

# St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

# The Third Sunday after Pentecost

June 29, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

#### **About Our Service**

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

#### ~ Prelude ~

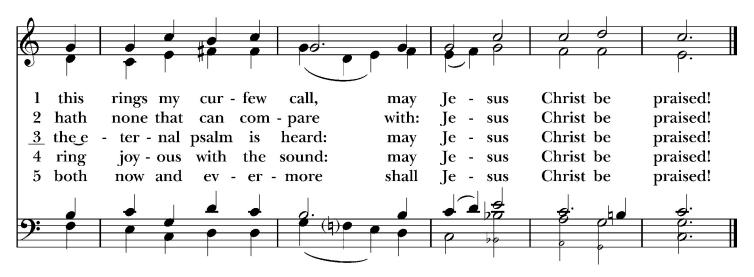
Original Improvisation
Paul Burkle

#### Welcome

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.





Words: German, ca. 1800; tr. Robert Seymour Bridges (1844-1930), alt. Music: Laudes Domini, Joseph Barnby (1838-1896).

# Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus

Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our

Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People: Amen

# 2 Kings 2:1-2, 6-14

Reader: A Reading from the book of Second Kings

When the LORD was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; for the LORD has sent me as far as Bethel." But Elisha said, "As the LORD lives, and as you yourself live, I will not leave you." So they went down to Bethel.

Then Elijah said to him, "Stay here; for the LORD has sent me to the Jordan." But he said, "As the LORD lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground.

When they had crossed, Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

He picked up the mantle of Elijah that had fallen from him, and went back and stood on the bank of the Jordan. He took the mantle of Elijah that had fallen from him, and struck the water, saying, "Where is the LORD, the God of Elijah?" When he had struck the water, the water was parted to the one side and to the other, and Elisha went over.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

# Psalm 77:1-2, 11-20

Voce mea ad Dominum

I will cry aloud to God; \*
I will cry aloud, and he will hear me.

In the day of my trouble I sought the Lord; \*
my hands were stretched out by night and did not tire;
I refused to be comforted.

I will remember the works of the LORD, \* and call to mind your wonders of old time.

I will meditate on all your acts \* and ponder your mighty deeds.

Your way, O God, is holy; \* who is so great a god as our God?

You are the God who works wonders \* and have declared your power among the peoples.

By your strength you have redeemed your people, \* the children of Jacob and Joseph.

The waters saw you, O God; the waters saw you and trembled; \* the very depths were shaken.

The clouds poured out water; the skies thundered; \* your arrows flashed to and fro;

The sound of your thunder was in the whirlwind; your lightnings lit up the world; \* the earth trembled and shook.

Your way was in the sea, and your paths in the great waters, \* yet your footsteps were not seen.

You led your people like a flock \* by the hand of Moses and Aaron.



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#### **Galatians 5:1,13-25**

Reader: A Reading from Paul's letter to the Galatians

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another.

Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God



#### Luke 9:51-62

Celebrant: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

The Gospel of Christ Celebrant:

Praise to You, Lord Christ. People:

Sermon The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

# The Nicene Creed

Celebrant: Let us affirm our faith. We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

# **Prayers of the People**

Adapted from Glimpses of Glory by David Adams

Mighty God, we pray that all people may have freedom to fulfil their vocations.

Within your church may each find their ministry and calling.

We pray for the newly baptized, those being confirmed, and for new converts,

that your church may grow in holiness, in outreach and in number.

We ask you to guide and direct all who go out in mission,

all who preach the word and all who administer the sacraments.

Living God, show us the path of life.

Holy One, graciously guide us.

We ask that you will guide all who are called to govern,

all who are in positions of authority or influence.

We pray for the work of the United Nations and its peace-keeping forces.

We remember all who work in conservation and deal gently with the earth.

Living God, show us the path of life.

Holy One, graciously guide us.

We give thanks for all who have enriched our lives by their talents and their gifts.

