

# St Benedict's Episcopal Church

~ Tending Mind and Soul ~ Los Osos, California St. Benedict's Day July 14, 10:30 am

You are warmly welcome at St. Benedict's for who you are and where you are on your faith journey!

#### ~ Prelude ~

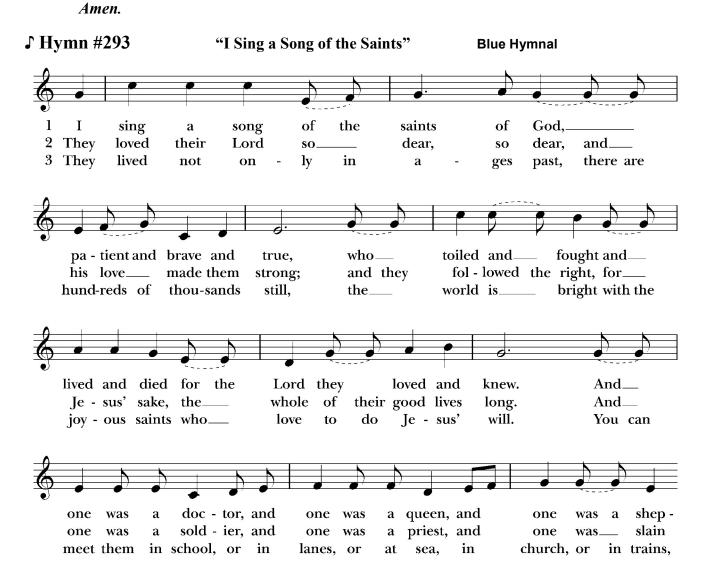
Original Improvisation

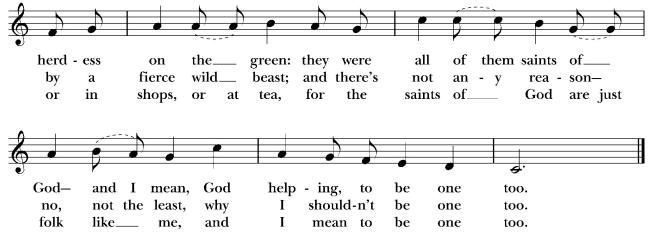
Paul Burkle

Celebrant: Blessed be the one, holy, and living God.

People: Glory to God for ever and ever.

All: All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.





Words: Lesbia Scott (1898-1986), alt. Music: Grand Isle, John Henry Hopkins (1861-1945).

## Collect of the Day

Celebrant: God be with you.

People: And also with you.

Celebrant: Let us pray together.

All: Gracious God, whose service is perfect freedom and in whose commandments there is nothing harsh nor burdensome: Grant that we, with your servant Benedict, may listen with attentive minds, pray with fervent hearts, and serve you with willing hands, so that we might live at peace with one another and in obedience to your Word, Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. Amen.

#### Proverbs 2:1-9

Reader: A Reading from the book of Proverbs

My child, if you accept my words and treasure up my commandments within you,

making your ear attentive to wisdom and inclining your heart to understanding;

if you indeed cry out for insight, and raise your voice for understanding;

if you seek it like silver,

and search for it as for hidden treasures—

then you will understand the fear of the LORD and find the knowledge of God.

For the LORD gives wisdom;

from his mouth come knowledge and understanding;

he stores up sound wisdom for the upright;

he is a shield to those who walk blamelessly,

guarding the paths of justice

and preserving the way of his faithful ones.

Then you will understand righteousness and justice

and equity, every good path.

Reader: The word of the Lord.

People: Thanks be to God.

### Psalm 1

Happy are they who have not walked in the counsel of the wicked, \* nor lingered in the way of sinners, nor sat in the seats of the scornful!

Their delight is in the law of the LORD, \* and they meditate on his law day and night.

