





# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Easter Day — The Day of Resurrection

April 9, 2022

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

## Prelude

*Jesus Shall Reign Where'er the Sun* arr. Alyna Korotkova

*Beautiful Savior* Silesian melody arr. Jan Welch

## ♪ Opening Hymn 180

“*He is Risen*”

Blue Hymnal

1 He is ris - en, he is ris - en! Tell it out with  
2 Come, ye sad and fear - ful - heart - ed, with glad smile and  
\*3 Come, with high and ho - ly hymn - ing, hail our Lord's tri -  
4 He is ris - en, he is ris - en! He hath o - pened

joy - ful voice: he has burst his three days' pris - on;  
ra - diant brow! Death's long sha - dows have de - part - ed;  
um - phant day; not one dark - some cloud is dim - ming  
hea - ven's gate: we are free from sin's dark pris - on,

let the whole wide earth re-joice: death is con- quered,  
 Je- sus' woes are o- ver now, and the pas- sion  
 yon- der glo- rious morn- ing ray, break- ing o'er the  
 ris- en to a ho- lier state; and a bright- er

we are free, Christ has won the vic- to- ry.  
 that he bore— sin and pain can vex no more.  
 pur- ple east, sym- bol of our Eas- ter feast.  
 Eas- ter beam on our long- ing eyes shall stream.


Celebrant: Alleluia. Christ is risen.  
 People: *The Lord is risen indeed. Alleluia.*

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*

## ♫ Gloria

S-278

1. Glo-ry to God in the high-est, and  
 peace to his peo- ple on earth. 2. Lord God, heaven- ly King, al-  
 might- y God and Fa-ther, we wor-ship you, we give you thanks, we




praise you for your glo - ry. 3. Lord Je - sus Christ,



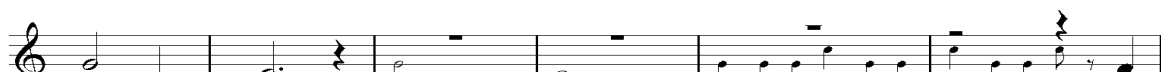
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you




take a - way the sin of the world: have mer - cy on us;



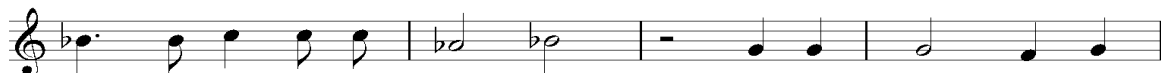
5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer. 6. For



you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the



Ho - ly Spi - rit, in the glo - ry of



God the Fa - ther. A - men.

## Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *All-compassionate God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen*

## Acts 10:34-43

Peter began to speak to Cornelius and the other Gentiles: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ--he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

Reader: The Word of the Lord

People: *Thanks be to God*

## Psalm 118:1-2, 14-24

- 1 Give thanks to the LORD, for he is good; \*  
his mercy endures for ever.
- 2 Let Israel now proclaim, \*  
"His mercy endures for ever."
- 14 The LORD is my strength and my song, \*  
and he has become my salvation.
- 15 There is a sound of exultation and victory \*  
in the tents of the righteous:
- 16 "The right hand of the LORD has triumphed! \*  
the right hand of the LORD is exalted!  
the right hand of the LORD has triumphed!"

- 17 I shall not die, but live, \*  
and declare the works of the LORD.
- 18 The LORD has punished me sorely, \*  
but he did not hand me over to death.
- 19 Open for me the gates of righteousness; \*  
I will enter them;  
I will offer thanks to the LORD.
- 20 "This is the gate of the LORD; \*  
he who is righteous may enter."
- 21 I will give thanks to you, for you answered me \*  
and have become my salvation.
- 22 The same stone which the builders rejected \*  
has become the chief cornerstone.
- 23 This is the LORD's doing, \*  
and it is marvelous in our eyes.
- 24 On this day the LORD has acted; \*  
we will rejoice and be glad in it.

## Colossians 3:1-4

*A reading from the letter to the Colossians*

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

Reader: The Word of the Lord

People: *Thanks be to God*

### ♪ Gospel Hymn # 188

*"Love's Redeeming Work is done"*

Blue Hymnal



- 1 Love's re - deem - ing work is done, fought the fight, the bat - tle won.  
2 Lives a - gain our glo - rious King; where, O death, is now thy sting?  
3 Soar we now where Christ has led, fol - lowing our ex - alt - ed Head;



Death in vain for - bids him rise; Christ has o - pened par - a - dise.  
Once he died our souls to save, where thy vic - to - ry, O grave?  
made like him, like him we rise, ours the cross, the grave, the skies.

## **John 20:1-18**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John.

People: *Glory to You, Lord Christ.*

**E**arly on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in.

**T**hen Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes. But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

Gospeller: The Gospel of Christ.

