



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Twentieth Sunday after Pentecost

October 23, 2022 10:30 am

Whoever you are and wherever you are in your faith journey,
there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

"Prelude on Psalm 84:1 *How Lovely Is Thy Dwelling Place*"

Charles Callahan, ASCAP

© 2015 Birnamwood Publications (ASCAP)

Flute Soloist: Elizabeth Diggle

Celebrant: Blessed are you, holy and living One.

People: *Glory to God for ever and ever.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

♪ Hymn of Praise

Canticle of the Turning

Gather 556

(see pages 2-3)

Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *Infinite God, impatient with your otherness we make you into an idol to serve our own needs: humble our arrogance by the strangeness of your coming and the wonder of your mercy; through Jesus Christ, the friend of Pharisees and tax collectors, Amen.*

Verses



1. My soul cries out with a joy - ful shout that the
 2. Though I am small, my God, my all, you
 3. From the halls of power to the for - tress tower, not a
 4. Though the na - tions rage from age to age, we re -



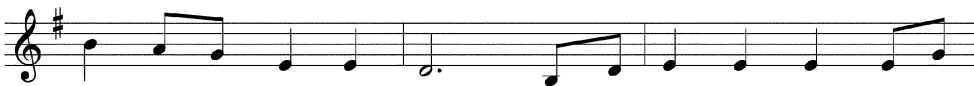
God of my heart is great, And my spir - it sings of the
 work great things in me, And your mer - cy will last from the
 stone will be left on stone. Let the king be - ware for your
 mem - ber who holds us fast: God's mer - cy must de -



won - drous things that you bring to the ones who
 depths of the past to the end of the age to
 jus - tice tears ev - 'ry ty - rant from his
 liv - er us from the con - quer - or's crush - ing



wait. You fixed your sight on your ser - vant's plight, and my
 be. Your ver - y name puts the proud to shame, and to
 throne. The hun - gry poor shall weep no more, for the
 grasp. This sav - ing word that our fore - bears heard is the



weak - ness you did not spurn, So from east to west shall my
 those who would for you yearn, You will show your might, put the
 food they can nev - er earn; There are ta - bles spread, ev - 'ry
 prom - ise which holds us bound, 'Til the spear and rod can be



name be blest. Could the world be a - bout to turn?
 strong to flight, for the world is a - bout to turn.
 mouth be fed, for the world is a - bout to turn.
 crushed by God, who is turn - ing the world a - round.

Refrain

My heart shall sing of the day you bring. Let the
fires of your jus - tice burn. Wipe a - way all tears, for the
dawn draws near, and the world is a - bout to turn!

Text: Luke 1:46-58; Rory Cooney, b.1952. © 1990, GIA Publications, Inc.
Tune: STAR OF THE COUNTY DOWN; Irish traditional; arr. by Rory Cooney, b.1952

(Return to page 1 for Collect of the Day)

Sirach 35:12-17

Reader: *A Reading from the Book of Sirach*

Give to the Most High as he has given to you,
and as generously as you can afford.

For the Lord is the one who repays,
and he will repay you sevenfold.

Do not offer him a bribe, for he will not accept it
and do not rely on a dishonest sacrifice;

for the Lord is the judge,
and with him there is no partiality.

He will not show partiality to the poor;
but he will listen to the prayer of one who is wronged.

He will not ignore the supplication of the orphan,
or the widow when she pours out her complaint.

Lector: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God.***

♪ **Psalm 84:1-6** (Antiphon sung by Cantor, then all. Verses spoken in unison.) Emergent Psalter

From The Emergent Psalter by Isaac Everett, copyright by Isaac Everett, Church Publishing, Inc. www.churchpublishing.org.

Antiphon

How dear to me is your dwelling, O GOD of hosts!
 I long, I yearn for the courts of God;
 my heart and my flesh rejoice in the living God.

The sparrow has found her a house
 and the swallow a nest where she may lay her young;
 by the side of your altars, O GOD of hosts,
 my ruler and my God.

Happy are they who dwell in your house!
 they will always be praising you.

Antiphon

Happy are the people whose strength is in you!
 whose hearts are set on the pilgrims' way.

