



St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

The Seventh Sunday of Easter

June 1, 2025 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—
your presence here today is a blessing!

About Our Service

Wherever you are on your faith journey, you are warmly welcome at St. Benedict's! If you are unfamiliar with the ritual customs of the Episcopal Church, simply rest into the liturgy and let the rest of the congregation carry you in worship.

~ Prelude ~

Original Improvisation

Paul Burkle

♪ Hymn #214

“Hail the day that sees him rise”

Blue Hymnal

1 Hail the day that sees him rise, Al - le - lu - ia!
2 There the glo - rious tri - umph waits; Al - le - lu - ia!
*3 See! he lifts his hands a - bove; Al - le - lu - ia!
4 Lord be - yond our mor - tal sight, Al - le - lu - ia!

glo - rious to his na - tive skies; Al - le - lu - ia!
lift your heads, e - ter - nal gates! Al - le - lu - ia!
See! he shows the prints of love: Al - le - lu - ia!
raise our hearts to reach thy height, Al - le - lu - ia!

Christ, a - while to mor - tals given, Al - le - lu - ia!
 Wide un - fold the ra - diant scene; Al - le - lu - ia!
 Hark! his gra - cious lips be - stow, Al - le - lu - ia!
 there thy face un - cloud - ed see, Al - le - lu - ia!

en - ters now the high - est heaven! Al - le - lu - ia!
 take the King of glo - ry in! Al - le - lu - ia!
 bless-ings on his Church be - low. Al - le - lu - ia!
 find our heaven of heavens in thee. Al - le - lu - ia!

Words: Charles Wesley (1707-1788), alt. Music: *Llanfair*, Robert Williams (1781-1821).

Welcome

S-78

Celebrant

Al - le - lu - ia. Christ is ris - en.

People

The Lord is risen indeed. Al - le - lu - ia.

Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

♩ Gloria

S-278



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we



praise you for your glo - ry. 3. Lord Je - sus Christ,



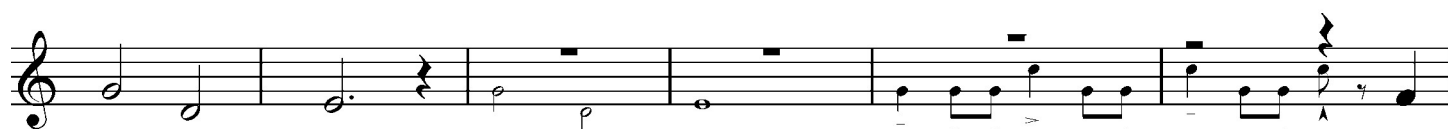
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer.

6. For

you a-lone are the Ho-ly One, you a-lone are the Lord,

7. you a-lone are the Most High, Je-sus Christ, with the

Ho-ly Spi-rit, in the glo-ry of

God the Fa-ther. A-men.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Collect of the Day

Officiant: Christ be with you.

People: ***And also with you.***

Celebrant: O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting.

People: ***Amen***

Acts 16:16-34

Reader: *A Reading from the book of Acts*

With Paul and Silas, we came to Philippi in Macedonia, a Roman colony, and, as we were going to the place of prayer, we met a slave girl who had a spirit of divination and brought her owners a great deal of money by fortune-telling. While she followed Paul and us, she would cry out, "These men are slaves of the Most High God, who proclaim to you a way of salvation." She kept doing this for many days. But Paul, very much annoyed, turned and said to the spirit, "I order you in the name of Jesus Christ to come out of her." And it came out that very hour.

But when her owners saw that their hope of making money was gone, they seized Paul and Silas and dragged them into the marketplace before the authorities. When they had brought them before the magistrates, they said, "These men are disturbing our city; they are Jews and are advocating customs that are not lawful for us as

Romans to adopt or observe." The crowd joined in attacking them, and the magistrates had them stripped of their clothing and ordered them to be beaten with rods. After they had given them a severe flogging, they threw them into prison and ordered the jailer to keep them securely. Following these instructions, he put them in the innermost cell and fastened their feet in the stocks.