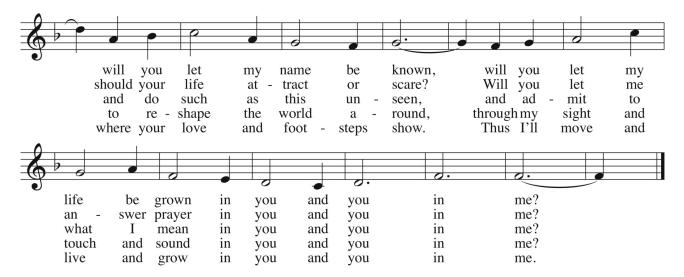
They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; \* everything they do shall prosper.

It is not so with the wicked; \* they are like chaff which the wind blows away.

Therefore the wicked shall not stand upright when judgment comes, \* nor the sinner in the council of the righteous.

For the LORD knows the way of the righteous, \* but the way of the wicked is doomed.





Text: John L. Bell, b.1949 and Graham Maule, b. 1958; © 1988, WGRG, c/o Iona Community, GIA Publications, Inc., agent Tune: KELVINGROVE; Scottish melody

## Luke 14:27–33

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: Glory to You, Lord Christ.

Jesus said to the crowd, "Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

Gospeller: The Gospel of Christ.

People: Praise to You, Lord Christ.

Sermon Sandy Fisher

[We pause for a few moments' reflection before affirming our faith.]

# St Benedict's Prayer

Gracious and Holy One, give us the wisdom to discover you, the intelligence to understand you, and the diligence to seek after you, the patience to wait for you, eyes to behold you, a heart to mediate upon you, and a life to proclaim you. Amen.

#### **Affirmation of Faith**

AII:

Let us affirm our faith in Jesus Christ the Son of God.

We trust in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We trust in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

# **Prayers of the People**

We offer ourselves with all who have lived holy and dedicated lives; Lord, make us to be numbered with your saints. We give thanks for the life and witness of Benedict. We pray for all who have been imprisoned for their faith, for all who at this time are facing persecution or danger, for all who stand firmly for freedom and justice. Show us your mercy, O Lord, and grant us your salvation.

Holy One, support all who seek to support others, all who care for the homeless and poverty-stricken, all who work with prisoners or outcasts. Give courage to all who seek to live in simplicity, to all who sacrifice themselves that others may live. We pray for monastic communities, for monks and nuns, for all leading lives of quiet dedication. Show us your mercy, O Lord, **and grant us your salvation**.

We pray for all who speak out for the communities to which we belong, for councillors and community

workers. Bless our homes, our families and friends, support with your love all who sustain family life. We pray for families that are in trouble at this time. Show us your mercy, O Lord, and grant us your salvation.

God, lover of the poor, be a strength to the persecuted. We pray for those who lack the resources they need, for communities with poor medical supplies, all who lack food or shelter, any denied a proper education. We remember all in sickness, and pray especially for those from our bidding book.

[here prayers are added from the bidding book and you are invited to add your own prayers silently or aloud]

Show us your mercy, O Lord, and grant us your salvation.

Glory to you, O Lord, for you give us the victory, in you we triumph over death and have life eternal We pray for the saints who stood firm and witnessed to your love; we pray for all our loved ones departed. Show us your mercy, 0 Lord, **and grant us your salvation.** 

Celebrant: Blessed are you, God and Creator, you have blessed us with every spiritual blessing; enable us by your power to be true to our calling and live holy and blameless before you all our days; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, for ever and ever. *Amen*.

### **Confession and Absolution**

Let us confess our sins against God and our neighbor.

All: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

#### The Peace

Celebrant: In God, who is our peace, we have perfect redemption, the forgiveness of sins and the riches of God's grace. The peace of the Lord be always with you.

People: And also with you.

Please greet others in the chat.

