



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Eighth Sunday after Pentecost

July 23, 2023 10:30 am

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

## ~ Prelude ~

"Comfort"

GENEVA 42  
Genevan Psalter, 1551

Arranged by Chris de Silva  
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Celebrant: Blessed are you, holy and living One.

People: *Glory to God for ever and ever.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God Creator, Word and Holy Spirit, Amen.*

## ♪ Hymn of Praise

I will sing a song unto the Lord

Gather 543

Verses 1, 2, 3, 6



1. I will sing, I will sing a song un - to the Lord.  
2. We will come, we will come as one be - fore the Lord.  
3. If the Son, if the Son shall make you free,  
6. In his name, in his name we have the vic - to - ry.



I will sing, I will sing a song un - to the Lord.  
We will come, we will come as one be - fore the Lord.  
If the Son, if the Son shall make you free,  
In his name, in his name we have the vic - to - ry.



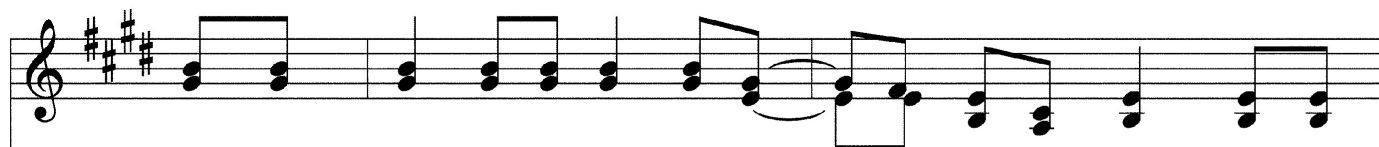
I will sing, I will sing a song un - to the Lord.  
We will come, we will come as one be - fore the Lord.  
If the Son, if the Son shall make you free,  
In his name, in his name we have the vic - to - ry.

*To refrain*

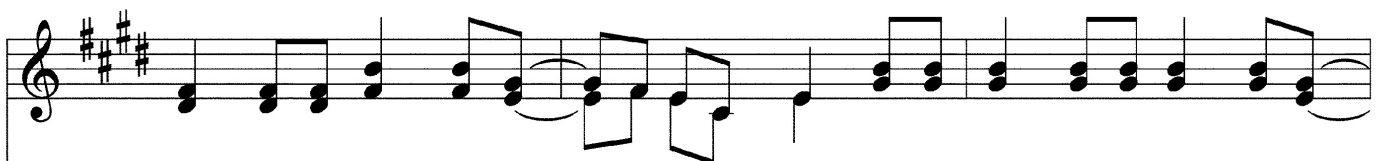


Al - le - lu - ia, glo - ry to the Lord.  
Al - le - lu - ia, glo - ry to the Lord.  
You shall be free in - deed.  
Al - le - lu - ia, glo - ry to the Lord.

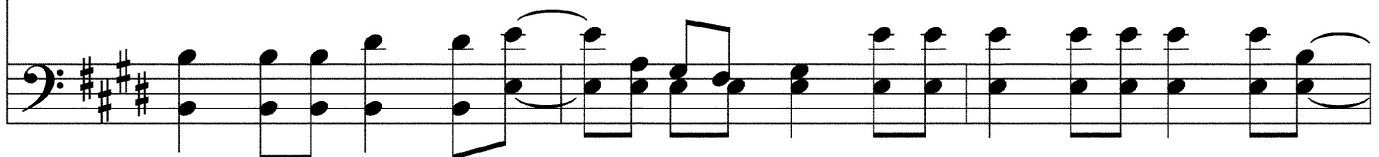
Refrain



Al - le - lu, al - le - lu - ia, glo - ry to the Lord. Al - le -



lu, al - le - lu - ia, glo - ry to the Lord. Al - le - lu, al - le - lu - ia, glo -



*To verses*



ry to the Lord. Al - le - lu - ia, glo - ry to the Lord.



Verses 4, 5



4. They that sow in tears shall reap in joy. They that  
5. Ev - 'ry knee shall bow and ev - 'ry tongue con - fess, Ev - 'ry



sow in tears shall reap in joy. They that  
knee shall bow and ev - 'ry tongue con - fess, Ev - 'ry



sow in tears shall reap in joy. Al - le -  
knee shall bow and ev - 'ry tongue con - fess, That



lu - ia, glo - ry to the Lord.  
Je - sus Christ is Lord.

