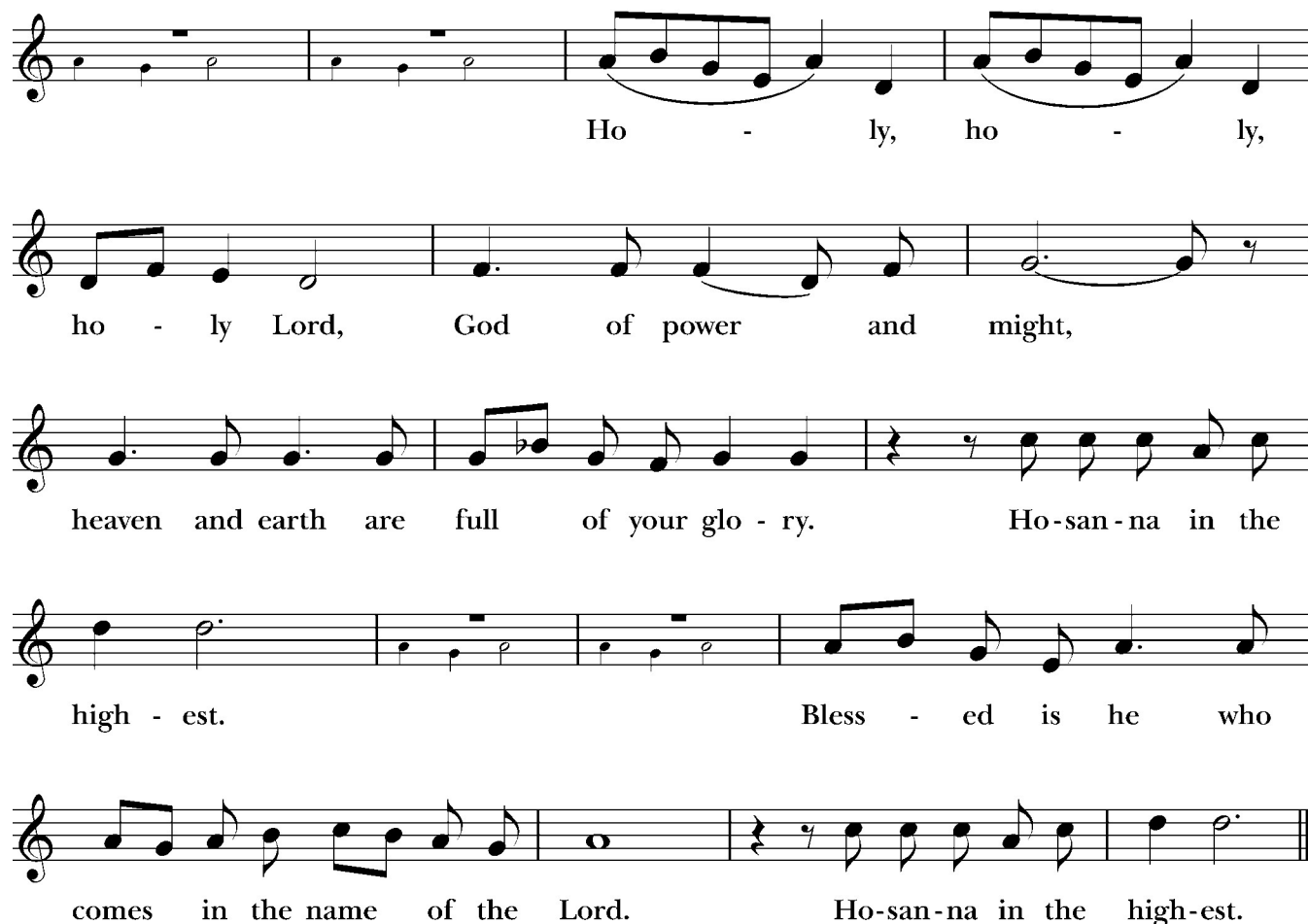
People: *Glory to God for ever and ever.*

Celebrant: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♪ Gloria

S-128



Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Collect of the Day

Celebrant: God be with you.

