



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The First Sunday of Creation

September 3, 2023

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

## ~ Prelude ~

"All Creatures of Our God and King"  
with "This is My Father's World"

Arr. by Paul A. Tate

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Celebrant: Blessed be God: Creator, Word, and Holy Spirit.

People: *And blessed be his kin-dom, now and for ever. Amen.*

Celebrant: Let us pray.

All: *All-compassionate and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

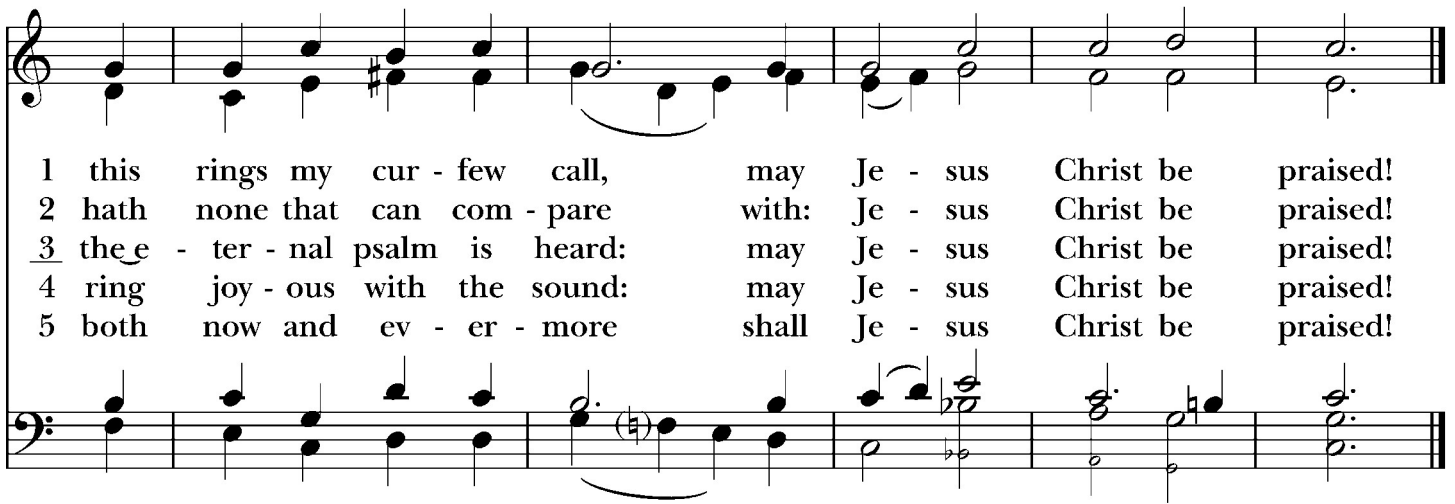
## ♪ Hymn #427

"When morning gilds the skies"

Blue Hymnal

1 When morn - ing gilds the skies, my heart, a - wak - ing, cries,  
2 When mirth for mu - sic longs, this is my song of songs:  
3 No love - lier an - ti - phon in all high heaven is known  
4 Ye na - tions of man - kind, in this your con - cord find:  
5 Sing, suns and stars of space, sing, ye that see his face,

1 may Je - sus Christ be praised! When eve - ning sha - dows fall,  
2 may Je - sus Christ be praised! God's ho - ly house of prayer  
3 than, Je - sus Christ be praised! There to the e - ter - nal Word  
4 may Je - sus Christ be praised! Let all the earth a - round  
5 sing, Je - sus Christ be praised! God's whole cre - a - tion o'er,



1 this rings my cur-few call, may Je-sus Christ be praised!  
 2 hath none that can com-pare with: Je-sus Christ be praised!  
 3 the e-ter-nal psalm is heard: may Je-sus Christ be praised!  
 4 ring joy-ous with the sound: may Je-sus Christ be praised!  
 5 both now and ev-er-more shall Je-sus Christ be praised!

Words: German, ca. 1800; tr. Robert Seymour Bridges (1844-1930), alt. Music: *Laudes Domini*, Joseph Barnby (1838-1896).

## Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *Great Spirit God,  
 we give you thanks for another day on this earth.  
 We give you thanks for this day  
 to enjoy the compassionate goodness of you, our Creator.  
 We acknowledge with one mind  
 our respect and gratefulness to all the sacred cycle of life.  
 Bind us together in the circle of compassion  
 to embrace all living creatures and one another. Amen  
 Amen.*

Prayer from the Rt. Rev. Mark MacDonald ed.,  
 "Ojibwe Evening Prayer," Native American/Alaska Native and Native Hawaiian Liturgies  
 (Anaheim CA: 76th General Convention of the Episcopal Church, 2009)

## Exodus 3:1-15

Reader: *A Reading from the book of Exodus*

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey,

to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”

But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, ‘I am has sent me to you.’” God also said to Moses, “Thus you shall say to the Israelites, ‘The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’:

This is my name forever,  
and this my title for all generations.

Reader: The word of the Lord

People: *Thanks be to God*

### **Psalm 105:1-6,23-26,45c**

Give thanks to the Lord and call upon his Name; \*  
make known his deeds among the peoples.

Sing to him, sing praises to him, \*  
and speak of all his marvelous works.

Glory in his holy Name; \*  
let the hearts of those who seek the Lord rejoice.

Search for the Lord and his strength; \*  
continually seek his face.

Remember the marvels he has done, \*  
his wonders and the judgments of his mouth,

O offspring of Abraham his servant, \*  
O children of Jacob his chosen.

Israel came into Egypt, \*  
and Jacob became a sojourner in the land of Ham.

The Lord made his people exceedingly fruitful; \*  
he made them stronger than their enemies;

Whose heart he turned, so that they hated his people, \*  
and dealt unjustly with his servants.

He sent Moses his servant, \*  
and Aaron whom he had chosen.

Hallelujah!.

## Romans 12:9-21

Reader: *A Reading from Paul's letter to the church in Rome*

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Reader: The word of the Lord

People: ***Thanks be to God***

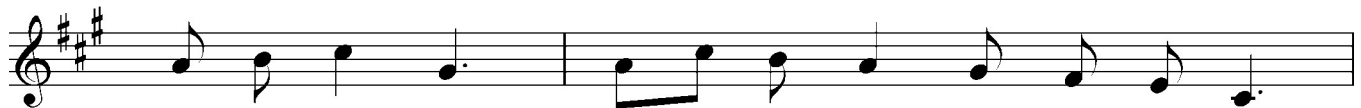
### ♩ Hymn #633

### "Word of God"

Blue Hymnal



1 Word of God, come down on earth, liv - ing rain from  
2 Word e - ter - nal, throned on high, Word that brought to  
3 Word that caused blind eyes to see, speak and heal our  
4 Word that speaks your Fa - ther's love, one with him be -



heaven de - scend - ing; touch our hearts and bring to birth  
life cre - a - tion, Word that came from heaven to die,  
mor - tal blind - ness; deaf we are: our heal - er be;  
yond all tell - ing, Word that sends us from a - bove



faith and hope and love un - end - ing. Word al - might - y,  
cru - ci - fied for our sal - va - tion, sav - ing Word, the  
loose our tongues to tell your kind - ness. Be our Word in  
God the Spi - rit, with us dwell - ing, Word of truth, to



we re - vere you; Word made flesh, we long to hear you.  
world re - stor - ing, speak to us, your love out - pour - ing.  
pi - ty spo - ken; heal the world, by our sin bro - ken.  
all truth lead us, Word of life, with one Bread feed us.

## **Matthew 16:21-28**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: ***Glory to You, Lord Christ.***

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?"

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Gospeller: The Gospel of Christ.

People: ***Praise to You, Lord Christ.***

## **Sermon**

Rev. Mike Eggleston

[We pause for a few moments' reflection before affirming our faith.]