About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was an earthquake, so violent that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were unfastened. When the jailer woke up and saw the prison doors wide open, he drew his sword and was about to kill himself, since he supposed that the prisoners had escaped. But Paul shouted in a loud voice, "Do not harm yourself, for we are all here." The jailer called for lights, and rushing in, he fell down trembling before Paul and Silas. Then he brought them outside and said, "Sirs, what must I do to be saved?" They answered, "Believe on the Lord Jesus, and you will be saved, you and your household." They spoke the word of the Lord to him and to all who were in his house. At the same hour of the night he took them and washed their wounds; then he and his entire family were baptized without delay. He brought them up into the house and set food before them; and he and his entire household rejoiced that he had become a believer in God.

Reader: Hear what the Spirit is saying to God's people.

People: ***Thanks be to God***

Psalm 97

S-415

Dominus regnavit

The LORD is King;
let the earth re-**joice**; *
let the multitude of the isles be **glad**.

Clouds and darkness are round a-**bout him**, *
righteousness and justice are the
foundations of his **throne**.

A fire goes be-**fore him** *
and burns up his enemies on every **side**.

His lightnings light up the **world**; *
the earth sees it and is a-**fraid**.

The mountains melt like wax at the presence of the **LORD**, *
at the presence of the Lord of the whole **earth**.

The heavens declare his **righteousness**, *
and all the peoples see his **glory**.

Confounded be all who worship carved images
and delight in false **gods**! *
Bow down before him, all you **gods**.



© 1956, Jerome Webster Meachen.

Zion hears and is glad, and the cities of
Judah re-**joice**, *
because of your judgments, O **LORD**.

For you are the LORD,
most high over all the **earth**; *
you are exalted far above all **gods**.



© 1956, Jerome Webster Meachen.

The LORD loves those who hate **evil**; *
he preserves the lives of his saints
and delivers them from the hand of the **wicked**.

Light has sprung up for the **righteous**, *
and joyful gladness for those who are true-**hearted**.

Rejoice in the LORD, you **righteous**, *
and give thanks to his holy **Name**.

Revelation 22:12-14, 16-17, 20-21

Reader: *A Reading from the revelation of John*

At the end of the visions I, John, heard these words:

"See, I am coming soon; my reward is with me, to repay according to everyone's work. I am the Alpha and the Omega, the first and the last, the beginning and the end."

Blessed are those who wash their robes, so that they will have the right to the tree of life and may enter the city by the gates.

"It is I, Jesus, who sent my angel to you with this testimony for the churches. I am the root and the descendant of David, the bright morning star."

The Spirit and the bride say, "Come."

And let everyone who hears say, "Come."

And let everyone who is thirsty come.

Let anyone who wishes take the water of life as a gift.

The one who testifies to these things says, "Surely I am coming soon."

Amen. Come, Lord Jesus!

The grace of the Lord Jesus be with all the saints. Amen.

Reader: Hear what the Spirit is saying to God's people.

People: ***Thanks be to God***

♪ Hymn

"Alleluia"



Music: Alleluia 7; Jacques Berthier, © 1984, Les Presses de Taizé, GIA Publications, Inc., agent

John 17:20-26

Celebrant: The Holy Gospel of Our Savior Jesus Christ According to John

People: ***Glory to You, Lord Christ.***

Jesus prayed for his disciples, and then he said. "I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world.

"Righteous Father, the world does not know you, but I know you; and these know that you have sent me. I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them."

Celebrant: The Gospel of Christ

People: ***Praise to You, Lord Christ.***

Sermon

The Rev. Linzi Stahlecker

[We pause for a few moments' reflection.]

Affirmation of Faith

Celebrant: Let us affirm our faith in Jesus Christ the Son of God.

All: ***We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.***

***We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,***

*God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and became truly human.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We trust in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 Who with the Father and the Son is worshiped and glorified,
 who has spoken through the Prophets.
 We trust in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come.
 Amen.*

Prayers of the People

Adapted from Glimpses of Glory by David Adams

Mighty God, as we come before your glory,
 fill us with your Spirit,
 renew our vision,
 restore our faith,
 refresh your church.

Holy One, we pray that the whole church may be attentive to you
 and show you the gifts of the Spirit.

We pray especially for ministers and peoples who are losing vision,
 for all who have lost faith and are without hope.

Christ, in your glory, change us
and we shall be changed.

