

St Benedict's Episcopal Church

~ Tending Mind and Soul in Los Osos ~

The Twenty-seventh Sunday after Pentecost

November 10, 2024 10:30 am

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability—your presence here today is a blessing!

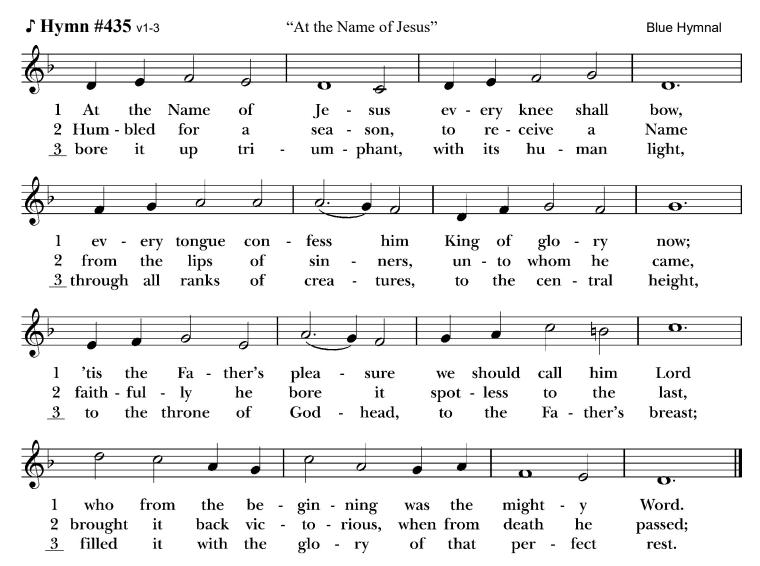
~ Prelude ~

Original Improvisation
Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

All: All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



Words: Caroline Maria Noel (1817-1877), alt. Music: *King's Weston*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: Let us pray.

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People: Amen

Song of Solomon 8:6-7

Reader: A Reading from the Song of Solomon

Set me as a seal upon your heart,
as a seal upon your arm;
for love is strong as death,
passion fierce as the grave.

Its fleshes are fleshes of fire

Its flashes are flashes of fire, a raging flame.

Many waters cannot quench love, neither can floods drown it.

If one offered for love all the wealth of one's house, it would be utterly scorned.

Reader: The word of the Lord.
People: Thanks be to God.

Psalm 34:1-8

I will bless the Lord at all times; * his praise shall continually be in my mouth.

My soul makes its boast in the Lord; * let the humble hear and be glad.

O magnify the Lord with me,* and let us exalt his name together.

I sought the Lord, and he answered me,* and delivered me from all my fears.

Look to him, and be radiant;* so your faces shall never be ashamed.

This poor soul cried, and was heard by the Lord,* and was saved from every trouble.

The angel of the Lord encamps* around those who fear him, and delivers them.

O taste and see that the Lord is good;* happy are those who take refuge in him.

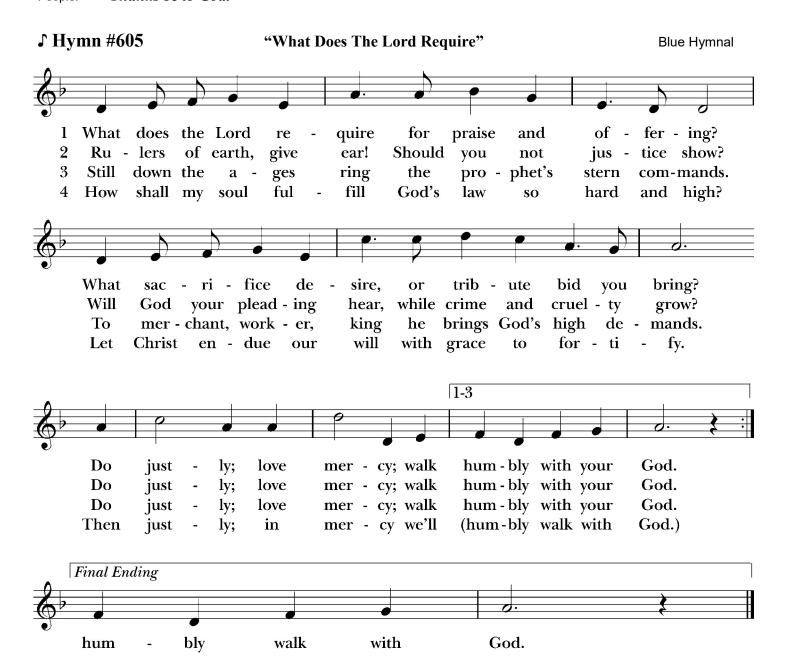
Philippians 3:7-15

Reader: A Reading from book of Philippians

Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.

