

# St Benedict's Episcopal Church

~ Tending Mind and Soul ~ Los Osos, California The Second Sunday of Advent December 10, 2023 10:30 am

You are warmly welcome at St. Benedict's for who you are and where you are on your faith journey!

### ~ Prelude ~

*"Wachet Auf, Ruft Uns Die Stimme from Cantata No.140"* J.S. Bach

Celebrant: Blessed are you, holy and living One.

**People:** You come to your people and set them free.

### Lighting of the Advent Wreath

See the back page with Advent Prayers

Celebrant: Let us pray.

#### All: All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Last Sunday we lit the first candle—the candle of hope. Today we light the second candle, the candle of peace. We light it knowing full well that peace is elusive, and in some parts of the world, it is almost completely absent. Yet in this season of Advent, we trust that God is never absent from us. God is always preparing something new. And even where there is war and discord, whether between countries, within families, or within our own hearts, God is present, gently leading us to new possibilities.

#### [Two candles are lit.]

All:

Loving God, in this time of preparation and planning, We thank you for the hope and peace you unfailingly offer us. Show us the creative power of hope. Teach us the peace that comes from justice. Prepare our hearts to be transformed by you, That we may walk in the light of Christ. Amen



# **Collect of the Day**

Celebrant:Christ be with you.People:And also with you.Celebrant:Let us pray together.

All: **God** of the keen blade, which cuts the roots of arrogant power: you raise voices of promise in the dry lands of our desire, children of faith from the stones of the earth; make us ready to receive the Spirit and the fire of love, wild and fierce and free; through Jesus Christ, the one who is to come. **Amen.** 



Music: Ver. Hymnal 1982, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

# Isaiah 40:1-11

A Reading from the Book of Isaiah Reader: Comfort, O comfort my people, says your God. Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the LORD's hand double for all her sins. A voice cries out: "In the wilderness prepare the way of the LORD, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. Then the glory of the LORD shall be revealed, and all people shall see it together,

for the mouth of the LORD has spoken."

A voice says, "Cry out!" And I said, "What shall I cry?"

- All people are grass, their constancy is like the flower of the field.
- The grass withers, the flower fades, when the breath of the LORD blows upon it; surely the people are grass.
- The grass withers, the flower fades; but the word of our God will stand for ever.
- Get you up to a high mountain, O Zion, herald of good tidings;
- lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear;
- say to the cities of Judah, "Here is your God!"
- See, the Lord GOD comes with might, and his arm rules for him;
- his reward is with him, and his recompense before him.
- He will feed his flock like a shepherd; he will gather the lambs in his arms,
- and carry them in his bosom, and gently lead the mother sheep.
- Reader: Hear what the Spirit is saying to God's people. People: Thanks be to God.

#### Psalm 85:1-2, 8-13

- You have been gracious to your land, O LORD, \* you have restored the good fortune of Jacob.
- You have forgiven the iniquity of your people \* and blotted out all their sins.
- I will listen to what the LORD God is saying, \* for he is speaking peace to his faithful people and to those who turn their hearts to him.
- Truly, his salvation is very near to those who fear him, \* that his glory may dwell in our land.
- Mercy and truth have met together; \* righteousness and peace have kissed each other.

Truth shall spring up from the earth, \* and righteousness shall look down from heaven.

The LORD will indeed grant prosperity, \* and our land will yield its increase.

Righteousness shall go before him, \* and peace shall be a pathway for his feet.

# 2 Peter 3:8-15a

#### Reader: A Reading from the Epistle of Peter

Do not ignore this one fact, beloved, that with the Lord one day is like a thousand years, and a thousand years are like one day. The Lord is not slow about his promise, as some think of slowness, but is patient with you, not wanting any to perish, but all to come to repentance. But the day of the Lord will come like a thief, and then the heavens will pass away with a loud noise, and the elements will be dissolved with fire, and the earth and everything that is done on it will be disclosed.

Since all these things are to be dissolved in this way, what sort of persons ought you to be in leading lives of holiness and godliness, waiting for and hastening the coming of the day of God, because of which the heavens will be set ablaze and dissolved, and the elements will melt with fire? But, in accordance with his promise, we wait for new heavens and a new earth, where righteousness is at home.

Therefore, beloved, while you are waiting for these things, strive to be found by him at peace, without spot or blemish; and regard the patience of our Lord as salvation.

Reader: Hear what the Spirit is saying to God's people

People: Thanks be to God.



Words: Charles Coffin (1676-1749); tr. Charles Winfred Douglas (1867-1944), after John Chandler (1806-1876); alt. Music: Winchester New, melody from Musicalishes Hand-Buch, 1690; harm. William Henry Monk (1823-1889), alt.

# Mark 1:1-8

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Mark

People: Glory to You, Lord Christ.

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah,

"See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: 'Prepare the way of the Lord, make his paths straight,"

John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside and all the people of Jerusalem were going out to him, and were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. He proclaimed, "The one who is more powerful than I is coming after me; I am not worthy to stoop down and untie the thong of his sandals. I have baptized you with water; but he will baptize you with the Holy Spirit."

Gospeller: The Gospel of Christ People: Praise to You, Lord Christ.

Sermon

Canon Martha Korienek

[We pause for a few moments' reflection before affirming our faith.]

# Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

We trust in one God, All: the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We trust in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We trust in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We trust in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

# **Prayers of the People**

In joy at the nearness of the Christ, let us offer our prayers to God, saying: Christ, have mercy.

