



St Benedict's Episcopal Church

Los Osos, California

~ Tending Mind and Soul ~

All Saints' Day Observed

November 6, 2022 ~ 10:30 AM SERVICE

Whoever you are and wherever you are on
your faith journey, there's a warm welcome for you here!

~ Prelude ~

"Remembrance"

Chris de Silva

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(Please stand as you are able)

Celebrant: **B**lessed be the one, holy, and living God.

People: ***And blessed be God's kin-dom, now and for ever.***

All: ***Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.***

♪ **Hymn #618**

Ye Watchers and Ye Holy Ones

Blue Hymnal

Unison

1 Ye watch - ers and ye ho - ly ones, bright ser - aphs, cher - u -
 2 O high - er than the cher - u - bim, more glo - rious than the
 3 Re - spond, ye souls in end - less rest, ye pa - tri - archs and
 4 O friends, in glad - ness let us sing, su - per - nal an - thems

Harmony

Unison

bim, and thrones, raise the glad strain, Al - le - lu - ia! Cry
 ser - a - phim, lead their prais - es, Al - le - lu - ia! Thou
 pro - phets blest, Al - le - lu - ia, al - le - lu - ia! Ye
 ech - o - ing, Al - le - lu - ia, al - le - lu - ia! To

out, do - min - ions, prince - doms, powers, vir - tues, arch - an - gels, an - gels'
 bear - er of the e - ter - nal Word, most gra - cious, mag - ni - fy the
 ho - ly twelve, ye mar - tyrs strong, all saints tri - um - phant, raise the
 God the Fa - ther, God the Son, and God the Spi - rit, Three in

Harmony

choirs, Al - le - lu - ia, al - le - lu - ia, al - le -
 Lord, Al - le - lu - ia, al - le - lu - ia, al - le -
 song, Al - le - lu - ia, al - le - lu - ia, al - le -
 One, Al - le - lu - ia, al - le - lu - ia, al - le -

Unison

lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!
 lu - ia, al - le - lu - ia, al - le - lu - ia!

Words: John Athelstan Laurie Riley (1858-1945). By permission of Oxford University Press. Music: *Lasst uns erfreuen*, melody from *Auserlesene Catholische Geistliche Kirchengeseng*, 1623; adapt. and harm. Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *Almighty God, you have knit together your elect in one communion and fellowship in the mystical body of your Son Christ our Lord: Give us grace so to follow your blessed saints in all virtuous and godly living, that we may come to those ineffable joys that you have prepared for those who truly love you; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, in glory everlasting. Amen.*

Daniel 7:1-3, 15-18

Lector: *A reading from the book of the Daniel*

In the first year of King Belshazzar of Babylon, Daniel had a dream and visions of his head as he lay in bed. Then he wrote down the dream: I, Daniel, saw in my vision by night the four winds of heaven stirring up the great sea, and four great beasts came up out of the sea, different from one another.

As for me, Daniel, my spirit was troubled within me, and the visions of my head terrified me. I approached one of the attendants to ask him the truth concerning all this. So he said that he would disclose to me the interpretation of the matter: "As for these

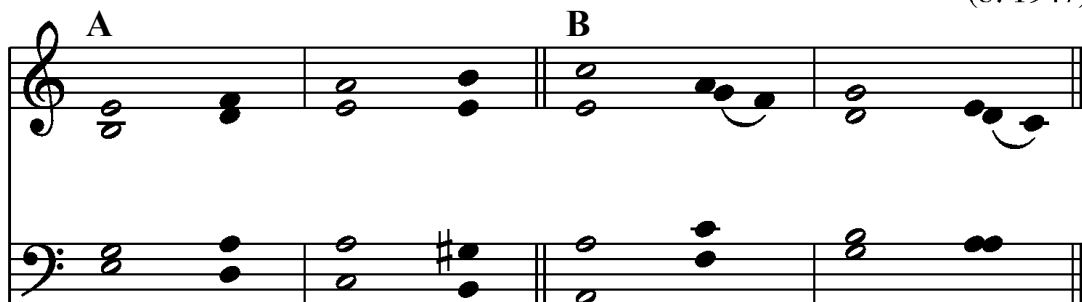
four great beasts, four kings shall arise out of the earth. But the holy ones of the Most High shall receive the kingdom and possess the kingdom for ever—for ever and ever."