Bless, Holy God, our homes and communities;

make them places of gentleness and generosity,

places of grace and goodness,

places of holiness and hospitality,

and begin now with us here gathered.

Living God, show us the path of life.

Holy One, graciously guide us.

We remember before you all whose lives are impacted and limited by poverty or oppression,

all whose lives are impacted by illness, or circumstance.

We pray for members of our parish community, the wider community, our friends, and loved ones who are ill.

We pray for all those in our Bidding Book...

Living God, show us the path of life.

Holy One, graciously guide us.

We rejoice with all your faithful people, and pray you will make us to be numbered with your saints in everlasting glory.

We pray for friends and loved ones departed.

Living God, show us the path of life.

Holy One, graciously guide us.

Silence

Celebrant: Spirit of the Living God, fill us with your joy and peace,

that our lives may show forth the gifts or patience, kindness, and generosity;

that we may live in faithfulness and gentleness through your power working within us.

We ask this in the name of Jesus Christ, who lives and reigns with you and the blessed Spirit, one God for ever and ever.

All: Amen.

#### **Confession of Sin**

Celebrant Let us confess our sins to God.

Silence may be kept.

All: God of all mercy,

we confess that we have sinned against you, opposing your will in our lives.

We have denied your goodness in each other, in ourselves, and in the world you have created.

We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

#### **Absolution**

Celebrant: Almighty God have mercy on you, forgive you all your sins

through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

# Healing Prayers, with laying on of hands and anointing with oil

Those who wish to receive a prayer for healing, along with the laying on of hands and anointing are invited to join the priest at the altar.

All are invited to enter into a time of silent prayer during the anointing.

# The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat.

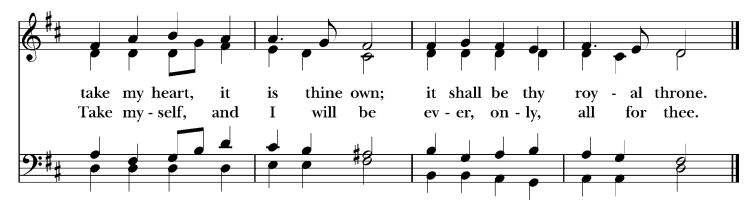
#### Announcements

# The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website at anytime <a href="https://www.stbenslososos.org">www.stbenslososos.org</a>







Words: Frances Ridley Havergal (1836-1879), alt. Music: Hollingside, John Bacchus Dykes (1823-1876).

∫ Doxology: [Hymn tune #400]

[sung] Praise God from Whom all blessings flow

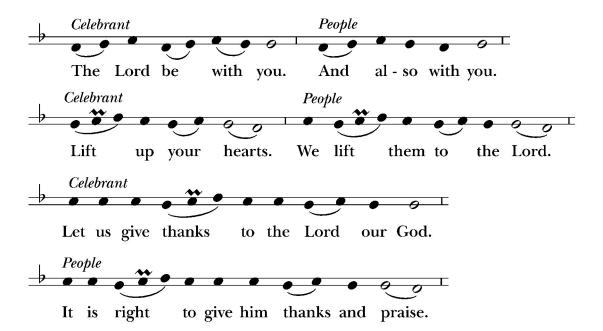
Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist EOW Prayer 3



Setting: Copyright © Church Publishing Inc.

Celebrant: All thanks and praise

are yours at all times and in all places,

our true and loving God;

