



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Day of Pentecost

May 28, 2023

Whoever you are and wherever you are in your faith journey,
there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

"Prelude and Fugue in C major"

JS Bach

Well Tempered Clavier Book 1

Celebrant: Alleluia! Christ is risen!

People: *Christ is risen indeed!*

All: *Almighty and most merciful God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

♪ Song of Praise

"Gloria in excelsis"

Gather 199

1. Glo - ri - a, glo - ri - a, 2. in ex - cel - sis De - o!

3. Glo - ri - a, glo - ri - a, 4. al - le - lu - ia, al - le - lu - ia!

Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *O God, who on this day taught the hearts of your faithful people by sending to them the light of your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen.*

Acts 2:1-21

Reader: A Reading from the Acts of the Apostles

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

 'In the last days it will be, God declares,
 that I will pour out my Spirit upon all flesh,
 and your sons and your daughters shall prophesy,
 and your young men shall see visions,
 and your old men shall dream dreams.
 Even upon my slaves, both men and women,
 in those days I will pour out my Spirit;
 and they shall prophesy.
 And I will show portents in the heaven above
 and signs on the earth below,
 blood, and fire, and smoky mist.
 The sun shall be turned to darkness
 and the moon to blood,
 before the coming of the Lord's great and glorious day.
 Then everyone who calls on the name of the Lord shall be saved.' "

Reader: The word of the Lord

People: *Thanks be to God*

Psalm 104:25-34, 37

Read responsively

Reader: O Lord, how manifold are your works!

People: *in wisdom you have made them all;
the earth is full of your creatures.*

Reader: Yonder is the great and wide sea
with its living things too many to number,

People: *creatures both small and great.*

Reader: There move the ships,
and there is that Leviathan,

People: *which you have made for the sport of it.*

Reader: All of them look to you

People: *to give them their food in due season.*

Reader: You give it to them; they gather it;

People: *you open your hand, and they are filled with good things.*

Reader: You hide your face, and they are terrified;

People: *you take away their breath,
and they die and return to their dust.*

Reader: You send forth your Spirit, and they are created;

People: *and so you renew the face of the earth.*

Reader: May the glory of the Lord endure for ever;

People: *may the Lord rejoice in all his works.*

Reader: He looks at the earth and it trembles;

People: *he touches the mountains and they smoke.*

Reader: I will sing to the Lord as long as I live;

People: *I will praise my God while I have my being.*

Reader: May these words of mine please him;

People: *I will rejoice in the Lord.*

Reader: Bless the Lord, O my soul.

All: *Hallelujah!*

1 Corinthians 12:3b-13

Reader: A Reading from Paul's first letter to the Corinthians

No one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body-- Jews or Greeks, slaves or free-- and we were all made to drink of one Spirit.

Reader: The word of the Lord

People: *Thanks be to God*

♪ Hymn # 516

"Come Down O Love Divine"

Blue Hymnal

1 Come down, O Love di - vine, seek thou this soul of mine,
2 O let it free - ly burn, till earth - ly pas - sions turn
3 And so the yearn - ing strong, with which the soul will long,
and vis - it it with thine own ar - dor glow - ing;
to dust and ash - es in its heat con - sum - ing;
shall far out - pass the power of hu - man tell - ing;

O Com-fort - er, draw near, with - in my heart ap - pear,
 and let thy glo - rious light shine ev - er on my sight,
 for none can guess its grace, till Love cre - ate a place

and kin - dle it, thy ho - ly flame be - stow - ing.
 and clothe me round, the while my path il - lum - ing.
 where - in the Ho - ly Spi - rit makes a dwell - ing.

Words: Bianco da Siena (d. 1434?); tr. Richard Frederick Littledale (1833-1890), alt. Music: *Down Ampney*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

John 20:19-23

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John.

People: ***Glory to You, Lord Christ.***

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

Gospeller: The Gospel of Christ.

People: ***Praise to You, Lord Christ.***

Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

BCP

Let us affirm our faith in Jesus Christ the Son of God.

Celebrant: Do you believe in God the Father?

People: ***I believe in God, the Father almighty, creator of heaven and earth.***

Celebrant: Do you believe in Jesus Christ, the Son of God?

People: ***I believe in Jesus Christ, his only Son, our Lord.***

***He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.***

***He suffered under Pontius Pilate,
was crucified, died, and was buried.***

He descended to the dead.

On the third day he rose again.

***He ascended into heaven,
and is seated at the right hand of the Father.***

He will come again to judge the living and the dead.

Celebrant: Do you believe in God the Holy Spirit?

