



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The First Sunday of Epiphany

January 8, 2023

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

## ~ Prelude ~

Lorienne Schwenk, violin

Celebrant: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever!*

All: *Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.*

## ♪ Gloria

S280



1. Glo - ry to God in the high - est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly



King, al - mighty God and Fa - ther, we wor - ship you, we



give you thanks, we praise you for your glo - ry. 3. Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

## Collect for Epiphany

All: *O God, who didst wonderfully create, and yet more wonderfully restore, the dignity of human nature: Grant that we may share the divine life of him who humbled himself to share our humanity, thy Son Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, for ever and ever. Amen.*

## Matthew 2:1-12

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: *Glory to You, Lord Christ.*

In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, "Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage." When King Herod heard this, he was frightened, and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. They told him, "In Bethlehem of Judea; for so it has been written by the prophet:

'And you, Bethlehem, in the land of Judah,  
are by no means least among the rulers of Judah;

for from you shall come a ruler  
 who is to shepherd my people Israel."

Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, "Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage." When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was. When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another road.

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

♪ Hymn #119

As with gladness

Blue Hymnal

1 As with glad - ness men of old did the guid - ing star be - hold;  
 2 As with joy - ful steps they sped to that low - ly man - ger - bed;  
 3 As they of - fered gifts most rare at that man - ger rude and bare;  
 4 Ho - ly Je - sus! ev - ery day keep us in the nar - row way;  
 5 In the heaven - ly coun - try bright, need they no cre - a - ted light;

1 as with joy they hailed its light, lead - ing on - ward, beam - ing bright;  
 2 there to bend the knee be - fore him whom heaven and earth a - dore;  
 3 so may we with ho - ly joy, pure and free from sin's al - loy,  
 4 and, when earth - ly things are past, bring our ran - somed souls at last  
 5 thou its light, its joy, its crown, thou its sun which goes not down:

1 so, most gra - cious Lord, may we ev - er - more be led to thee.  
 2 so may we with will - ing feet ev - er seek the mer - cy - seat.  
 3 all our cost - liest trea - sures bring, Christ! to thee, our heaven - ly King.  
 4 where they need no star to guide, where no clouds thy glo - ry hide.  
 5 there for ev - er may we sing al - le - lu - ias to our King.

Words: William Chatterton Dix (1837-1898). Music: Dix, melody Conrad Kocher (1786-1872); arr. William Henry Monk (1823-1889); harm. *The English Hymnal*, 1906.

## Collect for the Baptism of our Lord

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *Father in heaven, who at the baptism of Jesus in the River Jordan proclaimed him your beloved Son and anointed him with the Holy Spirit: Grant that all who are baptized into his Name may keep the covenant they have made, and boldly confess him as Lord and Savior; who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. Amen.*

## Isaiah 42:1-9

Reader: *A Reading from the book of Isaiah*

Here is my servant, whom I uphold,  
my chosen, in whom my soul delights;

I have put my spirit upon him;  
he will bring forth justice to the nations.

He will not cry or lift up his voice,  
or make it heard in the street;

a bruised reed he will not break,  
and a dimly burning wick he will not quench;  
he will faithfully bring forth justice.

He will not grow faint or be crushed  
until he has established justice in the earth;  
and the coastlands wait for his teaching.

Thus says God, the LORD,  
who created the heavens and stretched them out,  
who spread out the earth and what comes from it,  
who gives breath to the people upon it  
and spirit to those who walk in it:

I am the LORD, I have called you in righteousness,  
I have taken you by the hand and kept you;

I have given you as a covenant to the people,  
a light to the nations,  
to open the eyes that are blind,  
to bring out the prisoners from the dungeon,  
from the prison those who sit in darkness.

I am the LORD, that is my name;  
my glory I give to no other,  
nor my praise to idols.

See, the former things have come to pass,  
and new things I now declare;

before they spring forth,  
I tell you of them.

Reader: *The Word of the Lord*

People: ***Thanks be to God***

## **Psalm 29**

[spoken in unison]

Ascribe to the Lord, you gods,  
ascribe to the Lord glory and strength.  
Ascribe to the Lord the glory due his Name;  
worship the Lord in the beauty of holiness.  
The voice of the Lord is upon the waters;  
the God of glory thunders;  
the Lord is upon the mighty waters.  
The voice of the Lord is a powerful voice;  
the voice of the Lord is a voice of splendor.  
The voice of the Lord breaks the cedar trees;  
the Lord breaks the cedars of Lebanon;  
He makes Lebanon skip like a calf,  
and Mount Hermon like a young wild ox.  
The voice of the Lord splits the flames of fire;  
the voice of the Lord shakes the wilderness;  
the Lord shakes the wilderness of Kadesh.  
The voice of the Lord makes the oak trees writhe  
and strips the forests bare.  
And in the temple of the Lord  
all are crying, "Glory!"  
The Lord sits enthroned above the flood;  
the Lord sits enthroned as King for evermore.  
The Lord shall give strength to his people;  
the Lord shall give his people the blessing of peace.

