



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Pentecost

May 19, 2024 8:00 am

You are warmly welcome at St. Benedict's for who you are
and where you are on your faith journey!

About Our Service

If you'd like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

We invite everyone to stand and sit as you are able during various parts of the service. Indicators are found within parentheses throughout the bulletin. Apologies if any are missing.

Please silence your phones.

During Communion

We have gluten-free wafers available. Please let your nearest usher know *before the service begins* if you would prefer a gluten-free wafer, and they will inform the Officiant.

We use wine per the Canons of the Episcopal Church; it is offered either from the common cup or individual cups. If you prefer to abstain from alcohol for any reason, you may cross your arms over your chest and receive the cup by sight. Taking Communion with just one element (Bread) is considered complete.

(please stand as you are able)

Officiant: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever.*

Officiant: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

Canticle N

A Song of God's Love

1 John 4:7-11

Beloved, let us love one another, *
for love is of God.

Whoever does not love does not know God, *
for God is Love.

In this the love of God was revealed among us, *
that God sent his only Son into the world,
so that we might live through Jesus Christ.

In this is love, not that we loved God but that God loved us *
and sent his Son that sins might be forgiven.

Beloved, since God loved us so much, *
we ought also to love one another.

For if we love one another, God abides in us, *
and God's love will be perfected in us.

Collect of the Day

Officiant: God be with you.

People: *And also with you.*

Officiant: Let us pray together.

All: *Spirit of truth: guide us into all the truth; consume the lies that shroud the world in hate; pray in us with sighs too deep for words; and the victim's voice ring out with hope for a new world; through Jesus Christ, who goes to the right hand of God. Amen.*

(please be seated for the readings)

Acts 2:1-21

Reader: *A Reading from the Acts of the Apostles*

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among

them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.
Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.
And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.
The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord's great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.' "

Reader: Hear what the Spirit is saying to God's people.

People: Thanks be to God

Psalm 104:25-35, 37

O LORD, how manifold are your works! *
in wisdom you have made them all;
the earth is full of your creatures.

Yonder is the great and wide sea
with its living things too many to number, *
creatures both small and great.

There move the ships,
and there is that Leviathan, *
which you have made for the sport of it.

All of them look to you *
to give them their food in due season.

You give it to them; they gather it; *
you open your hand, and they are filled with good things.

You hide your face, and they are terrified; *
you take away their breath,
and they die and return to their dust.

You send forth your Spirit, and they are created; *
and so you renew the face of the earth.

May the glory of the LORD endure for ever; *
may the LORD rejoice in all his works.

He looks at the earth and it trembles; *
he touches the mountains and they smoke.

I will sing to the LORD as long as I live; *
I will praise my God while I have my being.

May these words of mine please him; *
I will rejoice in the LORD.

Bless the LORD, O my soul. *
Hallelujah!

Romans 8:22-27

Reader: A Reading from Paul's letter to the church in Rome

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Reader: Hear what the Spirit is saying to God's people

People: Thanks be to God

(please stand as you are able as we welcome the Gospel)

John 15:26-27; 16:4b-15

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.

"I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned.

“I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you.

Gospeller: The Gospel of Christ

People: Praise to You, Lord Christ.

Discussion

Lisa Gonzalez

[We pause for a few moments' reflection before affirming our faith.]

(please stand as you are able)

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

*All: We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.*

*On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Holy Spirit, giver of all good gifts, come into our darkness as light, come as the wind to refresh us and uplift us. Come as joy to disperse our sorrows, come as power to enable us and encourage us. Come as love and revive your church, that we may show and share your gifts, that we may reach out in love through your grace. God is here. **God's Spirit is with us.**

Come, Holy Spirit, fill our leaders with talent and discernment; inspire our artists and musicians, writers and craftspeople. Come, Spirit of God, give peace and unity to the nations; come, renew the face of the earth. God is here. **God's Spirit is with us.**