Text: Max Dyer  
Tune: PULKINGHAM, Irregular; Max Dyer  
© 1974, 1975, Celebration

## Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *Gracious God, we commend to your loving care all who suffer, especially those who come [here] seeking your healing grace [for themselves or others]. Give them patience and hope in their distress; strengthen and uphold them in mind and body; and grant, by your intervention, that all your people may be made whole according to your desire, through Jesus Christ, in the power of the Holy Spirit. Amen.*

from Enriching Our Worship II

## Romans 8:12-25

Lector: *A reading from Paul's Letter to the church in Rome*

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are

led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ - if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Reader: *Hear What the Spirit is saying to God's people.*

All: *Thanks be to God*

*Unison or harmony*

The musical score is written for two staves, Treble and Bass clef, in a key signature of one flat (B-flat major or D minor). It consists of three systems of music with lyrics underneath. The first system has two vocal parts (1 and 2). The second system has two vocal parts. The third system has two vocal parts. The music is a simple, hymn-like setting with chords and single notes.

1 If thou but trust in God to guide thee, and hope in him through  
 2 Sing, pray, and keep his ways un - swerv - ing; so do thine own part

all thy ways, he'll give thee strength what - e'er be - tide thee,  
 faith - ful - ly, and trust his word, though un - de - serv - ing;

and bear thee through the e - vil days. Who trusts in God's un -  
 thou yet shalt find it true for thee; God nev - er yet for -

chang - ing love builds on a rock that nought can move.  
sook in need the soul that trust - ed him in - deed.

Words: Georg Neumark (1621-1681); tr. Catherine Winkworth (1829-1878), alt. Music: *Wer nur den lieben Gott*, Georg Neumark (1621-1681).

## ♪ Hymn #635

If Thou but Trust in God

Blue Hymnal

## Matthew 13:24-30,36-43

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to Matthew*

People: ***Glory to You, Lord Christ.***

Jesus put before the crowd another parable: “The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, ‘Master, did you not sow good seed in your field? Where, then, did these weeds come from?’ He answered, ‘An enemy has done this.’ The slaves said to him, ‘Then do you want us to go and gather them?’ But he replied, ‘No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.’”

Then he left the crowds and went into the house. And his disciples approached him, saying, “Explain to us the parable of the weeds of the field.” He answered, “The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!”

Gospeller: *The Gospel of Christ*

People: ***Praise to You, Lord Christ.***

## Sermon

The Rev Jen Crompton

[We pause for a few moments' reflection before affirming our faith.]

## Affirmation of Faith

***We trust in one God,  
the Father, the Almighty,***

*maker of heaven and earth,  
of all that is, seen and unseen.*

***We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.***

***We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.***

## **Prayers of the People - A Litany for Healing**

EOW2

Let us name before God those for whom we offer our prayers, starting with those in the bidding book...

*( Prayers from the bidding book are read.  
Please add your own prayers silently or aloud.)*

God the Father, your will for all people is health and salvation;

***We praise you and thank you, O Lord.***

God the Son, you came that we might have life, and might have it more abundantly;

***We praise you and thank you, O Lord.***

God the Holy Spirit, you make our bodies the temple of your presence;

***We praise you and thank you, O Lord.***

Holy Trinity, one God, in you we live and move and have our being;

***We praise you and thank you, O Lord.***

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;

***Hear us, O Lord of life.***

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

***Hear us, O Lord of life.***

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

***Hear us, O Lord of life.***

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

***Hear us, O Lord of life.***

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

***Hear us, O Lord of life.***

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

***Hear us, O Lord of life.***

You are the Lord who does wonders:

***You have declared your power among the peoples.***

With you, O Lord, is the well of life:

***And in your light we see light.***

Hear us, O Lord of life:

***Heal us, and make us whole.***

*Almighty God, giver of life and health: Send your blessing on all who are sick, and upon those who minister to them, that all weakness may be vanquished by the triumph of the risen Christ; who lives and reigns for ever and ever. Amen.*

## **Confession and Absolution**

All: ***Compassionate God,***  
***we confess our weaknesses and our need for your strengthening touch.***  
***We confess that some illnesses stem from our own fault,***  
***while others are beyond our control.***  
***We turn to you, source of life,***  
***and ask in the name of our Savior Jesus Christ***  
***for the gifts of true healing and life in you. Amen.***

Celebrant: May the God of love visit you in your times of trial and weakness, and raise you to newness of life, through Jesus Christ, in the power of the Holy Spirit. Amen.

