



# St. Benedict's Episcopal Church

~ *Tending Mind and Soul* ~

Los Osos, California

The Twenty-First Sunday after Pentecost

July 31, 2021 10:30 am

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

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## ~ Prelude ~

“O God, Beyond All Praising”

Tune: THAXTED,  
Gustav Holst, 1874-1934

Arr. by Paul A. Tate  
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Celebrant: Blessed are you, holy and living One.

People: *Glory to God for ever and ever.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

♪ Hymn of Praise #448

O Love, how deep

Blue Hymnal

## Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.*

## 2 Thessalonians 1:1-4, 11-12

Reader: *A Reading from the second letter to the Thessalonians*

Paul, Silvanus, and Timothy,

To the church of the Thessalonians in God our Father and the Lord Jesus Christ:

Grace to you and peace from God our Father and the Lord Jesus Christ.

We must always give thanks to God for you, brothers and sisters, as is right, because your faith is growing abundantly, and the love of everyone of you for one another is increasing. Therefore we ourselves boast of you among the churches of God for your steadfastness and faith during all your persecutions and the afflictions that you are enduring.

To this end we always pray for you, asking that our God will make you worthy of his call and will fulfill by his power every good resolve and work of faith, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ.

Reader: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God.***

♪ **Hymn #704**

**O Thou who camest from above**

Blue Hymnal

## Luke 19:1-10

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: ***Glory to You, Lord Christ.***

Jesus entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich. He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way. When Jesus came to the place, he looked up and said to him, "Zacchaeus, hurry and come down; for I must stay at your house today." So he hurried down and was happy to welcome him. All who saw it began to grumble and said, "He has gone to be the guest of one who is a sinner." Zacchaeus stood there and said to the Lord, "Look, half of my possessions, Lord, I will give to the

poor; and if I have defrauded anyone of anything, I will pay back four times as much." Then Jesus said to him, "Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost."

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

## Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

### **Affirmation of Faith** (please stand as you are able)

*Let us affirm our faith in Jesus Christ the Son of God* . CofE

All *We believe in God the Father,  
from whom every family  
in heaven and on earth is named.  
We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.  
We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.  
We believe in one God;  
Father, Son and Holy Spirit.*

### **A Litany for Healing**

EOW2

*Let us name before God those for whom we offer our prayers, starting with those in the bidding book...*

(Prayers from the bidding book are read. The people may add additional prayers silently or aloud.)

God the Father, your will for all people is health and salvation;

***We praise you and thank you, O Lord.***

God the Son, you came that we might have life, and might have it more abundantly;

***We praise you and thank you, O Lord.***

God the Holy Spirit, you make our bodies the temple of your presence;

***We praise you and thank you, O Lord.***

Holy Trinity, one God, in you we live and move and have our being;

***We praise you and thank you, O Lord.***

Lord, grant your healing grace to all who are sick, injured, or disabled,  
that they may be made whole;

***Hear us, O Lord of life.***

Grant to all who seek your guidance, and to all who are lonely, anxious,  
or despondent, a knowledge of your will and an awareness of your presence;

***Hear us, O Lord of life.***

Mend broken relationships, and restore those in emotional distress  
to soundness of mind and serenity of spirit;

***Hear us, O Lord of life.***

Bless physicians, nurses, and all others who minister to the suffering,  
granting them wisdom and skill, sympathy and patience;

***Hear us, O Lord of life.***

Grant to the dying peace and a holy death, and uphold by the grace and  
consolation of your Holy Spirit those who are bereaved;

***Hear us, O Lord of life.***

Restore to wholeness whatever is broken by human sin, in our lives,  
in our nation, and in the world;

***Hear us, O Lord of life.***

You are the Lord who does wonders:

***You have declared your power among the peoples.***

With you, O Lord, is the well of life:

***And in your light we see light.***

Hear us, O Lord of life:

***Heal us, and make us whole.***

Celebrant: *All Compassionate God, giver of life and health: Send your blessing on all who are sick, and upon those who minister to them, that all weakness may be vanquished by the triumph of the risen Christ; who lives and reigns for ever and ever. Amen.*

## **Confession of Need**

Celebrant Let us confess our need for God's healing grace.

All ***Compassionate God,***  
***we confess our weaknesses and our need for your strengthening touch.***  
***We confess that some illnesses stem from our own fault,***  
***while others are beyond our control.***  
***We turn to you, source of life,***  
***and ask in the name of our Savior Jesus Christ***  
***for the gifts of true healing and life in you. Amen***

Celebrant May the God of love visit you in your times of trial and weakness,  
and raise you to newness of life, through Jesus Christ,  
in the power of the Holy Spirit. ***Amen.***

## **Prayers for Healing**

The ministry of Jesus invites us to new life in God and with each other. We proclaim the Good News that God desires us to be healthy and one in the body of Christ. You are invited to offer yourself, whatever your sickness of spirit, mind, or body, and ask for healing and wholeness in the Name of the holy and undivided Trinity.

