



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Second Sunday of Advent

December 4, 2022 10:30 am

Whoever you are and wherever you are in your faith journey,
there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

Nun Komm der Heiden Heiland

Bach-Busoni

pub. Carl Fischer, 1984

Celebrant: **B**lessed be the one, holy, and living God.

People: **A**nd blessed be God's kin-dom, now and for ever.

Lighting of the Advent Wreath

Peace

Last Sunday we lit the first candle—the candle of hope. Today we light the second candle, the candle of peace. We light it knowing full well that peace is elusive, and in some parts of the world, it is almost completely absent. Yet in this season of Advent, we trust that God is never absent from us. God is always preparing something new. And even where there is war and discord, whether between countries, within families, or within our own hearts, God is present, gently leading us to new possibilities.

[Two candles are lit.]

All: *Loving God, in this time of preparation and planning,
We thank you for the hope and peace you unfailingly offer.
Show us the creative power of hope.
Teach us the peace that comes from justice.
Prepare our hearts to be transformed by you,
That we may walk in the light of Christ. Amen.*



All: *H*oly and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen

Wait for the Lord, whose day is near.

Wait for the Lord: be strong, take heart!

Text: Isaiah 40, Philippians 4, Matthew 6-7; Taizé Community, 1984
 Tune: Jacques Berthier, 1923-1994
 © 1984, Les Presses de Taizé, GIA Publications, Inc., agent

Collect of the Day

Celebrant: Christ be with you.
 People: *And also with you.*
 Celebrant: Let us pray.

All: *God of the keen blade, which cuts the roots of arrogant power: you raise voices of promise in the dry lands of our desire, children of faith from the stones of the earth; make us ready to receive the Spirit and the fire of love, wild and fierce and free; through Jesus Christ, the one who is to come. Amen.*

♪ Trisagion

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Music: Ver. *Hymnal* 1982, after Alexander Archangelsky (1846-1924). Setting: Copyright © Church Publishing Inc.

Isaiah 11:1-10

Reader: *A Reading from the book of Isaiah*

A shoot shall come out from the stump of Jesse,
and a branch shall grow out of his roots.

The spirit of the LORD shall rest on him,
the spirit of wisdom and understanding,
the spirit of counsel and might,
the spirit of knowledge and the fear of the LORD.

His delight shall be in the fear of the LORD.

He shall not judge by what his eyes see,
or decide by what his ears hear;
but with righteousness he shall judge the poor,
and decide with equity for the meek of the earth;
he shall strike the earth with the rod of his mouth,
and with the breath of his lips he shall kill the wicked.
Righteousness shall be the belt around his waist,
and faithfulness the belt around his loins.

The wolf shall live with the lamb,
the leopard shall lie down with the kid,
the calf and the lion and the fatling together,
and a little child shall lead them.

The cow and the bear shall graze,
their young shall lie down together; and the lion shall eat straw like the ox.

The nursing child shall play over the hole of the asp,
and the weaned child shall put its hand on the adder's den.

They will not hurt or destroy
on all my holy mountain;

for the earth will be full of the knowledge of the LORD
as the waters cover the sea.

On that day the root of Jesse shall stand as a signal to the peoples; the nations shall inquire of him, and his dwelling shall be glorious.

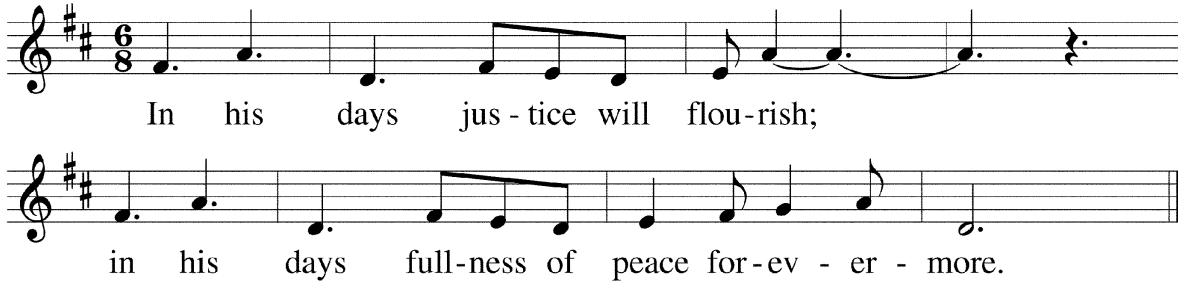
Reader: *Hear what the Spirit is saying to God's people*

People: *Thanks be to God*

♪ Psalm 72

Gather 72 R2

Refrain



In his days jus - tice will flou - rish;
in his days full - ness of peace for - ev - er - more.