Lector: *The word of the Lord.*

People: *Thanks be to God*

Psalm 149

James Frazier
(b. 1947)



A Hallelujah!

Sing to the LORD a new song;
sing his praise in the congregation of the faithful.

B Let Israel rejoice in his Maker;
let the children of Zion be joyful in their King.

A Let them praise his Name in the dance;
let them sing praise to him with timbrel and harp.

B For the LORD takes pleasure in his people
and adorns the poor with victory.

A Let the faithful rejoice in triumph;
let them be joyful on their beds.

B Let the praises of God be in their throat
and a two-edged sword in their hand;

A To wreak vengeance on the nations
and punishment on the peoples;

B To bind their kings in chains
and their nobles with links of iron;

B To inflict on them the judgment decreed;
this is glory for all his faithful people. Hallelujah!

♩ Hymn #656

Blest are the Pure in Heart

Blue Hymnal

The image shows a musical score for a hymn. It consists of two systems of music. Each system has a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are printed below the treble staff. The first system contains the first four lines of the hymn, and the second system contains the remaining lines. The music is a simple, four-part setting.

1 Blest are the pure in heart, for they shall see our God; the
 2 The Lord, who left the heavens our life and peace to bring, to
 3 he to the low - ly soul will still him - self im - part and
 4 Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.
 dwell in low - li - ness with us, our pat - tern and our King;
 for his dwell - ing and his throne will choose the pure in heart.
 us a pure and low - ly heart, a tem - ple fit for thee.

Words: Sts. 1 and 3, John Keble (1792-1866), alt.; sts. 2 and 4, William John Hall (1793-1861), alt. Music: *Franconia*, melody Johann Balthasar König (1691-1758); adapt. and harm. William Henry Havergal (1793-1870).

Luke 6:20-31

Gospeller: The Holy Gospel of our Lord Jesus Christ According to John.

People: ***Glory to You, Lord Christ.***

Jesus looked up at his disciples and said:

“Blessed are you who are poor, for yours is the kingdom of God.

Blessed are you who are hungry now, for you will be filled.

Blessed are you who weep now, for you will laugh.

Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors

did to the prophets."

But woe to you who are rich, for you have received your consolation.

Woe to you who are full now, for you will be hungry.

Woe to you who are laughing now, for you will mourn and weep.

Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.

"But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Dr. Caroline Hall

(We pause for a few moments' reflection.)

Affirmation of Faith

Nicene Creed

We *trust* in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We *trust* in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary

and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We *trust* in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We *trust* in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Remembrance

~ Anthem ~

“Pié Jesu”

Mary Lynn Lightfoot

St. Benedict’s Singers

© 1998 Heritage Music Press

Confession and Absolution

All: *Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Celebrant: All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant: Sisters and Brothers, we are one in the Body of Christ.
Therefore let us keep the peace;
And the Peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthday, and Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.
Prayers can be found on the white card in your pew.

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org.



1 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
 *2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,
 3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,
 4 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:
 cast - ing down their gold - en crowns a - round the glass - y sea;
 though the sin - ful hu - man eye thy glo - ry may not see,
 All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,
 cher - u - bim and ser - a - phim fall - ing down be - fore thee,
 on - ly thou art ho - ly; there is none be - side thee,
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.
 which wert, and art, and ev - er - more shalt be.
 per - fect in power, in love, and pu - ri - ty.
 God in three Per - sons, bless - ed Trin - i - ty.

Words: Reginald Heber (1783-1826), alt. Music: *Nicaea*, John Bacchus Dykes (1823-1876).

(please stand as you are able)

♪ Doxology:

[Hymn tune #400]

[sung]

Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

The Holy Eucharist

BCP-D

Celebrant Christ be with you.
 People *And also with you.*
 Celebrant Lift up your hearts.
 People *We lift them to the Lord.*
 Celebrant Let us give thanks to the Lord our God.
 People *It is right to give God thanks and praise.*
The Celebrant Continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

The Celebrant Continues

We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

You loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Father, we now celebrate this memorial of our redemption. Recalling Christ’s death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

*We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.*

We pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember all your people, especially those who are in times of particular difficulty, starting with those in the bidding book....

[Prayers are read from the bidding book
Please add your own intercessions aloud or silently.]

