



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Transfiguration Sunday

August 6, 2023

Whoever you are and wherever you are in your faith journey,
there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

"Be Thou My Vision"

Arrg by. Bob Krostad

♪ Hymn #517

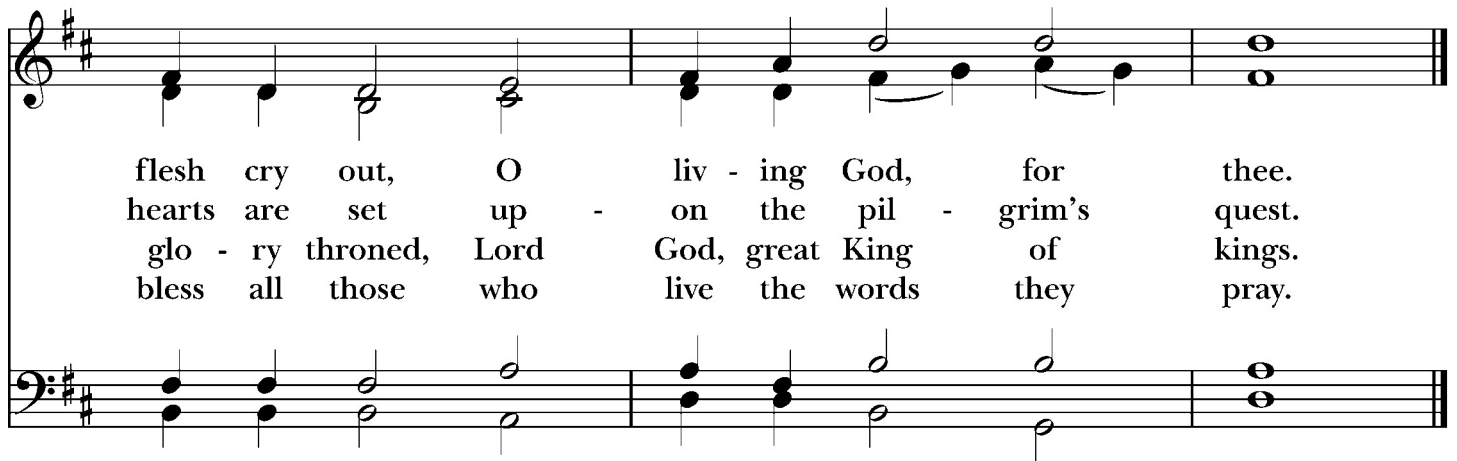
How Lovely is Thy Dwelling Place

Blue Hymnal

1 How love - ly is thy dwell - ing - place, O Lord of hosts, to
2 Be - side thine al - tars, gra - cious Lord, the swal - lows find a
3 They who go through the des - ert vale will find it filled with
4 One day with - in thy courts ex - cels a thou - sand spent a -

me! My thirst - y soul de - sires and longs with -
nest; how hap - py they who dwell with thee and
springs, and they shall climb from height to height till
way; how hap - py they who keep thy laws nor

in thy courts to be; my ve - ry heart and
praise thee with - out rest, and hap - py they whose
Zi - on's tem - ple rings with praise to thee, in
from thy pre - cepts stray, for thou shalt sure - ly



flesh cry out, O liv - ing God, for thee.
 hearts are set up - on the pil - grim's quest.
 glo - ry throned, Lord God, great King of kings.
 bless all those who live the words they pray.

