



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Fourth Sunday of Easter

April 30, 2023 10:30 am

Whoever you are and wherever you are in your faith journey,
there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

Original Composition by Julian Pierce

♪ Opening Hymn

Christ has Arisen

LEVAS 41

During this hymn we are sprinkled with water as a reminder of our baptism

Christ has a - ris - en, Al - le - lu - ia. Re - joice and

praise Him, Al - le - lu - ia. For our Re - deem - er burst from the

tomb, E - ven from death dis - pel - ling its gloom. Let us sing praise to Him

with end - less joy. Death's fear - ful sting He has come to de - stroy, Our sin for -

giv - ing, Al - le - lu - ia. Je - sus is liv - ing, Al - le - lu - ia.

Words: Swahili Text; tr. Howard Olson. Music: Haya Tune; *Tumshagilie Mungu*, Makumira, Tanzania; harm. Carl Haywood (b. 1949), from *Songs of Praise*. Copyright © 1992. Words and Music Reprinted from *Lead Us Lord* by Howard S. Olson, Copyright © 1974 Augsburg Publishing House. Used by permission of Augsburg Fortress.

Celebrant: Blessed are you, holy and living One.

People: ***Glory to God for ever and ever.***

All: ***Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God Creator, Word and Holy Spirit, Amen.***

♪ Hymn of Praise #182

Christ is alive

Blue Hymnal

1 Christ is a - live! Let Chris - tians sing. His cross stands
 2 Christ is - a - live! No long - er bound to dis - tant
 3 Not throned a - bove, re - mote - ly high, un - touched, un -
 4 In ev - ery in - sult, rift, and war where co - lor,
 5 Christ is a - live! His Spi - rit burns through this and

1 emp - ty to the sky. Let streets and homes with
 2 years in Pal - es - tine, he comes to claim the
 3 moved by hu - man pains, but dai - ly, in the
 4 scorn or wealth di - vide, he suf - fers still, yet
 5 ev - ery fu - ture age, till all cre - a - tion

1 prais - es ring. His love in death shall nev - er die.
 2 here and now and con - quer ev - ery place and time.
 3 midst of life, our Sa - vior with the Fa - ther reigns.
 4 loves the more, and lives, though ev - er cru - ci - fied.
 5 lives and learns his joy, his jus - tice, love, and praise.

Words: Brian A. Wren (b. 1936), rev. Copyright © 1975 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Truro*, melody from *Psalmody Evangelica, Part II*, 1789; harm. Lowell Mason (1792-1872), alt.

Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *Life abundant, God of grace, you call us by name to live without fear: in peace may we resist all who kill and despoil your people, that their hearts might be turned to the only source of life; through Jesus Christ, the gateway. Amen.*

Acts 2:42-47

Lector: *A reading from the book of Acts*

Those who had been baptized devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Lector: *Hear What the Spirit is saying to God's people.*

All: *Thanks be to God*

♫ Hymn #644

My shepherd will supply

Blue Hymnal



1 My Shep - herd will sup - ply my need, Je - ho - vah
 2 When I walk through the shades of death, thy pres - ence
 3 The sure pro - vi - sions of my God at - tend me



is his Name; _____ in pas - tures fresh he
 is my stay; _____ one word of thy sup -
 all my days; _____ oh, may thy house be



makes me feed be - side the liv - ing stream.____
 port - ing breath drives all my fears a - way.____
 mine a - bode and all my work be praise.____



He brings my wan - dering spi - rit back when I for -
 Thy hand, in sight of all my foes, doth still my
 There would I find a sett - led rest, while o - thers



sake his ways, _____ and leads me, for his
 ta - ble spread; _____ my cup with bless - ings
 go and come; _____ no more a stran - ger



mer - cy's sake, in paths of truth and grace.____
 o - ver - flows, thy oil a - noints my head.____
 or a guest, but like a child at home.____

Words: Isaac Watts (1674-1748); para. of Psalm 23. Music: *Resignation*, American folk melody, acc. David Hurd (b. 1950).

