



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Fourth Sunday of Easter

April 21, 2024 10:30 am

You are warmly welcome at St. Benedict's for who you are
and where you are on your faith journey!

~ Prelude ~

Original Improvisation

Paul Burkle

During our opening hymn, the congregation is sprinkled with water as a reminder of our baptism.

♪ Opening Hymn

“Christ is Risen From the Dead”

WLP 817

Celebrant: Alleluia! Christ is risen!

Christ is ri-sen from the dead, tramp-ling down death by death, and on

those in the tombs be - stow - ing life, be - stow - ing life!

Music: Early American, adapt. Richard Fabian (b. 1942).

People: *Christ is risen indeed! Alleluia!*

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♩ Hymn 182

“Christ is Alive”

Blue Hymnal

1 Christ is a - live! Let Chris - tians sing. His cross stands
 2 Christ is - a - live! No long - er bound to dis - tant
 3 Not throned a - bove, re - mote - ly high, un - touched, un -
 4 In ev - ery in - sult, rift, and war where co - lor,
 5 Christ is a - live! His Spi - rit burns through this and

1 emp - ty to the sky. Let streets and homes with
 2 years in Pal - es - tine, he comes to claim the
 3 moved by hu - man pains, but dai - ly, in the
 4 scorn or wealth di - vide, he suf - fers still, yet
 5 ev - ery fu - ture age, till all cre - a - tion

1 prais - es ring. His love in death shall nev - er die.
 2 here and now and con - quer ev - ery place and time.
 3 midst of life, our Sa - vior with the Fa - ther reigns.
 4 loves the more, and lives, though ev - er cru - ci - fied.
 5 lives and learns his joy, his jus - tice, love, and praise.

Words: Brian A. Wren (b. 1936), rev. Copyright © 1975 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Truro*, melody from *Psalmodia Evangelica, Part II*, 1789; harm. Lowell Mason (1792-1872), alt.

Collect of the Day

Celebrant: God be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. Amen.*

Acts 4:5-12

Reader: A Reading from the book of Acts

The rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is

`the stone that was rejected by you, the builders;
it has become the cornerstone.'

There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

Reader: The word of the Lord.

People: *Thanks be to God.*

Psalm 23

The LORD is my shepherd; *
I shall not be in want.

He makes me lie down in green pastures *
and leads me beside still waters.

He revives my soul *
and guides me along right pathways for his Name's sake.

Though I walk through the valley of the shadow of death,
I shall fear no evil; *
for you are with me;
your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil,
and my cup is running over.

Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the LORD for ever.

1 John 3:16-24

Reader: *A Reading from the first letter of John*

We know love by this, that he laid down his life for us-- and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help?

Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him.

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them.

And by this we know that he abides in us, by the Spirit that he has given us.

Reader: The word of the Lord.

People: *Thanks be to God.*

♩ Hymn #645 "The King of Love My Shepherd Is" Blue Hymnal



1 The King of love my shep-herd is, whose good-ness
2 Where streams of liv-ing wa-ter flow, my ran-somed
* 3 Per-verse and fool-ish oft I strayed, but yet in
* 4 In death's dark vale I fear no ill with thee, dear
5 Thou spread'st a ta-ble in my sight; thy unc-tion
6 And so through all the length of days thy good-ness



1 fail-eth nev-er; I noth-ing lack if
2 soul he lead-eth, and where the ver-dant
3 love he sought me, and on his shoul-der
4 Lord, be-side me; thy rod and staff my
5 grace be-stow-eth; and oh, what trans-port
6 fail-eth nev-er: Good Shep-herd, may I



1 I am his, and he is mine for ev-er.
2 pas-tures grow, with food ce-les-tial feed-eth.
3 gent-ly laid, and home, re-joic-ing, brought me.
4 com-fort still, thy cross be-fore to guide me.
5 of de-light from thy pure chal-ice flow-eth!
6 sing thy praise with-in thy house for ev-er.

Words: Henry Williams Baker (1821-1877); para. Psalm 23. Music: *St. Columba*, Irish melody, harm. *Hymnal* 1982.

John 10:11-18

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to John*

People: *Glory to You, Lord Christ.*

Jesus said, "I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father."

Gospeller: *The Gospel of Christ.*

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Jen Crompton

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

All: *We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.*

Amen.