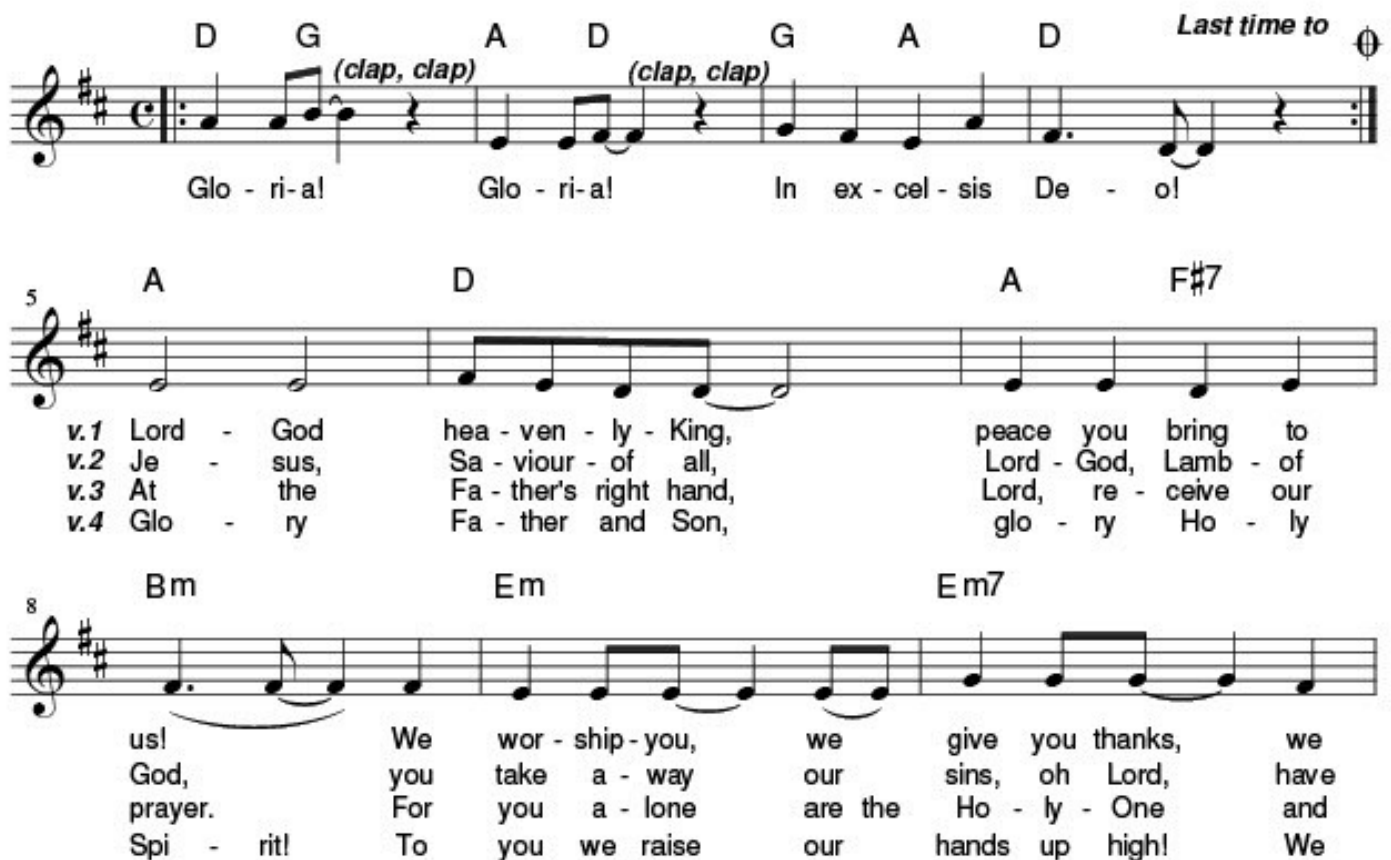
Words: Para. of Psalm 84; sts. 1-2, *The Psalms of David in Meeter*, 1650, alt.; sts. 3-4, Carl P. Daw, Jr. (b. 1944). Sts. 3-4, Copyright © 1982 by Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission. Music: *Brother Jame's Air*, J. L. Mcbeth Bain (1840?-1925). By permission of Oxford University Press.

Celebrant: Blessed are you, holy and living One.

People: *Glory to God for ever and ever.*

All: *Almighty and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♪ Gloria! Gloria! In excelsis Deo!



D G A D G A D Last time to

(clap, clap) (clap, clap)

Glo - ri - al Glo - ri - al In ex - cel - sis De - o!