John 10:1-10

Gospeller: *The Holy Gospel of Our Savior Jesus Christ According to John*

People: ***Glory to You, Lord Christ.***

Jesus said, "Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run

from him because they do not know the voice of strangers.” Jesus used this figure of speech with them, but they did not understand what he was saying to them.

So again Jesus said to them, “Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.”

Gospeller: *The Gospel of Christ*

People: ***Praise to You, Lord Christ.***

Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

(please stand as you are able)

Let us affirm our faith in Jesus Christ the Son of God.

Church of England

All ***We believe in God the Father,
from whom every family
in heaven and on earth is named.***

***We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.***

***We believe in God the Holy Spirit,
who strengthens us
with power from on high.***

***We believe in one God;
Father, Son and Holy Spirit.***

Prayers of the People - A Litany for Healing

EOW2

Let us name before God those for whom we offer our prayers, starting with those in the bidding book...

*(Prayers from the bidding book are read.
Please add your own prayers silently or aloud.)*

God the Father, your will for all people is health and salvation;
We praise you and thank you, O Lord.

God the Son, you came that we might have life, and might have it more abundantly;
We praise you and thank you, O Lord.

God the Holy Spirit, you make our bodies the temple of your presence;
We praise you and thank you, O Lord.

Holy Trinity, one God, in you we live and move and have our being;
We praise you and thank you, O Lord.

Lord, grant your healing grace to all who are sick, injured, or disabled,
that they may be made whole;

Hear us, O Lord of life.

Grant to all who seek your guidance, and to all who are lonely, anxious,
or despondent, a knowledge of your will and an awareness of your presence;

Hear us, O Lord of life.

Mend broken relationships, and restore those in emotional distress
to soundness of mind and serenity of spirit;

Hear us, O Lord of life.

Bless physicians, nurses, and all others who minister to the suffering,
granting them wisdom and skill, sympathy and patience;

Hear us, O Lord of life.

Grant to the dying peace and a holy death, and uphold by the grace and
consolation of your Holy Spirit those who are bereaved;

Hear us, O Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives,
in our nation, and in the world;

Hear us, O Lord of life.

You are the Lord who does wonders:

You have declared your power among the peoples.

With you, O Lord, is the well of life:

And in your light we see light.

Hear us, O Lord of life:

Heal us, and make us whole.

Almighty God, giver of life and health: Send your blessing on all who are sick, and upon those who minister to them, that all weakness may be vanquished by the triumph of the risen Christ; who lives and reigns for ever and ever. Amen.

Confession of Need

Celebrant Let us confess our need for God's healing grace.

All ***Compassionate God,***
we confess our weaknesses and our need for your strengthening touch.
We confess that some illnesses stem from our own fault,
while others are beyond our control.
We turn to you, source of life,
and ask in the name of our Savior Jesus Christ
for the gifts of true healing and life in you. Amen

Celebrant May the God of love visit you in your times of trial and weakness,
and raise you to newness of life, through Jesus Christ,
in the power of the Holy Spirit. ***Amen.***

Prayers for Healing

The ministry of Jesus invites us to new life in God and with each other. We proclaim the Good News that God desires us to be healthy and one in the body of Christ. You are invited to offer yourself, whatever your sickness of spirit, mind, or body, and ask for healing and wholeness in the Name of the holy and undivided Trinity.

*(We invite you to pray for healing for yourself, each other, and the planet.
Those wishing to receive a blessing may come forward.)*

♪ Musical Interlude ♪

Original Composition by Julian Pierce

Let us pray together:

***Generous God,
we give you thanks for your beloved Jesus Christ,
in whom you have shared the beauty and pain of human life.
Look with compassion upon all for whom we pray,
and strengthen us to be your instruments of healing in the world,
by the power of the Holy Spirit. Amen.***

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

Please greet each other in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.
Prayers can be found on the white card in your pew.