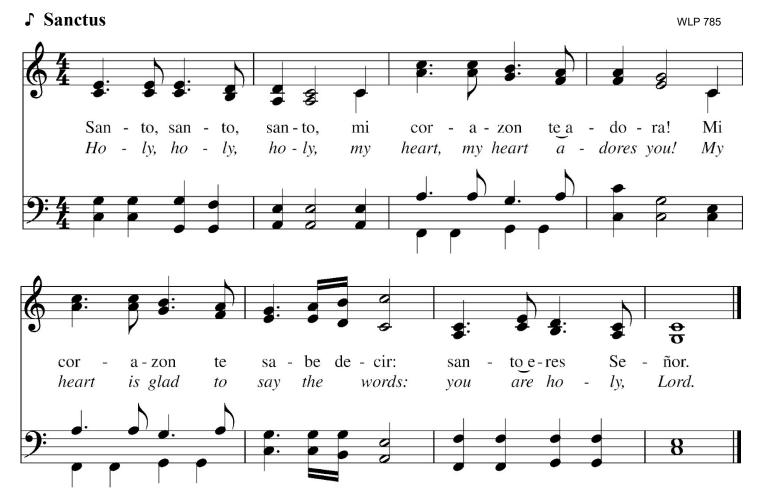
through Jesus Christ, your eternal Word,

the Wisdom from on high by whom you created all things.

You laid the foundations of the world;

and enclosed the sea when it burst out from the womb; you brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:



Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

#### The Celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ, our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

"Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

"Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with blessed Benedict, the patron of this house, and all your people into the joy of our true eternal home.

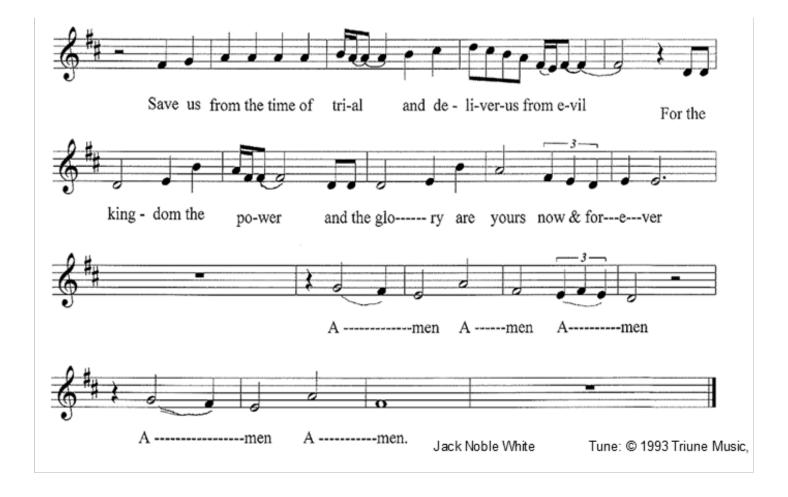
Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

All: Blessed are you now and for ever. AMEN.

# The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to sing,





# The Breaking of the Bread

The celebrant breaks the Bread

#### Fraction

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

All: Therefore let us keep the feast. Alleluia.

