

St. Benedict's Episcopal Church

~ *Tending Mind and Soul* ~

Los Osos, California

The Third Sunday of Easter

April 23rd, 2023

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant: Alleluia Christ is Risen
People: *Christ is Risen indeed. Alleluia.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

Canticle H **A Song of Faith** **1 Peter 1:3-4, 18-21**

Blessed be the God and Father of our Lord Jesus Christ, *
by divine mercy we have a new birth into a living hope;
Through the resurrection of Jesus Christ from the dead, *
we have an inheritance that is imperishable in heaven.
The ransom that was paid to free us *
was not paid in silver or gold,
But in the precious blood of Christ, *
the Lamb without spot or stain.
God raised Jesus from the dead and gave him glory *
so that we might have faith and hope in God.

Collect of the Day

Celebrant: God be with you
People: *And also with you.*

Celebrant: Let us pray.
All: Lord of the gathering feast, you walk with us on the shadowed road: burn our hearts with scripture's open flame; unveil our darkened eyes as bread is torn and shared and from the broken fragments bless a people for yourself; through Jesus Christ, the host of the world. **Amen.**

Acts 2:14a, 36-41

2:14a: But Peter, standing with the eleven, raised his voice and addressed them,

2:36 "Therefore let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

2:37 Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?"

2:38 Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit.

2:39 For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him."

2:40 And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation."

2:41 So those who welcomed his message were baptized, and that day about three thousand persons were added.

— *Hear What the Spirit is Saying to God's People.*

PSALM 116 1-3, 10-17

Publications

Source: The Psalter © 1994 Liturgy Training

I love the Lord, for He has heard
my voice, my supplications.
For he has inclined His ear to me
when in my days I called.
The cords of death encircled me—
and the straits of Sheol found me—
distress and sorrow did I find.
I trusted, though I did speak—
Oh I was sorely afflicted
I in my rashness said,
"Alkl humankind is false."
What can I give back to the Lord
for all He requited to me?
The cup of rescue I lift
and in the name of the Lord I call.
My vows to the Lord I shall pay
in the sight of all His people.
Precious in the eyes of the Lord
is the death of His faithful ones.
I beseech you, Lord,
for I am your servant.

I am your servant, your handmaiden's son.
You have loosed my bonds.
To you I shall offer a thanksgiving sacrifice
and in the name of the Lord I shall call.

1 Peter 1:17-23

1:17 If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile.

1:18 You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold,

1:19 but with the precious blood of Christ, like that of a lamb without defect or blemish.

1:20 He was destined before the foundation of the world, but was revealed at the end of the ages for your sake.

1:21 Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

1:22 Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart.

1:23 You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

— *Hear What the Spirit is Saying to God's People.*

Luke 24:13-35

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: *Praise and Glory to God.*

24:13 Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem,

24:14 and talking with each other about all these things that had happened.

24:15 While they were talking and discussing, Jesus himself came near and went with them,

24:16 but their eyes were kept from recognizing him.

24:17 And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad.

24:18 Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?"

24:19 He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people,

24:20 and how our chief priests and leaders handed him over to be condemned to death and crucified him.

24:21 But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place.

24:22 Moreover, some women of our group astounded us. They were at the tomb early this morning,

24:23 and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive.

24:24 Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him."

24:25 Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared!

24:26 Was it not necessary that the Messiah should suffer these things and then enter into his glory?"

24:27 Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

24:28 As they came near the village to which they were going, he walked ahead as if he were going on.

24:29 But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them.

24:30 When he was at the table with them, he took bread, blessed and broke it, and gave it to them.

24:31 Then their eyes were opened, and they recognized him; and he vanished from their sight.

24:32 They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?"

24:33 That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together.

24:34 They were saying, "The Lord has risen indeed, and he has appeared to Simon!"

24:35 Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

Gospeller: This is the Gospel of Christ.

People: *Praise to Christ, the Word.*

Discussion of the Readings

Prayers of the People

Abide with us Lord, throughout this day. Abide with us in our journeying, and in our homes. Abide with us in our seeking and in our longings. Abide with us now and to eternity, Jesus, risen Lord, who lives and reigns with the Father and the Holy Spirit in glory forever. **Amen.**

Lord, that we may know you in the breaking, in the break of day, in the breaking of hearts, and in the breaking of bread, help us to know that you are risen indeed, and that you are with us in the holy communion. May your church ever proclaim your presence, and know that you travel with us on the road we go. Teach us, Lord, to abide in you, that we may know you abide in us. We pray that your church will walk with the downcast, the seekers, the troubled in heart, and help to reveal your love and presence. Lord, abide with us **and we will abide in you.**

We pray today for all who journey, for those who are leaving places of pain and sorrow, for those whose lives may be in danger, for all pilgrims and seekers, for refugees and homeless people, for all who travel by land, sea or air, and for all who have the care of them. Lord, abide with us **and we will abide in you.**

We give thanks that you come to us. Make us aware of your presence in our homes. Help us to be aware of you as our hearts burn within us. Help us to see you, O Christ, in everyone we meet. We pray for the lonely, for all who feel rejected, for the outcasts of society. Lord, abide with us **and we will abide in you.**

We pray for the broken-hearted, for those whose hopes have died, for all who are confused by the pain and sickness of our world. We remember all who travel by lonely paths, all who are coming to the end of their journey in this world and walk towards the sunset. We pray for the elderly, for all who are in care, for all who cannot cope on their own. Lord, abide with us **and we will abide in you.**

[here prayers are added from the bidding book.