We pray for the leaders of the nations,
 that they may serve with integrity and justice,
 that they may be aware that their gifts and their power come from you.
 We pray for world unity and peace, and for the time when the nations of the world come to know true justice.

Christ, in your glory, change us
and we shall be changed.

Loving God, grant that in our homes and community spaces we may be attentive to you,
make us sensitive to each other and to our needs;
as you give us gifts, may we freely share them with others.

Source of All That Is, teach us to be gracious and generous.

Christ, in your glory, change us
and we shall be changed.

Holy One, may the glory of your presence transform our lives,
awaken us to your presence in and through all things.

We pray that we may discover your Spirit at work in our own lives,
and in the lives of others.

We bring before you all who are down and distressed,
all who are feeling weak and discouraged, for your uplifting, O God.

We pray for friends and loved ones who are struggling at this time, and for all
who are ill, or weary.

Christ, in your glory, change us
and we shall be changed.

We pray especially for..

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

Christ, in your glory, change us
and we shall be changed.

We give you thanks that when we face death we have hope;
renew us by your Spirit, and restore us, we pray, in your love.

We pray for all who have passed through death and rejoice
in life eternal.

Christ, in your glory, change us
and we shall be changed.

Silence

Celebrant: Almighty God, who through your great love raised your Son into glory,
receive our prayers offered before you; help us to know and trust that
we are not alone; to know and trust we dwell in you and you in us,
to know and trust that the ascended Christ is with us always,
and that your Spirit indeed comes to guide and strengthen us.
Loving God, as we come before you, grant us a glimpse of your glory;
we ask all this in the name of our Savior Jesus Christ, who with you and
the Holy Spirit are one God, now and for ever. Amen.

Confession and Absolution

Celebrant: Let us confess our sins against God and our neighbor.

All: *God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

Celebrant: May the All-Compassionate God have mercy on you, forgive you all our sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet each other in the name of Christ.

Announcements

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.



♪ Hymn

“Gracious Spirit, give your servants”

WLP 782

1. Gra - cious Spir - it, give your ser - vants joy to set sin's
2. Word made flesh, who gave up glo - ry to be - come our
3. Lov - ing God, who birthed cre - a - tion from the noth - ing -
4. Tri - une God, e - ter - nal Be - ing, nev - er end - ing,

cap - tives free, hope to heal the bro - ken - heart - ed,
great high priest, tak - ing on our hu - man na - ture
ness of space, kin - dling life where all was emp - ty,
un - be - gun, bound - less grace and per - fect jus - tice,

peace to share love's li - ber - ty. Through us bring your balm of
to re - deem the last and least: let your cour - age and com -
turn - ing cha - os in - to grace: when we feel con - fused and
right - eous and for - giv - ing One: so en - fold us in you

glad - ness to the wound - ed and op - pressed; help us claim and
 pas - sion shape and guide our min - is - tries; as our Sav - ior
 fruit - less, dawn up - on our rest - less night; give us faith's im -
 mer - cy that our wills and yours u - nite; through us may the

show God's fa - vor as a peo - ple called and blessed.
 and our Shep - herd, lead us to the truth that frees.
 ag - i - na - tion, hope's re - new - ing, love's de - light.
 world be - hold you, find your love, your truth, your light.

Words: Carl P. Daw, Jr. (B. 1944). Music: Abbot's Leigh, Cyril Vincent Taylor (1907-1991).

♪ Doxology

[Hymn tune #400]

[sung]

Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

BCP Prayer B

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.

Through your dearly beloved Son Jesus Christ our Lord. After his glorious resurrection he openly appeared to his disciples, and in their sight ascended into heaven, to prepare a place for us; that where he is, there we might also be, and reign with him in glory.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

♪ Sanctus

S-125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,

heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blessed is he who comes in the name of the Lord. Ho -

san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: *We remember his death,
We proclaim his resurrection,
We await his coming in glory;*

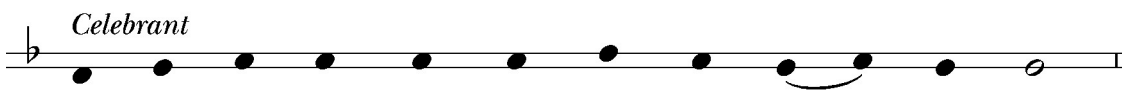
And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where, with blessed Benedict, the patron of the House, and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