Verses

1. O God, with your judgment endow the king;
with your justice endow the king's son.
With justice he will govern your people,
your afflicted ones with right judgment.
2. Justice shall flow'r in his days,
lasting peace 'til the moon be no more.
May he rule from sea to sea,
from the river to the ends of the earth.
3. The kings of Tarshish and the Isles offer gifts,
those from Seba and Arabia bring tribute.
All kings shall pay him their homage,
all nations shall serve him.
4. He rescues the poor when they cry out,
the afflicted with no one to help.
The lowly and poor he shall pity,
the lives of the poor he will save.

Text: Psalm 72:1-2, 7-8, 10-11, 12-13; Michael Joncas
Music: Michael Joncas
© 1987, 1994, GIA Publications, Inc.

Romans 15:4-13

Reader: *A Reading from the letter to the Romans*

Whatever was written in former days was written for our instruction, so that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ.

Welcome one another, therefore, just as Christ has welcomed you, for the glory of God. For I tell you that Christ has become a servant of the circumcised on behalf of the truth of God in order that he might confirm the promises given to the patriarchs, and in order that the Gentiles might glorify God for his mercy. As it is written,

"Therefore I will confess you among the Gentiles,
and sing praises to your name";
and again he says,
"Rejoice, O Gentiles, with his people";
and again,

"Praise the Lord, all you Gentiles,
and let all the peoples praise him";
and again Isaiah says,

"The root of Jesse shall come,
the one who rises to rule the Gentiles;
in him the Gentiles shall hope."

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Reader: *Hear what the Spirit is saying to God's people*

People: *Thanks be to God*

♪ Hymn #633

O Word of God come down

Blue Hymnal



1 Word of God, come down on earth, liv - ing rain from
2 Word e - ter - nal, throned on high, Word that brought to
3 Word that caused blind eyes to see, speak and heal our
4 Word that speaks your Fa - ther's love, one with him be -



heaven de - scend - ing; touch our hearts and bring to birth
life cre - a - tion, Word that came from heaven to die,
mor - tal blind - ness; deaf we are: our heal - er be;
yond all tell - ing, Word that sends us from a - bove



faith and hope and love un - end - ing. Word al - might - y,
cru - ci - fied for our sal - va - tion, sav - ing Word, the
loose our tongues to tell your kind - ness. Be our Word in
God the Spi - rit, with us dwell - ing, Word of truth, to



we re - vere you; Word made flesh, we long to hear you.
world re - stor - ing, speak to us, your love out - pour - ing.
pi - ty spo - ken; heal the world, by our sin bro - ken.
all truth lead us, Word of life, with one Bread feed us.

Words: James Quinn (b. 1919). Copyright © 1969 James Quinn, SJ, printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: *Mt. St. Alban NCA*, Richard Wayne Dirksen (b. 1921). Copyright © 1984 Richard W. Dirksen.

Matthew 3:1-12

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Matthew

People: *Glory to You, Lord Christ.*

In those days John the Baptist appeared in the wilderness of Judea, proclaiming, “Repent, for the kingdom of heaven has come near.” This is the one of whom the prophet Isaiah spoke when he said, “The voice of one crying out in the wilderness:

‘Prepare the way of the Lord,
make his paths straight.’”

Now John wore clothing of camel’s hair with a leather belt around his waist, and his food was locusts and wild honey. Then the people of Jerusalem and all Judea were going out to him, and all the region along the Jordan, and they were baptized by him in the river Jordan, confessing their sins.

But when he saw many Pharisees and Sadducees coming for baptism, he said to them, “You brood of vipers! Who warned you to flee from the wrath to come? Bear fruit worthy of repentance. Do not presume to say to yourselves, ‘We have Abraham as our ancestor’; for I tell you, God is able from these stones to raise up children to Abraham. Even now the ax is lying at the root of the trees; every tree therefore that does not bear good fruit is cut down and thrown into the fire.

“I baptize you with water for repentance, but one who is more powerful than I is coming after me; I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire. His winnowing fork is in his hand, and he will clear his threshing floor and will gather his wheat into the granary; but the chaff he will burn with unquenchable fire.”

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments’ reflection before affirming our faith.]