## **Prayers for Healing**

The ministry of Jesus invites us to new life in God and with each other. We proclaim the Good News that God desires us to be healthy and one in the body of Christ. You are invited to offer yourself, whatever your sickness of spirit, mind, or body, and ask for healing and wholeness in the Name of the holy and undivided Trinity.

*(We invite you to pray for healing for yourself, each other, and the planet.  
Those wishing to receive a blessing please leave a comment in the chat.)*

## ♪ Musical Interlude ♪

Original composition by Dave Alm used with permission

*Let us pray together:*

***Generous God,  
we give you thanks for your beloved Jesus Christ,  
in whom you have shared the beauty and pain of human life.  
Look with compassion upon all for whom we pray,  
and strengthen us to be your instruments of healing in the world,  
by the power of the Holy Spirit. Amen.***

## The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

Please greet each other in the chat.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## Transition Prayer

***O Lord,  
You are the light that illumines our path.  
You are the map that gives us direction.  
You are the peace that makes us strong.  
You are the guide whom we faithfully follow.  
May your light illuminate our entire lives.  
And your guidance bring direction to our work.  
May we find inspiration in your Word,  
And peace in our hearts as we follow you. Amen.***



# The Offertory

You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.

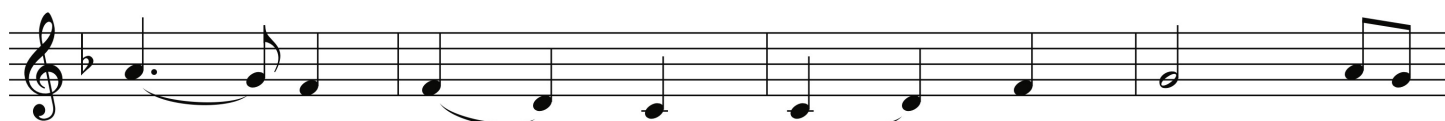
## ♪ Offertory Hymn

## We Cannot Measure

Gather #575



1. We can - not meas - ure how you heal Or  
2. The pain that will not go a - way, The  
3. So some have come who need your help, And



an - swer ev - 'ry suf - f'rer's prayer, Yet  
guilt that clings from things long past, The  
some have come to make a - mends, As



we be - lieve your grace re - sponds Where faith and  
fear of what the fu - ture holds, Are pres - ent  
hands which shaped and saved the world Are pres - ent



doubt u - nite to care. Your hands, though blood - ied  
as if meant to last. But pres - ent too is  
in the touch of friends. Lord, let your Spir - it



on the cross, Sur - vive to hold and heal and  
love which tends The hurt we nev - er hoped to  
meet us here To mend the bod - y, mind, and



warn, To car - ry all through death to  
 find, The pri - vate ag - o - nies in -  
 soul, To dis - en - tan - gle peace from



life And cra - dle chil - dren yet un - born.  
 side, The mem - o - ries that haunt the mind.  
 pain, And make your bro - ken peo - ple whole.

Text: John L. Bell, b.1949  
 Tune: YE BANKS AND BRAES, 8 8 8 8 D; Scottish traditional; arr. by John L. Bell, b.1949  
 © 1989, Iona Community, GIA Publications, Inc., agent

**♩ Doxology:**

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow*  
*Praise God all creatures here below, Alleluia, Alleluia*  
*Praise God the Source of all our gifts*  
*Praise Jesus Christ whose power uplifts*  
*Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

**Holy Eucharist**

EOW Prayer 2

Celebrant The Lord be with you.  
 People *And also with you.*  
 Celebrant Lift up your hearts.  
 People *We lift them to the Lord.*  
 Celebrant Let us give thanks to the Lord our God.  
 People *It is right to give our thanks and praise.*

Celebrant We praise you and we bless you, holy and gracious God,  
 source of life abundant.  
 From before time you made ready the creation.  
 Your Spirit moved over the deep  
 and brought all things into being:  
 sun, moon, and stars;  
 earth, winds, and waters;  
 and every living thing.  
 You made us in your image,  
 and taught us to walk in your ways.  
 But we rebelled against you, and wandered far away;  
 and yet, as a mother cares for her children,  
 you would not forget us.  
 Time and again you called us

to live in the fullness of your love.

