

# St. Benedict's Episcopal Church

~ *Tending Mind and Soul* ~

Los Osos, California

Easter Sunday

April 9, 2022

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

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Celebrant: Alleluia. Christ is Risen

People: *Christ is Risen indeed. Alleluia.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

## Canticle M

## A Song of Faith

1 Peter 1:3-4,18-21

Blessed be the God and Father of our Lord Jesus Christ, \*  
by divine mercy we have a new birth into a living hope;  
Through the resurrection of Jesus Christ from the dead, \*  
we have an inheritance that is imperishable in heaven.  
The ransom that was paid to free us \*  
was not paid in silver or gold,  
But in the precious blood of Christ, \*  
the Lamb without spot or stain.  
God raised Jesus from the dead and gave him glory \*  
so that we might have faith and hope in God.

## Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *God unlimited by mortal fear or tomb's cold grip: in the lingering dark give us grace to know your life triumphant your love undimmed in the face of Jesus Christ, the firstborn from the dead. Amen.*

Prayers for an Inclusive Church, Church Pub. 2009

## **Acts 10:34-43**

*A reading from the Acts of the Apostles*

Peter began to speak to Cornelius and the other Gentiles: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ--he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

— *Hear What the Spirit is Saying to God's People.*

## **Psalm 118: 1-2, 14-24**

Source: The Psalter © 1994 Liturgy Training Publications

Give thanks, the Lord is good, God's love is forever!  
Now let Israel say, "God's love is forever!"

Let the house of Aaron say, "God's love is forever!"  
Let all who revere the Lord say, "God's love is forever!"

In distress I called to the Lord, who answered and set me free.  
The Lord is with me, I fear not. What can they do to me?  
The Lord my help is with me, I can face my foes.

Better to trust in the Lord than rely on human help.  
Better to trust in the Lord than rely on generous hearts.

The nations surrounded me; in God's name, I will crush them!  
Surrounded me completely; in God's name, I will crush them!  
Surrounded me like bees, blazed like brushwood fire; in God's name, I will crush them!

I was pushed to falling, but the Lord gave me help.  
My strength, my song is the Lord, who has become my savior.

Glad songs of victory sound within the tents of the just.  
With right hand raised high, the Lord strikes with force.

I shall not die but live to tell the Lord's great deeds.  
The Lord punished me severely, but did not let me die.

Open the gates of justice, let me praise God within them.  
This is the Lord's own gate, only the just will enter.  
I thank you for you answered me, and you became my savior.

The stone the builders rejected has become the cornerstone.  
This is the work of the Lord, how wonderful in our eyes.

This is the day the Lord made, let us rejoice and be glad.  
Lord, give us the victory! Lord, grant us success!

Blest is the one who comes, who comes in the name of the Lord. We bless you from the Lord's house.

The Lord God is our light: adorn the altar with branches.

I will thank you, my God, I will praise you highly.  
Give thanks, the Lord is good, God's love is forever!

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### **Colossians 3:1-4**

*A reading from the letter to the Colossians*

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

Reader: The Word of the Lord

— *Hear What the Spirit is Saying to God's People.*

### **John 16:12-15**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John.

People: *Praise and Glory to God.*

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in.

Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes. But Mary stood weeping outside the tomb.

As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

Gospeller: This is the Gospel of Christ.  
People: *Praise to Christ, the Word.*

## Discussion of the Readings

### Prayers of the People

*Glimpses of Glory* © 2000 David Adam, Morehouse Publishing

Let the whole church rejoice, in city and in open country, in this land and throughout the world, for Christ is risen. Let each congregation and fellowship rejoice, let each heart and mind rejoice, for Christ is risen. O God, may we and all people rejoice in your victory, let us proclaim the Good News that death is defeated; we are set free and Christ has won for us the victory. May we reflect your glory and the power of your resurrection.

Jesus, may we know you *and the power of your resurrection.*

Let the whole creation rejoice, every field and hill and mountain, every volcano and geyser sing for Christ is risen. Let each plant and flower and tree, each lizard and ground squirrel leap for joy, for Christ is risen. O God, grant us the eyes to see you in every bug and every bird, in the blue of the sky and the tides of the ocean and to know that we are one in you.

Jesus, may we know you *and the power of your resurrection.*

Let the power of your resurrection be known in our homes: in you, risen Lord, may relationships be strengthened and restored; in you, risen Lord, may hurts be healed and well-being restored. We pray for all who struggle, that they may find hope in you. We pray for those for whom our prayers have been asked, and for those who are in our hearts....