♪ Affirmation of Faith

WLP 769 Sung to Hymn 115

(Greensleeves)

I believe in God almighty, Author of all things that be,
Maker of the earth and heavens, Keeper of the sky and sea.
I believe in God’s Son, Jesus, now for us both Lord and Christ,
of the Spirit and of Mary born to bring abundant life.

I believe that Jesus suffered, scourged and scorned and crucified;
taken from the cross, was buried—true Life there had truly died.
I believe that on the third day Christ was raised up from the grave,
then ascended to God’s right hand. He will come to judge and save.

I believe in God’s own Spirit, bonding all the saints within
one church, catholic and holy, where forgiveness frees from sin;

in the body's resurrection, for the breaking of death's chain
gives the life that's everlasting. This the faith that I have claimed.

Prayers of the People

The prophet John the Baptizer preached a repentance which would bear fruit in the lives of those who heard him. In penitence and faith, let us offer to God our prayer for all people, saying: In the name of Christ, hear our prayer.

We pray for the church throughout the world and for all ordained to particular ministries for the building up of the Body of Christ, that in our diverse vocations we may serve to the glory of God. In the name of Christ, *hear our prayer*.

We pray for this nation and for all the nations of the world, remembering especially those who are victims of social or political injustice. We pray for those whom we have elected to public office, especially Joseph our President, and for political leaders everywhere, that they may administer the tasks of government with courage and equity. In the name of Christ, *hear our prayer*.

We pray for the sick, the elderly and those who live alone. We pray for those who are overworked and cannot rest and for those who are under-employed or cannot find work. Send upon them the power of the Holy Spirit, that they may abound in hope. We pray for those who are in our hearts

[Prayers are added from the bidding book: then please add your own prayers of thanksgiving and intercession]

In the name of Christ, *hear our prayer*.

We pray for this community, for our friends and neighbors, for those with who we study and work. Guide and strengthen us all in our common life that we may know the gifts of your grace and love, In the name of Christ, *hear our prayer*.

We offer these prayers to you our God, in penitence for what is past and in faith that your work in us will bear fruit as we seek to do your will, for you alone are the Holy One. May our lives give honor to you, through Christ our Lord, Amen.

Confession and Absolution

Celebrant: Let us confess our sins to God.

*God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

Celebrant: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet one another in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) _____ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You may contribute at our website www.stbenslososos.org at any time.

♪ **Offertory Hymn #76 On Jordan's banks**

Blue Hymnal

1 On Jor - dan's bank the Bap - tist's cry an -
 2 Then cleansed be ev - cry breast from sin; make
 3 For thou art our sal - va - tion, Lord, our
 4 To heal the sick stretch out thine hand, and
 5 All praise, e - ter - nal Son, to thee, whose

1 noun - ces that the Lord is nigh; a - wake and heark - en,
 2 straight the way for God with - in, and let each heart pre -
 3 re - fuge, and our great re - ward; with - out thy grace we
 4 bid the fall - en sin - ner stand; shine forth, and let thy
 5 ad - vent doth thy peo - ple free; whom with the Fa - ther

1 for he brings glad tid - ings of the King of kings.
 2 pare a home where such a might - y guest may come.
 3 waste a - way like flowers that with - er and de - cay.
 4 light re - store earth's own true love - li - ness once more.
 5 we a - dore and Ho - ly Spi - rit ev - er - more.

Words: Charles Coffin (1676-1749); tr. Charles Winfred Douglas (1867-1944), after John Chandler (1806-1876); alt. Music: Winchester New, melody from *Musicalishes Hand-Buch*, 1690; harm. William Henry Monk (1823-1889), alt.

♪ **Doxology:**

(please stand as you are able)

[Hymn tune #400]

[sung]

Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

EOW 1

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give our thanks and praise.*

Celebrant: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

♪ Sanctus

Gather #297



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,
heav - en and earth are full of your glo - ry. Ho -
san-na, ho - san-na on high. Bless-ed is he who comes in the
name of the Lord. Ho - san - na in the high - est, ho -
san-na in the high-est, ho - san-na, ho - san-na on high.

The celebrant continues.

Blessed are you, gracious God, creator of the universe and giver of life.

You formed us in your own image and called us to dwell in your infinite love

You gave the world into our care that we might be your faithful stewards
and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves;
we would not see your goodness in the world around us;
and so we violated your creation, abused one another,
and rejected your love.

Yet you never ceased to care for us,
and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you.