5 A D A F#7

v.1 Lord - God hea - ven - ly - King, peace you bring to
 v.2 Je - sus, Sa - viour - of all, Lord - God, Lamb - of
 v.3 At the Fa - ther's right hand, Lord, re - ceive our
 v.4 Glo - ry Fa - ther and Son, glo - ry Ho - ly

8 Bm Em Em7

us! We wor - ship - you, we give you thanks, we
 God, you take a - way our sins, oh Lord, have
 prayer. For you a - lone are the Ho - ly - One and
 Spi - rit! To you we raise our hands up high! We

11 Em A sus4 A D.C. $\text{\textcircled{0}}$ G A

sing our song - of praise! In ex - cel - sis
mer - cy on - us all!
you - a - lone are Lord!
glo - ri - fy your name!

15 D G A D

De - ol In ex - cel - sis De - - -

19

ol

Composed by Mike Anderson

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Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *O God, who on the holy mount revealed to chosen witnesses your well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with you, O Father, and you, O Holy Spirit, lives and reigns, one God, for ever and ever. Amen.*

Exodus 34:29-35

Reader: *A Reading from the book of Exodus*

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

Reader: The word of the Lord

People: *Thanks be to God*

Psalm 99:5-9

Proclaim the greatness of the Lord our God
and fall down before his footstool; *
he is the Holy One.

Moses and Aaron among his priests,
and Samuel among those who call upon his Name, *
they called upon the Lord, and he answered them.

He spoke to them out of the pillar of cloud; *
they kept his testimonies and the decree that he gave them.

O Lord our God, you answered them indeed; *
you were a God who forgave them, yet punished them for their evil deeds.

Proclaim the greatness of the Lord our God
and worship him upon his holy hill; *
for the Lord our God is the Holy One.

2 Peter 1:13-21

Reader: *A Reading from Peter's second letter*

I think it right, as long as I am in this body, to refresh your memory, since I know that my death will come soon, as indeed our Lord Jesus Christ has made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

Reader: The word of the Lord
People: ***Thanks be to God***

♪ Hymn #487

Come my way

Blue Hymnal



1	Come,	my	Way,	my	Truth,	my	Life:	such	a
2	Come,	my	Light,	my	Feast,	my	Strength:	such	a
3	Come,	my	Joy,	my	Love,	my	Heart:	such	a



way as gives us breath; such a truth as ends all
 light as shows a feast; such a feast as mends in
 joy as none can move; such a love as none can



strife; such a life as kill - eth death.
 length; such a strength as makes _____ his guest.
 part; such a heart as joys _____ in love.

Words: George Herbert (1593-1633). Music: *The Call*, Ralph Vaughan Williams (1872-1958).

Luke 9:28-36

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: **Glory to You, Lord Christ.**

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah” —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

Gospeller: The Gospel of Christ.

People: **Praise to You, Lord Christ.**

Sermon

the Rev. Jen Crompton

[We pause for a few moments' reflection]

Affirmation of Faith

Nicene Creed

Let us affirm our faith in Jesus Christ the Son of God.

All: **We trust in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

*We trust in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We trust in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy; *Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy; *Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy; ***Hear our prayer.***

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy; ***Hear our prayer.***

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy; ***Hear our prayer.***

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy; ***Hear our prayer.***

[here prayers are added from the bidding book and
you are invited to add your own prayers privately or in the chat]

Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. Amen.

Confession and Absolution

Let us confess our sins against God and our neighbor.

All: ***Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.***

Celebrant: *Holy One have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen*

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

Please greet each other in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

O Lord,

You are the light that illumines our path.

You are the map that gives us direction.

You are the peace that makes us strong.

You are the guide whom we faithfully follow.

May your light illuminate our entire lives.

And your guidance bring direction to our work.

May we find inspiration in your Word,

And peace in our hearts as we follow you. Amen.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

♪ Offertory Hymn

“Transfigure Us, Oh Lord”

INTRO (♩ = ca. 64)

C Cmaj7/E F G/B C C/B Am Dsus4 Dm Dm/C

(Keyboard)

G E/G# Fmaj7/A G/B Csus4 C Fmaj9/A G Gsus4 C

REFRAIN

C Cmaj7/E F G/B C C/B

Trans - fig - ure us, O Lord, trans - fig - ure us, O Lord._____

Am Dsus4 Dm Dm/C G E/G#

Break the chains that bind us;_____ speak your heal - ing word, and

Fmaj7/A G/B Csus4 C Fmaj9/A G Gsus4 C Csus4 C

where you lead we'll fol - low. Trans - fig - ure us, O Lord.