And so this day we join with Saints and Angels  
in the chorus of praise that rings through eternity,  
lifting our voices to magnify you as we sing:

## ♪ Sanctus

WLP 785

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi  
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.  
heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

The celebrant continues

Glory and honor and praise to you, holy and living God.  
To deliver us from the power of sin and death  
and to reveal the riches of your grace,  
you looked with favor upon Mary, your willing servant,  
that she might conceive and bear a son,  
Jesus the holy child of God.  
Living among us, Jesus loved us.  
He broke bread with outcasts and sinners,  
healed the sick, and proclaimed good news to the poor.  
He yearned to draw all the world to himself  
yet we were heedless of his call to walk in love.  
Then, the time came for him to complete upon the cross  
the sacrifice of his life, and to be glorified by you.

On the night before he died for us,  
Jesus was at table with his friends.  
He took bread, gave thanks to you,  
broke it, and gave it to them, and said:

“Take, eat:

This is my Body, which is given for you.

Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.  
Again, he gave thanks to you,  
gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.

Whenever you drink it,  
do this for the remembrance of me.”

Now gathered at your table,  
O God of all creation,  
and remembering Christ, crucified and risen,  
who was and is and is to come,  
we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts  
that they may be the Body and Blood of Christ.  
Breathe your Spirit over the whole earth  
and make us your new creation,  
the Body of Christ given for the world you have made.

In the fullness of time bring us,  
with Blessed Mary and Blessed Benedict and all your saints,  
from every tribe and language and people and nation,  
to feast at the banquet prepared  
from the foundation of the world.

All: *Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise, for ever and ever. AMEN.*

## **Lord's Prayer**

And now as our Savior Christ taught us, we are bold to say:

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

Give us today our daily bread.  
 Forgive us our sins  
 as we forgive those  
 who sin against us.  
 Save us from the time of trial,  
 and deliver us from evil.  
 For the kingdom, the power,  
 and the glory are yours,  
 now and for ever. Amen.

### The Breaking of the Bread

The celebrant breaks the Bread

Silence

### ♪ Fraction Anthem

WLP 878

Who - ev - er comes to me shall not hun - ger and  
 who - ev - er be - lieves in me shall nev - er thirst.

### Holy Communion

Celebrant : The gifts of God for the people of God.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.*

### ~ Communion Music ~

“Healer of Our Every Ill”

Haugen, Marty

Piano Setting by Mark Hayes

© 2014 by GIA Publications, Inc.

### ♪ Communion Hymn

It is well with my soul

LEVAS 188

1. When peace, like a riv - er, at - tend - eth my  
 2. Though sa - tan should buf - fet, though tri - als should  
 3. My sin— oh, the bliss of this glo - ri - ous  
 4. And, Lord, haste the day when the faith shall be

1. way, When sor - rows like sea - bil - lows roll;  
 2. come, Let this blest as - sur - ance con - trol,  
 3. thought— My sin— not in part, but the whole—  
 4. sight, The clouds be rolled back as a scroll,

1. What - ev - er my lot, thou hast taught me to  
 2. That Christ has re - gard - ed my help - less es -  
 3. Is nailed to the cross and I bear it no  
 4. The trump shall re - sound and the Lord shall de -

1. say, It is well, it is well with my soul.  
 2. taste, And has shed His own blood for my soul.  
 3. more, Praise the Lord, praise the Lord, O my soul!  
 4. scend, "E - ven so"— it is well with my soul.

It is well with my soul,  
 It is well with my

— It is well, it is well with my soul.  
soul,

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature has three flats (B-flat, E-flat, A-flat). The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are placed between the two staves, with a dash at the beginning of the first line.

Words: Horatio Spafford (1828-1888). Music: Philip P. Bliss (1838-1876).

Silence

### Final Prayer

*Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.*

### Blessing

The Wisdom of God the Love of God and the Grace of God strengthen you to be Christ's hands and heart in this world, in the name of the Holy Trinity. Amen.