Celebrant: The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith,

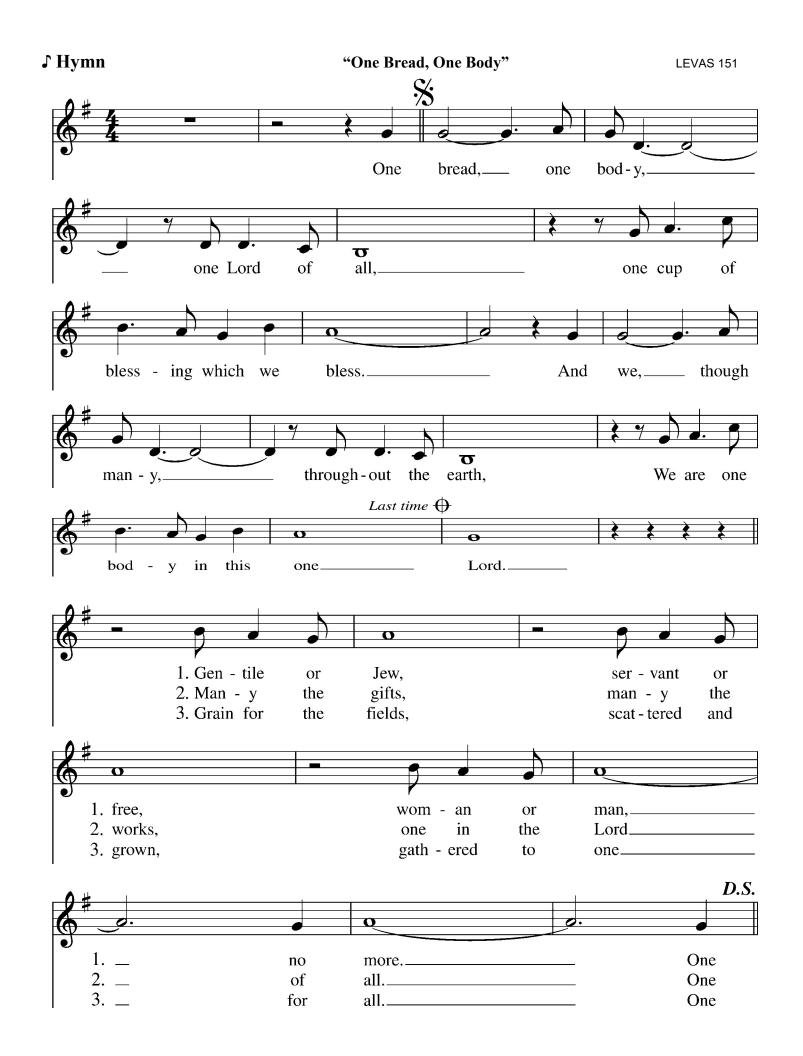
with thanksgiving.

# **Holy Communion**

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

#### **♪** Communion Music

Original Improvisation
Paul Burkle





Words: 1 Corinthians 10:16, 17; 12:4; Galatians 3:28; The Didache 9. Music: John B. Foley, SJ. Copyright © 1978 John B. Foley, SJ and New Dawn Music, P.O. Box 13248, Portland, OR 97213. All Rights Reserved. Used by permission.

Silence

# Sending of the Eucharistic Visitor If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

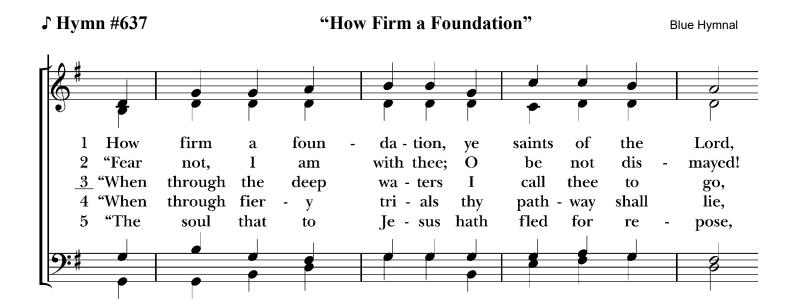
All: We who are many are one Body, because we share one Bread and one Cup.