Remember our loved ones whom we see no longer. [Here the necrology is read]

Bob Kincaid	June Wright	Justin West
Carol Baker	Karin Cake	Allen Whear
Catherine Cook	Larry Swafford	Bob Schwenk
Donald Shields	Lois & Wes Felmlee	John F. Maruska
Edd Richards	Margaret Osgood	Evelyn Maruska
Eleanor Stimpson	Mary Elizabeth Pratt-Horsley	John F. Maruska, Jr.
Elizabeth & Tom Pickering	Nancy Betts Bean	Roddey Reid, Jr.
Emily Young	Price McLeod	Caroline Breedlove Reid
Emmy Kimball	Rachel Espinosa	Debbie Reid
Faith Watkins	Richard Lackie	Rupert Simpson
Faye Hogan	Sabrina Hammerlund	Victor Worsfold
Howard Vollmer	Sally Somers	Roberto, Hermalinda and
Jean Reed	Stefanie Shuman	Armando Bermudez
Jill Bennett	Steve Hirahara	Will and Roberta Tufford
Jim Hayes	Stan Welchert	Michael & Elizabeth Gonzalez
Jim H. Hayes	Marcella and Werner Welchert	Vickie Gonzalez
Jim and Sally Franklin	Harry Silberman	James McShane
Joanne Otto	Fritz and Kitty Mlekusch	Ann Hall
Joanne Rusch	Garet Birdsall	Richard Addington

Are there others? [If you wish you may say additional names here]

Remember all who have died in the peace of Christ, and those whose faith is known to you alone. Rest eternal grant to them, and bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Blessed Benedict and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

***Through Christ, and with Christ, and in Christ, all honor and glory are yours,
Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.
AMEN.***

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say:

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.*

The Breaking of the Bread

The celebrant breaks the consecrated bread.

Silence

♪ Fraction Anthem

sung three time

S874

1 2 3
Who - ev - er eats this bread will live for - ev - er.
Who - ev - er eats this bread will live for - ev - er.

Holy Communion

Celebrant: The Gifts of God for the People of God.
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.

♪ Communion Music ♪

"When We Are Living"

SOMOS DEL SEÑOR
Spanish Melody

Arranged by Joel Raney
© 2019 Hope Publishing Co.

Elizabeth Diggle - Flute Soloist

♪ Hymn 293

I Sing a Song of the Saints of God

Blue Hymnal




1 I sing a song of the saints of God, _____
2 They loved their Lord so dear, so dear, and _____
3 They lived not only in a ges past, there are




pa - tient and brave and true, who _____ toiled and _____ fought and _____
his love _____ made them strong; and they fol - lowed the right, for _____
hund-reds of thou-sands still, the _____ world is _____ bright with the




lived and died for the Lord they loved and knew. And _____
Je - sus' sake, the _____ whole of their good lives long. And _____
joy - ous saints who _____ love to do Je - sus' will. You can



one was a doc - tor, and one was a queen, and one was a shep -
 one was a sold - ier, and one was a priest, and one was slain
 meet them in school, or in lanes, or at sea, in church, or in trains,



herd - ess on the green: they were all of them saints of
 by a fierce wild beast; and there's not an - y rea - son—
 or in shops, or at tea, for the saints of God are just



God— and I mean, God help - ing, to be one too.
 no, not the least, why I should-n't be one too.
 folk like me, and I mean to be one too.

Words: Lesbia Scott (1898-1986), alt. Music: *Grand Isle*, John Henry Hopkins (1861-1945).

(We pause for a moment of silence before joining in our final prayer together)

All: Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

The Blessing

May you remain open to wonder and mystery, to what is strange and new and precious in each child of God, that with all the Saints you might walk in the light of hope and may the blessing of God All-compassionate, the Father, the Son, and the Holy Spirit, be among you and remain with you always. *Amen.*

Announcements

Final Hymn #287

For All the Saints

Blue Hymnal

(verses 1-4, 7-8)



1 For all the saints, who from their la - bors rest, who
 2 Thou wast their rock, their for - tress, and their might:___
 3 O may thy sol - diers, faith - ful, true, and bold,___
 4 O blest com - mun - ion, fel - low - ship di - vine!___



thee___ by faith be - fore the world con - fessed, thy
 thou, Lord, their Cap - tain in the well - fought fight;___
 fight as the saints who no - bly fought of old, and
 We feeb - ly strug - gle, they in glo - ry shine; yet



Name, O___ Je - sus, be for ev - er blessed.
 thou, in the dark - ness drear, the one true Light.
 win, with___ them, the vic - tor's crown of gold.
 all are___ one in thee, for all are thine.