Come, Holy Spirit, fill our homes, set our hearts on fire with the warmth of your love; come stir our minds and inspire us to do new things. Guide us in our relationships with each other, and draw us together in your fellowship of love and joy. God is here. **God's Spirit is with us.**

We come with all who are weary, all whose hope has dried up; we come with the despairing, the despondent, and all who are dis-spirited, with depressed and oppressed peoples. We pray for all who have become very weak, for all who are infirm and cannot cope on their own. O Spirit of God, stir up your power and come among us. God is here. **God's Spirit is with us.**

Spirit of God, you breathe life into dry bones, you give new life to your people; we pray

for our loved ones departed. God is here. **God's Spirit is with us.**

We remember especially those for whom prayers are requested in our bidding book.

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Spirit of God, you breathe life into dry bones, you give new life to your people; we pray for our loved ones departed. God is here. **God's Spirit is with us.**

Officiant: Come, Holy Spirit, come upon us, come around us, come within us; come to lead us, come to guide us, that we may work in your power, and rest in your presence: through Jesus Christ our Lord, who lives and reigns with you and the Creator, one God for ever. **Amen.**

Adapted from *Traces of Glory* by David Adam 1999

Confession and Absolution

Let us confess our sins to God.

All: *God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

Officiant: *All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.*

The Peace

Officiant: God sends out God's Spirit and renews the face of the earth. The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or any special concerns, may come forward.
Prayers can be found on the white or yellow card in your pew.

Transition Prayer

*O Lord,
You are the light that illumines our path.
You are the map that gives us direction.
You are the peace that makes us strong.
You are the guide whom we faithfully follow.
May your light illuminate our entire lives.
And your guidance bring direction to our work.
May we find inspiration in your Word,
And peace in our hearts as we follow you. Amen.*

The General Thanksgiving

*All: Holy One, author of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,*

*to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.*

(silence)

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Blessing

Officiant: Live without fear: our Creator has made us holy, has always protected us,
and loves us as a parent. Go in peace to follow the good road and may God's blessing be
with you always. *Amen.*

(source: from Saint Clare)

Announcements

Dismissal

Officiant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: *Thanks be to God.*

Eucharist Liturgy Adapted from Enriching Our Worship
© 1988 Church Publishing Incorporated Used with permission

Ministers of the Service

Officiant:	Lisa Gonzalez
Flowers:	Pamela Bleisch
Altar Guild:	JW Wright
Technical:	Hannah-Jaye Matthews

This Week at St Ben's

Monday	May 20
3:30p	Liturgy Committee Meeting (Zoom)
Tuesday	May 21
9:45a	Prayers of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
Sunday	May 26
8:00a	Contemplative Service
10:30a	Eucharist Service

Announcements

Join us at Central Coast Pride events! St Benedict's Discovery Team continues its work to reach out to the community around us. Upcoming plans include staffing booths at local Central Coast Pride events. Each year the central coast LGBTQ+ community comes together in joyful celebration, and we will be there representing St. Ben's, offering blessings, prayer, and some water or lemonade instead of our traditional coffee. All are welcome to join and share in our support for our local LGBTQ+ community. You could even help at the booth and then enjoy the rest of Pride Fest. Join us as we share the love! Festive pride attire is recommended but not required.

- Pride in the Plaza Saturday June 1 from 11-5 pm
- Pride in the Park on Sunday June 2 from 1-6

Learn more at the website: SLOpride.com/events.

The Tuesday Spiritual Discussion group - The Tuesday morning Spiritual conversation will taking a look at Marilynne Robinson's Reading Genesis, which is "a powerful consideration of the profound meanings and promise of God's enduring covenant with humanity. This magisterial book radiates gratitude for the constancy and benevolence of God's abiding faith in Creation." You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

Personal Prayer: If you'd like prayer support during the week, contact Louisa Beeler (805) 543-2898. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



St. Benedict's Episcopal Church

PO Box 6877

2220 Snowy Egret Lane

Los Osos, CA 93402

805-528-0654

office@stbenslososos.org

www.stbenslososos.org