## **Affirmation of Faith**

*Nicene Creed*

*Let us affirm our faith in Jesus Christ the Son of God.*

All: ***We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.***

***We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven***

*and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.*

## **Prayers of the People**

Eternal God: we thank you for the beauty of the World: for the teeming life of the seas, the flight of birds, and the diversity of animal life. Grant us grace to treat Creation with respect and care; to protect endangered species, to preserve the variety of habitats, and to honor the delicate balance of nature. God of life: *hear our prayer.*

We thank you for the wealth of blessings from land and sea; for the power of wind, and the warmth of sun. We pray for the nations of the earth, give us the will to cherish this planet and to use its resources sustainably for the welfare of all. God of justice: *hear our prayer.*

We pray for the faithful witness of the Church, called to reconcile and heal: For this parish and Bishop Lucinda, Canon Martha, Rev. Jen, Rev. Mike, and all our visiting clergy in this time of transition. God of grace: *hear our prayer.*

We pray for the human family. We exult in our diversity and giftedness, we repent of our sins, divisions and violence. By the power of your Spirit, restore your image within us. As every human being is known and loved by you, may we care for one another with love and respect. We pray for those you have commended to our care:

[here prayers are added from the bidding book and  
you are invited to add your own prayers silently or in the chat]

God of compassion: *hear our prayer.*

We pray for those who have died, whom we entrust to your eternal love; may we support and comfort those who mourn. God of peace: *hear our prayer.*

*Bountiful God, you call us to labor with you in tending the earth: Where we lack love, open our hearts to the world; where we waste, give us discipline to conserve; where we neglect, awaken our minds and wills to insight and care. May we with all your creatures honor and serve you in all things for you live and reign with Christ, Redeemer of all, and with your Holy Spirit, one God, now and for ever. Amen. .*

## **Confession and Absolution**

*Let us confess our sins against God and our neighbor.*

All: *Most merciful God,  
we confess that we have sinned against you*

*in thought, word, and deed,  
by what we have done,  
and by what we have left undone.*

*We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.*

*For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## **The Peace**

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

## **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

### **51. For a Birthday p 830**

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

### **52. For an Anniversary p 431**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### **53. For Travelers p 831**

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## **Transition Prayer**

*O Lord,  
You are the light that illumines our path.  
You are the map that gives us direction.*

*You are the peace that makes us strong.  
You are the guide whom we faithfully follow.  
May your light illuminate our entire lives.  
And your guidance bring direction to our work.  
May we find inspiration in your Word,  
And peace in our hearts as we follow you. Amen.*

## The Offertory

You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.

♪ **Offertory Hymn #433** **We gather together** Blue Hymnal

♪ **Doxology:** [Hymn tune #400]

[sung] *Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

**Holy Eucharist** BCP Prayer C

Celebrant: The Lord be with you all.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give God thanks and praise.*

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: *Glory to you for ever and ever.*

Celebrant: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People: *By your will they were created and have their being.*

Celebrant: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People: *Have mercy, Lord, for we are sinners in your sight.*