People: *And also with you.*

Celebrant: O God, who on this day taught the hearts of your faithful people by sending to them the light of your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

People: *Amen*

Acts 2:1-21

Reader: A Reading from the book of Acts

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

 'In the last days it will be, God declares,
 that I will pour out my Spirit upon all flesh,
 and your sons and your daughters shall prophesy,
 and your young men shall see visions,
 and your old men shall dream dreams.

Even upon my slaves, both men and women,
 in those days I will pour out my Spirit;
 and they shall prophesy.

And I will show portents in the heaven above
 and signs on the earth below,
 blood, and fire, and smoky mist.

The sun shall be turned to darkness
 and the moon to blood,
 before the coming of the Lord's great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.' "

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God.

Psalm 104:25-35, 37

S-411

Benedic, anima mea

O LORD, how manifold are your works! *
in wisdom you have made them all;
the earth is full of your creatures.

Yonder is the great and wide sea
with its living things too many to number, *
creatures both small and great.

There move the ships,
and there is that Lev-iathan, *
which you have made for the sport of it.

All of them look to you *
to give them their food in due season.

You give it to them; they gather it; *
you open your hand, and they are filled with good things.

You hide your face, and they are terrified; *
you take away their breath,
and they die and return to their dust.

You send forth your Spirit, and they are cre-ated; *
and so you renew the face of the earth.

May the glory of the LORD endure for ever; *
may the LORD rejoice in all his works.

He looks at the earth and it trembles; *
he touches the mountains and they smoke.

I will sing to the LORD as long as I live; *
I will praise my God while I have my being.

May these words of mine please him; *
I will rejoice in the LORD.

Bless the LORD, O my soul. *
Hallelu-jah!



© 1979, Robert Knox Kennedy.

Romans 8:14-17

Reader: A Reading from Paul's letter to the Romans

All who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

♩ Hymn #513

“Like the Murmur”

Blue Hymnal

1 Like the mur - mur of the dove's song, like the
 2 To the mem - bers of Christ's Bo - dy, to the
 3 With the heal - ing of di - vi - sion, with the

chal - lenge of her flight, like the vig - or of the
 branch - es of the Vine, to the Church in faith as -
 cease - less voice of prayer, with the power to love and

wind's rush, like the new flame's ea - ger
 sem - bled, to her midst as gift and
 wit - ness, with the peace be - yond com -

might: come, — Ho - ly Spi - rit, come.
 sign: come, — Ho - ly Spi - rit, come.
 pare: come, — Ho - ly Spi - rit, come.

Phrase 1 of each stanza may be sung by one group, with a contrasted group singing phrase 2, and all joining for the final phrase.

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John 14:8-17, 25-27

Celebrant: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

Philip said to Jesus, "Lord, show us the Father, and we will be satisfied." Jesus said to him, "Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, 'Show us the Father'? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.

"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you."

"I have said these things to you while I am still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid."

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Rev. Karen Siegfried

[We pause for a few moments' reflection.]

The Renewal of Baptismal Vows (please stand as you are able)

The Feast of Pentecost is a baptismal feast day, and so, on this day, we renew the solemn promises and vows of Holy Baptism.

Celebrant: Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

People: I do.

Celebrant: Do you believe in God the Father?

*People: I believe in God, the Father almighty,
creator of heaven and earth.*

Celebrant: Do you believe in Jesus Christ, the Son of God?

*People: I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.*

Celebrant: Do you believe in God the Holy Spirit?

*People: I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins, the resurrection of the body,
and the life everlasting.*

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: I will, with God's help.

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: I will, with God's help.

Celebrant: Will you proclaim by word and example the Good
News of God in Christ?

People: *I will, with God's help.*

Celebrant: Will you seek and serve Christ in all persons, loving
your neighbor as yourself?

People: *I will, with God's help.*

Celebrant: Will you strive for justice and peace among all
people, and respect the dignity of every human
being?

People: *I will, with God's help.*

The Celebrant concludes the Renewal of Vows as follows

May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit,
and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. **Amen.**

♪ Hymn #297

“Descend O Spirit”

Blue Hymnal

The congregation is sprinkled with Baptismal water as a sign and reminder of their baptism.