(source: Celtic)

### Announcements

### ♪ Final Hymn #690

### Guide Me, O Thou Great Jehovah

Blue Hymnal

1 Guide me, O thou great Je - ho - vah, pil - grim through this  
2 O - pen now the crys - tal foun-tain, whence the heal - ing  
3 When I tread the verge of Jor - dan, bid my anx - ious

The image shows a musical score for the hymn 'Guide Me, O Thou Great Jehovah'. It features a treble clef staff and a bass clef staff, both in the key of D major (one sharp). The melody is in the treble staff, and the bass line is in the bass staff. The lyrics are provided for three different versions of the hymn, numbered 1, 2, and 3.

bar - ren land; I am weak, but thou art might - y;  
 stream doth flow; let the fire and cloud - y pil - lar  
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,  
 lead me all my jour - ney through; strong de - liv - erer,  
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -  
 strong de - liv - erer, be thou still my strength and  
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.  
 shield, be thou still my strength and shield.  
 thee, I will ev - er give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: *Cwm Rhondda*, John Hughes (1873-1932).



~ **Postlude** ~

“On Jordan’s Stormy Banks”

Tune: PROMISED LAND  
Traditional American folk hymn

Arr. by John Purifoy  
© 2002 Lorenz Publishing Co.

**Dismissal**

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: **Thanks be to God, Alleluia, Alleluia**

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Eucharist Liturgy Adapted from Enriching Our Worship I and II

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**Ministers of the Service**

Celebrant:	The Rev. Jen Crompton
Eucharistic Minister:	Brian Spolarich
Lector:	Alan Kiste
Flowers:	Brian Spolarich
Ushers:	Maureen Titus & Michael Lucas
Intercessor:	Sandy Fisher
Altar Guild:	Diana Hammerlund
Online Host:	Pat Henry and Suzan Vaughn
Tellers:	Alice Welchert & Bryson McKelvey
Technical:	Hannah-Jaye Matthew

**This Week at St Ben’s**

Tuesday	July 25
9:45a	Prayers for the Morning (Zoom)
10:15a	Spiritual Conversation (Zoom)
5:30p	Vespers in-person
7:00p	Resonance Rehearsal
Wednesday	July 26
11:00a	Laundry Love
4:00p	Laundry Love
Thursday	July 27
3:00p	Healing Ministry
Sunday	July 30
8:00a	Contemplative Communion
10:30a	Eucharist
2:00p	Deanery Meeting

## ANNOUNCEMENTS

**The Kitchen Crew is fine tuning the Potluck schedule.** Below you will find the assignments for what to bring:

For our next potluck on **August 6:**

If your last name begins with **A thru F**, please bring a **Dessert**

If your last name begins with **G thru L**, please bring a **Main Dish**

If your last name begins with **M thru Z**, please bring a **Salad or a Side dish**

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Lisa Gonzalez (805-441-3386). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

**Pastoral Care** During this period of supply clergy, it is good to remember how we can help support each other. Pastoral Care means different things to different people at different times, but it is always the way we share God's love with each other.

- Please contact Maureen Titus and she will connect with the clergy on call.
- When you send a message to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org), the intercessor of the week may follow up with you if it seems appropriate and will reach out if you have particular needs that we can help with.
- There is also a special email [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org) which goes to Helen Schneiders and Berkeley Johnson. You can use this to ask for help, or use the communications card in the pew.
- If you can offer practical help, such as meals for those just out of hospital or in another crisis, rides to medical appointments or to church, or would like to visit someone who can no longer get to church easily, please let Helen know.
- Rev. Jen, Lorienne Schwenk, and Lisa Gonzalez are available to bring you communion if you cannot get to church because of health issues. Please don't hesitate to ask.

**Search Committee Update** The current focus of the Search Committee is to review the extensive collection of materials created and gathered during the Transition Team period and to complete the Parish Profile, a draft of which was developed by the Transition Team. A key focus is to write the "Who We Seek" section, which was intentionally left for the Search Committee, as Canon Martha (who serves as our Consultant for the Transition and Search process) felt it important that those who are interviewing candidates should write the words of the job description. The basic parameters of our call will be a 3/4-time position, with salary and housing based on the diocesan guidelines.

The members of the Search Committee are: Michael Lucas, Brian Spolarich, and Jane Wu (all continuing members of the Transition Team), as well as Letty Cotta, Diana Hammerlund, Barbara Hirahara, and Bob Pelfrey. Please contact any of us if you have questions or concerns.

## Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

## Our Mission Statement

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

## Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



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