Celebrant: Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

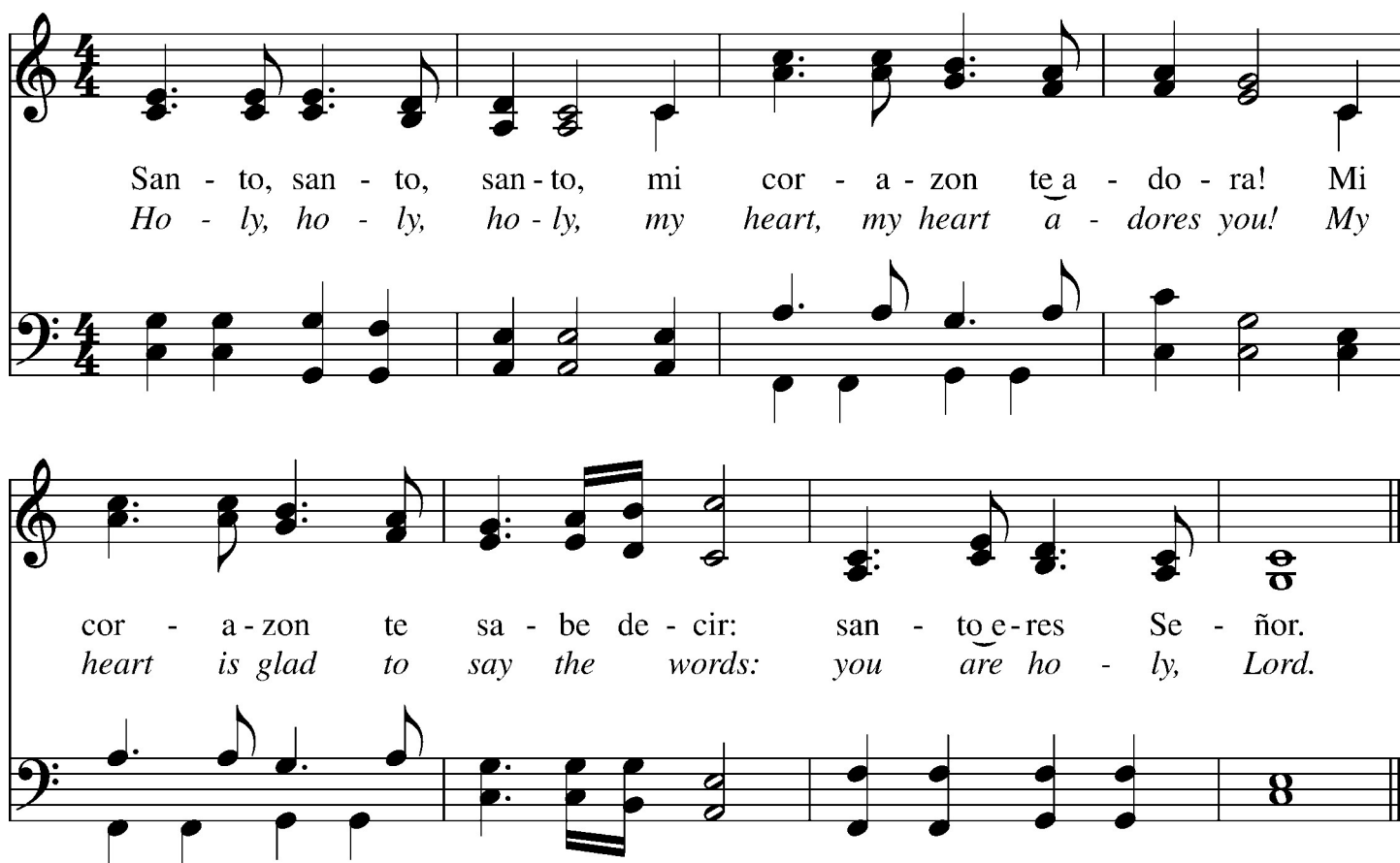
People: *By his blood, he reconciled us.  
By his wounds, we are healed.*

Celebrant: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



# Sanctus

WLP 785



San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi  
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.  
 heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

## *The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

*All: We celebrate his death and resurrection,  
 as we await the day of his coming.*

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: *Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. AMEN.

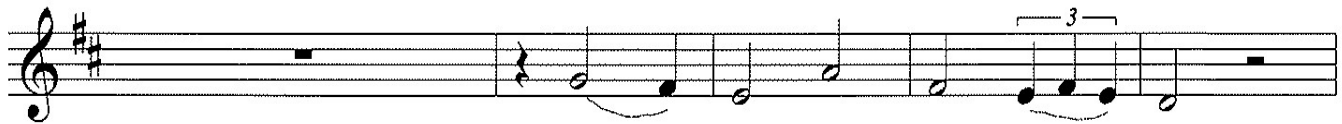
### The Lord's Prayer

And now, as our Savior Christ has taught us, we sing:

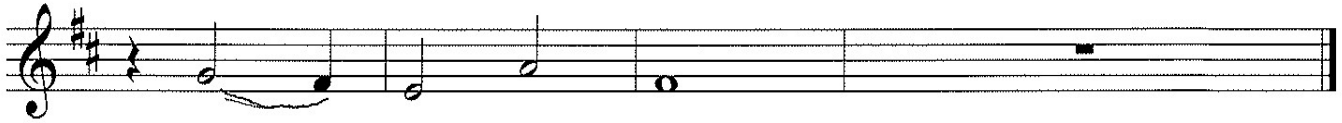
Voice

Our Fa-----ther in  
Heaven Holy be-<sup>3</sup> your name Your kingdom come; Your will be  
done on earth as in heav'n. Give us this day our dai-----ly  
bread. Forgive us our sins as we for- give those who sin a - gainst us.  
Save us from the time of tri-al and de - li-ver-us from e-vil For the  
king - dom the po-wer and the glo----- ry are yours now & for---e---ver