Those who go through the valley of Baca will find it a place of springs,
 for the early rains have covered it with pools of water.

They will climb from height to height,
 and the God of gods will be revealed in Zion.

Antiphon

2 Timothy 4:6-8, 16-18

Reader: *A Reading from the Second Letter to Timothy*

I am already being poured out as a libation, and the time of my departure has come. I have fought the good fight, I have finished the race, I have kept the faith. From now on there is

reserved for me the crown of righteousness, which the Lord, the righteous judge, will give me on that day, and not only to me but also to all who have longed for his appearing.

At my first defense no one came to my support, but all deserted me. May it not be counted against them! But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. The Lord will rescue me from every evil attack and save me for his heavenly kingdom. To him be the glory forever and ever. Amen.

Reader: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God.***

♪ Hymn # 536

Open your ears

Blue Hymnal



1 O - pen your ears, O faith - ful peo - ple,
2 They who have ears, to hear the mes - sage,
3 Is - ra - el comes to greet the Sa - vior,
4 O - pen your ears, O faith - ful peo - ple,



o - pen your ears and hear God's word. O - pen your hearts, O
they who have ears, then let them hear. They who would learn the
Ju - dah is glad to see his day. From east and west the
o - pen your ears and hear God's word. O - pen your hearts, O



roy - al priest - hood, God has come to you.
way of wis - dom, let them hear God's word.
peo - ples trav - el, he will show the way.
roy - al priest - hood, God has come to you.

Refrain on next page

God has spo - ken to his peo - ple, Hal - le - lu - jah!

And his words are words of wis - dom, Hal - le - lu -

jah! Hal - le - lu - jah! God has spo - ken to his peo - ple,
To - rah o - ra, To - rah o - ra,

Hal - le - lu - jah! And his words are
To - rah o - ra, *Da Capo*

words of wis - dom, Hal - le - lu - jah!
To - rah o - ra, Hal - le - lu - jah!

“Torah ora” is Hebrew for, “The Law is our Light.”

Words: Willard F. Jabusch (b. 1930), alt. Copyright © 1966, 1984 by Willard F. Jabusch. Music: *Torah song [Yisrael V'oraita]*, Hasidic melody; arr. Richard Proulx (b. 1937). Arrangement Copyright © 1985 G.I.A. Publications, Inc.

Luke 18:9-14

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: ***Glory to You, Lord Christ.***

Jesus told this parable to some who trusted in themselves that they were righteous and regarded others with contempt: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector. I fast twice a week; I give a tenth of all my income.' But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!' I tell you, this man went down to his home justified rather than the other; for all who exalt themselves will be humbled, but all who humble themselves will be exalted."

Gospeller: The Gospel of Christ.

People: ***Praise to You, Lord Christ.***

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

Church of England

Let us affirm our faith in Jesus Christ the Son of God.

All *We believe in God the Father,
from whom every family
in heaven and on earth is named.
We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.
We believe in God the Holy Spirit,
who strengthens us
with power from on high.
We believe in one God;
Father, Son and Holy Spirit.*

Prayers of the People

We give you thanks for the beauty, mystery and wonder of creation; teach us to love the world with the great love you have for it. We pray that all people may show respect for the earth and that people of faith will be deeply involved in conservation and caring for the planet. We pray for the leaders of nations, that they may use the wealth and resources of the earth with care. We remember all who are suffering from flood or drought, for all whose land is exhausted and whose crops are failing. Savior, restore your people. ***Guide us into the ways of peace.***

We remember those who have become lost in their journey through life, all who are addicted to drugs or caught up in crime. We pray for all who have lost vision or hope and have little support. We pray for all seekers, all who look for purpose and meaning, all who teach and guide others in the way. Savior, restore your people. ***Guide us into the ways of peace.***

We give thanks for our loved ones and all who have cared for us. We pray for those who have taught us to value our lives and each other, and for our families, friends and those among whom we work. Savior, restore your people. ***Guide us into the ways of peace.***

God of all power, we ask you to support those who are down: we pray for the exhausted, the weary and the worn, those who have run out of energy and all who can no longer cope on their

own, those who are depressed. We ask you blessing on our friends and loved ones, starting with those in the bidding book:

[please add your own prayers, silently or aloud]

Savior, restore your people. **Guide us into the ways of peace.**

We think of all those who have run the race, finished the course and kept the faith: we give thanks for your saints and all holy women and men. Bless all our loved ones who are departed from us and keep them in life eternal.