Reader: The word of the Lord.

People: Thanks be to God.



Words: Albert F. Bayly (1901-1984), alt. Copyright © 1949 Albert Bayly. Used by permission of Oxford University Press. Music: *Sharpthorne*, Erik Routley (1917-1982). Copyright © 1969 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission.

Luke 9:57-62

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

As they were going along the road, someone said to him, 'I will follow you wherever you go.' And Jesus said to him, 'Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.' To another he said, 'Follow me.' But he said, 'Lord, first let me go and bury my father.' But Jesus said to him, 'Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God.' Another said, 'I will follow you, Lord; but let me first say farewell to those at my home.' Jesus said to him, 'No one who puts a hand to the plough and looks back is fit for the kingdom of God.'

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon

The Right Reverend Lucinda Ashby

[We pause for a few moments' reflection.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

All: We trust in one God,

the Father, the Almighty,

maker of heaven and earth,

of all that is, seen and unseen.

We trust in one Lord, Jesus Christ,

the only Son of God,

eternally begotten of the Father,

God from God, Light from Light,

true God from true God,

begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We trust in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

Who with the Father and the Son is worshiped and glorified,

who has spoken through the Prophets.

We trust in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come.

Amen.

Prayers of the People

Lord, let it be seen that we have been with you, let there be traces of glory in our lives.

Fill with your radiance all who lead worship, all who preach, all who reach out in mission.

We remember all who, in your Name, care for the outcasts and the needy in our world.

We ask your blessing on all relief organizations.

You are our shelter, O God.

Lord, keep us in all troubles.

We give thanks for all who serve others in their work.

We pray for workers in industry, in shops and hotels.

We remember those who clean our streets, and those concerned with the well-being of the earth.

We pray for social workers and for the Samaritans, for all who seek to be good neighbors; and for the neighborhood to which we belong.

You are our shelter, O God.

Lord, keep us in all troubles.

We give thanks for all who have been a support or a guide to us.

We pray for any in our neighborhood who are lonely, for all who feel neglected or rejected.

We give you thanks for our homes and our loved ones.

You are our shelter, O God.

Lord, keep us in all troubles.

Lord, be a strength to all who have suffered through the greed, the insensitivity, or the violence of others.

We remember areas where the land has been spoiled and people hunger.

We pray for those who have been driven out of their land and homes.

Lord, bless all who are in illness or in pain, especially

[here prayers are added from the bidding book and you are invited to add your own prayers silently or in the chat]

You are our shelter, O God.

Lord, keep us in all troubles.

Lord, you welcome into your kingdom all who have searched for you, and all who have served you:

we pray for friends and loved ones departed.

You are our shelter, O God.

Lord, keep us in all troubles.

Celebrant:

Lord, we give our lives to you, our mind and all its thinking, our heart and all its loving, our strength and all its working, our soul and all its worshipping: we give ourselves to you, and seek to serve you in our neighbor; through Jesus Christ our Lord, who lives with you and the Holy Spirit, one God for ever and ever. *Amen.*

Confession and Absolution

Let us confess our sins against God and our neighbor.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

AII.

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat in the name of Christ.

Announcements The Trailblazing Ministry

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen*.

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.





Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816).

♪ Doxology: [Hymn tune #400]

[sung] Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist BCP Prayer B

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

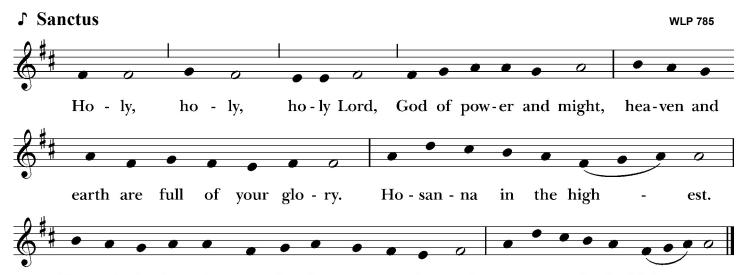
Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