1 De - scend, O Spi - rit, purg - ing flame, brand
2 For - bid us not this sec - ond birth; grant

us this day with Je - sus' Name! Con - firm our faith, con -
un - to us the great - er worth! En - list us in your

sume our doubt; sign us as Christ's, with - in, with - out.
ser - vice, Lord; bap - tize all na - tions with your Word.

Words: Scott Francis Brenner (1903-1991), alt. Reprinted and used from *The Worship Book — Services and Hymns*, Copyright © 1972, The Westminster Press. Music: *Erhalt uns Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

Prayers of the People

Holy God, we give thanks for the coming of the Spirit to your church.

We ask that the gifts of the Spirit may be revealed in all your people:

may the church share the gifts that you have given to it;

may we go out in the power of the Spirit to proclaim your love
and your glory.

We praise you and pray for all who have the gifts of ministry, preaching, and pastoral care, for musicians and singers, for worship leaders, lectors, ushers, and Eucharistic Ministers.

We pray that through the Spirit our worship may be life-giving and relevant.

Breathe on us, Breath of God,

and fill us with life anew.

We pray for all who through their talents enrich and beautify our world, for artists, writers and craftspeople, for all who communicate and all who work in education,

for all those who through their talents provide us with food and clothing.

We remember especially all those whose creativity is unexpressed through fear or opposition.

Breathe on us, Breath of God,

and fill us with life anew.

We give you thanks for the working of the Spirit in our lives,
for the gifts we have and the guidance we have received.

We pray for those who have been our teachers and our guides,
for all who have brought us into a fuller and richer life.

Breathe on us, Breath of God,

and fill us with life anew.

We pray for all who feel fearful, for all who are burdened by anxiety or by guilt.

We remember all whose lives are restricted by illness or disability,
all who are frustrated by circumstances that are limiting life,
and we pray for loved ones who are suffering.

We remember all those named in our bidding book.

[prayers from the bidding book read here....Please share silently or in the chat]

Breathe on us, Breath of God,

and fill us with life anew.

We give thanks that you are the God who breathes new life into us;
you are the God who restores and refreshes us.

We give thanks that you give us new life in your kingdom.

We remember before you our friends and loved ones departed
and pray that they may share with your saints in glory.

Breathe on us, Breath of God,

and fill us with life anew.

Silence

Celebrant: Holy One, fill us with the Holy Spirit, the power of the living God. Guide us by the Holy Spirit, the giver of light and life. Strengthen us through the Holy Spirit, the fire of love. Let your Spirit come upon us, and change us and all your faithful people, that we may live for your glory; through Christ our Savior, who is alive and is one with you and the Holy Spirit. **Amen.** Adapted from *Traces of Glory* by David Adam 1999

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

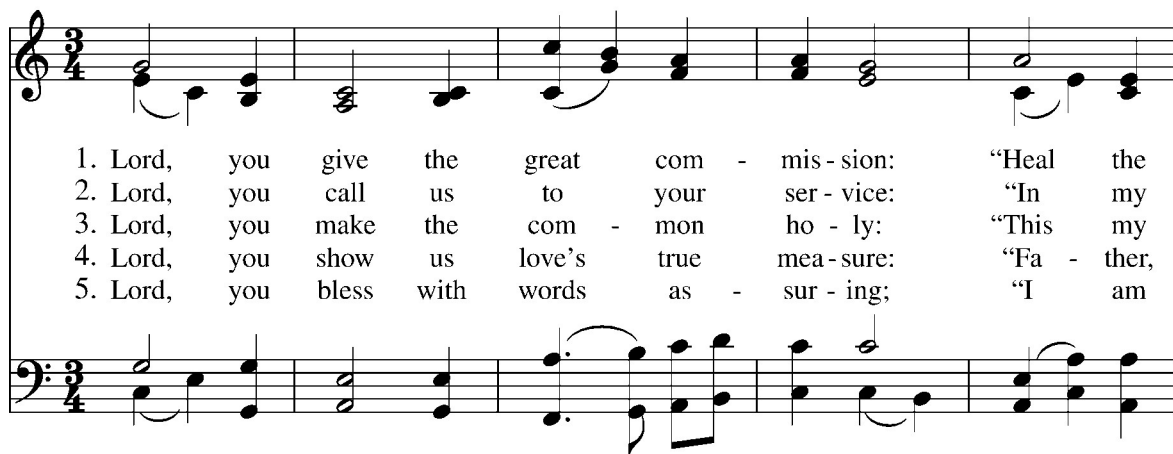
53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