## **Acts 10:34-43**

Reader: *A Reading from the Acts of the Apostles*

Peter began to speak to them: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ--he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

Reader: *The Word of the Lord*

People: *Thanks be to God*

## ♪ Hymn #121

## Christ when for us

Blue Hymnal

1 Christ, when for us you were bap - tized, God's Spi - rit on you came,  
2 God called you his be - lov - ed Son, called you his ser - vant true,  
3 Straight - way and stead - fast un - til death you then o - beyed his call  
4 Bap - tize us with your Spi - rit, Lord, your cross on us be signed,

as peace - ful as a dove and yet as ur - gent as a flame.  
sent you his king - dom to pro - claim, his ho - ly will to do.  
free - ly as Son of Man to serve and give your life for all.  
that, like - wise in God's ser - vice we may per - fect free - dom find.

Words: F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. Music: *Caithness*, melody from *The Psalms of David in Prose and Meeter*, 1635; harm. *The English Hymnal*, 1906.

Accompanist: Robert Vert, piano

## Matthew 3:13-17

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: *Glory to You, Lord Christ.*

Jesus came from Galilee to John at the Jordan, to be baptized by him. John would have prevented him, saying, "I need to be baptized by you, and do you come to me?" But Jesus answered him, "Let it be so now; for it is proper for us in this way to fulfill all righteousness." Then he consented. And when Jesus had been baptized, just as he came up from the water, suddenly the heavens were opened to him and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, "This is my Son, the Beloved, with whom I am well pleased."

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

## Sermon

The Rev Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

## **Affirmation of Faith**

All:

*We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen*

## **Prayers of the People**

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest.  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

[Prayers are added from the bidding book. You are encouraged to add your own prayers of thanksgiving or intercession]

*O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. Amen.*

## **Confession and Absolution**

*Let us confess our sins to God.*

All:       **Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*



## The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet one another in the chat.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## The Offertory

*You may contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.*

### ♪ Offertory Hymn # 443

### From God

Blue Hymnal



1 From God Christ's de - i - ty came forth, his man-hood from hu -  
2 He joined with guests at wed - ding feast, yet in the wil - der -  
3 The dis - so - lute he did not scorn, nor turn from those who  
4 He did not dis - re - gard the sick; to sim - ple ones his  
5 Who then, my Lord, com - pares with you? The Watch - er slept, the



1 man - i - ty; his priest - hood from Mel - chi - ze - dek, his  
2 ness did fast; he taught with - in the tem - ple's gates; his  
3 were in sin; he for the right - eous did re - joice but  
4 word was given; and he de - scend - ed to the earth and  
5 Great was small, the Pure bap - tized, the Life who died, the



1 roy - al - ty from Da - vid's tree: praised be his One - ness.  
2 peo - ple saw him die at last: praised be his teach - ing.  
3 bade the fall - en to come in: praised be his mer - cy.  
4 his work done, went up to heaven: praised be his com - ing.  
5 King a - based to hon - or all: praised be your glo - ry.

Words: Ephrem of Edessa (4th cent.); tr. by J. Howard W. Rhys (b. 1917); adapt. and alt. F. Bland Tucker (1895-1984).  
Copyright © The Church Pension Fund. Music: *Salem Harbor*, Ronald Arnatt (b. 1930). Copyright © 1984 Ronald Arnatt.

Accompanist: Sarah Jane Scott, Organ

## ♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow*  
*Praise God all creatures here below, Alleluia, Alleluia*  
*Praise God the Source of all our gifts*  
*Praise Jesus Christ whose power uplifts*  
*Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

BCP B

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give God thanks and praise.*

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## ♪ Sanctus

WLP858

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. \* Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

“Take, eat: This is my Body, which is given for you.  
Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

“Drink this, all of you: This is my Blood of the new Covenant,  
which is shed for you and for all for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

*We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Blessed Mary, Blessed Benedict and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

*By him, and with him, and in him, in the unity of the Holy Spirit  
all honor and glory is yours, Almighty Father, now and for ever. AMEN.*

## **Lord's Prayer**

*And now, as our Savior Christ has taught us, we are bold to say,*

*Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.*

# The Breaking of the Bread

The celebrant breaks the Bread.

A period of silence is kept.

## ♪ Fraction Anthem

WLP 878

Who - ev - er comes to me shall not hun - ger and  
who - ev - er be - lieves in me shall nev - er thirst.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff contains the melody for the first line of lyrics, and the second staff contains the melody for the second line. The lyrics are written below the notes.

## Holy Communion

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.  
Please contact the church office to arrange to receive communion in your home.*

## ♪ Communion Hymn #516

Come Down O love

Blue Hymnal

1 Come down, O Love di - vine, seek thou this soul of mine,  
2 O let it free - ly burn, till earth - ly pas - sions turn  
3 And so the yearn - ing strong, with which the soul will long,  
and vis - it it with thine own ar - dor glow - ing;  
to dust and ash - es in its heat con - sum - ing;  
shall far out - pass the power of hu - man tell - ing;

The image shows three systems of musical notation for a hymn. Each system consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is G major (one sharp) and the time signature is 4/4. The lyrics are written below the notes. The first system includes three numbered verses. The second and third systems continue the melody and accompaniment.