All: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

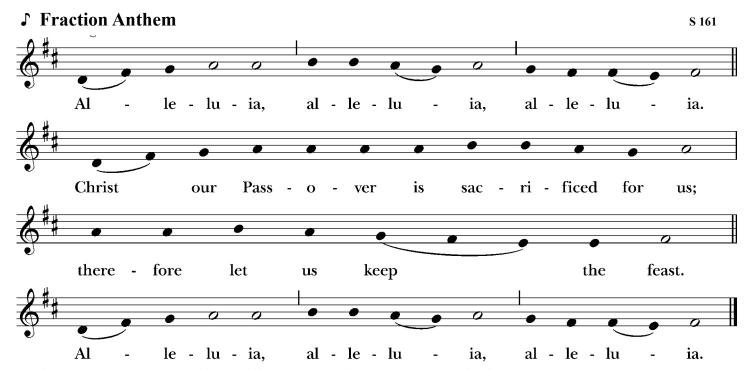
The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us to day our daily bread.
Forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

The celebrant breaks the Bread



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Holy Communion

The celebrant continues:

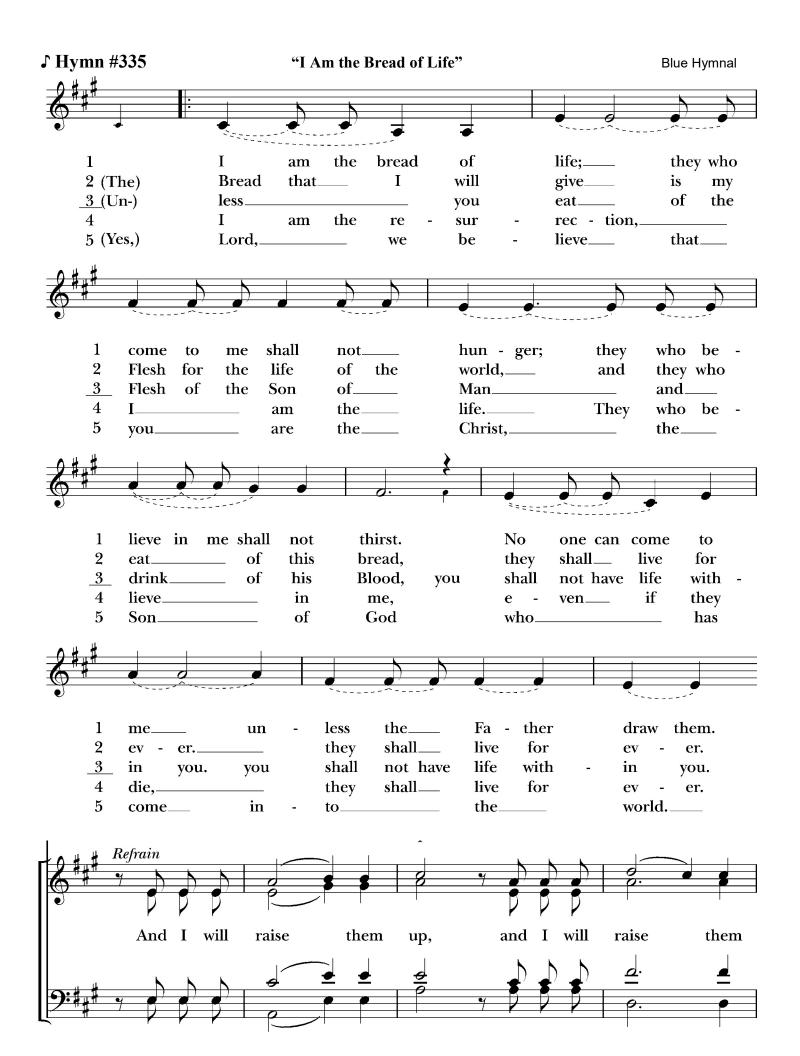
The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

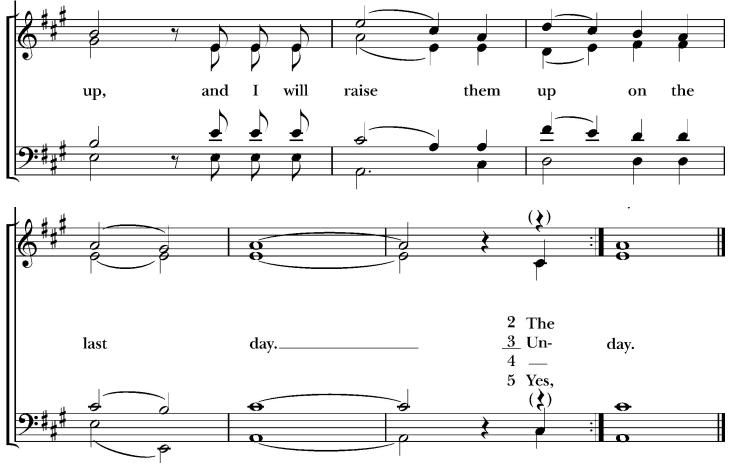
If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

♪ Communion Music

Original Improvisation
Paul Burkle

Please scroll for the Communion Hymn





The descant may be sung after stanzas 4 and 5.