*(We invite you to pray for healing for yourself, each other, and the planet.  
Those wishing to receive a blessing may come forward.)*

### **♪ Meditation**

*Let us pray together:*

***Generous God,***  
***we give you thanks for your beloved Jesus Christ,***  
***in whom you have shared the beauty and pain of human life.***  
***Look with compassion upon all for whom we pray,***  
***and strengthen us to be your instruments of healing in the world,***  
***by the power of the Holy Spirit. Amen.***

# The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers can be found on the white card in your pew.

## The Offertory

*You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website [www.stbenslososos.org](http://www.stbenslososos.org) at any time.*

### ♪ Offertory Hymn

### Heal me, hands of Jesus

WLP 773

1. Heal me, hands of Je-sus, and search out all my pain: re -  
2. Cleanse me, blood of Je-sus, take bit - ter-ness a - way; let  
3. Know me, mind of Je-sus, and show me all my sin; dis -  
4. Fill me, joy of Je-sus: anx - i - e - ty shall cease and

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of a vocal line and a piano accompaniment. The vocal line begins with a treble clef and a key signature of one flat. The piano accompaniment is written for both the right and left hands, with a grand staff. The lyrics are aligned with the vocal line.

store my hope, re - move my fear and bring me peace a - gain.  
 me for - give as one for - given and bring me peace to - day.  
 pel the mem - o - ries of guilt, and bring me peace with - in.  
 heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

Words: Michael Perry. Music: *Sharpe*, Carl Haywood (b. 1949), from *Tunes for Grace*.

## ♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow  
 Praise God all creatures here below, Alleluia, Alleluia  
 Praise God the Source of all our gifts  
 Praise Jesus Christ whose power uplifts  
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

EOW 3

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Lift up your hearts.

People: *We lift them to the Lord.*

Celebrant: Let us give thanks to the Lord our God.

People: *It is right to give our thanks and praise.*

Celebrant: All thanks and praise  
 are yours at all times and in all places,  
 our true and loving God;  
 through Jesus Christ, your eternal Word,

the Wisdom from on high by whom you created all things.  
 You laid the foundations of the world  
 and enclosed the sea when it burst out from the womb;  
 You brought forth all creatures of the earth  
 and gave breath to humankind.

Wondrous are you, Holy One of Blessing,  
 all you create is a sign of hope for our journey;  
 And so as the morning stars sing your praises  
 we join the heavenly beings and all creation  
 as we shout with joy:

### ♪ Sanctus

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi  
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.  
 heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).



Celebrant continues:

Glory and honor are yours, Creator of all,  
your Word has never been silent;  
you called a people to yourself, as a light to the nations,  
you delivered them from bondage  
and led them to a land of promise.  
Of your grace, you gave Jesus  
to be human, to share our life,  
to proclaim the coming of your holy reign  
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,  
you have freed us from sin,  
brought us into your life,  
reconciled us to you,  
and restored us to the glory you intend for us.

We thank you that on the night before he died for us  
Jesus took bread,  
and when he had given thanks to you, he broke it,  
gave it to his friends and said:  
“Take, eat, this is my Body, broken for you.  
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,  
said the blessing, gave it to his friends and said:  
“Drink this, all of you:  
this cup is the new Covenant in my Blood,  
poured out for you and for all  
for the forgiveness of sin.  
Do this for the remembrance of me.”

And so, remembering all that was done for us:

the cross, the tomb, the resurrection and ascension,  
longing for Christ's coming in glory,  
and presenting to you these gifts  
your earth has formed and human hands have made,  
we acclaim you, O Christ:

All: ***Dying, you destroyed our death.  
Rising, you restored our life.  
Christ Jesus, come in glory!***

Celebrant: Send your Holy Spirit upon us  
and upon these gifts of bread and wine  
that they may be to us  
the Body and Blood of your Christ.  
Grant that we, burning with your Spirit's power,  
may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ,  
and in the fullness of time gather us  
with the blessed virgin Mary, Saint Benedict, and all your people  
into the joy of our true eternal home.