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Transition Prayer

O Lord,
You are the light that illumines our path.
You are the map that gives us direction.
You are the peace that makes us strong.
You are the guide whom we faithfully follow.
May your light illuminate our entire lives.
And your guidance bring direction to our work.
May we find inspiration in your Word,
And peace in our hearts as we follow you. Amen.

The Offertory

You can contribute at our website www.stbenslososos.org at any time.

♪ Offertory Hymn #657

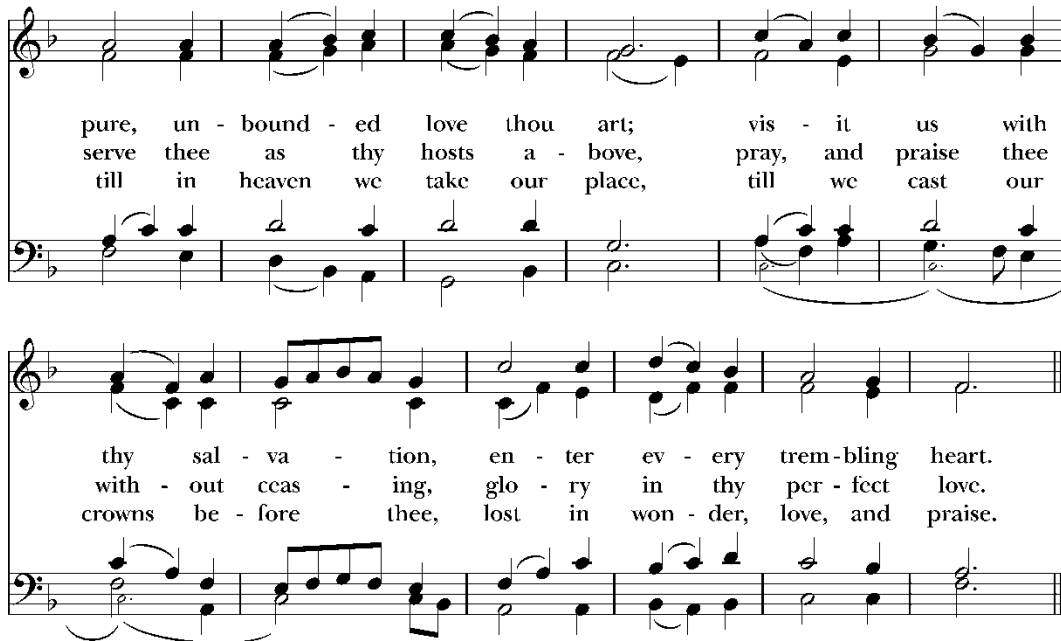
Love Divine

Blue Hymnal

1 Love di - vine, all loves ex - cell - ing, joy of heaven, to
2 Come, al - might - y to de - liv - er, let us all thy
3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy
life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -
let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,
more thy tem - ples leave. Thee we would be al - way bless - ing,
ly re - stored in thee: changed from glo - ry in - to glo - ry,



pure, un - bound - ed love thou art; vis - it us with
 serve thee as thy hosts a - bove, pray, and praise thee
 till in heaven we take our place, till we cast our
 thy sal - va - tion, en - ter ev - ery trem - bling heart.
 with - out ceas - ing, glo - ry in thy per - fect love.
 crowns be - fore thee, lost in won - der, love, and praise.

Words: Charles Wesley (1707-1788). Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887).

♪ Doxology:

[Hymn tune #400]

[sung]

Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist EOW3

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We lift them to the Lord.***

Celebrant Let us give thanks to the Lord our God.

People ***It is right to give God thanks and praise.***

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey.