Lord restore your people. **Guide us into the ways of peace.**

Holy One, you hear the prayers of the lowly and forgive the sins of the penitent: grant us a glimpse of your glory, a humility in our approach to you, and a deep awareness of your presence and love; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God now and for ever. Amen

1. Pre - cious Lord, take my hand, Lead me on, let me
2. When my way grows— drear, pre - cious Lord, lin - ger
3. When the dark - ness ap - pears and the night draws—

1. stand, I am tired, I am weak, I am worn; _____
2. near, When my life is al - most gone; _____
3. near, And the day is past and gone; _____

1. — Through the storm, through the night, Lead me on to the
 2. — Hear my cry, hear my call, Hold my hand, lest I
 3. — At the riv - er I stand, Guide my feet, hold my

1. light, — Take my hand, pre-cious Lord, — Lead me on. —
 2. fall, — Take my hand, pre-cious Lord, — Lead me on. —
 3. hand, — Take my hand, pre-cious Lord, — Lead me on. —

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Confession and Absolution

All: *God of all mercy,
 we confess that we have sinned against you,
 opposing your will in our lives.
 We have denied your goodness in each other,
 in ourselves, and in the world you have created.
 We repent of the evil that enslaves us,
 the evil we have done,
 and the evil done on our behalf.
 Forgive, restore, and strengthen us
 through our Savior Jesus Christ,
 that we may abide in your love
 and serve only your will. Amen.*

Celebrant: All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.
Prayers can be found on the white card in your pew.

The Offertory

You are invited to make a thank offering, but if you do not contribute financially today please give thanks for God's blessing as the plate is passed. You can contribute at our website www.stbenslososos.org at any time.

♪ Offertory Hymn

Take My Hand, Precious Lord

LEVAS 106

1. Pre - cious Lord, take my hand, Lead me on, let me
2. When my way grows drear, pre - cious Lord, lin - ger
3. When the dark - ness ap - pears and the night draws—

1. stand, I am tired, I am weak, I am worn; _____
2. near, When my life is al - most gone; _____
3. near, And the day is past and gone; _____

1. — Through the storm, through the night, Lead me on to the
 2. — Hear my cry, hear my call, Hold my hand, lest I
 3. — At the riv - er I stand, Guide my feet, hold my

1. light, — Take my hand, pre-cious Lord, — Lead me on. —
 2. fall, — Take my hand, pre-cious Lord, — Lead me on. —
 3. hand, — Take my hand, pre-cious Lord, — Lead me on. —

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♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow
 Praise God all creatures here below, Alleluia, Alleluia
 Praise God the Source of all our gifts
 Praise Jesus Christ whose power uplifts
 Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

Iona

The table of bread and wine is now made ready.

It is the table of company with Jesus, and all who love him.

It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

So come to this table, you who have much faith and you who would like to have more;
 you who have been here often and you who have not been for a long time;
 you who have tried to follow Jesus, and you who have failed; Come.

It is Christ who invites us to meet him here.

Celebrant: May Christ be with you,

All: *And also with you.*

Celebrant: Lift up your hearts,

All: *We lift them up to God.*

Celebrant: Let us give thanks to God,

All: *It is right to give both thanks and praise.*

Celebrant: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with Michael and the host of heaven, with all the saints before and beside us, with Columba and Brigid, Patrick and Margaret, Blessed Mary and Blessed Benedict, with brothers and sisters, east and west, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

♪ Sanctus



San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My



cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Words: Variation on a traditional liturgical text. Music: Composer of melody unknown; arr. based on a two-part version as taught by Pablo D. Sosa (b. 1933).

Celebrant: Blessed is our brother Jesus,
who walks with us the road of our world's suffering,
and who is known to us in the breaking of bread.

On the night of his arrest Jesus took bread and having blessed it
he broke the bread and gave it to his disciples, saying,

This is my body, given to you.