Words: Suzanne Toolan (b. 1927), adapt. of John 6. Copyright © 1971, G.I.A. Publications, Inc. Music: *I Am the Bread of Life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928). Copyright © 1971, G.I.A. Publications, Inc.

Silence

Sending of the Eucharistic Visitor

If no visitation is to be made, prayer is not said.

When the Eucharist is brought to people at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry team members out with care and blessings.

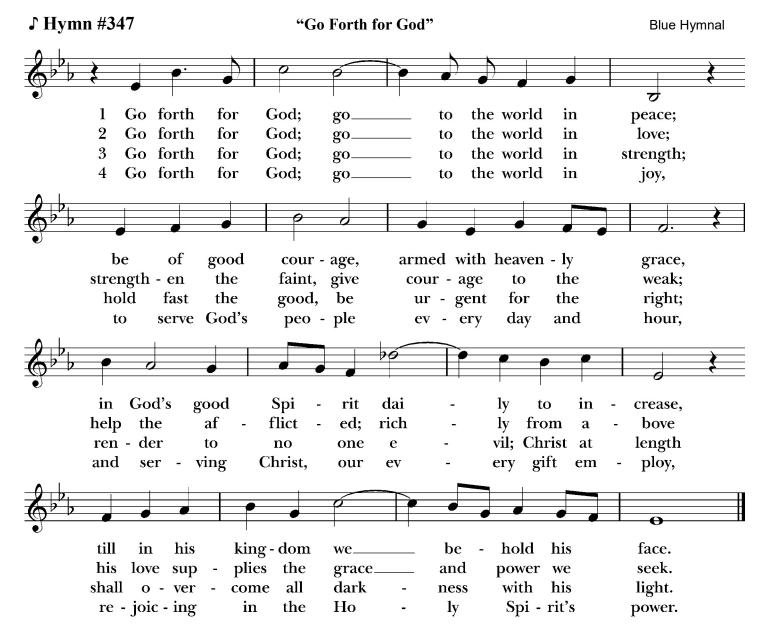
Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to _____. Together, we share in the body and blood of Christ. And we who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

Prayer

All-compassionate and ever-living God, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing



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Dismissal

Celebrant: Go in peace to love and serve the Lord.

All: Thanks be to God.

♪ Postlude

Original Improvisation
Paul Burkle

Today's Liturgy is from the outline in the Book of Common Prayer.

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Ministers of the Service

Celebrant: Rev. Jen Crompton
Preacher: Rt. Rev. Lucinda Ashby

Eucharistic Minister:

Eucharistic Assistant:

Lisa Gonzalez

Helen Schnieders

John Horsley

Music:

Paul Burkle

Flowers:

Elaine Beckham

Ushers: Maureen Titus & Connie Weldon

Intercessor: Helen Schnieders
Altar Guild: Lisa Gonzalez
Online Host: Jane Wu

Tellers: Bryson McKelvey & Steve Cake

Technical: Hannah Matthews
Coffee Hour Hosts: Diana Hammerlund
Emily Emanuel

This Week at St Ben's

Tuesday Oct 12

9:45a Prayers of the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Thursday Oct 14

6:00p Choir Practice

Saturday Oct 16

9:00a Men's Breakfast Group

(Celia's Garden Café)

Sunday Oct 17

10:30a Eucharist Service

12:30p Parish Council Meeting

Announcements

Personal Prayer: If you'd like prayer support during the week, contact Helen Schnieders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday morning Spiritual Conversation group will discussing ideas from the book <u>The Great Emergence: How Christianity Is Changing and Why</u> by Phyllis Tickle. We will include video lectures by the author as part of our exploration. You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

Cloister Groups are a great way for you to connect with other members of St. Benedict's. Cloister leaders stay in touch with the members of their Cloister, offering regular contact and encouragement. Some Cloister groups stay in touch electronically; some have in-person gatherings. No agenda-- just connection. Questions? Want to join a group? Email Pamela at pr.bleisch@gmail.com

The Altar Guild serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Diana Hammerlund.

NAME TAGS - We are asking everyone to wear a name tag. Please check the name tag board by the door for yours. If you don't have one, or if an old one has become too shabby, please ask the office to make one for you. In the meantime, you can fill out an adhesive tag for the day.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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