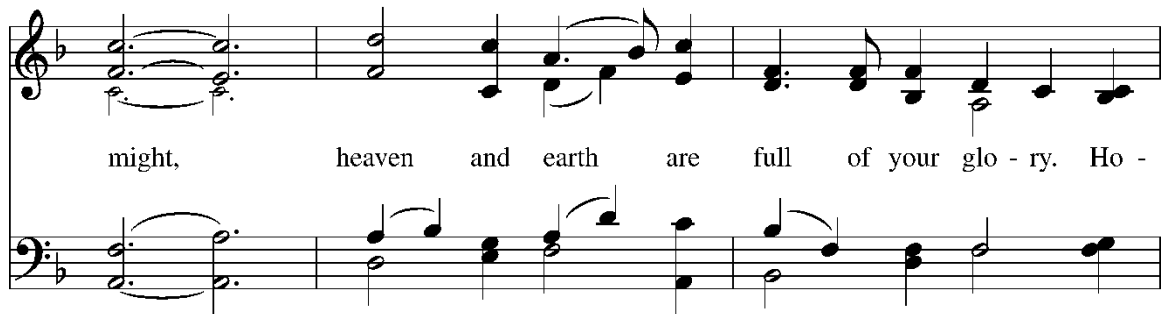
And so as the morning stars sing your praises we join the heavenly beings and all creation as we sing with joy:

♪ Sanctus

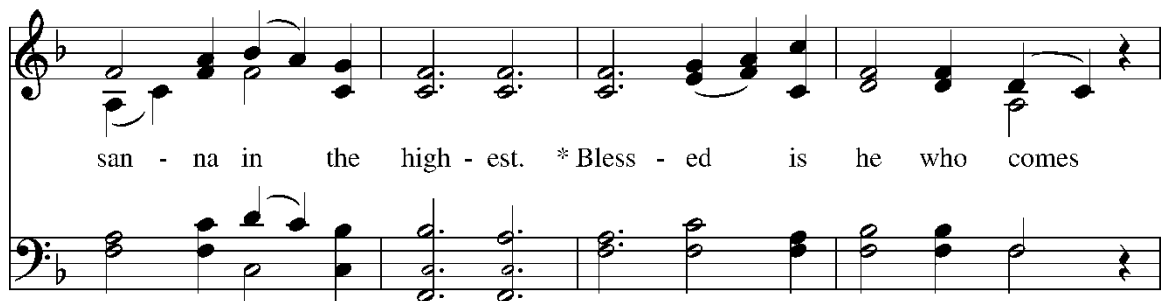
WLP 858



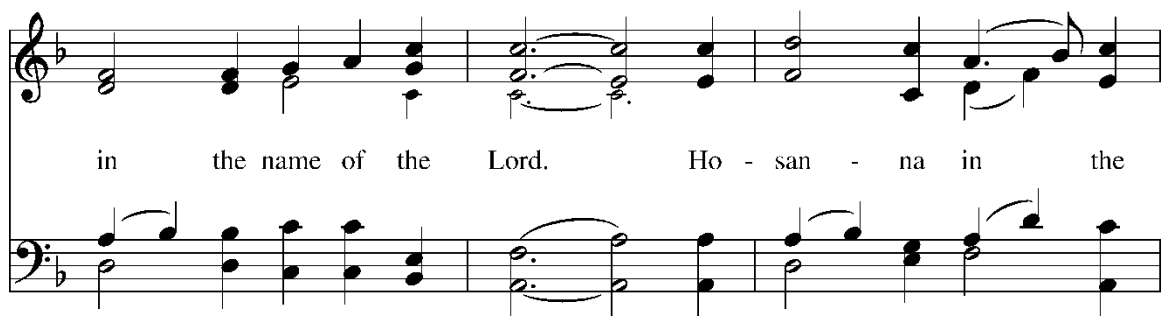
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. * Bless - ed is he who comes



in the name of the Lord. Ho - san - na in the



high - est. Ho - san - na in the high - est.

The celebrant continues

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All ***Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!***

Celebrant: Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with the blessed virgin Mary, blessed Benedict, and all your people into the joy of our true eternal home.

