# St. Benedict's Episcopal Church

# ~ Tending Mind and Soul ~ Los Osos, California Second Sunday after Pentecost June 11, 2023

-8 a.m. Service-

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant:Blessed be the one, holy, and living God.People:Glory to God for ever and ever.

All: Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen

# **Canticle G**

## A Song of Ezekiel

Ezekiel 36:24-28

I will take you from among all nations; \* and gather you from all lands to bring you home. I will sprinkle clean water upon you; \* and purify you from false gods and uncleanness. A new heart I will give you \* and a new spirit put within you. I will take the stone heart from your chest \* and give you a heart of flesh. I will help you walk in my laws \* and cherish my commandments and do them. You shall be my people, \* and I will be your God.

# **Collect of the Day**

Celebrant:	God be with you
People:	And also with you.

Celebrant: Let us pray.

All: God of grace, you invite the despised, you touch the unclean, you lift the head of those who are brought low; give us that hope against all hope for a world transformed by your healing touch; through Jesus Christ, the mercy of God. Amen.

#### Genesis 12:1-9

Lector: A Reading from the Book of Genesis

Now the LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran. Abram took his wife Sarai and his brother's son Lot, and all the possessions that they had gathered, and the persons whom they had acquired in Haran; and they set forth to go to the land of Canaan. When they had come to the land of Canaan, Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. Then the LORD appeared to Abram, and said, "To your offspring I will give this land." So he built there an altar to the LORD, who had appeared to him. From there he moved on to the hill country on the east of Bethel, and pitched his tent, with Bethel on the west and Ai on the east; and there he built an altar to the LORD and invoked the name of the LORD. And Abram journeyed on by stages toward the Negeb.

— Hear What the Spirit is Saying to God's People.

## PSALM 33

# ACCLAIM GOD, THE CREATOR. HAVE FAITH IN GOD, THE SOVEREIGN LORD AND SAVING SHIELD.

Shout joy to the Lord, lovers of justice, how right to praise! Praise God on the harp, with ten-string lyre sing to the Lord. Sing God a new song. Play music to match your shout of joy. For the word of the Lord is true: what God says, God does. This lover of truth and justice fills the earth with love. God speaks: the heavens are made; God breathes: the stars shine. God bottles the waters of the sea and stores them in the deep. All earth, be astounded, stand in awe of God. God speaks: the world is; God commands: all things appear. God blocks the plan of nations, disrupts all they contrive. But God's plan and designs last from age to age. Blest the land whose god is the Lord, the heirs whom God has chosen.

#### Romans 4:13-25

## Lector: A Reading from Paul's letter to the Romans

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification. — *Hear What the Spirit is Saying to God's People*.

## Matthew 9:9-13, 18-26

Gospeller:The Holy Gospel of Our Savior Jesus Christ According to Matthew.People:Praise and Glory to God.

As Jesus was walking along, he saw a man called Matthew sitting at the tax booth; and he said to him, "Follow me."

And he got up and followed him. And as he sat at dinner in the house, many tax collectors and sinners came and were sitting with him and his disciples. When the Pharisees saw this, they said to his disciples, "Why does your teacher eat with tax collectors and sinners?" But when he heard this, he said, "Those who are well have no need of a physician, but those who are sick. Go and learn what this means, 'I desire mercy, not sacrifice.' For I have come to call not the righteous but sinners."

While he was saying these things to them, suddenly a leader of the synagogue came in and knelt before him, saying, "My daughter has just died; but come and lay your hand on her, and she will live." And Jesus got up and followed him, with his disciples. Then suddenly a woman who had been suffering from hemorrhages for twelve years came up behind him and touched the fringe of

his cloak, for she said to herself, "If I only touch his cloak, I will be made well." Jesus turned, and seeing her he said, "Take heart, daughter; your faith has made you well." And instantly the woman was made well. When Jesus came to the leader's house and saw the flute players and the crowd making a commotion, he said, "Go away; for the girl is not dead but sleeping." And they laughed at him. But when the crowd had been put outside, he went in and took her by the hand, and the girl got up. And the report of this spread throughout that district.

Gospeller:This is the Gospel of Christ.People:Praise to Christ, the Word.

# **Discussion of the Readings**

# **Prayers of the People**

In Christ, God reveals to us steadfast love and invites us into mercy. With grateful hearts, let us respond in prayer, saying: **O gracious God, hear our prayer**.