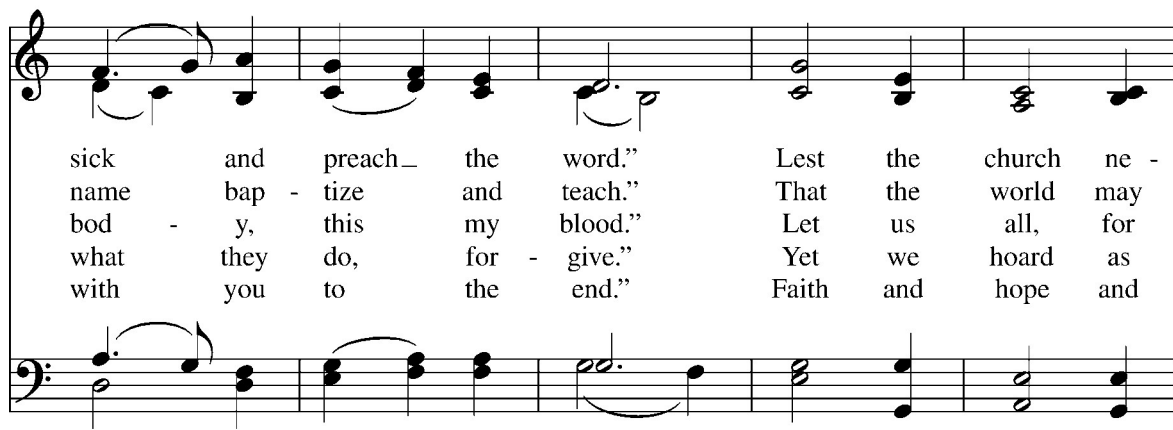
The Offertory

You can contribute at our website www.stbenslososos.org at any time.





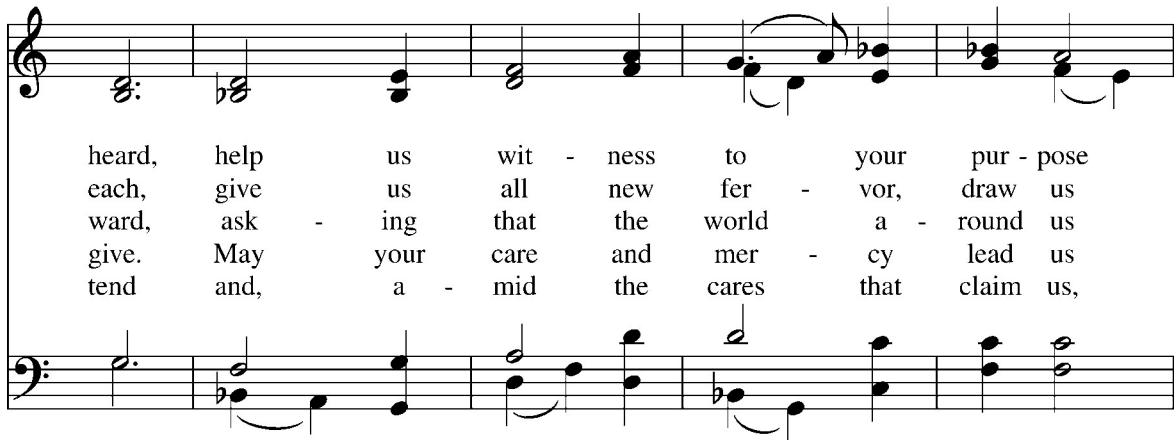
1. Lord, you give the great com - mis - sion: “Heal the
 2. Lord, you call us to your ser - vice: “In my
 3. Lord, you make the com - mon ho - ly: “This my
 4. Lord, you show us love’s true mea - sure: “Fa - ther,
 5. Lord, you bless with words as - sur - ing; “I am