All: *By him, and with him, and in him,
in the unity of the Holy Spirit
all honor and glory is yours,
Almighty God, now and for ever. AMEN.*

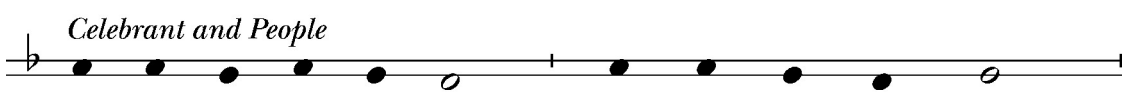
The Lord's Prayer

Celebrant

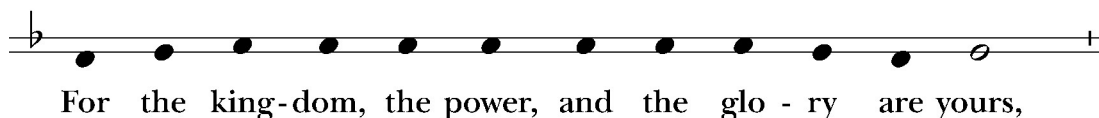
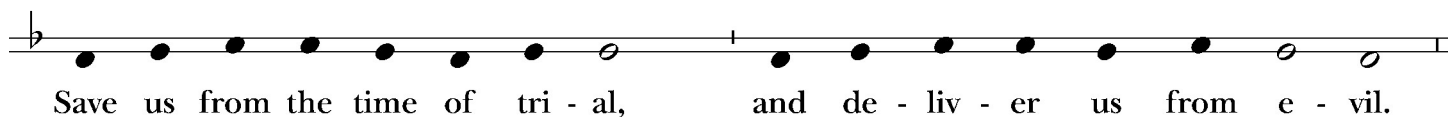
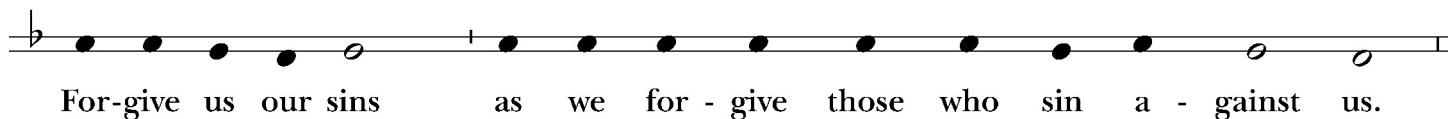
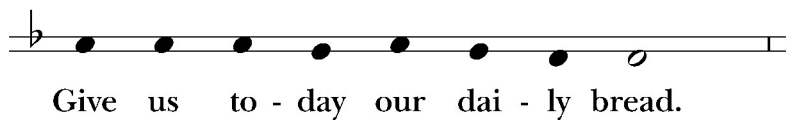
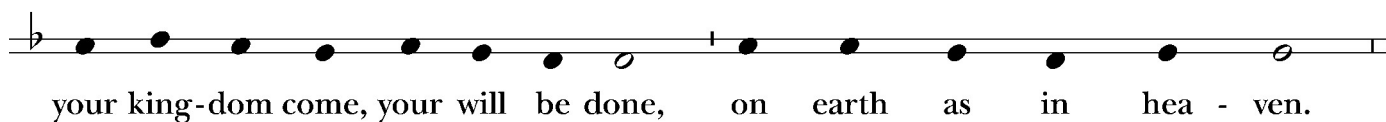


As our Sa - vior Christ has taught us, we now pray,

Celebrant and People



Our Fa - ther in hea - ven, hal - lowed be your Name,



Music: Ambrosian chant; adapt. Mason Martens (1933-1991). Copyright © 1971 Mason Martens.