O Com-fort - er, draw near, with - in my heart ap - pear,  
 and let thy glo - rious light shine ev - er on my sight,  
 for none can guess its grace, till Love cre - ate a place

and kin - dle it, thy ho - ly flame be - stow - ing.  
 and clothe me round, the while my path il - lum - ing.  
 where - in the Ho - ly Spi - rit makes a dwell - ing.

Words: Bianco da Siena (d. 1434?); tr. Richard Frederick Littledale (1833-1890), alt. Music: *Down Ampney*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

Accompanist: John Keys, Organ

## Prayer

All: *Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.*

## Blessing

## Announcements

### Final Hymn #135

Songs of thankfulness

Blue Hymnal

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,  
 2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;  
 3 Man - i - fest in mak - ing whole pal - sied limbs and faint - ing soul;  
 4 Man - i - fest on moun - tain height, shin - ing in re - splen - dent light,

man - i - fest - ed by the star to the sa - ges from a - far;  
 and at Ca - na, wed - ding - guest, in thy God - head man - i - fest;  
 man - i - fest in val - iant fight, quell - ing all the dev - il's might;  
 where dis - ci - ples filled with awe thy trans - fi - gured glo - ry saw.

branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;  
 man - i - fest in power di - vine, chang - ing wa - ter in - to wine;  
 man - i - fest in gra - cious will, ev - er bring - ing good from ill;  
 When from there thou led - dest them stead - fast to Je - ru - sa - lem,

an - thems be to thee ad - dressed, God in man made man - i - fest.  
 an - thems be to thee ad - dressed, God in man made man - i - fest.  
 an - thems be to thee ad - dressed, God in man made man - i - fest.  
 cross and Eas - ter Day at - test God in man made man - i - fest.

Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984). St. 4, Copyright © The Church Pension Fund. Music: *Salzburg*, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750).

Accompanist: Andrew Remillard, piano

## Dismissal

Celebrant: Alleluia! Alleluia!

Let us go forth into the world, rejoicing in the power of the Spirit.

All: ***Thanks be to God. Alleluia! Alleluia!***

## ♪ Postlude

Lorienne Schwenk, violin

Today's Eucharist Liturgy is  
 Eucharistic Prayer B from the Book of Common Prayer  
 Certified 1989 According to the use of The Episcopal Church

## Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Deacon:	The Rev. Jen Crompton
Eucharistic Minister:	Bryson McKelvey
Lector:	Connie Weldon
Flowers:	Laura Thompson
Ushers:	Barbara Schippers & Ron Thompson
Intercessor:	Helen Schnieders
Altar Guild:	Lisa Gonzalez
Online Host:	Elaine Beckham
Tellers:	Alice Welchert & Bryson McKelvey
Technical:	Hannah-Jaye Matthew
Piano:	Dave Alm

## This Week at St Ben's

Tuesday	9:45a	Prayers for the Morning (Zoom)
	10:15a	Spiritual Conversation (Zoom)
	5:30p	Vespers in-person
Thursday	5:30p	Choir Potluck
	7:00p	A Storied Pilgrimage on Race
Friday	9:00a	Gentle Yoga
Sunday	8:00a	Contemplative Communion
	10:30a	Eucharist
	12:30p	Parish Council

## ANNOUNCEMENTS

**PARISH SURVEY** This very important survey is designed to help the Transition Team learn about the St. Benedict's community and what we should be looking for in a new Rector. It is crucial that everyone in the parish participate! Please complete the survey by January 29. You can complete it online at: <https://www.surveymonkey.com/r/StBens>. Paper copies are available on the Usher's Table at the back of the sanctuary. If you need a paper copy sent to you, please contact the church office. Thank you for your participation!

**SPIRITUAL CONVERSATION:** This Tuesday, January 10th we will start to consider the Celtic path based on the book by Julianne Stanz, Braving the Thin Places. You are welcome even if you don't read it. Tues at 10:15, Zoom.



**CHOIR POTLUCK:** January 12th at 5:30pm. All past and potential singers are invited to a potluck to make plans for the coming year.

**COMING SOON!** This year's Annual Church meeting will be held on February 5th. As well as the normal business, this will be the first meeting of the process towards calling a new priest which involves several important steps.

**CALLING NEW LEADERS:** The Parish Council/Vestry is looking for new members for a three year term. If God is calling you, please talk to Esta Kandarian or Sandy Fisher.

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Helen Schnieders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

**BIRTHDAYS:** Jan 11: Roz Malone

**St. Benedict's Episcopal Church**  
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Los Osos, CA 93402  
805-528-0654  
[office@stbenslososos.org](mailto:office@stbenslososos.org)  
[www.stbenslososos.org](http://www.stbenslososos.org)

### **Our Mission Statement**

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry, and commitment to social justice.*

### **Our Inclusivity Statement**

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.

Bishop Lucinda Ashby  
Diocese of El Camino Real  
PO Box 689  
Salinas CA, 93902  
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