



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Second Sunday of Easter

April 7, 2024 10:30 am

You are warmly welcome at St. Benedict's for who you are
and where you are on your faith journey!

~ Prelude ~

Original Improvisation

Paul Burkle

♪ Opening Hymn

“Christ is Risen From the Dead”

WLP 817

During this hymn we are sprinkled with water as a reminder of our baptism.

(three times)

Christ is ri-sen from the dead, tramp-ling down death by death, and on
those in the tombs be - stow - ing life, be - stow - ing life!

Officiant: Alleluia! Christ is risen!

People: *Christ is risen indeed! Alleluia!*

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♪ Hymn #178

“Jesus is Lord”

Blue Hymnal

Collect of the Day

Officiant: Christ be with you.

People: *And also with you.*

Officiant: Let us pray together.

All: *Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.*

Acts 4:32-35

Reader: *A Reading from the Book of Acts*

Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

Reader: *Hear what the Spirit is saying to God's people.*

People: *Thanks be to God*

Psalm 133

Oh, how good and pleasant it is, *
when brethren live together in unity!

It is like fine oil upon the head *
that runs down upon the beard,

Upon the beard of Aaron, *
and runs down upon the collar of his robe.

It is like the dew of Hermon *
that falls upon the hills of Zion.

For there the Lord has ordained the blessing: *
life for evermore.

1 John 1:1-2:2

Reader: *A Reading from John*

We declare to you what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life-- this life was revealed, and we have seen it and testify to it, and declare to you the eternal life that was with the Father and was revealed to us-- we declare to you what we have seen and heard so that you also may have fellowship with us; and truly our fellowship is with the Father and with his Son Jesus Christ. We are writing these things so that our joy may be complete.

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Officiant: The Gospel of Christ

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Mike Eggleston

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

All: *We trust in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;*

*he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

We pray for all who witness to your resurrection, for those who speak of your presence, for preachers of the word and ministers of the sacraments, for those who reveal your presence by the way they live, for all who live simply that others may simply live. We pray for all who are in doubt and for all who are seeking you. We pray for unity in the church and in the world. We call to you, **my Lord and my God**.

We come today with the oppressed peoples, with all who have lost their freedom, all who have lost hope. We pray for all who have been taken hostage, all who have been imprisoned because of their beliefs; that in the darkness they may find your love. We call to you, **my Lord and my God**.

We pray for any fellowship to which we belong, for communities and clubs, for welfare organizations. for social groups, for those with whom we share our worship. We give thanks for your appearing in the Upper Room. and pray for our homes and loved ones. We call to you, **my Lord and my God**.

We remember all who are despairing, those who doubt their abilities. We pray for all who lack confidence, those afraid to trust themselves or others. We remember all who are lonely, all who are fearful. We pray for those in sickness, looking to you in hope, remembering especially those from our bidding book.

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or in the chat]

We call to you, **my Lord and my God**.

Risen Lord, in you is our hope; in life, in death and to eternity our hope is in you. We rejoice with all who have entered into the fullness of life eternal. We pray especially for loved ones departed; may we with them have a share in your eternal peace. We call to you, **my Lord and my God**.

Officiant: *Christ, our risen Lord, no tomb can keep you, no door is closed to you, no heart is barred to you, no mind is shut off from you. Come lead us out of darkness into light, out of doubt into faith, out of death into life eternal: Jesus Christ our risen Lord. Amen.*

Adapted from *Traces of Glory* by David Adam 1999

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

O Lord,

You are the light that illumines our path.

You are the map that gives us direction.

You are the peace that makes us strong.

You are the guide whom we faithfully follow.

May your light illuminate our entire lives.

And your guidance bring direction to our work.

May we find inspiration in your Word,

And peace in our hearts as we follow you. Amen.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

♪ Hymn #508

“Breathe on Me Breath of God ”

Blue Hymnal



1 Breathe on me, Breath of God, fill me with life a - new,
2 Breathe on me, Breath of God, un - til my heart is pure,
3 Breathe on me, Breath of God, till I am whol - ly thine,
4 Breathe on me, Breath of God, so shall I nev - er die;



that I may love what thou dost love, and do what thou wouldst do.
un - til with thee I will one will, to do or to en - dure.
till all this earth - ly part of me glows with thy fire di - vine.
but live with thee the per - fect life of thine e - ter - ni - ty.

♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

The General Thanksgiving

*All: Holy One, author of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.*

(silence)

The Lord's Prayer

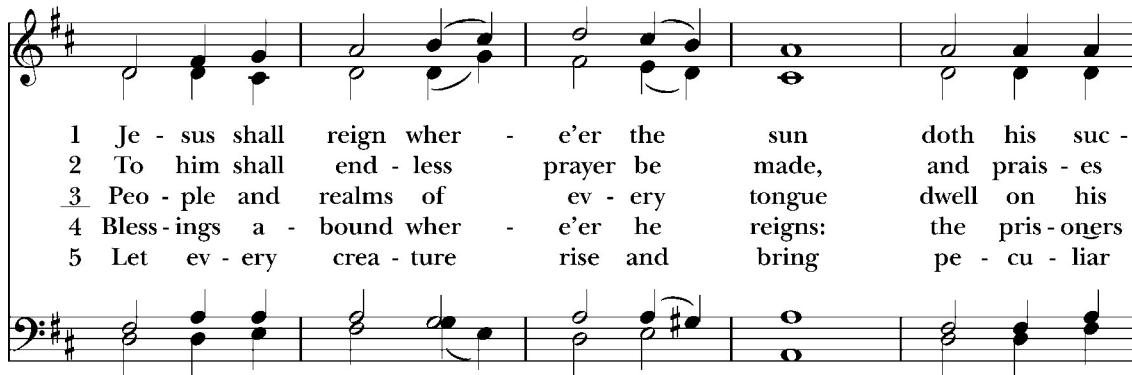
And now, as our Savior Christ has taught us, we are bold to say,

*Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.*

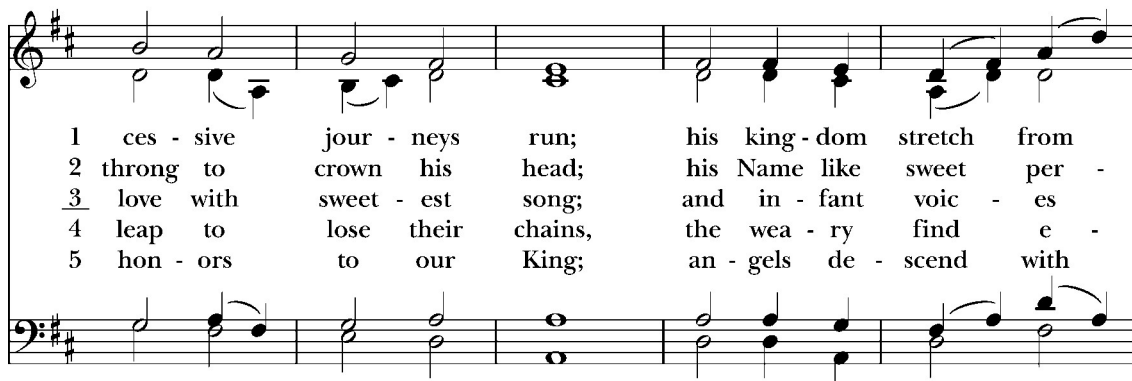
Blessing

Officiant: The Wisdom of God, the Love of God, and the Grace of God strengthen you to be Christ's hands and heart in this world, in the name of the Holy Trinity. *Amen.* (source: Celtic)

Announcements



1 Je - sus shall reign wher - e'er the sun doth his suc -
2 To him shall end - less prayer be made, and prais - es
3 Peo - ple and realms of ev - ery tongue dwell on his
4 Bless - ings a - bound wher - e'er he reigns: the pris - oners
5 Let ev - ery crea - ture rise and bring pe - cu - liar



1 ces - sive jour - neys run; his king - dom stretch from
2 thron - g to crown his head; his Name like sweet per -
3 love with sweet - est song; and in - fant voic - es
4 leap to lose their chains, the wea - ry find e -
5 hon - ors to our King; an - gels de - scend with



1 shore to shore, till moons shall wax and wane no more.
2 fume shall rise with ev - ery morn - ing sac - ri - fice.
3 shall pro - claim their ear - ly bless - ings on his Name.
4 ter - nal rest, and all who suf - fer want are blest.
5 songs a - gain, and earth re - peat the loud a - men.

Words: Isaac Watts (1674-1748), alt. Music: *Duke Street*, John Hatton (d. 1793).

♪ Hymn #544

“Jesus Shall Reign”

Blue Hymnal

Dismissal

Officiant: Let us go forth into the world,
rejoicing in the power of the Spirit.

All: *Thanks be to God. Alleluia! Alleluia!*

♪ Postlude

Original Improvisation

Paul Burkle

Today's Liturgy
is from the outline in the Book of Common Prayer.
Music reproduced and broadcast under OneLicense #A706314

Ministers of the Service

Officiant:	The Rev. Mike Eggleston
Preacher:	The Rev. Mike Eggleston
Liturgical Assistant:	Diana Hammerlund
Lector:	Roz Malone
Flowers:	Sharon Porter
Music:	Paul Burkle
Ushers:	Jim Malone & Connie Weldon
Intercessor:	Helen Schnieders
Altar Guild:	Pat Stoneman
Online Host:	Don Maruska
Tellers:	Alice Welchert & Bryson McKelvey
Technical:	Hannah-Jaye Matthews
Coffee Hour Host:	Potluck

This Week at St Ben's

Monday	April 8
3:30p	Liturgy Committee Meeting (Zoom)
Tuesday	April 9
9:45a	Prayers for the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
Sunday	April 14
8:00a	Contemplative Service
10:30a	Eucharist Service
2:00p	Central Coast Readers' Theater

Announcements

Personal Prayer: If you'd like prayer support during the week, contact Helen Schnieders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Tuesday Morning Prayers & Spiritual Conversation: The Tuesday morning Spiritual conversation will be discussing ideas from the book [*How to Live: What the Rule of St. Benedict Teaches Us About Happiness, Meaning and Community*](#) by Judith Valente. You do not have to read the book to participate. Tuesdays at 10:30 on [Zoom](#).

Meet Me in San Luis: You are invited to join me for conversation, fellowship, and delectable Chinese lunch at 12 noon on Thursday, April 11 at Golden Gong on Mercado Road at Madonna in San Luis Obispo. You may talk to Bryson McKelvey, call or text me at (805) 235-3045 with questions or comments. Gong Hay Fat Choy.

An all-gender restroom is located through the white door at the left of the sanctuary. All other restrooms are located by exiting out the doors and going down the outdoor wooden walkway towards the red door and then down the hallway to the left. Please ask an usher for assistance if needed.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tihini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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