People: *Praise to You, Lord Christ.*

## **The Sermon**

*The Rev. Dr. Caroline Hall*

*We pause for a few moments of silent reflection before affirming our faith.*

## Affirmation of Faith

*Let us affirm our faith in Jesus Christ the Son of God.*

All     ***Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.***

cf Philippians 2.6-11

## Prayers of the People

Glimpses of Glory © 2000 David Adam, Morehouse Publishing

Let the whole church rejoice, in city and in open country, in this land and throughout the world, for Christ is risen. Let each congregation and fellowship rejoice, let each heart and mind rejoice, for Christ is risen. O God, may we and all people rejoice in your victory, let us proclaim the Good News that death is defeated; we are set free and Christ has won for us the victory. May we reflect your glory and the power of your resurrection.

Jesus, may we know you ***and the power of your resurrection.***

Let the whole creation rejoice, every field and hill and mountain, every volcano and geyser sing for Christ is risen. Let each plant and flower and tree, each lizard and ground squirrel leap for joy, for Christ is risen. O God, grant us the eyes to see you in every bug and every bird, in the blue of the sky and the tides of the ocean and to know that we are one in you.

Jesus, may we know you ***and the power of your resurrection.***

Let the power of your resurrection be known in our homes: in you, risen Lord, may relationships be strengthened and restored; in you, risen Lord, may hurts be healed and well-being restored. We pray for all who struggle, that they may find hope in you. We pray for those for whom our prayers have been asked, and for those who are in our hearts....

*Prayers are read from the bidding book;  
additional prayers may be offered silently or aloud.*

Jesus, may we know you ***and the power of your resurrection.***



We remember all who have lost loved ones, who are deeply bereaved and in great sorrow. We pray for our loved ones departed. May we seek to know they rejoice where sorrow and pain are no more. Jesus, may we know you ***and the power of your resurrection.***

*Alleluia to our God, who has given us the victory.*

*Alleluia to our God, who has broken the power of death.*

*Alleluia to our God, who has defeated the depths of darkness.*

*Alleluia to our God, who has triumphed over evil.*

*Alleluia to our God, who has won for us life eternal.*

*In love we give ourselves to you, holy One.*

*In joy we worship you, mighty Son of the Father.*

*In you is our hope, O Christ, who died and now is risen, and lives with the Creator and the Holy Spirit, one God, for ever and ever. Amen.*

## The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers can be found on the white card in your pew.

### Birthday Prayer:

Watch over thy child, O Lord, as *his* days increase; bless and guide *him* wherever he may be. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may thy peace which passes understanding abide all the days of *his* life; through Jesus Christ our Lord. *Amen.*

### Travelling Prayer:

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. *Amen.*

### Anniversary Prayer

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## Transition Prayer

*O Lord,  
You are the light that illumines our path.  
You are the map that gives us direction.  
You are the peace that makes us strong.  
You are the guide whom we faithfully follow.  
May your light illuminate our entire lives.  
And your guidance bring direction to our work.  
May we find inspiration in your Word,  
And peace in our hearts as we follow you. Amen.*

## The Offertory

### Anthem

*“When Morning Gilds the Skies”*

Arr. Molly Ijames

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St. Benedict Singers

### ♪ Doxology

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

Prayer D

The people remain standing. The Celebrant faces them and sings or says

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

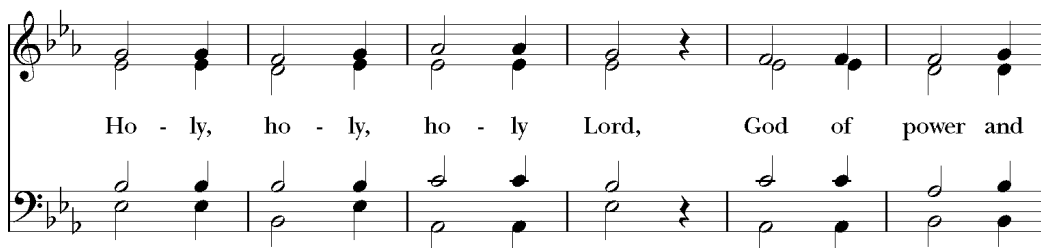
People *It is right to give God thanks and praise.*

The Celebrant proceeds

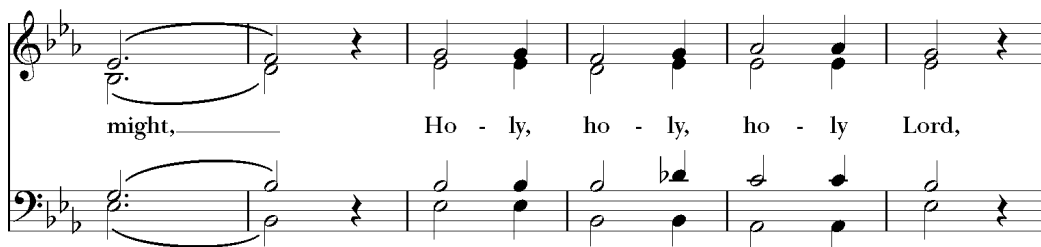
It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