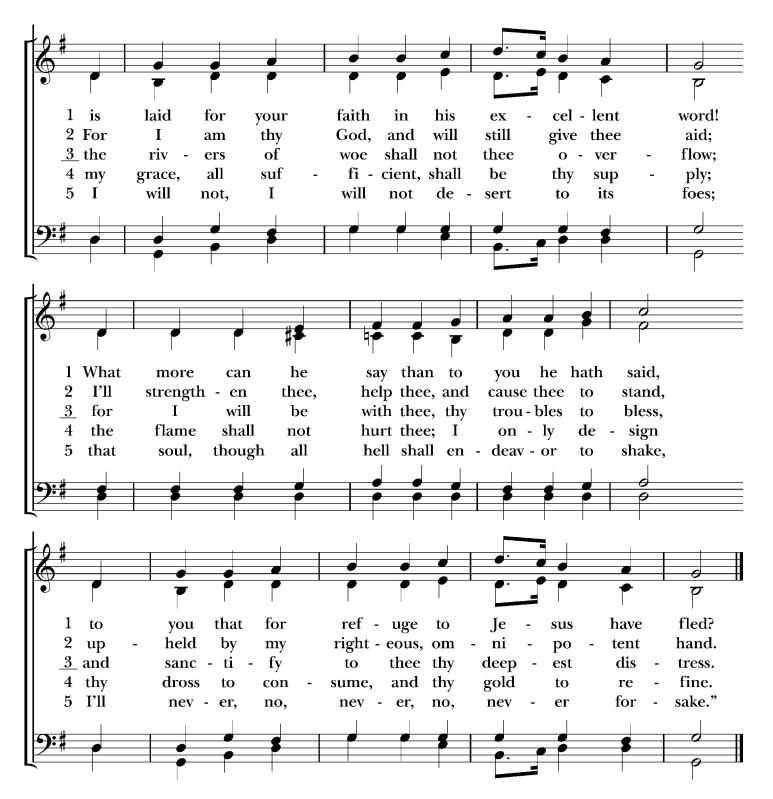
Amen

# Prayer

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

# Blessing





Words: K. in John Rippon's *Selection*, 1787, alt. Music: *Lyons*, att. Johann Michael Haydn (1737-1806); desc. Lois Fyfe (b. 1927). Descant Copyright © 1974, The Cumberland Press. Used by permission.

# **Dismissal**

Celebrant: Go in peace to love and serve our God.

All: Thanks be to God. Alleluia, alleluia!

#### **♪** Postlude

# Original Improvisation Paul Burkle

Eucharist Liturgy Adapted from Enriching Our Worship
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# **Ministers of the Service**

Celebrant: The Rev. Linzi Stahlecker Preacher: The Rev. Linzi Stahlecker

Eucharistic Minister: Diana Hammerlund

Lector: John Horsley
Flowers: Elaine Beckham
Usher: Maureen Titus
Usher: Connie Weldon
Music: Paul Burkle
Altar Guild: Pat Stoneman
Teller: Alice Welchert
Teller: Diana Hammerlu

Teller: Diana Hammerlund
Technical: Hannah Matthews
Coffee Hour Host: Diana Hammerlund

# This Week at St Ben's

Wednesday July 25

11:00a Laundry Love 4:00p Laundry Love

Sunday July 6

10:30a Eucharist Service

#### **Announcements**

**St. Benedict's is serving Community Dinner, on Wednesday, July 2nd.** On the menu is Hot Dogs, Potato Salad and Watermelon. We need donations of Potato Salad and Watermelon - let us know what you will bring! All food needs to be dropped off at South Bay Community Center, in Los Osos, by 4PM on July 2. Ready to sign up? or have guestions? ... please contact Maureen.

**Morning Prayer continues!** All are welcome, 8:30am each weekday morning (Monday-Friday), on zoom. The liturgy is approximately 30 minutes. No prior experience with Morning Prayer is needed or expected! Bring your Book of Common Prayer and Bible or follow along with "Venite" either via their website or their downloadable app. Join Morning Prayer by clicking through here: zoom link. The link is also below in "The Week Ahead" and on the website under "Worship.

**Tuesday Morning Prayers & Spiritual Conversation:** Both the Tuesday Morning Prayer and the Spiritual Conversation groups will take a break in July. We will resume on August 5th. The Spiritual Conversation will take a look at Pema Chödrön's book When Things Fall Apart: Heart Advice for Difficult Times. The book is a treasury of wisdom for going on living when we are overcome by pain and difficulties."

**The Bishop is coming to St. Benedict's!** If you're in town, I hope you'll plan on being in church on Sunday, August 3 for Bishop Lucinda's visitation. Now is a great time to consider being Received, Confirmed, or Reaffirmed into the Episcopal Church, these are deeply meaningful sacramental rites and, in The Episcopal Church, can only be administered by a Bishop. If you'd like to know more about these rites, if you're curious, or are ready to sign up, please email Rev. Linzi.

# **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

#### **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

# **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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