Detailed description: This is a musical score for a voice part, set in G major and 4/4 time. It consists of seven staves of music with corresponding lyrics underneath. The score includes various musical notations such as rests, eighth and sixteenth notes, triplets, and a repeat sign with first and second endings. The lyrics are: "Our Fa-----ther in Heaven Holy be-<sup>3</sup> your name Your kingdom come; Your will be done on earth as in heav'n. Give us this day our dai-----ly bread. Forgive us our sins as we for- give those who sin a - gainst us. Save us from the time of tri-al and de - li-ver-us from e-vil For the king - dom the po-wer and the glo----- ry are yours now & for---e---ver".



A -----men A -----men A-----men



A -----men A -----men.

Composed by Jack Noble White

### The Breaking of the Bread

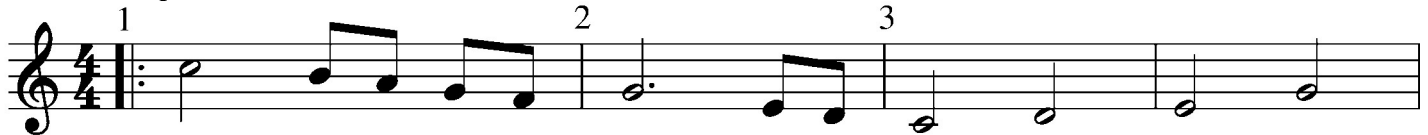
The celebrant breaks the Bread

### ♪ Fraction Anthem

(sung in rounds)

WLP 874 (principal canon)

*Principal Canon*



Who - ev - er eats this bread will live for - ev - er.



Who - ev - er eats this bread will live for - ev - er.

### Holy Communion

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: *Therefore let us keep the feast. Alleluia.*

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

If God is calling you, you are welcome to receive communion in your home, please contact the church office to make arrangements.

We use wine per the Canons of the Episcopal Church.

If you prefer to abstain from alcohol for any reason, you may receive the cup by sight.

Taking Communion with just one element (Bread) is considered complete.

We have gluten free wafers available.

### ♪ Communion Music

*“Interlude No. 12”*

♩ Communion Hymn #321

My God Thy Table

Blue Hymnal

1 My God, thy ta - ble now is spread, thy cup with  
 2 O let thy ta - ble hon - ored be, and fur - nished  
 3 Drawn by thy quick - ening grace, O Lord, in coun - tless  
 4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren  
 well with joy - ful guests; and may each soul sal -  
 num - bers let them come and gath - er from their  
 world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.  
 va - tion see, that here its sa - cred pledg - es tastes.  
 Fa - ther's board the Bread that lives be - yond the tomb.  
 all be blessed who see the light or feel the sun.

Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816).

Silence

**Prayer**

*All-compassionate and ever-living God,  
 we thank you for feeding us with the spiritual food  
 of the most precious Body and Blood  
 of your Son our Savior Jesus Christ;*

*and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.*

## Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a parent. Go in peace to follow the good road and may God's blessing be with you always. Amen. (source: Saint Clare)

## Announcements

### ♪ Final Hymn #416

### For the Beauty of the Earth

Blue Hymnal (tune #288)

1 For the beau—ty of the earth, for the beau—ty of the skies,  
2 All the plen—ty sum—mer pours; aut—umn's rich o'er flow—ing stores;  
3 As thy prosp—ering hand hath blessed, may we give thee of our best;

1 For the love which from our birth ov—er and a—round us lies,  
2 hill and vale, and tree and flower, sun and moon, and stars of light,  
3 for the my—stic har—mon—y link—ing sense to sound and sight,

Refrain:

*Christ our God, to thee we raise this our hymn of grate—ful praise*

4 For the joy of human love,  
brother, sister, parent, child,  
friends on earth, and friends above,  
for all gentle thoughts and mild,

*Refrain*

5 For the Church which evermore  
lifteth holy hands above,  
offering up on every shore  
thy pure sacrifice of love,

*Refrain*

6 For each perfect gift of thine  
to the world so freely given,  
faith and hope and love divine,  
peace on earth and joy in heaven,

*Refrain*

*For the beauty of the earth*, #416 from *The Hymnal 1982* — Words: Folliot Sandford Pierpoint (1835-1917).  
By permission of Oxford University Press.