## ♪ Sanctus

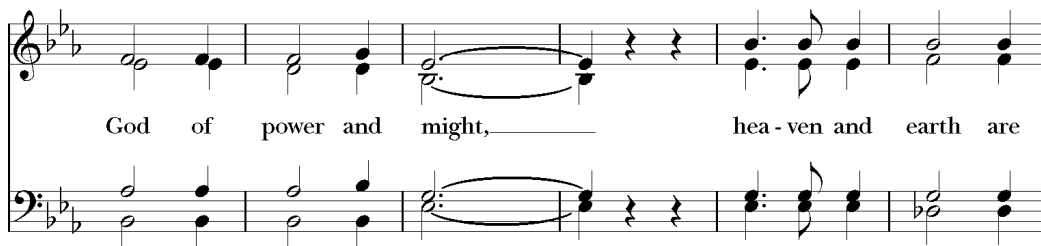
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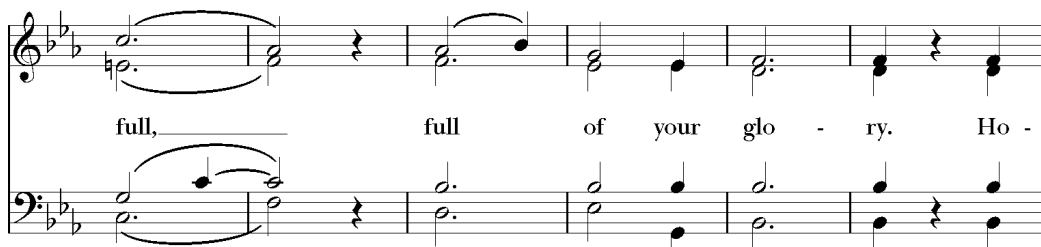
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, Ho - ly, ho - ly, ho - ly Lord,



God of power and might, hea - ven and earth are



full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

“Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

“Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.”

Father, we now celebrate this memorial of our redemption. Recalling Christ’s death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

All     ***We praise you, we bless you,  
we give thanks to you,  
and we pray to you, Lord our God.***

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with patriarchs and matriarchs, prophets, apostles, and martyrs, with Blessed Mary and Blessed Benedict and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Celebrant and People

*Through Christ, and with Christ, and in Christ, all honor and glory are yours,  
Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. AMEN.*

## The Lord's Prayer

*And now, as our Savior Christ has taught us, we are bold to say:*

All            *Our Father, who art in heaven,  
                  hallowed be thy Name,  
                  thy kingdom come,  
                  thy will be done,  
                  on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
                  as we forgive those  
                  who trespass against us.  
And lead us not into temptation,  
                  but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
                  for ever and ever. Amen.*

The Celebrant breaks the Bread

## ♪ Fraction Anthem

S 170

*Antiphon*  
*Cantor; then All*

Who - ev - er eats this bread will live for ev - er.

*Cantor*

1. This is the true bread which comes down from hea - ven

*Cantor*

and gives life to the world. [Ant.] 2. Who - ev - er



believes in me shall not hun - ger or thirst, for the bread  
 which I give for the life of the world is my flesh. [Ant.]

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.  
 This is God's table, and all are welcome here.

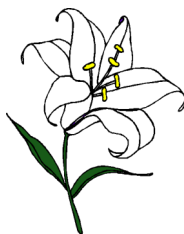
*If God is calling you, you are welcome to receive communion,  
 If you prefer to receive a blessing, please cross your arms over your chest.  
 As your group is called forward, please spread out to widen the circle and increase safe social distancing.*

**♪ Communion Music**

*"I Know That My Redeemer Lives!"*  
 from *Messiah* G.F. Handel  
*"Shout On"*  
 American folk hymn arr. Jan Welch

**♪ Communion Hymn 335**

*"I am the Bread of Life"* *Blue Hymnal*  
 See pages 16 and 17





1 I am the bread of life; they who  
 2 (The) Bread that I will give is my  
 3 (Un-) less you eat of the  
 4 I am the re - sur - rec - tion,  
 5 (Yes,) Lord, we be - lieve that



1 come to me shall not hun - ger; they who be -  
 2 Flesh for the life of the world, and they who  
 3 Flesh of the Son of Man and  
 4 I am the life. They who be -  
 5 you are the Christ, the



1 lieve in me shall not thirst. No one can come to  
 2 eat of this bread, they shall live for  
 3 drink of his Blood, you shall not have life with -  
 4 lieve in me, e - ven if they  
 5 Son of God who has



1 me un - less the Fa - ther draw them.  
 2 ev - er. they shall live for ev - er.  
 3 in you. you shall not have life with - in you.  
 4 die, they shall live for ev - er.  
 5 come in - to the world.