to Coda ⊕

VERSES

Fmaj7/A F/C C Am Gsus4 G

1. Down from heights of glo - ry in - to the depths be - low, the
2. Light for those in dark - ness, the hun - gry have their fill, glad
3. Par - don for the sin - ner, a shep - herd for the sheep, a
4. To the ho - ly cit - y, Je - ru - sa - lem, you go; your

G/B Csus4 C Cmaj7/E F G/F F

1. love of God self - emp - tied, the love of God to show._____ You
2. tid - ings for the hum - ble, the heal - ing of all ills;_____ in
3. drink of liv - ing wa - ter for all who thirst and seek,_____ and
4. face set toward the end - ing, the cross to be your throne._____ 7

C Am7 Dm7 Gsus4 G D.S.

1. light the path be - fore us, the way that we must go.
2. these we glimpse your glo - ry, God's prom - is - es ful - filled.
3. feast - ing at your ta - ble, the low - ly and the least.
4. Shall we jour - ney with you and share your pas - chal road?

⊕ CODA

F/A G/B Csus4 C Dsus4 D Gsus2,4 G G/A A

Lord.

FINAL REFRAIN

D Dmaj7/F# G A/C# D D/C#

Trans - fig - ure us, O Lord, trans - fig - ure us, O Lord._____

Bm Esus2,4 Em Em/D A F#/A# Gmaj7/B A/C#

Break the chains that bind us;_____ speak your heal - ing word, and where you lead we'll

Dsus4 D Gsus2/B rit. A Asus4 G/B a tempo Asus4 A A7sus4 rit. D (let ring)

fol - low. Trans - fig - ure us, O Lord.

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♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

BCP Prayer C

Celebrant: The Lord be with you all.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give God thanks and praise.*

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: *Glory to you for ever and ever.*

Celebrant: At your command all things came to be:
the vast expanse of interstellar space,
galaxies, suns, the planets in their courses,
and this fragile earth, our island home.

People: ***By your will they were created and have their being.***

Celebrant: From the primal elements you brought forth the human race,
and blessed us with memory, reason, and skill. You made us
the rulers of creation. But we turned against you, and betrayed
your trust; and we turned against one another.

People: ***Have mercy, Lord, for we are sinners in your sight.***

Celebrant: Again and again, you called us to return. Through prophets
and sages you revealed your righteous Law. And in the
fullness of time you sent your only Son, born of a woman, to
fulfill your Law, to open for us the way of freedom and peace.

People: ***By his blood, he reconciled us.***

By his wounds, we are healed.

Celebrant: And therefore we praise you, joining with the heavenly
chorus, with prophets, apostles, and martyrs, and with all
those in every generation who have looked to you in hope, to
proclaim with them your glory, in their unending hymn:

♪ Sanctus

S129

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
might, hea - ven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est. _____

The musical score is written on four staves in treble clef. The first staff contains the melody for "Ho - ly, ho - ly, ho - ly Lord, God of pow - er and". The second staff continues with "might, hea - ven and earth are full of your glo - ry. Ho -". The third staff continues with "san - na in the high - est. Bless - ed is he who". The fourth staff concludes with "comes in the name of the Lord. Ho - san - na in the high - est. _____". There are three triplet markings (indicated by a bracket with the number 3) over the notes in the second, third, and fourth staves.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."
Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

All: We celebrate his death and resurrection, as we await the day of his coming.

Celebrant: Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All: Risen Lord, be known to us in the breaking of the Bread.

Celebrant: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. Amen.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

*Our Father, in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us this day our daily bread.
And forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.*

The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem

WLP 872

A - gnus De - i qui tol - lis pec - ca - ta
mun - di, Mi - se - re - re no - bis.
(Do - na no - bis pa - cem).

(To conclude, some sopranos and tenors of the choir may sing the following several times as an ostinato.)

Do - na no - bis pa - cem.

* *May be sung as a round.*

Music: Jacques Berthier (1923-1994). Copyright © 1984 Taizé, admin. GIA Publications, Inc.