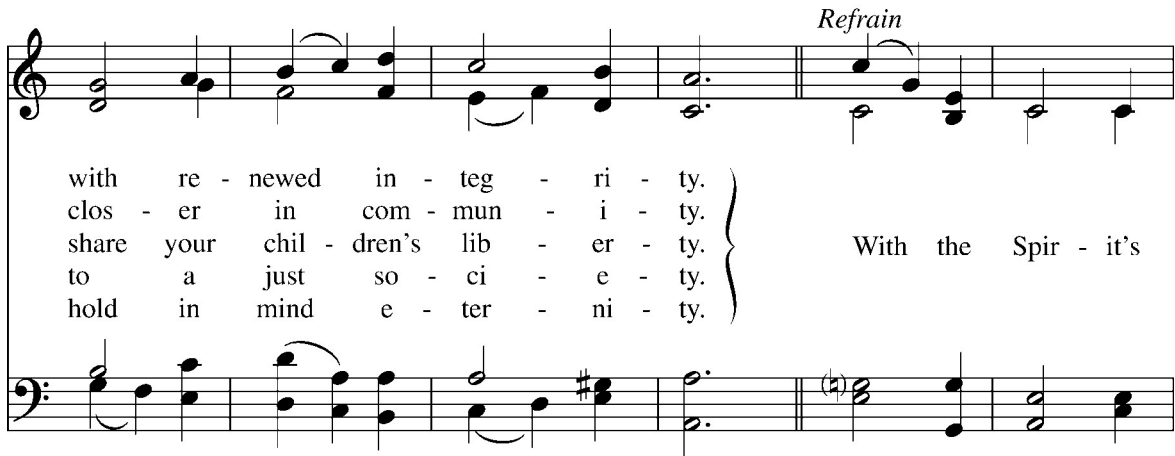
sick and preach the word.” Lest the church ne -
 name bap - tize and teach.” That the world may
 bod - y, this my blood.” Let us all, for
 what they do, for - give.” Yet we hoard as
 with you to the end.” Faith and hope and



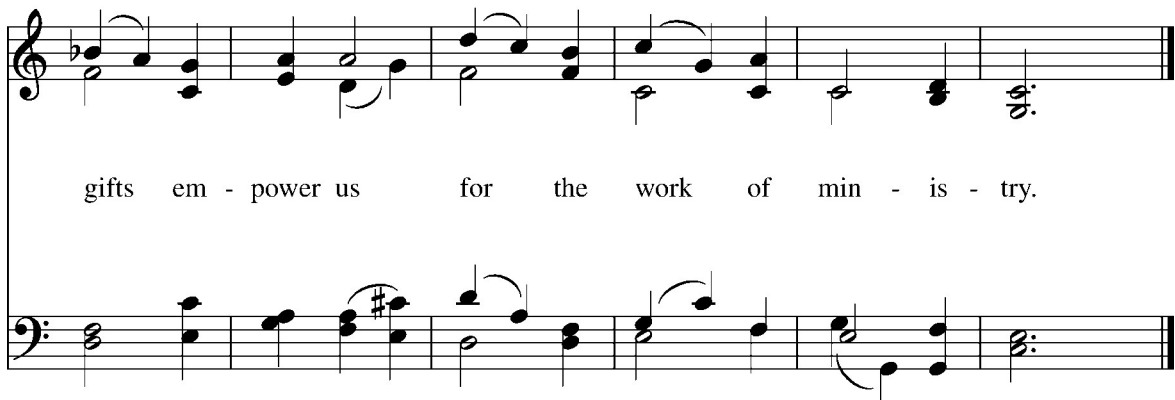
glect its mis - sion, and the gos - pel go un -
 trust your prom - ise, life a - bun - dant meant for
 earth’s true glo - ry, dai - ly lift life heav - en -
 pri - vate trea - sure all that you so free - ly
 love re - stor - ing, may we serve as you in -