All ***Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit,
we worship you our God and Creator in voices of unending praise. Blessed are you now and
for ever. AMEN.***

Lord’s Prayer

And now as our Savior Christ taught us, we are bold to say:

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those**

who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

The Breaking of the Bread

The celebrant breaks the Bread

Silence

♪ Fraction Anthem

(sung twice)

WLP 874

Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

Words and Music: Eric H. F. Law (b. 1957) from *Christ, You Are In The World*. Copyright © 1986, 1992 Eric H. F. Law.

Holy Communion

Celebrant: The gifts of God for the people of God. This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.
 Please contact the church office to arrange to receive communion in your home.*

~ Communion Music ~

Original Composition by Julian Pierce

♪ Communion Hymn

Peace before us

WLP #791

1. Peace be - fore us, peace be - hind us,
 2. Love be - fore us, love be - hind us,
 3. Light be - fore us, light be - hind us,
 4. Christ be - fore us, Christ be - hind us,

peace un - der our feet. _____ Peace with - in us,
 love un - der our feet. _____ Love with - in us,
 light un - der our feet. _____ Light with - in us,
 Christ un - der our feet. _____ Christ with - in us,

1. 2. 3. 4. 5.

peace o - ver us, let all a - round us be peace.
 love o - ver us, let all a - round us be love.
 light o - ver us, let all a - round us be light.
 Christ o - ver us, let all a - round us be Christ.

6.

6. peace. Let all a - round us be peace.

5. Alleluia, alleluia, alleluia.
 Alleluia, alleluia, alleluia.
 6. Peace before us, peace behind us,
 peace under our feet.
 Peace within us, peace over us,
 let all around us be peace. (three times)

Words: David Haas (b. 1957), based on a Navaho prayer. Music: David Haas (b. 1957). Copyright © 1987 G.I.A. Publications, Inc.

Silence

Final Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen

Blessing

Announcements

♪ Final Hymn #194

Jesus lives!

Blue Hymnal

1 Je - sus lives! thy ter - rors now can no long - er, death, ap -
2 Je - sus lives! for us he died; then, a - lone to Je - sus
3 Je - sus lives! our hearts know well nought from us his love shall
4 Je - sus lives! to him the throne o - ver all the world is

pall us; Je - sus lives! by this we know thou, O
liv - ing, pure in heart may we a - bide, glo - ry
sev - er; life, nor death, nor powers of hell tear us
giv - en: may we go where he has gone, rest and

grave, canst not en - thrall us. Al - le - lu - ia!
to our Sa - vior giv - ing. Al - le - lu - ia!
from his keep - ing ev - er. Al - le - lu - ia!
reign with him in hea - ven. Al - le - lu - ia!

Words: Christian Furchtegott Gellert (1715-1769); tr. Frances Elizabeth Cox (1812-1897), alt. Music: *St. Albinus*, Henry John Gauntlett (1805-1876).

Dismissal

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: **Thanks be to God, Alleluia, Alleluia**

~ Postlude ~

Original Composition by Julian Pierce

Eucharist Liturgy Adapted from Enriching Our Worship
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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Sarah Chesebro
Lector:	John Horsley
Flowers:	Sarah Chesebro
Ushers:	Jerry & Carol Walton
Altar Guild:	Letty Cotta
Online Host:	Elaine Beckham
Tellers:	Steve Cake & Diana Hammerlund
Technical:	Hannah-Jaye Matthew
Music:	Julien Pierce & Sarah Jane Scott

This Week at St Ben's

Monday	Rector's Sabbath
Tuesday	
9:45a	Prayers for the Morning
10:15a	Spiritual Conversation
5:30p	Vespers
Wednesday	
4:00p	Community Dinner
Thursday	
6:45p	Choir Practice
Friday	
9:00a	Gentle Yoga

Our Mission Statement

St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.

LAND ACKNOWLEDGMENT

We acknowledge with gratitude the yak tityu tityu yak tihini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today. May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.



St. Benedict's Episcopal Church

PO Box 6877

2220 Snowy Egret Lane

Los Osos, CA 93402

805-528-0654

office@stbenslososos.org

www.stbenslososos.org