



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Eighth Sunday after Pentecost

July 23, 2023 8 am

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

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Celebrant: Blessed are you, holy and living One.

People: ***Glory to God for ever and ever.***

All: ***Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God Creator, Word and Holy Spirit, Amen.***

## Collect of the Day

Celebrant: Christ be with you.

People: ***And also with you.***

Celebrant: Let us pray.

All: ***Gracious God, we commend to your loving care all who suffer, especially those who come [here] seeking your healing grace [for themselves or others]. Give them patience and hope in their distress; strengthen and uphold them in mind and body; and grant, by your intervention, that all your people may be made whole according to your desire, through Jesus Christ, in the power of the Holy Spirit. Amen.***

from Enriching Our Worship II

## Romans 8:12-25

Lector: *A reading from Paul's Letter to the church in Rome*

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of

God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Reader: *Hear What the Spirit is saying to God's people.*

All: *Thanks be to God*

### **Matthew 13:24-30,36-43**

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to Matthew*

People: *Glory to You, Lord Christ.*

Jesus put before the crowd another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy

who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!”

Gospeller: *The Gospel of Christ*

People: *Praise to You, Lord Christ.*

[We pause for a few moments' reflection before affirming our faith.]

## **Affirmation of Faith**

*We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;*

*he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## **Prayers of the People - A Litany for Healing**

EOW2

Let us name before God those for whom we offer our prayers, starting with those in the bidding book...

*( Prayers from the bidding book are read.  
Please add your own prayers silently or aloud.)*

God the Father, your will for all people is health and salvation;

*We praise you and thank you, O Lord.*

God the Son, you came that we might have life, and might have it more abundantly;

*We praise you and thank you, O Lord.*

God the Holy Spirit, you make our bodies the temple of your presence;

*We praise you and thank you, O Lord.*

Holy Trinity, one God, in you we live and move and have our being;

*We praise you and thank you, O Lord.*

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;

*Hear us, O Lord of life.*

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

***Hear us, O Lord of life.***

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

***Hear us, O Lord of life.***

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

***Hear us, O Lord of life.***

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

***Hear us, O Lord of life.***

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

***Hear us, O Lord of life.***

You are the Lord who does wonders:

***You have declared your power among the peoples.***

With you, O Lord, is the well of life:

***And in your light we see light.***

Hear us, O Lord of life:

***Heal us, and make us whole.***

*Almighty God, giver of life and health: Send your blessing on all who are sick, and upon those who minister to them, that all weakness may be vanquished by the triumph of the risen Christ; who lives and reigns for ever and ever. Amen.*

## **Confession and Absolution**

All: ***Compassionate God,  
we confess our weaknesses and our need for your strengthening touch.  
We confess that some illnesses stem from our own fault,  
while others are beyond our control.  
We turn to you, source of life,  
and ask in the name of our Savior Jesus Christ***

*for the gifts of true healing and life in you. Amen.*

Celebrant: May the God of love visit you in your times of trial and weakness, and raise you to newness of life, through Jesus Christ, in the power of the Holy Spirit. Amen.

## **Prayers for Healing**

The ministry of Jesus invites us to new life in God and with each other. We proclaim the Good News that God desires us to be healthy and one in the body of Christ. You are invited to offer yourself, whatever your sickness of spirit, mind, or body, and ask for healing and wholeness in the Name of the holy and undivided Trinity.

*(We invite you to pray for healing for yourself, each other, and the planet.  
Those wishing to receive a blessing may come forward.)*

*Let us pray together:*

***Generous God,  
we give you thanks for your beloved Jesus Christ,  
in whom you have shared the beauty and pain of human life.  
Look with compassion upon all for whom we pray,  
and strengthen us to be your instruments of healing in the world,  
by the power of the Holy Spirit. Amen.***

## **The Peace**

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

Please greet others verbally or with a bow or nod.

## **Announcements**

## This Week at St Ben's

Tuesday	July 25
9:45a	Prayers for the Morning (Zoom)
10:15a	Spiritual Conversation (Zoom)
5:30p	Vespers in-person
7:00p	Resonance Rehearsal
Wednesday	July 26
11:00a	Laundry Love
4:00p	Laundry Love
Thursday	July 27
3:00p	Healing Ministry
Sunday	July 30
8:00a	Contemplative Communion
10:30a	Eucharist
2:00p	Deanery Meeting

### ANNOUNCEMENTS

**The Kitchen Crew is fine tuning the Potluck schedule.** Below you will find the assignments for what to bring:

For our next potluck on **August 6:**

If your last name begins with **A thru F**, please bring a **Dessert**

If your last name begins with **G thru L**, please bring a **Main Dish**

If your last name begins with **M thru Z**, please bring a **Salad or a Side dish**

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Lisa Gonzalez (805-441-3386). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

## **Land Acknowledgment**

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## **Our Mission Statement**

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.

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