## **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

## 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen*.

## 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

## 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

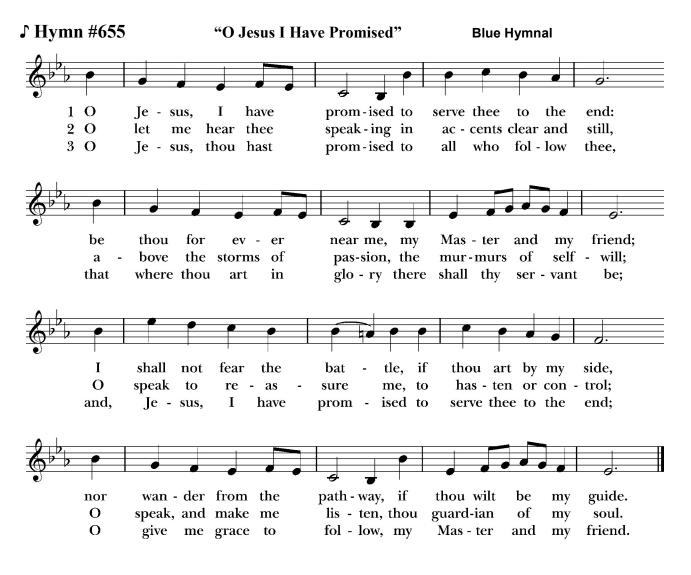
# **Transition Prayer**

### O Lord.

You are the light that illumines our path.
You are the map that gives us direction.
You are the peace that makes us strong.
You are the guide whom we faithfully follow.
May your light illuminate our entire lives.
And your guidance bring direction to our work.
May we find inspiration in your Word,
And peace in our hearts as we follow you. Amen.

# The Offertory

You can contribute at our website www.stbenslososos.org at any time.



Words: John Ernest Bode (1816-1874), alt. Music: *Nyland*, Finnish folk melody; adapt. and harm. David Evans (1874-1948). Harmonization by permission of Oxford University Press.

## ♪ Doxology:

[Hymn tune #400]

[sung Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia

## **Holy Eucharist**

**BCP Prayer B** 

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

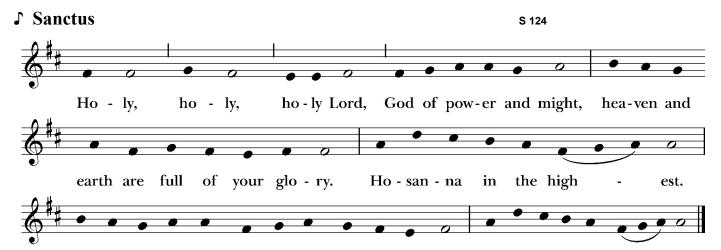
People It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator

of heaven and earth.

For the wonderful grace and virtue declared in all your saints, who have been the chosen vessels of your grace, and the lights of the world in their generations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

#### The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the

firstborn of all creation, the head of the Church, and the author of our salvation.

All: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

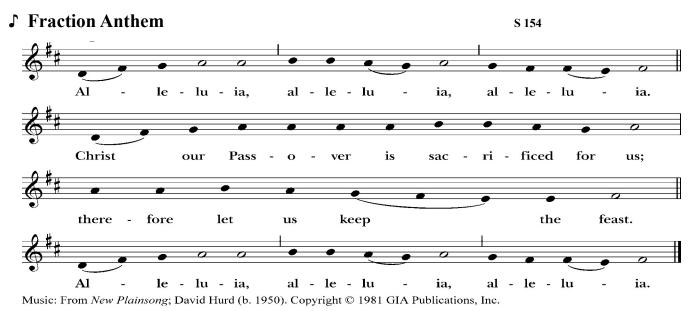
## The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## The Breaking of the Bread

The celebrant breaks the Bread



# **Holy Communion**

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.