May the power of God's holy presence clear a path through the rubble of broken lives and hearts to make our world and all of us a new creation. For this let us pray to our Savior. *Christ, have mercy.* 

May our gracious God be always for us a shepherd to console and comfort us, to nourish all our deep hungers, and to make us live in peace forever. For this let us pray to our Savior. *Christ, have mercy.* 

May we come to find in the desert of our lives the gift of forgiveness and the waters of a new Jordan that bring cleansing refreshment. For this let us pray to our Savior. *Christ, have mercy.* 

May the God of John the Baptist and our God continue to raise up holy prophets in our midst who will tell the good news of saving rescue for all people. For this let us pray to our Savior. *Christ, have mercy.* 

May the God who is our comfort hear the cries of all in need. We pray for those for whom our prayers have been asked, and for those who are in our hearts...

[prayers from the bidding book read here....Please share silently or in the chat] For this let us pray to our Savior. *Christ, have mercy.* 

May the God who is our future in the gift of Jesus Christ hold us always in the embrace of faithful love and bring us to new heavens and a new earth. For this let us pray to our Savior. *Christ, have mercy.* 

Celebrant: Recall to us our baptism, O Lord, and hear our cries for ourselves and for the whole world, for we pray in the name of the one who came, Jesus Christ our Lord. **Amen**.

Source: Intercessions for the Christian People, © 1990 The Liturgical Press, Order of St. Benedict

#### **Confession and Absolution**

Let us confess our sins against God and our neighbor.

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.* 

#### The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

Please greet others in the chat.

### **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or special concern, please share in the chat.

#### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/ they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen*.

#### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

#### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen*.

# **Transition Prayer**

O Lord, You are the light that illumines our path. You are the map that gives us direction. You are the peace that makes us strong. You are the guide whom we faithfully follow. May your light illuminate our entire lives. And your guidance bring direction to our work. May we find inspiration in your Word, And peace in our hearts as we follow you. Amen.

# **The Offertory**

You can contribute at our website www.stbenslososos.org at any time.



Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816).

# **♪** Doxology:

[Hymn tune #400]

[sung Praise God from Whom all blessings flow Praise God all creatures here below, Alleluia, Alleluia Praise God the Source of all our gifts Praise Jesus Christ whose power uplifts Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

#### **Holy Eucharist**

**BCP** Prayer B

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

#### People It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



#### The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,

All: We remember his death, We proclaim his resurrection, We await his coming in glory; And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed\_Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

#### All: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

### The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen

# The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem



Gather 298

# **Holy Communion**

Celebrant:Alleluia. Christ our Passover is sacrificed for us;People:Therefore let us keep the feast. Alleluia.

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*If God is calling you, you are welcome and invited to receive communion. Please contact the church office to arrange to receive communion in your home.* 



Words: Johann G. Olearius (1611-1684); tr. Catherine Winkworth (1827-1878), alt. Music: *Psalm 42*, melody and bass Claude Goudimel (1514-1572); harm. *Hymnal 1982*.

Silence

## Prayer

All-compassionate and ever-living God, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### Blessing

Celebrant: May the Sun of Righteousness shine upon you and scatter the darkness from before your path; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. *Amen* 

### Announcements



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# Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

All: Thanks be to God.

### **♪** Postlude

"Wake, Awake, for Night Is Flying" Johann Walther

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# **Ministers of the Service**

Canon Martha Korienek
Canon Martha Korienek
Alan Kiste
Brian Spolarich
John Horsley
Sarah Chesebro
Brian Spolarich & Maureen Titus
Helen Schnieders
Letty Cotta
Jane Wu
Steve Cake & Sandy Fisher
Hannah-Jaye Matthews
Barbara Schippers

# This Week at St Ben's

Monday	Dec 11
3:30p	Liturgy Committee Meeting (Zoom)
Tuesday	Dec 12
9:45a	Prayers of the Morning (Zoom)
10:30a	Spiritual Conversation (Zoom)
5:30p	Vespers in-person
Saturday	Dec 16
9:00a	Men's Breakfast at Celia's Cafe
Sunday	Dec 17
8:00a	Contemplative Service
10:30a	Eucharist Service
12:30 p	Parish Council

# Announcements

**Bidding Book Prayers** – If you'd like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

**PRAYER PLACE POP UP at the Abundance Shop** Join your Trailblazer Discovery Team, Sandy Fisher, Cathy Gildea, Barbara Hirahara, and Rev Jen, at our Prayer Place Pop-up at the St. Ben's Abundance Shop Saturday December 16 from 11-4. Stop by for a blessing-to-go or a cup of coffee to stay. We will offer prayer, a question of the day based on the season of Advent, or just an opportunity to share anything that might be on your heart. Please stop by and invite others you know to do the same.

**Personal Prayer:** If you'd like prayer support during the week, contact Helen Schnieders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to <u>prayers@stbenslososos.org</u> and requests for pastoral care may be sent to <u>pastoralcare@stbenslososos.org</u>.

**Tuesday Morning Prayers & Spiritual Conversation**: The Tuesday Spiritual Discussion group will be using an Advent program sponsored by a group called Living Compass. The four-week program includes Sunday and weekday meditations for the Advent season. The program booklets are available as pdf electronic copies for free or a print copy available for \$1.00 plus postage. A limited number of print copies are available in the back of the church. Order your booklets at https://www.livingcompass.org/advent-lent. You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

# Offering the Common Cup at Communion

In an effort to address the ongoing needs of our parish, including the continued assessment of the return to pre-COVID liturgical practices, we will resume offering you wine from the Common Cup (chalice) at the Eucharist. At the Eucharist, you will be offered wine from either the chalice or from an individual cup. If you choose to drink from the chalice, reach for it from the Eucharistic Minister. If you choose to drink from the individual cups, simply acknowledge the chalice with a nod of your head and take one of the small cups from the tray offered by the Eucharistic Assistant. As usual, cross your arms over your chest if you do not wish to receive any wine.

# Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

# **Our Mission Statement**

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

# **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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