heard, help us wit - ness to your pur - pose
 each, give us all new fer - vor, draw us
 ward, ask - ing that the world a - round us
 give. May your care and mer - cy lead us
 tend and, a - mid the cares that claim us,



with re - newed in - teg - ri - ty.
 clos - er in com - mun - i - ty.
 share your chil - dren's lib - er - ty.
 to a just so - ci - e - ty.
 hold in mind e - ter - ni - ty. } With the Spir - it's



gifts em - power us for the work of min - is - try.

Words: Jeffery Rowthorn (b. 1934). Music: *Abbot's Leigh*, Cyril Vincent Taylor (1907-1991).

♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow*
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia.

Holy Eucharist

EOW Prayer 3

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give our thanks and praise.*

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

♪ Sanctus

WLP 785

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

The Celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

“Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All: *Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!*

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Benedict, and all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

All: *Blessed are you now and for ever. AMEN.*

The Lord’s Prayer

And now, as our Savior Christ has taught us, we are bold to sing,

Voice

Our Fa-----ther in

Heaven Holy be-³ your name Your kingdom come; Your will be

done on earth as in heav'n. Give us this day our dai-----ly

bread. Forgive us our sins as we for- give those who sin a - gainst us.

Save us from the time of tri-al and de - li-ver-us from e-vil For the

king - dom the po-wer and the glo-ry are yours now & for-e-ver

A -men A -men A -men

A -men A -men. Jack Noble White Tune: © 1993 Triune Music,

The Breaking of the Bread

The celebrant breaks the Bread

Fraction

Celebrant Alleluia. Christ our Passover is sacrificed for us.

People *Therefore let us keep the feast. Alleluia.*

Holy Communion

Celebrant: The Gifts of God for the People of God.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

Original Improvisation

Paul Burkle

♫ Hymn #505

“O Spirit of Life” v. 1, 3, 4

Blue Hymnal

1 O Spi - rit of Life, O Spi - rit of God, in
 2 O Spi - rit of Life, O Spi - rit of God, in -
 3 O Spi - rit of Life, O Spi - rit of God, make
 4 O Spi - rit of Life, O Spi - rit of God, en -

ev - ery need thou bring - est aid; thou com - est
 crease our faith in our dear Lord; un - less thy
 us to love thy sa - cred word; the ho - ly
 light - en us by that same word; teach us to

forth from God's great throne, from God, the Fa - ther and the
 grace the power should give, none can be - lieve in Christ and
 flame of love im - part, that char - i - ty may warm each
 know the Fa - ther's love, and his dear Son, who reigns a -

Son; O Spi - rit of Life, O Spi - rit of God.
 live; O Spi - rit of Life, O Spi - rit of God.
 heart; O Spi - rit of Life, O Spi - rit of God.
 bove; O Spi - rit of Life, O Spi - rit of God.

Silence

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____.

Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

Prayer

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

♪ Hymn #506

"Praise the Spirit"

Blue Hymnal



1 Praise the Spi - rit in cre - a - tion, breath of God, life's
2 Praise the Spi - rit, close com - pan - ion of our in - most
3 Praise the Spi - rit, who en - light - ened priests and pro - phets
4 Tell of how the a - scend - ed Je - sus armed a peo - ple
5 Pray we then, O Lord the Spi - rit, on our lives de -
6 Praise, O praise the Ho - ly Spi - rit, praise the Fa - ther,



1 or - i - gin: Spi - rit, mov - ing on the wa - ters,
2 thoughts and ways; who, in show - ing us God's won - ders,
3 with the word; his the truth be - hind the wis - doms
4 for his own; how a hun - dred men and wo - men
5 scend in might; let your flame break out with - in us,
6 praise the Word, Source, and Truth, and In - spi - ra - tion,



1 quick - ening worlds to life with - in, source of breath to
2 is him - self the power to gaze; and God's will, to
3 which as yet know not our Lord; by whose love and
4 turned the known world up - side down, to its dark and
5 fire our hearts and clear our sight, till, white - hot in
6 Trin - i - ty in deep ac - cord: through your voice which



1 all things breath - ing, life in whom all lives be - gin.
2 those who lis - ten by a still small voice con - veys.
3 power, in Je - sus God him - self was seen and heard.
4 fur - thest cor - ners by the wind of hea - ven blown.
5 your pos - ses - sion, we, too, set the world a - light.
6 speaks with - in us we, your crea - tures, call you Lord.