People: ***I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.***

Celebrant: Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People: ***I will, with God's help.***

Celebrant: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: ***I will, with God's help.***

Celebrant: Will you proclaim by word and example the Good News of God in Christ?

People: ***I will, with God's help.***

Celebrant: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: ***I will, with God's help.***

Celebrant: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: ***I will, with God's help.***

Prayers of the People

Father, we pray for your holy Catholic Church; *That we all may be one.*

Grant that every member of the Church may truly and humbly serve you; *That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons; *That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world; *That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake; *That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble; *That they may be delivered from their distress.*

Give to the departed eternal rest. *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy; *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

[here prayers are added from the bidding book and
you are invited to add your own prayers silently or aloud]

Holy One, pour upon us your Spirit, and set us on fire with love for you, that we may bring forth the fruits of love, joy and peace, and live to the praise of your holy name; through Jesus Christ our Lord. Amen.

Confession and Absolution

Let us confess our sins to God.

All: *God of all mercy, we confess that we have sinned against you, opposing your will in our lives.
We have denied your goodness in each other, in ourselves, and in the world you have created.
We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.
Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.*

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet each other in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers can be found on the white card in your pew.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

O Lord,

You are the light that illumines our path.

You are the map that gives us direction.

You are the peace that makes us strong.

You are the guide whom we faithfully follow.

May your light illuminate our entire lives.

And your guidance bring direction to our work.

May we find inspiration in your Word,

And peace in our hearts as we follow you. Amen.

The Offertory

You can contribute at our website www.stbenssosos.org at any time.

♪ Offertory Anthem

“Come, Spirit, Come”

Lloyd Larson

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The St. Benedicts Singers

♪ Doxology:

[Hymn tune #400]

[sung] Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

BCP Prayer B

Celebrant: The Lord be with you all.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give God thanks and praise.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

♪ Sanctus

WLP 785

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All: ***We remember his death,***
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Mary and blessed Benedict and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem

(sung twice)

WLP 878



Who-ev - er comes to me shall not hun - ger and
who-ev - er be - lieves in me shall nev - er thirst.

Music: Carl Haywood (b. 1949), from *Fraction Anthems, Canticles, and Chants*. Copyright © 1997 Carl Haywood.

Holy Communion

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: ***Therefore, let us keep the feast. Alleluia.***

The celebrant continues:

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

♪ Communion Anthem

"Sheep May Safely Graze"

J.S. Bach

♪ Communion Hymn

You are mine

Gather 649

Silence

Prayer

From Church of England

Eternal God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may God's blessing be with you always. Amen.

(source: from Saint Clare)

Announcements

♪ Final Hymn

Lord You Give

WLP #780



1 "I will come to you in the si - lence,
 2 "I am hope for all who are hope - less,
 3 "I am strength for all the de - spair - ing,
 (4) am the Word that leads all to free - dom, I



I will lift you from all your fear.
 I am eyes for all who long to see. (2) In the
 heal - ing for the ones who dwell in shame.
 am the peace the world can - not give.



You will hear my voice, I claim you as my choice. Be
 shad - ows of the night, I will be your light.
 All the blind will see, the lame will all run free, and
 I will call your name, em - brac - ing all your pain. Stand



still and know I am here. *To stanza 2*
 Come and rest in me. *To refrain*
 all will know my name. *To refrain*
 up, now walk and live! *To refrain*



Refrain
 Do not be a - fraid, I am with you. I have called you each by



name. Come and fol - low me, I will bring you home; I



love you and you are mine."

To stanzas 3 and 4

4 "I

Dismissal

Celebrant: Alleluia! Alleluia! Let us go forth into the world,
rejoicing in the power of the Spirit.

All: *Thanks be to God. Alleluia! Alleluia!*

♪ Postlude

“Trumpet Voluntary in D”

Jeremiah Clarke

Today's Eucharist Liturgy
is from the outline in the Book of Common Prayer.
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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Michael Lucas
Deacons:	Jen Crompton & Sharon Dalrymple
Acolyte:	Ari Welch
Lector:	Sandy Fisher
Cantor:	Alan Kiste
Flowers:	Sharon Porter
Ushers:	Ron Thompson & Maureen Titus
Intercessor:	Sandy Fisher
Altar Guild:	Diana Hammerlund
Tellers:	Diana Hammerlund & Sandy Fisher
Music:	Ann Lucas
Technical:	Hannah-Jaye Matthew

Land Acknowledgment

We acknowledge with gratitude the yak tityu tityu yak tiłhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

Our Inclusivity Statement

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.



St. Benedict's Episcopal Church

PO Box 6877
2220 Snowy Egret Lane
Los Osos, CA 93402
805-528-0654
office@stbenslososos.org
www.stbenslososos.org