*Prayers are read from the bidding book;*

*additional prayers may be offered silently or aloud.*

Jesus, may we know you *and the power of your resurrection.*

We remember all who have lost loved ones, who are deeply bereaved and in great sorrow. We pray for our loved ones departed. May we seek to know they rejoice where sorrow and pain are no more. Jesus, may we know you *and the power of your resurrection.*

*Alleluia to our God, who has given us the victory.*

*Alleluia to our God, who has broken the power of death.*

*Alleluia to our God, who has defeated the depths of darkness.  
Alleluia to our God, who has triumphed over evil.  
Alleluia to our God, who has won for us life eternal.  
In love we give ourselves to you, holy One.  
In joy we worship you, mighty Son of the Father.  
In you is our hope, O Christ, who died and now is risen, and lives with the  
Creator and the Holy Spirit, one God, for ever and ever. **Amen.***

## **The Peace**

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

*To maintain safe social distancing, please simply greet others verbally or with a bow or nod.*

*Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.*

## **Holy Eucharist**

EDW I

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We raise our hearts to God.***

Celebrant Let us thank the giver of life..

People ***It is right to give our thanks and praise.***

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

*Celebrant and People*

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna in the highest.***

***Blessed is the one who comes in the name of the Lord.***

***Hosanna in the highest.***

All

***Blessed are you, gracious God,***

*creator of the universe and giver of life.  
You formed us in your own image  
and called us to dwell in your infinite love.  
You gave the world into our care  
that we might be your faithful stewards  
and show forth your bountiful grace.  
But we failed to honor your image  
in one another and in ourselves;  
we would not see your goodness in the world around us;  
and so we violated your creation,  
abused one another,  
and rejected your love.  
Yet you never ceased to care for us,  
and prepared the way of salvation for all people.  
Through Abraham and Sarah  
you called us into covenant with you.  
You delivered us from slavery,  
sustained us in the wilderness,  
and raised up prophets  
to renew your promise of salvation.  
Then, in the fullness of time,  
you sent your eternal Word,  
made mortal flesh in Jesus.  
Born into the human family,  
and dwelling among us,  
he revealed your glory.  
Giving himself freely to death on the cross,  
he triumphed over evil,  
opening the way of freedom and life.*

The Celebrant continues.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat:

This is my Body which is given for you.

Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.

Whenever you drink it,

do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

***Christ has died.  
Christ is risen.  
Christ will come again.***

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

***Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. AMEN.***

## **The Lord's Prayer**

As our Savior Christ has taught us, we now pray:

All    ***Eternal Spirit,  
Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be, Father and  
Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our hope  
and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever. Amen.***

New Zealand Prayer Book

## **The Breaking of the Bread**

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: ***We who are many are one body, for we all  
share in the one bread.***

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing,  
please cross your arms over your chest.*

## **Closing Prayer**

Celebrant: Let us pray.

All: ***God of abundance,  
You have fed us with the bread of life and the cup of salvation;  
You have united us with Christ and one another;  
And you have made us one with all your people in heaven and on earth  
Now send us forth  
In the power of your Spirit,  
That we may proclaim your redeeming love to the world and continue for ever  
In the risen life of Christ our Savior. Amen***

## **The Blessing**

### **Dismissal**

Alleluia, alleluia, let us go forth in peace to love and serve our God  
Thanks be to God, alleluia, alleluia.

Today's Eucharist Liturgy is from  
"Enriching Our Worship" Supplemental Liturgical Materials  
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## This Week at St Ben's

Tuesday April 11:

9:45 Prayers for the Morning  
10:30 Spiritual Conversation  
5:30 Vespers

Friday April 14

9:00 Gentle Yoga

Saturday, April 15

9:00 Men's Breakfast  
10:00 Climate Change: Insights and Opportunities

Sunday, April 16: Earth Sunday

8:00 Contemplative Communion  
10:30 Eucharist

## ANNOUNCEMENTS

**SPIRITUAL CONVERSATION** - This week we continue a conversation based on the ideas in [The Great Spiritual Migration](#) by Brian McLaren. You do not have to read the book to participate. Tuesdays at 10:30.

**PEOPLE'S KITCHEN;** We are looking for someone to lead this ministry going forward. For more information talk to Pat Henry or to Caro+.

**CLIMATE CHANGE INSIGHTS AND OPPORTUNITIES:** April 15, 10am including stunning images from NASA and a screening of Nation in Transition. This is a community workshop organized by Earthcare in celebration of Faith Climate Action Week in cooperation with Citizens Climate Lobby, Resilient SLO and Rotary.

We know you are looking forward to sharing **Caro's Retirement Party** with her, our church and community members on May 19. The Parish Council invites your donations to defray the costs. Donations may be made at church, by mail or online. Please mark your gift for Caro's Party expenses. We appreciate your generosity to make this a wonderful celebration.

The Diocesan **SPRING RENEWAL** is April 28-29 in Salinas. This year, the Rt. Rev. Diana Akiyama, Bishop of the Episcopal Diocese of Oregon, is the Keynote Speaker. She will engage us more deeply with our theme for 2023, "Courage in the Wilderness." Participants will worship, share a banquet to honor our ministries, enjoy presentations and conversation, and most of all, simply be together as a diocese. Spring Renewal is an in-person only event and there will not be an online option available. Everyone is welcome. Registration is now open. <https://www.realepiscopal.org/spring-renewal-2023/>

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Helen Schnieders (818 324-2646). Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

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