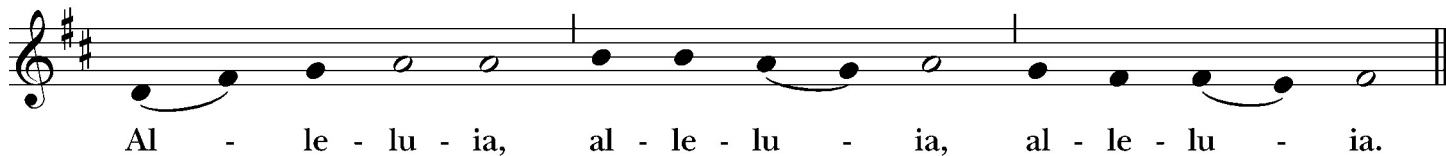
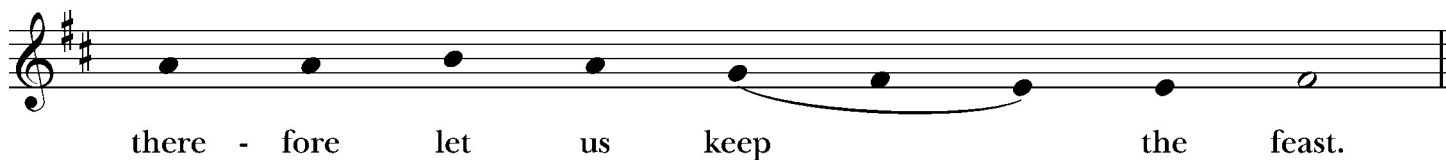
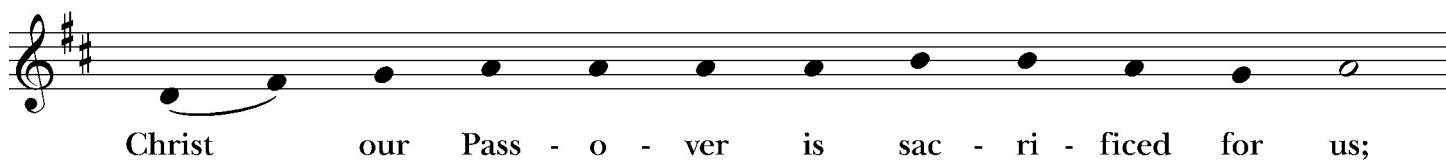
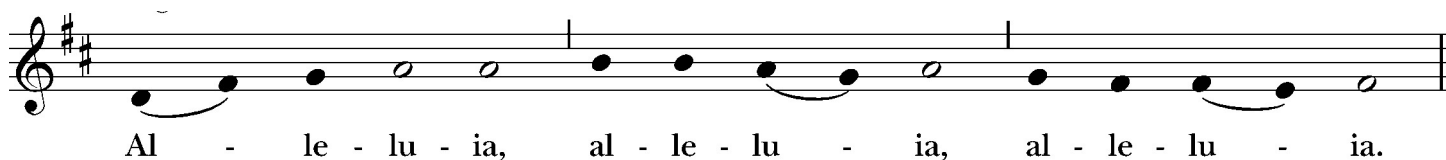
The Breaking of the Bread

The celebrant breaks the Bread.

♪ Fraction Anthem

S-154

The cantor will sing the alleluia, which is then repeated by all. The cantor sings the verse, all join for the concluding alleluia.



Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Holy Communion

Celebrant: The Gifts of God for the People of God.

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Choir Anthem

“Let There Be Peace”

by Andy Beck

Silence

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: *We who are many are one Body, because we share one Bread and one Cup. Amen*

Prayer

Celebrant: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. *Amen*

Blessing

♪ Hymn #665

“All my hope on God is founded”

Blue Hymnal



1	All	my	hope	on	God	is	found - ed	who	will	all	my
2	Mor - tal	pride	and	earth - ly	glo - ry,	sword	and	crown	be -		
3	Great	thy	good-ness,	e'er	en - dur - ing;	deep	thy	wis - dom,			
4	Still	from	earth	to	God	e - ter - nal	sac - ri - fice	of			



trust	re - new,	who	through	change	and	chance	will	guide	me,
tray	our	trust;	what	with	care	and	toil	we	fash - ion,
pass - ing	thought;	splen - dor,	light,	and	life	at -	tend	thee,	
praise	be	done,	high	a -	bove	all	prais - es	prais - ing	