Prayers of the People

Consoled by the knowledge that the Good Shepherd gives his life for us, let us pray for the needs of our community, our church, and our world, saying: Lord, have mercy.

The earliest Christian community held all things in common, and no one was in need. May we recommit ourselves to hold the goods of this world in common and to work to eliminate hunger and homelessness. For this let us pray to the Lord. **Lord, have mercy.**

When we share with one another, we make a new world. May we build a new community on earth which knows God as home. For this let us pray to the Lord. **Lord, have mercy.**

Following the example of the shepherd who searched for the lost sheep, let us seek out the lost in our community and welcome them into our midst. For this let us pray to the Lord. **Lord, have mercy.**

Conscious of the Good Shepherd's voice, may we speak God's words of reconciliation and peace to all we meet, and may all in authority receive the joyful message of peace. For this let us pray to the Lord. **Lord, have mercy.**

We are called to give up our lives for others. Let us praise God for all in serving professions who work at low pay for the welfare of others. May we give our lives to those in our care. For this let us pray to the Lord. **Lord, have mercy.**

We remember especially those for whom prayers are requested in our bidding book.

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

For this let us pray to the Lord. **Lord, have mercy.**

Celebrant: *God, in you we live and move and have our being. You seek us before we know your name, and you give us joy in your life. Accept our prayer of joy in being found and forgiven and loved by you, for we pray in the name of Christ your Son and in the joy of the Holy Spirit. Amen.*

Adapted from Intercessions for the Christian People

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey’s end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

*O Lord,
You are the light that illumines our path.
You are the map that gives us direction.
You are the peace that makes us strong.
You are the guide whom we faithfully follow.
May your light illuminate our entire lives.
And your guidance bring direction to our work.
May we find inspiration in your Word,
And peace in our hearts as we follow you. Amen.*

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

Hymn #707

“Take My Life”

Blue Hymnal

1 Take my life, and let it be con - se - crat - ed, Lord, to thee;
2 Take my voice, and let me sing al - ways, on - ly, for my King;

take my mo - ments and my days, let them flow in cease - less praise.
take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im - pulse of thy love;
Take my will, and make it thine; it shall be no long - er mine.

take my heart, it is thine own; it shall be thy roy - al throne.
 Take my - self, and I will be ev - er, on - ly, all for thee.

Words: Frances Ridley Havergal (1836-1879), alt. Music: *Hollingside*, John Bacchus Dykes (1823-1876).

♪ Doxology:

[Hymn tune #400]

*[sung Praise God from Whom all blessings flow
 Praise God all creatures here below, Alleluia, Alleluia
 Praise God the Source of all our gifts
 Praise Jesus Christ whose power uplifts
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

BCP Prayer C

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give God thanks and praise.*

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People *Glory to you for ever and ever.*

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People *By your will they were created and have their being.*

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People *Have mercy, Lord, for we are sinners in your sight.*