That we and all men and women of faith, and especially the leaders of the church, may know when propriety and order are overruled by the Spirit and may see the outcast and the insignificant as the true bearers of the word: **O gracious God**,

For the capacity to endure the lashes of God's ruthless love, and for the patience to be conformed to the pattern of Christ's suffering, that we may know and proclaim the power of the resurrection: **O gracious God**,

For the world's people in their brokenness and suffering and for those who make peace and do justice, that they may be strong and courageous in the face of discouragement and opposition: **O** gracious God,

For those who suffer [especially N.], for the sick [especially N.], for the lonely, for the hungry, for victims of political oppression, that mercy and compassion may transform their sorrow into joy: **O gracious God**,

For the unemployed and for those demeaned or victimized by their work, that they may find new opportunities for joy and satisfaction: **O gracious God**,

We pray for all whose lives are closely linked with ours, and those who have asked for our prayers, starting with those in the bidding book

[Here we add other prayers starting with the requests in the bidding book. Please add your own prayers or thanksgivings silently or aloud.] Celebrant: God of steadfast love and mercy, hear our prayers, and receive the secret yearnings of our hearts. Grant our petitions in ways that are best for us and for those for whom we pray, and deepen within us an awareness of your mercy and a willingness to follow Christ, in whose name we pray. *Amen.* 

Adapted from Intercessions for the Christian People Liturgical Press 1990

EDW 1

# **Confession and Absolution**

Let us confess our sins to God.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: May our all-compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

#### **The Peace**

Celebrant:The peace of Christ be always with you.People:And also with you.

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

# **Holy Eucharist**

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We raise our hearts to God.
Celebrant	Let us thank the giver of life
People	It is right to give our thanks and praise.
Celebrant	It is truly right, and good and joyful, to give you thanks, all-holy
	God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

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Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

Celebrant and People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

All

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil. opening the way of freedom and life.

The Celebrant continues.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

"Take, eat:

This is my Body which is given for you.

Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

"Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

# **The Lord's Prayer**

As our Savior Christ has taught us, we now pray:

All *Eternal Spirit*,

Life-Giver, Pain-Bearer, Love Maker, Source of all that is and that shall be, Father and Mother of us all, Loving God, in whom is heaven: The Hallowing of your Name echo through the universe! The Way of your Justice be followed by the people of the world! Your Heavenly Will be done by all created beings! Your Commonwealth of Peace and Freedom sustain our hope and come on earth! With the bread we need for today, feed us. In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever. Amen.

New Zealand Prayer Book

#### The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant:We break this bread to share in the Body of Christ.People:We who are many are one body, for we all<br/>share in the one bread.

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest.

# **Closing Prayer**

Celebrant:	Let us pray.
All:	God of abundance,
	You have fed us with the bread of life and the cup of salvation;
	You have united us with Christ and one another;
	And you have made us one with all your people in heaven and on earth
	Now send us forth
	In the power of your Spirit,
	That we may proclaim your redeeming love to the world and continue for ever
	In the risen life of Christ our Savior. Amen

# The Blessing

## Dismissal

Alleluia, alleluia, let us go forth in peace to love and serve our God

Thanks be to God, alleluia, alleluia.

Today's Eucharist Liturgy is from "Enriching Our Worship" Supplemental Liturgical Materials prepared by The Standing Liturgical Commission of the Episcopal Church © 1997 Church Publishing Incorporated, New York. Used with permission.



# St. Benedict's Episcopal Church

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## This Week at St Ben's

## **Tuesday June 13**

9:45a Prayers for the Morning10:30a Spiritual Conversation5:30p Vespers followed by social time

Friday June 16

9:00a Gentle Yoga

5:30p Messy Church

# Saturday June 17

9:00a Men's Breakfast

Sunday June 18

8:00a Contemplative Communion

10:30a Eucharist

# ANNOUNCEMENTS

**SPIRITUAL CONVERSATION**: Starting June 13, the Tuesday morning Spiritual conversation will be based on ideas from Cyprian Consiglio of the New Camaldolese monastery in Big Sur. This will start with sharing a video and reading an article and then discussion based on his new book Rediscovering the Divine will start June 27. You do not have to read the book to participate. Tuesdays at 10:30 on Zoom.

**DEACON JEN CROMPTON'S ORDINATION** to the priesthood will be here at St. Benedict's on Wednesday, June 28th.

**Take Action on Our Church's Values**: The Episcopal Church provides a great set of Action Alerts on key issues before Congress. The alerts help Episcopalians automate expressing our views to our representatives in Congress. You also can edit your messages to personalize your concerns. The most recent Alert is "Urge Congress to End Gun Violence." You can see the Action Alerts at <u>https://www.episcopalchurch.org/ministries/office-government-relations/action-alerts/</u>.

**Central Coast Readers Theatre** under the direction of Jonniepat Mobley will present a staged reading of Oscar Wilde's farcical comedy "The Importance of Being Earnest" Saturday,6/10/23 at St. Ben's at 2 pm with a suggested donation of \$10 per person. Receptions will follow each performance. Familiar names in the cast are John Horsley, John Cribb, Sarah Chesebro, and Brian Stein-Webber.

**Opening Doors For Interfaith Understanding**: 10180 Los Osos Valley Rd at 7 pm Monday June 12 hybrid ZOOM and IN PERSON! Rev. Mark Bloodgood will be presenting the book "Evolutionaries: Unlocking the Spiritual and Cultural Potential of Science's Greatest Idea" by Carter Phipps. Fascinating! Plus some information about Artificial Intelligence. Rich Carsel will then talk about the Essence of Judaism. What a joy it is to be building a community where we can learn about and support one another in these days!

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Sandy Fisher (661-805-2882). Prayer requests may also be emailed at any time to <u>prayers@stbenslososos.org</u> and requests for pastoral care may be sent to <u>pastoralcare@stbenslososos.org</u>.