Words: Michael Hewlett (b. 1916), alt. By permission of Oxford University Press. Music: *Finnian*, Christopher Dearnley (b. 1930). By permission of Oxford University Press.

Dismissal

Celebrant: Let go in peace to love and serve our God.

All: *Thanks be to God. Alleluia! Alleluia!*

♪ Postlude
Original Improvisation
Paul Burkle

Eucharist Liturgy Adapted from Enriching Our Worship
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Ministers of the Service

Celebrant:	Rev. Karen Siegfried
Preacher:	Rev. Karen Siegfried
Eucharistic Minister:	Sandy Fisher
Eucharistic Minister:	Alan Kiste
Lector:	Bob Pelfrey
Music:	Paul Burkle
Flowers:	Sarah Chesebro
Ushers:	Brian Spolarich & Connie Weldon
Intercessor:	Lisa Gonzalez
Altar Guild:	Sarah Chesebro
Online Host:	Jane Wu
Tellers:	Bryson McKelvey & Steve Cake
Technical:	Hannah Matthews
Coffee Hour Host:	Esta Kandarian

This Week at St Ben's

Sunday

- 10:30am Holy Eucharist in-person and live-streamed on Facebook
- 12:00pm Coffee Hour

Tuesday

- 9:45am Prayers for the Morning, via zoom
- 10:30am Spiritual Conversation, via zoom

Thursday

- 6:00-7:00pm NO CHOIR PRACTICE

Sunday

- 10:30am Holy Eucharist in-person and live-streamed on Facebook

Announcements

Newcomers' Gathering All are welcome to be part of this afternoon gathering on **Sunday, June 22 (3-5 pm)**, it'll be a wonderful time to get to know each other a little bit better, with good food and great company! If, like me, you're new to St. Ben's in the last year or so, please do think about coming along, this event is especially for newcomers like us! **Everyone at St. Ben's is invited**, so an RSVP to Rev. Linzi would be wonderful so we can plan food and drinks ... we'll be gathering at Brian Spolarich and Alan Kiste's house in Los Osos, it's going to be a good time!

The Bishop is coming to St. Benedict's on Sunday, August 3. Now is a great time to consider being Received, Confirmed, or Reaffirmed into the Episcopal Church, these are deeply meaningful sacramental rites and, in The Episcopal Church, can only be administered by a Bishop. If you'd like to know more about these rites contact Rev. Linzi.

The Abundance Shop is looking for volunteers to work on the cash register during Tuesday-Saturday afternoons. Super easy - if you can use a smart phone you can use the cash register! Come join a great team, socialize and have fun! If you're interested in signing up, or would like to know more, please contact Laura Gaither, the Abundance Shop manager.

Tuesday Morning Prayers & Spiritual Conversation: The Spiritual Conversation group will be discussing ideas from the book [My Life with the Saints](#) by James Martin. Martin's inspiring, witty, and always fascinating memoir encompasses saints from the whole of Christian history. This rich, vibrant, stirring narrative shows how the saints can help all of us find our way in the world. You do not have to read the book to participate. 10:30 on [Zoom](#).

Hospitality is ministry! We are in need of folks to support Coffee Hour on the occasional Sunday. Each week the coffee hour hosts bring in some snacks and nibbles - such as a veggie tray, a fruit tray, cookies etc. for 40. Maybe partner-up? Or sign up with a couple of buddies? and grab an upcoming Sunday. Barbara Hirahara would love to hear from you.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, economic condition, gender, sexual orientation, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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