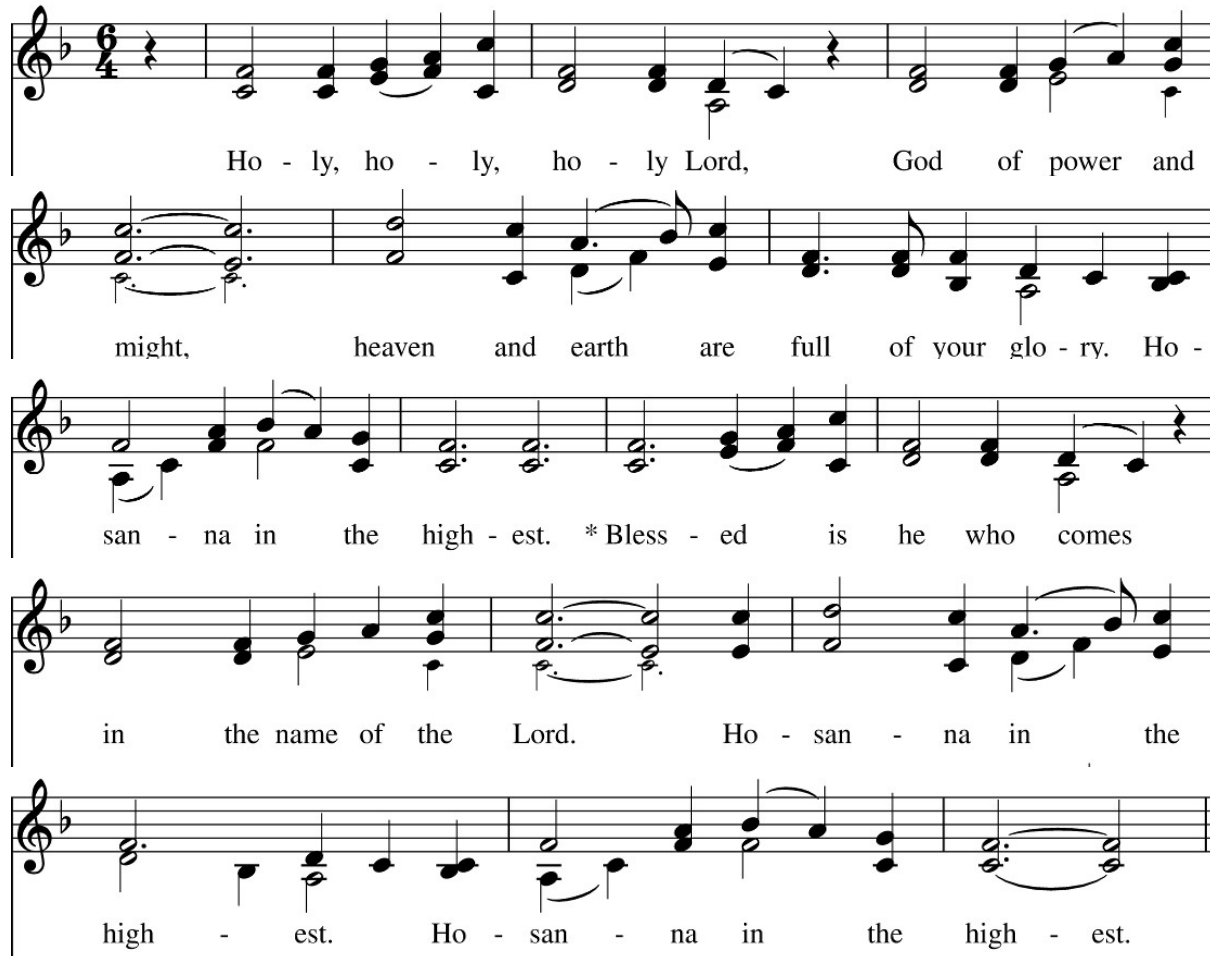
Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People *By his blood, he reconciled us. By his wounds, we are healed.*

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

WLP 858



Ho - ly, ho - ly, ho - ly Lord, God of power and
might, heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. * Bless - ed is he who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

Music: American folk melody; arr. Marcia Pruner, harm. Annabel Morris Buchanan (1889-1983).

The Celebrant continues

And so, Holy One, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**All: *We celebrate his death and resurrection,
as we await the day of his coming.***

Holy God of our Ancestors: God of Abraham and Sarah, Isaac and Rebekah; God and parent of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All: *Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Holy One, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

All: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to sing,

Voice

Our Fa-----ther in
 Heaven Holy be-³your name Your kingdom come; Your will be
 done on earth as in heav'n. Give us this day our dai-----ly
 bread. Forgive us our sins as we for- give those who sin a - gainst us.
 Save us from the time of tri-al and de - li-ver-us from e-vil For the
 king - dom the po-wer and the glo----- ry are yours now & for---e---ver
 A -----men A -----men A-----men
 A -----men A -----men.

The Breaking of the Bread

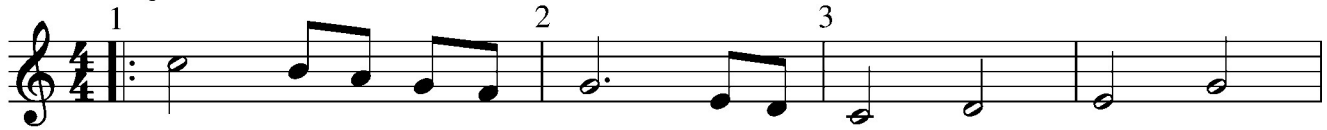
The celebrant breaks the Bread

♪ Fraction Anthem

(sung twice)

WLP 874

Principal Canon



Who - ev - er eats this bread will live for - ev - er.