***Through Christ and with Christ and in Christ,  
by the inspiration of your Holy Spirit,  
we worship you our God and Creator  
in voices of unending praise  
Blessed are you now and for ever. AMEN.***

## Lord's Prayer

*As our Savior Christ has taught us, we now pray:*

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## The Breaking of the Bread

The celebrant breaks the Bread

### ♪ Fraction Anthem *sung twice*

Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

# Holy Communion

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.  
This is God's table, and all are welcome here.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.*

## ~ Communion Music ~

“Be Thou My Vision with *Open Our Eyes, O Lord, We Pray*”

Arranged by Paul A. Tate

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### ♪ Hymn

### O God of Gentle Strength

WLP 771

1. O God of gen - tle strength, your  
2. Your wa - ters of re - birth have  
3. And when life's chal - len - ges e -  
4. Where will the jour - ney lead? The

love em - bra - ces me. With - in the sure - ness  
claimed us as your own. As mem - bers of one  
clipse our minds with doubt, let ho - ly wis - dom  
path may be ob - scure. But prom - ised hope of

of your care my heart rests will - ing - ly.  
 bod - y, we shall nev - er be a - lone.  
 spark a flame to drive the dark - ness out.  
 things un - seen will keep our foot - ing sure.

*We pause for a few minutes silence*

All: ***Faithful God***  
*in the wonder of your wisdom and love*  
*you fed your people in the wilderness with the bread of angels,*  
*and you sent Jesus to be the bread of life.*  
*We thank you for feeding us with this bread.*  
*May it strengthen us that by the power of the Holy Spirit*  
*we may embody your desire and be renewed for your*  
*service through Jesus Christ our Savior. Amen.*

## **Blessing**

**Celebrant:** May the God of peace sanctify you entirely, and may your spirit and soul and body be kept sound and blameless at the coming of our Lord Jesus Christ. ***Amen.***

## **Announcements**

♪ **Hymn 470**

**There's a wideness in God's mercy**

Blue Hymnal

# Dismissal

## ♪ Postlude

Lori True

Arranged by Paul A. Tate

“May the Road Rise to Meet You”

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Eucharist Liturgy Adapted from Enriching Our Worship

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## Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Sarah Chesebro
Lector:	Bryon McKelvey
Flowers:	Lorienne Schwenk
Ushers:	Michael Lucas and Lorienne Schwenk
Altar Guild:	Lorienne Schwenk
Online Host:	Elaine Beckham
Tellers:	Sandy Fisher and Alice Welchert
Director of Music:	Dave Alm
Technical:	Hannah-Jaye Matthews



## This Week at St Ben's

Tuesday	
9:45a	Prayers for the Morning—Zoom
10:15a	Spiritual Conversation—Zoom
5:30p	Vespers followed by supper
Wednesday	
4:00p	Community Dinner
Thursday	
4:00p	Liturgy Committee
5:30p	Choir Rehearsal
7:00p	Storied Pilgrimage with Race (Special Zoom)
Friday	
9:00a	Gentle Yoga
Sunday	
8:00a	No 8am Service
10:30a	Eucharist
11:45a	Potluck

## ANNOUNCEMENTS

**TODAY October 30**, St. Benedict's has a table at **OKTOBERFEST** in Baywood Park. Please visit our table and even stay a while to listen to our neighbors and share God's love with them.

**Sunday Nov 6 potluck!** We will re-start our monthly potlucks after the 10:30 service. Please bring your food to the kitchen and our hosts will put it out in the Great Room, and serve it to you. We will eat outside or in the sanctuary. If you are willing to serve as one of the hosts in the future, please speak to Barbara Hirahara.

**COMMUNITY DINNERS** have changed to Wednesdays. We serve this week on Weds Nov 2nd. Please tell Maureen Titus that you can bring potato chips or coleslaw.

**ALL SAINTS DAY** comes up on November 6. If you would like loved ones who have gone on ahead to be included in the necrology or in the slideshow please send their names and/or a photo to Hannah-Jaye office@stbenslososos.org

**SAVE THE DATE:** “Enjoy Being a Climate Solver” a special workshop November 12 10am—12noon, presented by Earthcare.

Everyone is invited to **GENTLE YOGA Fridays** at 9am. For more info see Maureen Titus

**SPIRITUAL CONVERSATION** is currently based on the book Lives of Unforgetting by fiction writer Stant Litore. Litore encourages us to read the Bible in a new way and to notice narratives we may have skipped over. This week we will talk about the final chapters. Everyone is welcome, whether or not you read the book. Tuesdays at 10:15 on Zoom. There will be no meeting on Tuesday 8th November.

**PERSONAL PRAYER** – If you’d like prayer support during the week, contact Louisa Beeler (805-543-2898). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).

**FORWARD DAY BY DAY** provides daily Scripture reflections. This booklet is now available on the ushers table.

**BIDDING BOOK PRAYERS** – If you’d like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher’s station as you come into church.

**BIRTHDAY:** Nov 2 Pamela Bleisch, Nov 6 Maureen Titus

**ANNIVERSARY:** Nov 5 Barbara and Steve Hirahara



**St. Benedict's Episcopal Church**  
**PO Box 6877, 2220 Snowy Egret Lane**  
**Los Osos CA 93402**

**StBensLosOsos.org; office@stbenslososos.org**  
**805-528-0654**