You delivered us from slavery, sustained us in the wilderness,
and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word,
made mortal flesh in Jesus.

Born into the human family, and dwelling among us,
he revealed your glory.

Giving himself freely to death on the cross, he triumphed over evil,
opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread,
and when he had given thanks to you, he broke it, and gave it to his friends,
and said:

“Take, eat: This is my Body which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine,
and when he had given thanks, he gave it to them, and said:

“Drink this, all of you:
This is my Blood of the new Covenant, which is poured out for you and
for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

All: **Christ has died.**
 Christ is risen.
 Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread
and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus
Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body
in the world.

Bring us into the everlasting heritage of your daughters and sons, that with Blessed Mary and
Blessed Benedict and all your saints, past, present, and yet to come, we may praise your Name
for ever.

*Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. AMEN.*

Lord's Prayer

As our Savior Christ has taught us, we now sing:

Our Fa - ther in heaven, hal - lowed be your Name, your king - dom come,

The first system of musical notation consists of a treble and bass staff. The treble staff begins with a G-clef and a key signature of one flat (B-flat). The melody starts on a G4 note, moving to A4, Bb4, and C5. The bass staff begins with an F-clef and a key signature of one flat. The accompaniment starts on a G3 note, moving to A3, Bb3, and C4. The lyrics are placed between the two staves.

your will be done, on earth as in heaven. Give us to - day our dai - ly bread.

The second system of musical notation continues the melody and accompaniment. The treble staff melody moves to D5, E5, and F5. The bass staff accompaniment continues with a steady eighth-note pattern. The lyrics are placed between the two staves.

For - give us our sins as we for - give those who sin a - gainst us.

The third system of musical notation continues the melody and accompaniment. The treble staff melody moves to G5, F5, and E5. The bass staff accompaniment continues with a steady eighth-note pattern. The lyrics are placed between the two staves.

Save us from the time of trial, and de - liv - er us from e - vil.

The fourth system of musical notation continues the melody and accompaniment. The treble staff melody moves to D5, C5, and Bb4. The bass staff accompaniment continues with a steady eighth-note pattern. The lyrics are placed between the two staves.

For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A - men.

The fifth system of musical notation concludes the piece. The treble staff melody moves to G4, F4, and E4. The bass staff accompaniment continues with a steady eighth-note pattern. The lyrics are placed between the two staves.

The Breaking of the Bread

The celebrant breaks the Bread

Silence is observed

♪ Fraction Anthem

Gather #298

When we eat this bread of life, when we drink of this
ho - ly cup, we pro - claim your death, O Lord,
till you come a - gain till you come a - gain.

Holy Communion

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

What Wondrous Love is This

arr. Teresa Wilhemi

Word Music Publishers 1997

♩ Communion Hymn #657

Love Divine

Blue Hymnal

1 Love di - vine, all loves ex - cell - ing, joy of heaven, to
 2 Come, al - might - y to de - liv - er, let us all thy
 3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy
 life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -
 let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,
 more thy tem - ples leave. Thee we would be al - way bless - ing,
 ly re - stored in thee: changed from glo - ry in - to glo - ry,

pure, un - bound - ed love thou art; vis - it us with
 serve thee as thy hosts a - bove, pray, and praise thee
 till in heaven we take our place, till we cast our

We pause for a few minutes of silent prayer

Final Prayer

A Prayer Book for New Zealand

Most loving God, creator and redeemer,
we give you thanks for this foretaste of your glory.
Through Christ, and with all your saints,
we offer ourselves and our lives to your service.
Send us out in the power of your Spirit,
to stand with you in your world.
We ask this through Jesus Christ, the servant,
our friend and brother. **Amen.**

Blessing

(source: Celtic)

God's Blessing be with you,
Christ's peace be with you,
the Spirit's outpouring be with you,
now and always. Amen.

Announcements

Final Hymn #71

Hark the Glad Sound

Blue Hymnal

1 Hark! the glad sound! the Sa - vior comes, the Sa - vior
2 He comes, the pri - soners to re - lease in Sa - tan's
3 He comes, the bro - ken heart to bind, the bleed - ing
4 Our glad ho - san - nas, Prince of Peace, thy wel - come

prom - ised long: let ev - ery heart pre -
bond - age held; the gates of brass be -
soul to cure; and with the trea - sures
shall pro - claim; and heaven's e - ter - nal

The musical score consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature has one flat (B-flat), and the time signature is 4/4. The lyrics are printed below the vocal line.

pare a throne, and ev - ery voice a song.
fore him burst, the i - ron fet - ters yield.
of his grace to en - rich the hum - ble poor.
arch - es ring with thy be - lov - ed Name.