*Praise to God, immortal praise*, #288 from *The Hymnal 1982* — Music: Dix, melody Conrad Kocher (1786-1872); arr. William Henry Monk (1823-1889); harm. *The English Hymnal*, 1916.

## Dismissal

Celebrant: Let us go forth into the world,  
rejoicing in the power of the Spirit.

All: ***Thanks be to God. Alleluia! Alleluia!***

## ♪ Postlude

*“Canticle of the Sun”*

Marty Haugen

Paul A. Tate

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is from the outline in the Book of Common Prayer.  
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## **Ministers of the Service**

Celebrant:	The Rev. Jen Crompton
Preacher:	Rev. Mike Eggleston
Eucharistic Minister:	Michael Lucas
Lector:	Rev. Mike Eggleston
Flowers:	Elaine Beckham
Ushers:	Barbara Schippers & Jim Malone
Intercessor:	Helen Schneiders
Altar Guild:	Letty Cotta
Tellers:	Steve Cake & Alice Welchert
Technical:	Hannah-Jaye Matthew

## **This Week at St Ben's**

Monday	Sep 4
3:30p	Liturgy Committee Meeting (Zoom)
Tuesday	Sep 5
5:30p	Vespers in-person
Wednesday	Sep 6
4:00p	Community Dinner
Sunday	Sep 10
8:00a	Contemplative Service
10:30a	Eucharist Service

## Announcements

**New Office Hours:** The office hours are changing! The new hours are Tuesday-Thursday-Saturday from 2-5pm.

**The Flower Guild** welcomes new Member, Pamela Bleisch! Volunteers continue to be welcomed to help with St. Ben's Sunday floral arrangements. If you are considering doing so, perhaps providing one once in a while, please talk to Sharon Porter. Reimbursement for your flower purchase is available.

**Tuesday Morning Prayers & Spiritual Conversation:** There will be no morning prayers or spiritual conversation this week. Both Morning Prayers and the Tuesday morning Spiritual conversation will resume September 12th. The Spiritual Conversation discussion will be based on ideas from Joan Chittister's [Awakenings: Prophetic Reflections](#). You do not have to read the book to participate. Tuesdays at 10:30 on [Zoom](#).

**The Altar Guild** serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Diana Hammerlund.

**Special music on Sunday, September 10th, 2023.** Harpist Jennifer Sayre will be joining us to play the prelude and postlude as well as during communion. Jennifer is a World class musician as well as beloved friend of many folks here at St. Ben's. We are grateful to Rev. Judy Stevens for arranging Jennifer's visit with us.

**Personal Prayer:** If you'd like prayer support during the week, contact Lisa Gonzalez (805-441-3386). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

**Bidding Book Prayers** – If you'd like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

**Diocesan Visionary Task Force** the Visioning Taskforce is leading an important guided conversation about our changing diocese, calling us to stretch our imaginations toward God's dream for our future in ministry and mission. Each conversation will last for 90 minutes and will include small group discussions. Sessions are filling up quickly, so register soon. Click [here](#) to register. You are invited to attend an in-person conversation on one of the remaining dates (all zoom sessions are full at this time):

- Saturday, September 9, 10 a.m., St. James, Paso Robles, in-person



**Community Dinner**—September 6, is St. Ben's opportunity to serve our community dinner. The planned menu is Hawaiian Sweet Dinner Roll Sliders. There will be a Ham & Cheese option as well as a Cheese only option for approximately 100+ people.

We need:

- 5 people to bring 4 dozen Hawaiian Sweet Dinner Rolls (48)
- 5 people to bring 25 small individual packages of chips (potato, tortilla, etc)

When:

- Food needs to be at the Los Osos Community Center on LOVR by 4OPM on Wednesday.

Call Maureen at 805-441-7262 with questions.

### **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

### **Our Mission Statement**

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

### **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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