Al - le - lu - ia, al - le - lu - ia!



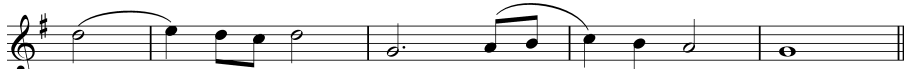
*7 But lo! there breaks a yet more glo - rious day; the
 *8 From earth's wide bounds, from o - cean's far - thest coast, through



saints tri - umph - ant rise in bright ar - ray; the
 gates of pearl streams in the count - less host___



King of___ glo - ry pass - es on his way.
 sing - ing to Fa - ther, Son, and Ho - ly Ghost,



Al - le - lu - ia, al - le - lu - ia!

Words: William Walsham How (1823-1897). Music: *Sine Nomine*, Ralph Vaughn Williams (1872-1958).

The Dismissal.

Celebrant: Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

All: *Thanks be to God. Alleluia! Alleluia!*

~ Postlude ~

“A Clare Benediction”

John Rutter

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Today’s Eucharist Liturgy is
Eucharistic Prayer D from the Book of Common Prayer
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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Michael Lucas
Acolyte	Arianna Welch
Lector:	Lisa Gonzalez
Ushers:	Connie Weldon and Alan Kiste
Altar Guild:	Diana Hammerlund
Flowers:	Sarah Chesebro
Prayer Team:	Lisa Gonzalez
Teller:	Alice Welchert and Bryson McKelvey
Music	David Alm
Online Hosts:	Don and Liz Maruska
Technical:	Hannah-Jaye Matthew

This Week at St Ben's

Today 11:30a	Potluck Lunch
Tuesday 9:45a 10:15a 5:30p	Prayers for the Morning—Zoom NO Spiritual Conversation Vespers followed by supper
Thursday 5:30p	Choir Rehearsal
Friday 9:00a	Gentle Yoga
Saturday 10:00a	Enjoy being a Climate Solver workshop
Sunday 8:00a 10:30a	Contemplative Communion Eucharist

ANNOUNCEMENTS

TODAY is our church potluck lunch. All are welcome to stay for the meal.

“Enjoy Being a Climate Solver” a special workshop November 12 10am—12noon, presented by Earthcare includes speakers from ECOSLO, the Citizens Climate Lobby, ResilientSLO and our very own Don Maruska.

Join Election Day Prayers online Nov. 8, 8 p.m. to midnight ET

Tune in via [The Episcopal Public Policy Network Facebook page](#) or [The Episcopal Church Facebook page](#) for a U.S. Election Day gathering hosted by the Office of Government Relations. Special guests from around the church will offer 10-15 minutes of reflection and prayer at the top of each hour.

Everyone is invited to **GENTLE YOGA Fridays** at 9am. For more info see Maureen Titus

SPIRITUAL CONVERSATION takes a break this week. Next week the conversations will be based on a video of Pema Chodron, an American Tibetan monk and teacher. Starting on Nov 22 the conversation will reflect on the ideas in Pema Chodron's book, [Welcoming the Unwelcome](#).

ADVENT REFLECTION booklets [Living Well through Advent - Practicing Simplicity with all your Heart, Soul, Strength and Mind](#) are now available on the ushers table. Consider joining an in-person conversation happening on Thursdays at 10am for about an hour in-person at the church, starting on December 1st for four weeks.

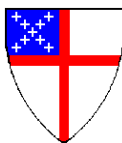
PERSONAL PRAYER – If you'd like prayer support during the week, contact Helen Schnieders (818 324 2646) If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

FORWARD DAY BY DAY provides daily Scripture reflections. This booklet is now available on the ushers table.

BIDDING BOOK PRAYERS – If you'd like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

The Altar Guild serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Sarah Chesebro.

UKRAINIAN REFUGEES in Poland need help. We are sending money to Caro's sisters church in Nowy Sacz, Poland. Please put "Ukraine" on your check or on-line gift.



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