Holy Communion

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: ***Therefore let us keep the feast. Alleluia.***

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*If God is calling you, you are welcome to receive communion in your home,
please contact the church office to make arrangements.*

We use wine per the Canons of the Episcopal Church.

If you prefer to abstain from alcohol for any reason, you may receive the cup by sight.

Taking Communion with just one element (Bread) is considered complete.

We have gluten free wafers available.

♪ Communion Music

“Take My Life and Let it Be Consecrated”

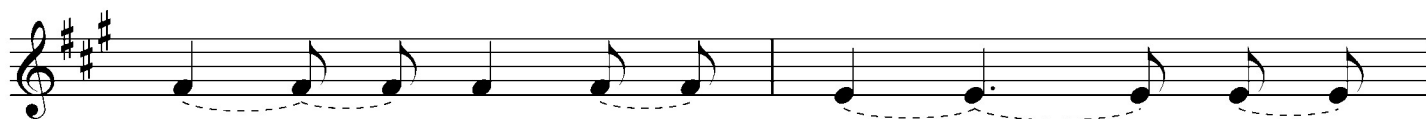
“At the Cross”

Arranged by Bill Wolaver.

Arranged by Richard Higgins



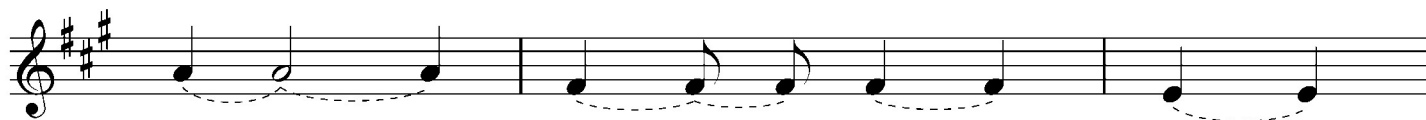
1 I am the bread of life;— they who
 2 (The) Bread that— I will give— is my
 3 (Un-) less— you eat— of the
 4 I am the re - sur - rec - tion, —
 5 (Yes,) Lord, — we be - lieve — that —



1 come to me shall not — hun - ger; they who be -
 2 Flesh for the life of the world, — and they who
 3 Flesh of the Son of — Man — and —
 4 I — am the — life. — They who be -
 5 you — are the — Christ, — the —



1 lieve in me shall not thirst. No one can come to
 2 eat — of this bread, they shall — live for
 3 drink — of his Blood, you shall not have life with -
 4 lieve — in me, e - ven — if they
 5 Son — of God who — has



1 me — un - less the — Fa - ther draw them.
 2 ev - er. — they shall — live for ev - er.
 3 in you. you shall not have life with - in you.
 4 die, — they shall — live for ev - er.
 5 come — in - to — the — world. —

Descant

And I will raise them up, and I will raise them

Refrain

And I will raise them up, and I will raise them

up, and I will raise them up on the

up, and I will raise them up on the

last day. _____ 5 Yes, day.

last day. _____ 2 The
3 Un- day.
4 —
5 Yes,
(?)

Final Ending

Words: Suzanne Toolan (b. 1927), adapt. of John 6. Copyright © 1971, G.I.A. Publications, Inc. Music: *I Am the Bread of Life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928). Copyright © 1971, G.I.A. Publications, Inc.

Prayer

*Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.*

*And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.*

Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. Amen.

(source: from Saint Clare)

Announcements

♪ Final Hymn

Shine Jesus Shine

Guitar (Capo 1): G
Keyboard: A \flat

C/G Db/A \flat G Ab D Eb

Lord, the light of Your love is shin - ing,
Lord, I come to Your awe - some pres - ence,
As we gaze on Your king - ly bright - ness,

G C/G G D C D/C
Ab Db/A \flat Ab Eb Db Eb/D \flat

in the midst of the dark - ness shin - ing. Je - sus, Light of the
from the shad - ows in - to Your ra - diance. By the blood I may
so our fac - es dis - play Your like - ness. Ev - er chang - ing from

Bm7 Em C D/C Bm7 Em
Cm7 Fm Db Eb/D \flat Cm7 Fm

world, shine up - on us, set us free by the truth You now bring - us.
en - ter Your bright - ness; search me, try me, con - sume all my dark - ness.
glo - ry to glo - ry, mir - rored here may our lives tell Your sto - ry. }

F Gb Dsus D F Dsus D
 Eb sus Eb Gb Eb sus Eb
 Shine on me, shine on me.