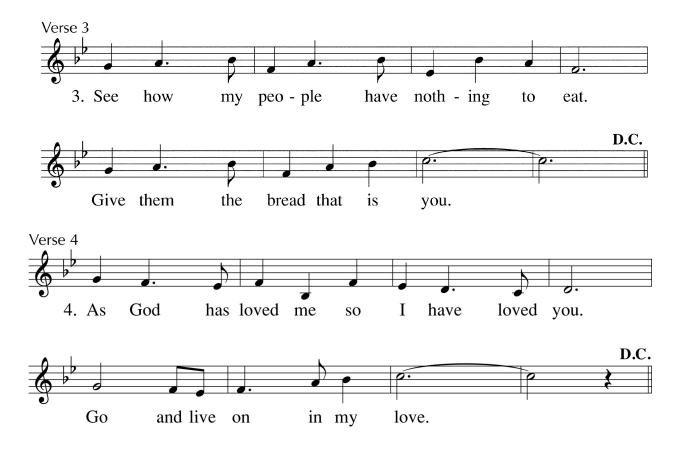
# **♪** Communion Music

Original Improvisation

Paul Burkle

Silence





Text: Thomas J. Porter, b.1958 Tune: Thomas J. Porter, b.1958 © 1990, GIA Publications, Inc.

# Sending of the Eucharistic Visitor

When the congregation is extended to those who need the Eucharist brought to them at any place outside our walls, we say the following to send our Lay Eucharistic Visitors or other Ministry Team members out with care and blessings. If no visitation is to be made that week, the prayer is not said.

Celebrant: In the name of this parish family, I send you forth, bearing these holy gifts, to \_\_\_\_\_. Together, we share in the body and blood of Christ. And We who are many are one Body because we share one Bread and one Cup.

All: We who are many are one Body, because we share one Bread and one Cup. Amen

# **Prayer**

All-compassionate and ever-living God, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## **Blessing**

Celebrant: God give you grace to become the people he has called you to be, that you may live and work to his praise and glory; and God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. *Amen*.

### **Announcements**







Words: Henry Francis Lyte (1793-1847). Music: *Lauda anima*, John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971). Descant by permission of Novello and Company, Limited.

### Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

### **♪** Postlude

Original Improvisation
Paul Burkle

Today's Liturgy is from the outline in the Book of Common Prayer.

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## **Ministers of the Service**

Celebrant: Rev. Jen Crompton

Preacher: Sandy Fisher
Eucharistic Minister: Sarah Chesebro
Eucharistic Assistant: Micheal Lucas
Lector: Bryson McKelvey

Music: Paul Burkle Flowers: Pamela Bleisch

Ushers: Maureen Titus & Micheal Lucas

Intercessor: Carol Brubaker Walton

Altar Guild: Letty Cotta
Online Host: Don Maruska

Tellers: Bryson McKelvey & Steve Cake

Technical: Hannah-Jaye Matthews
Coffee Hour Host: Don and Liz Maruska

## This Week at St Ben's

Monday July 15

3:30p Liturgy Committee Meeting (Zoom)

Tuesday July 16

9:45a Prayers for the Morning (Zoom) 10:30a Spiritual Conversation (Zoom)

Wednesday July 17

3:00p Earthcare Meeting

Saturday July 20

9:00a Men's Breakfast at Celia's Cafe

Sunday July 21

10:30a Eucharist Service

## **Announcements**

Cloister Groups are a great way for you to connect with other members of St. Benedict's. Cloister leaders stay in touch with the members of their Cloister, offering regular contact and encouragement. Some Cloister groups stay in touch electronically; some have in-person gatherings. No agenda-- just connection. Questions? Want to join a group? Email Pamela at <a href="mailto:pr.bleisch@gmail.com">pr.bleisch@gmail.com</a>

The Tuesday Morning Prayers & Spiritual Discussion group - Over the summer we will be focusing on shorter meditations and videos rather than a book. Come join us! Tuesdays at 10:30 on <a href="Morning-Tuesdays">Zoom</a>.

**Personal Prayer:** If you'd like prayer support during the week, contact Carol Brubaker Walton (805) 215-5488. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to <a href="mailto:prayers@stbenslososos.org">prayers@stbenslososos.org</a> and requests for pastoral care may be sent to <a href="mailto:pastoralcare@stbenslososos.org">pastoralcare@stbenslososos.org</a>.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

# **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

#### **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

# **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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