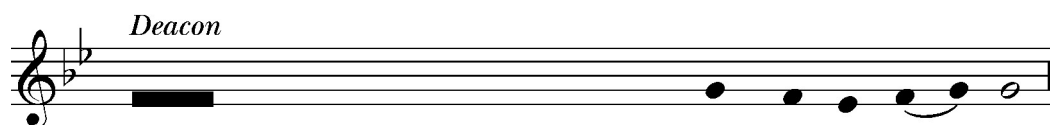
on - ly good and on - ly true. God un - known, God a -
 tow'r and tem - ple, fall to dust. But thy pow'r, hour by
 beau - ty spring - ing out of naught. Ev - er - more from thy
 for the gift of God's own Son. Christ doth call one and
 lone, call my heart to be thine own.
 hour, is my tem - ple and my tow'r.
 store new - born worlds rise and a - dore.
 all: ye who fol - low shall not fall.

Text: Joachim Neander, 1650–1680; para. Robert Bridges, 1844–1930, alt.
 Music: Herbert Howells, 1892–1983
 Music © 1968 Novello & Co, Ltd., London

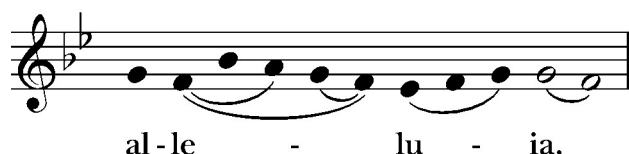
MICHAEL
 87 87 33 7

Dismissal

Deacon



Let us go forth in the name of Christ, al - le - lu - ia,



al - le - lu - ia.

People



Thanks be to God, al - le - lu - ia, al - le - lu - ia.

Postlude

Original Improvisation
 Paul Burkle

Today's Liturgy
 is from the outline in the Book of Common Prayer.
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Ministers of the Service

Celebrant:	The Rev. Linzi Stahlecker
Preacher:	The Rev. Linzi Stahlecker
Eucharistic Minister:	Brian Spolarich
Lector:	Jane Wu
Flowers:	Brian Spolarich
Ushers:	Alan Kiste & Connie Weldon
Intercessor:	Helen Schnieders
Music:	Paul Burkle
Altar Guild:	Pat Stoneman
Online Host:	Connie Weldon
Tellers:	Sandy Fisher & Alice Welchert
Technical:	Hannah Matthews

This Week at St Ben's

Tuesday	Jun 3
9:45a	Prayer of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
Thursday	Jun 5
6:00p	NO Choir Practice
Saturday	Jun 7
10:30a	People's Kitchen at Prado
Sunday	Jun 8
10:30a	Eucharist Service

Announcements

Morning Prayer continues: All are welcome, 8:30am each weekday morning (Monday-Friday), on zoom. The liturgy is approximately 30 minutes. No prior experience with Morning Prayer is needed or expected! Bring your Book of Common Prayer and Bible or follow along with "Venite" either via their website or their downloadable app. Join Morning Prayer by clicking the link on our website under "Worship".

Tuesday Morning Prayers & Spiritual Conversation: The Spiritual Conversation group will discuss ideas from the book *My Life with the Saints* by James Martin. Martin's inspiring, witty, and always fascinating memoir encompasses saints from the whole of Christian history. This rich, vibrant, stirring narrative shows how the saints can help all of us find our way in the world. You do not have to read the book to participate. 10:30 on Zoom.

People's Kitchen: St. Ben's is cooking and serving for People's Kitchen at Prado on June 7th. If you're able to support this effort, or would like to be part of the St. Ben's team, please reach out to Connie Weldon.

Episcopal Church 101: Fr. Ian is teaching Episcopal Church 101, at St. Stephen's in San Luis Obispo, on June 29 and July 27, both at 12:30pm. Anyone is welcome. It is a 90min sprint from the Acts of the Apostles to The Episcopal Church today! It's intended to be in-person with a light lunch provided - but if there is interest from the surrounding parishes, Fr. Ian can offer it hybrid. If you'd like to join these class sessions, please let Rev. Linzi know.

The Abundance Shop: The Abundance Shop is looking for volunteers to work on the cash register during Tuesday-Saturday afternoons. Super easy - if you can use a smart phone you can use the cash register! Come join a great team, socialize and have fun! If you're interested in signing up, or would like to know more, please reach out to the Abundance Shop manager Laura Gaither, thank you!

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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