Who - ev - er eats this bread will live for - ev - er.

Words and Music: Eric H. F. Law (b. 1957) from *Christ, You Are In The World*. Copyright © 1986, 1992 Eric H. F. Law.

Holy Communion

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

Original Improvisation

Paul Burkle

♪ Hymn #664

“My Shepherd Will Supply My Need”

Blue Hymnal



1 My Shep - herd will sup - ply my need, Je - ho - vah
2 When I walk through the shades of death, thy pres - ence
3 The sure pro - vi - sions of my God at - tend me



is his Name; _____ in pas - tures fresh he
is my stay; _____ one word of thy sup -
all my days; _____ oh, may thy house be



makes me feed be - side the liv - ing stream. _____
port - ing breath drives all my fears a - way. _____
mine a - bode and all my work be praise. _____



He brings my wan - dering spi - rit back when I for -
 Thy hand, in sight of all my foes, doth still my
 There would I find a sett - led rest, while o - thers



sake his ways, _____ and leads me, for his
 ta - ble spread; _____ my cup with bless - ings
 go and come; _____ no more a stran - ger



mer - cy's sake, in paths of truth and grace. _____
 o - ver - flows, thy oil a - noints my head. _____
 or a guest, but like a child at home. _____

Words: Isaac Watts (1674-1748); para. of Psalm 23. Music: *Resignation*, American folk melody, acc. David Hurd (b. 1950).

Silence

Prayer

*All-compassionate and ever-living God,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.*

Blessing

Celebrant: God's Blessing be with you, Christ's peace be with you, the Spirit's outpouring be with you, now and always. Amen.

Announcements

♪ Hymn #416

“For the Beauty of the Earth”

Blue Hymnal

1 For the beau - ty of the earth, for the beau - ty of the skies,
 2 For the beau - ty of each hour of the day and of the night,
 3 For the joy of ear and eye, for the heart and mind's de - light,
 4 For the joy of hu-man love, bro-ther, sis - ter, par - ent, child,
 5 For the Church which ev - er - more lift - eth ho - ly hands a - bove,

1 for the love which from our birth o - ver and a - round us lies,
 2 hill and vale, and tree and flower, sun and moon, and stars of light,
 3 for the mys - tic har - mo - ny link - ing sense to sound and sight,
 4 friends on earth, and friends a - bove, for all gen - tle thoughts and mild,
 5 of - fering up on ev - ery shore thy pure sac - ri - fice of love,

Refrain

Christ our God, to thee we raise this our hymn of grate-ful praise.

6 For each perfect gift of thine
 to the world so freely given,
 faith and hope and love divine,
 peace on earth and joy in heaven,

Refrain

Words: Folliot Sandford Pierpoint (1835-1917), alt. Music: *Lucerna Laudoniae*, David Evans (1874-1948). By permission of Oxford University Press.

Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: ***Thanks be to God. Alleluia, alleluia!***

♪ **Postlude**

Original Improvisation

Paul Burkle

Today's Liturgy is from the outline in the Book of Common Prayer.
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Ministers of the Service

Celebrant:	The Rev. Jen Crompton
Preacher:	The Rev. Jen Crompton
Eucharistic Minister:	Brian Spolarich
Eucharistic Assistant:	Barbara Hirahara
Lector:	Bob Pelfrey
Music:	Paul Burkle
Flowers:	Pamela Bleisch
Ushers:	Maureen Titus & Alan Kiste
Intercessor:	Louisa Beeler
Altar Guild:	Diana Hammerlund
Online Host:	Jane Wu
Tellers:	Steve Cake & Sandy Fisher
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Connie Weldon & Bob Pelfrey

This Week at St Ben's

Tuesday	April 23
9:45a	Prayers of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
Wednesday	April 24
11:00a	Laundry Love
4:00p	Laundry Love
Sunday	April 28
8:00a	Contemplative Service
10:30a	Eucharist Service

Announcements

Personal Prayer: If you'd like prayer support during the week, contact Louisa Beeler (805-543-2898). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday morning Spiritual conversation will be discussing ideas from the book [*How to Live: What the Rule of St. Benedict Teaches Us About Happiness, Meaning and Community*](#) by Judith Valente. You do not have to read the book to participate. Tuesdays at 10:30 on [Zoom](#).

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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