*Descant*

And I will raise them up, and I will raise them

*Refrain*

And I will raise them up, and I will raise them

up, and I will raise them up on the

up, and I will raise them up on the

1-4

last day. \_\_\_\_\_ 5 Yes, day.

last day. \_\_\_\_\_ 2 The day.

3 Un- day.

4 —

5 Yes, day.

*Final Ending*

*The descant may be sung after stanzas 4 and 5.*

*We pause for a few moments' reflection before joining in our final prayer.*

All: *Eternal God, heavenly Father,  
 You have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food in the Sacrament of his Body and Blood.  
 Send us now into the world in peace, and grant us strength and courage  
 to love and serve you with gladness and singleness of heart;  
 through Christ our Lord. Amen.*

## The Blessing

## Announcements

### ♪ Hymn #207 "Jesus Christ is Risen Today"

*Descant*

1 Je - sus Christ is risen to - day, Al - le - lu - ia!  
 2 Hymns of praise then let us sing, Al - le - lu - ia!  
 3 But the pains which he en - dured, Al - le - lu - ia!  
 4 Sing we to our God a - bove Al - le - lu - ia!

our tri - um - phant ho - ly day, Al - le - lu - ia!  
 un - to Christ, our heaven - ly King, Al - le - lu - ia!  
 our sal - va - tion have pro - cured; Al - le - lu - ia!  
 praise e - ter - nal as his love; Al - le - lu - ia!

who did once up - on the cross, Al - le - lu - ia!  
 who en - dured the cross and grave, Al - le - lu - ia!  
 now a - bove the sky he's King, Al - le - lu - ia!  
 praise him, all ye heaven - ly host, Al - le - lu - ia!  
 suf - fer to re - deem our loss. Al - le - lu - ia!  
 sin - ners to re - deem and save. Al - le - lu - ia!  
 where the an - gels ev - er sing. Al - le - lu - ia!  
 Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia!

## The Dismissal

## Postlude

*Psalm XIX*

Benedetto Marcello

Ann Lucas, piano

## Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Deacon:	The Rev. Jen Crompton
Eucharistic Minister:	Michael Lucas
Lector:	Brian Spolarich
Altar Guild:	Lorienne Schwenk, Diana Hammerlund
Flowers:	Sharon Porter, Laura Thompson
Ushers:	Barbara Schippers, Maureen Titus
Intercessor:	Helen Schnieders
Online Hosts:	Don and Liz Maruska
Musician:	Ann Lucas
Tellers:	Steve Cake, Jane Wu
Technical:	Hannah Jay Matthew

### This Week at St Ben's

Tuesday April 11:

9:45 Prayers for the Morning

10:30 Spiritual Conversation

5:30 Vespers

Friday April 14

9:00 Gentle Yoga

Saturday, April 15

9:00 Men's Breakfast

10:00 Climate Change: Insights and Opportunities

Sunday, April 16 Earth Sunday

8:00 Contemplative Communion

10:30 Eucharist

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### St. Benedict's Episcopal Church

2220 Snowy Egret Lane, Los Osos CA 93402

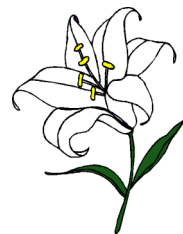
P.O. Box 6877, Los Osos CA 93412

Phone: (805) 528-0654 Email: [office@stbenslososos.org](mailto:office@stbenslososos.org)

[www.stbenslososos.org](http://www.stbenslososos.org)

## **Easter Flowers**

Have been donated by



Deborah Cake, in loving memory of Karin Cake

The Chesebro Family and the Higdon Family  
In honor of David John Higdon, Clive Wood and Donna Potter  
In thanksgiving for Caro+ and Jill's ministry at St. Benedict's  
and  
In thanksgiving for family and friends worldwide

Letty Cotta, in memory of her husband Larry and with thanksgiving for her family

Lisa Gonzalez, in memory of Jim McShane, Michael & Elizabeth Gonzalez,  
and Vickie Gonzalez

Caro Hall+ & Jill Denton, with thanks for over 30 years living together  
and worshiping at St. Ben's

Caro Hall+ in loving memory of Stef Shuman, and Michael A. Hall

Berkeley Johnson in memory of his grandparents,  
Berkeley & Helen Johnson, and Max & Frieda Stadelmann

Ann Lucas in loving memory of Malinda and her daughter Harriett Helm

Laura Thompson, to the glory of God

Maureen Titus in memory of her parents Wil Tufford and Roberta Tufford

JW to the glory of God and in thanksgiving for the church family