G D/G C G/B Am C/D D C/D D
 Ab Eb/Ab Db Ab/C Bbm Db/Eb Eb Db/Eb Eb
 Shine, Je - sus, shine, fill this land with the Fa - ther's glo - ry.

G D/G C G/B Am Am/G F D/F#
 Ab Eb/Ab Db Ab/C Bbm Bbm/Ab Gb Eb/G
 Blaze, Spir - it, blaze, set our hearts on fire.

G D/G C G/B Am C/D D C/D D
 Ab Eb/Ab Db Ab/C Bbm Db/Eb Eb Db/Eb Eb
 Flow, riv - er, flow, flood the na - tions with grace and mer - cy.

G D/G C G/B Am D G
 Ab Eb/Ab Db Ab/C Bbm Eb Ab
 Send forth Your Word, Lord, and let there be light.

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Words and Music by
GRAHAM KENDRICK

Dismissal

Celebrant: Alleluia! Alleluia! Let us go forth into the world,
rejoicing in the power of the Spirit.

All: *Thanks be to God. Alleluia! Alleluia!*

♪ Postlude

“Worthy”

Composed by Todd Beamy

Today's Eucharist Liturgy
is from the outline in the Book of Common Prayer.
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Ministers of the Service

Celebrant:	The Rev. Jen Crompton
Eucharistic Minister:	Michael Lucas
Lector:	John Horsley
Flowers:	Sharon Porter
Ushers:	Maureen Titus & Ron Thompson
Intercessor:	Lisa Gonzalez
Altar Guild:	Lisa Gonzalez
Onlin Host:	Jane Wu
Tellers:	Diana Hammerlund & Steve Cake
Music:	Ann Lucas
Technical:	Hannah-Jaye Matthew

This Week at St Ben's

Monday 3:30p	August 7 Liturgy Committee
Tuesday 9:45a 10:15a 5:30p	Aug 8 Prayers for the Morning Spiritual Conversation Vespers
Saturday 9:00a	Aug 12 Celebration of Life

Announcements

PERSONAL PRAYER – If you'd like prayer support during the week, contact Lisa Gonzalez (805-441-3386). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

Vespers Continues Through the Summer Join us on Tuesday Nights at 5:30 pm for Vespers. Vespers is a brief evening service often followed by fellowship. This service is adapted from a Celtic liturgy for evening prayer. It is a wonderful opportunity to pause during the week for reflection and community. All are welcome, no previous attendance needed to join in. This service is only offered in-person at this time.

Spiritual Conversation - This week we will continue a conversation based on the ideas in [Rediscovering God](#) by Fr. Cyprian Consiglio. You do not have to read the book to participate. Tuesdays at 10:30 on [Zoom](#).

Meet Author and Musician Prior Cyprian Consiglio The Monastery of the Risen Christ and St. Benedict's Episcopal Church invite you to join us as Prior Cyprian Consiglio, OSB Cam., releases his newest book in San Luis Obispo on August 17th. He will give a general overview of the work followed by a discussion. Books will be available and signed.

Prior Cyprian is a Camaldolese Benedictine monk at the New Camaldoli hermitage in Big Sur. As a monk, musician, composer, author, and teacher, he also travels in Asia, Europe, and the Middle East, studying, teaching, and performing.

Monastery of the Risen Christ
2308 O'Connor Way, San Luis Obispo, CA
Thursday August 17th at 5:00 PM

Diocesan Visionary Task Force the Visioning Taskforce is leading an important guided conversation about our changing diocese, calling us to stretch our imaginations toward God's dream for our future in ministry and mission. Each conversation will last for 90 minutes and will include small group discussions. Sessions are filling up quickly, so register soon [here](#).

You are invited to attend an in-person conversation on Saturday, September 9, 10 a.m., St. James, Paso Robles. All zoom sessions are full at this time.

The Altar Guild serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Diana Hammerlund.

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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