Words: Philip Doddridge (1702-1751). Music: *Bristol*, from *The Whole Booke of Psalmes*, 1621.

Dismissal

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: *Thanks be to God, Alleluia, Alleluia!*

♪ Postlude

From Heaven Above to Earth I Come

Johann Walther

Concordia Publishers 1953

Eucharist Liturgy from *Enriching Our Worship*
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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Deacon	The Rev. Jen Crompton
Eucharistic Minister:	Brian Spolarich
Lector:	Alan Kiste
Flowers:	Brian Spolarich
Ushers:	Michael Lucas and Sandy Fisher
Altar Guild:	Lisa Gonzalez
Online Hosts:	Pat Hnery and Suzan Vaughn
Tellers:	Bryson McKelvey and Alice Welchert
Cantor	Diana Hammerlund
Musician	Ann Lucas
Technical:	Hannah-Jaye Matthews

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ANNOUNCEMENTS

SPIRITUAL CONVERSATION - this week the conversation continues on the ideas in Pema Chodron's book, [Welcoming the Unwelcome](#).

ADVENT REFLECTION booklets [Living Well through Advent - Practicing Simplicity with all your Heart, Soul, Strength and Mind](#). are now available on the ushers table. Consider joining an in-person conversation happening on Thursdays at 10am for about an hour in-person at the church, starting on December 1st for four weeks.

CHRISTMAS PARADE: Join St Benedict's to walk in the Los Osos "Happy to be Here" Holiday Parade! Saturday, December 10th, 9 am meet up at Ascendo Coffee, at Fairchild Way & LOVR. Parade starts at 10am. Ask Pamela Bleisch for more details.

PRAYER PLACE POP UP at the Abundance Shop Saturdays in Advent, Join your Trailblazer Discovery Team, Sandy Fisher, Cathy Gildea, Barbara Hirahara, and Deacon Jen, at our Prayer Place Pop-up at the St. Ben's Abundance Shop during the season of Advent! Starting December 3 through 17th from 11-4, stop by for a blessing-to-go or a cup of coffee to stay. We will offer prayer, a question of the day based on the season of Advent, or just an opportunity to share anything that might be on your heart. Please stop by and invite others you know to do the same.

ADVENT RETREAT Saturday, December 10th, 9:30—3 at St. Stephens Episcopal Church (1344 Nipomo Street, San Luis Obispo), We will gather at 9:30am for worship, Bible study, and reflection. You are encouraged to wear comfortable clothing and bring a journal or computer, if you are someone who enjoys writing while reflecting. Lunch will be provided (suggested donation \$10) The theme of the day is "Courage in the Wilderness" and it will be hosted by Canon Martha Korienek. Questions? Please email Canon Martha at canonmartha@realepiscopal.org. The registration link is in the Benediction Weekly.

CELEBRATION OF CAROLS: The St. Benedict's Singers, directed by Scott Glysson and accompanied by Paul Woodring will once again provide a wonderful carol concert on December 18 at 3pm. Invite your friends and neighbors!

POINSETTIAS: If you would like to contribute and dedicate a poinsettia this Christmas there are envelopes at the back of the church. The deadline is December 18

PERSONAL PRAYER – If you'd like prayer support during the week, contact Lisa Gonzalez (805) 441-3386. If there is no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslosos.org and requests for pastoral care may be sent to pastoralcare@stbenslosos.org.

This Week at St Ben's

Tuesday

9:45a Prayers for the Morning
10:15a Spiritual Conversation
5:30p Vespers followed by supper

Thursday

10:00a Advent Course
5:30p Choir Rehearsal

Friday

9:00a Gentle Yoga

Saturday

9:00a Christmas Parade
11.00a—4p PopUp Prayer Tent
10:00 Advent Retreat at St. Stephens

Sunday

8:00a Contemplative Communion
10:30a Eucharist



Dec 18, 3pm Celebration of Carols
Dec 20, 5:30 Blue Christmas
Dec 24, 4:30 Carols and Communion
Dec 24 7:45 Carol Singing, 8pm Eucharist
Dec 25, 10:30 Quiet Communion with carols
Jan 1, 10:30 Parish Eucharist