In the same way he took wine and having given thanks for it
he poured it out and gave the cup to his disciples, saying,

This cup is the new relationship with God,
sealed with my blood. Take this and share it.

I shall drink wine with you next in the coming Kingdom of God.

All: ***Loving God, through your goodness we have this bread and wine to offer,
which earth has given and human hands have made.
May we know your presence in the sharing of this bread,
So that we may know your touch in all bread, all matter.
We celebrate the life that Jesus has shared among his community
through the centuries, and shares with us now.
Made one in Christ and one with each other, we offer these gifts
and with them ourselves, a single, holy, living sacrifice. Amen.***

Celebrant: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and
wine. May they become for us your body, vibrant with your life, healing,
renewing and making us whole. And as the bread and wine which we now eat
and drink are changed into us, may we be changed again into you, bone of your
bone, flesh of your flesh, loving and caring in the world.

All: ***Through Christ and with Christ and in Christ,
all honor and glory are yours, All-Compassionate God,
in the unity of the Holy Spirit, for ever and ever. AMEN***

Lord's Prayer

And now as our Savior Christ taught us, we are bold to say:

*Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be,
Father and Mother of us all, Loving God, in whom is heaven:
The hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our hope and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For your reign is the glory of the power that is love, now and forever.
Amen.*

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the Bread

Silence

♪ Fraction Anthem

WLP785



Who - ev - er eats this bread will live for - ev - er.



Who - ev - er eats this bread will live for - ev - er.

Holy Communion

Celebrant Look, the Body of Christ is broken for the life of the world.
Here is Christ coming to us in bread and in wine.

The gifts of God for the people of God. This is God's table, and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.

♪ Communion Music

“This Little Light of Mine”

Arr. Fred Offutt © 2008 by GIA Publications, Inc.

♪ Communion Hymn

Standing in the Need

LEVAS 177

Verse on next page

It's me, it's me, O Lord, — Stand-in' in the need of prayer; —
It's me,

The first system of musical notation is in 4/4 time with a key signature of one sharp (F#). The vocal line (treble clef) and piano accompaniment (bass clef) are shown. The lyrics are: "It's me, it's me, O Lord, — Stand-in' in the need of prayer; — It's me,"

— It's me, it's me, O Lord, — Stand-in' in the need of prayer. —
It's me,

The second system of musical notation continues the piece. It ends with a double bar line and the word "Fine" written above the staff. The lyrics are: "— It's me, it's me, O Lord, — Stand-in' in the need of prayer. — It's me,"

1. Not my broth - er, not my sis - ter, but it's me, O Lord,___
 2. Not the preach - er, not the dea - con, but it's me, O Lord,___
 3. Not my fa - ther, not my moth - er, but it's me, O Lord,___
 4. Not the stran - ger, not my neigh - bor, but it's me, O Lord,___

1. Stand-in' in the need of prayer,___ Not my broth - er, not my sis - ter, but it's
 2. Stand-in' in the need of prayer,___ Not the preach - er, not the dea - con, but it's
 3. Stand-in' in the need of prayer,___ Not my fa - ther, not my moth - er, but it's
 4. Stand-in' in the need of prayer,___ Not the stran - ger, not my neigh - bor, but it's

Final Prayer

Creator of all, we give you thanks and praise that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. **Amen.**

Blessing

May the everlasting God shield you, east and west and wherever you go,
 And the blessing of God be upon us, *the blessing of the God of life.*
 The blessing of Christ be upon us, *the blessing of the Christ of love.*
 The blessing of the Spirit be upon us, *the blessing of the Spirit of grace.*
 The blessing of the Trinity be upon us, now and for ever more. **Amen.**

Announcements



1. My life flows on in end - less song A -
2. Through all the tu - mult and the strife, I
3. What though the tem - pest 'round me roar, I
4. When ty - rants trem - ble, sick with fear, And
5. The peace of Christ makes fresh my heart, A



bove earth's lam - en - ta - tion. I hear the real though
 hear that mu - sic ring - ing; It sounds and ech - oes
 hear the truth it liv - eth. What though the dark - ness
 hear their death knells ring - ing; When friends re - joice both
 foun - tain ev - er spring - ing. All things are mine since



far - off hymn That hails a new cre - a - tion.
 in my soul; How can I keep from sing - ing?
 'round me close, Songs in the night it giv - eth.
 far and near, How can I keep from sing - ing?
 I am his; How can I keep from sing - ing?