You are encouraged to add your own prayers silently or aloud]

We pray for all who have been killed in road accidents, for all who have come to an untimely end. We pray that you will protect us in our journey, until we share with the saints in your kingdom. Lord, abide with us **and we will abide in you.**

*You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God. The peace of the Lord be always with you **and also with you.***

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

The Holy Eucharist

EOW 3

Celebrant May God be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We lift them to the Lord.***

Celebrant Let us give thanks to the Lord our God.

People ***It is right to give God thanks and praise.***

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey.

And so as the morning stars sing your praises we join the heavenly beings and all creation as we say with joy:

All: ***Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.***

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to

the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All *Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!*

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with the blessed virgin Mary, blessed Benedict, and all your people into the joy of our true eternal home.

All *Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.
Blessed are you now and for ever. AMEN.*

The Lord’s Prayer

As our Savior Christ has taught us, we now pray:

All *Eternal Spirit,
Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be, Father and
Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!*

*Your Commonwealth of Peace and Freedom sustain our hope
and come on earth!*

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In times of temptation and test, strengthen us.

From trials too great to endure, spare us.

From the grip of all that is evil, free us.

*For you reign in the glory of the power that is love,
now and forever. Amen.*

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body, for we all
share in the one bread.*

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing,
please cross your arms over your chest.*

Closing Prayer

Celebrant: Let us pray.

All: *God of abundance, you have fed us with the bread of life and cup of
salvation; you have united us with Christ and one another; and you
have made us one with all your people in heaven and on earth. Now
send us forth in the power of your Spirit, that we may proclaim your
redeeming love to the world and continue for ever in the risen life of
Christ our Savior. Amen.*

The Blessing

Dismissal

Announcements

SEARCH COMMITTEE: The primary tasks of the Search Committee are to finalize the Parish Profile, interview Rector candidates, and present a slate of candidates to the Vestry for final selection. The Parish Council will be selecting 5-8 members to insure broad representation from the parish. If you are interested in serving, Statement of Interest forms are located on the Usher's Table and are due to Maureen Titus, Presiding Warden, by May 7. Act NOW!

THE BENEDICTION Newsletter is coming out soon. The deadline for articles is May 1. Please send your contributions to Cathy Gildea.

PEOPLE'S KITCHEN; We are looking for someone to lead this ministry going forward. For more information talk to Pat Henry or to Caro+.

Donations for Diocesan Spring Renewal Missional Project: The Deacons of the Diocese are asking congregations to donate the following items for distribution to those impacted by the recent floods. There is a box by the ushers table for donations to be collected by Tues. April 25. **Donation items requested are:** Diapers, Baby Wipes, Toilet Paper, Period Products (Tampons, Sanitary pads), and Hygiene Products (Bar Soap, Shampoo and conditioner, Toothpaste, and toothbrush). *Please, no opened or slightly used products. Deacon Jen is also accepting gifts of cash or gift cards. If you have questions, please email Deacon Jen at jen@stbenslosos.org.

We know you are looking forward to sharing **Caro's Retirement Party** with her, our church and community members on May 19. The Parish Council invites your donations to defray the costs. Donations may be made at church, by mail or online. Please mark your gift for Caro's Party expenses. We appreciate your generosity to make this a wonderful celebratory day.

SPIRITUAL CONVERSATION - This week we will continue a conversation based on the ideas in The Great Spiritual Migration by Brian McLaren. You do not have to read the book to participate. Tuesdays at 10:30.

The Diocesan **SPRING RENEWAL** is April 28-29 in Salinas. The Rt. Rev. Diana Akiyama, Bishop of the Episcopal Diocese of Oregon, is the Keynote Speaker. Spring Renewal is an in-person only event. Everyone is welcome. Registration is now open. <https://www.realepiscopal.org/spring-renewal-2023/>

PERSONAL PRAYER – If you'd like prayer support during the week, contact Jill Denton (805 534-1101). Prayer requests may also be emailed at any time to prayers@stbenslosos.org and requests for pastoral care may be sent to pastoralcare@stbenslosos.org.

Today's Eucharist Liturgy is from
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