No storm can shake my in - most calm, While to that rock I'm



cling - ing. Since love is Lord of heav - en and earth,



How can I keep from sing - ing?

Dismissal

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: **Thanks be to God, Alleluia, Alleluia**

♪ Postlude

“O Worship the King”

Tune: *LYONS*

Arranged by Joel Raney

Attr. to Johann M. Haydn

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Eucharist Liturgy Adapted from The Iona Abbey Worship Book

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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Lorienne Schwenk
Lector:	Connie Weldon
Cantor:	Lorienne Schwenk
Flowers:	Sharon Porter
Ushers:	Jerry and Carol Walton
Intercessor:	Jill Denton
Altar Guild:	Lorienne Schwenk
Online Host:	Jane Wu
Tellers:	Steve Cake & Bryson McKelvey
Director of Music:	Dave Alm
Technical:	Hannah-Jaye Matthew

This Week at St Ben's

Tuesday	9:45a 10:15a 5:30p	Prayers for the Morning—Zoom Spiritual Conversation—Zoom Vespers followed by supper
Wednesday	11:00a 4:00p	Laundry Love Laundry Love
Thursday	5:30p	Choir Rehearsal
Friday	9:00a 6:30p	Gentle Yoga Gratitude Dinner
Saturday	3:00p	Celebration of life for Emily Young
Sunday	8:00a 10:30a	Contemplative Communion Eucharist

ANNOUNCEMENTS

TODAY A contemplative retreat led by Canon Martha Korienek 12-4pm at St. Barnabas in Arroyo Grande. All welcome, no charge.

GRATITUDE DINNER this Friday, October 28th at 6:30. Your RSVP helps the Parish Council plan food, but please come even if you didn't RSVP. Please also send Hannah pictures of things for which you are grateful to include in the slide show.

MEMORIAL service on Saturday October 29 at 3pm for Emily Young. Please RSVP to office@stbenslososos.org

On October 30, St. Benedict's will have a table at **OKTOBERFEST** in Baywood Park. Deacon Jen would love you to sign up for a shift to listen to our neighbors and share God's love with them.

NEWSLETTER DEADLINE is Oct 27. Please send your contributions to Ed Himelbrau.

COMMUNITY DINNERS have changed to Wednesdays. We serve on Weds Nov 2nd

ALL SAINTS DAY comes up on November 6. If you would like loved ones who have gone on ahead to be included in the necrology or in the slideshow please send their names and/or a photo to Hannah-Jaye office@stbenslososos.org

SAVE THE DATE: “Enjoy Being a Climate Solver” a special workshop November 12 10am—12noon, presented by Earthcare.

Everyone is invited to **GENTLE YOGA Fridays** at 9am. For more info see Maureen Titus

SPIRITUAL CONVERSATION is based on the book Lives of Unforgetting by fiction writer Stant Litore. Litore encourages us to read the Bible in a new way and to notice narratives we may have skipped over. This week we will talk about the true meaning of “Submission”, “Turning th Other Cheek”, and “Dominion”. Everyone is welcome, whether or not you read the book. Tuesdays at 10:15 on Zoom.

PERSONAL PRAYER – If you’d like prayer support during the week, contact Jill Denton (805-534-1101). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

FORWARD DAY BY DAY provides daily Scripture reflections. This booklet is now available on the ushers table.

BIDDING BOOK PRAYERS – If you’d like to request prayers for someone to have their names read out during the worship services on Sunday, please write them in the bidding book on the stand by the usher’s station as you come into church.

BIRTHDAY: Oct 29, Bill Hayes

ANNIVERSARY: Betty Field-Haley (and John) Oct 26



When we say that everyone is welcome to worship at St. Benedict's, we mean it. Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, physical or mental ability. We embrace and seek to preserve the beautiful, amazing diversity of God's creation. We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ. St. Benedict's is a long-time supporter of the full inclusion of all Christians in every order (lay, deacon, priest, bishop) and every sacrament and rite of the church.



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