



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

18th Sunday after Pentecost

October 9, 2022

Whoever you are and wherever you are in your faith journey, there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

"Love"

Ruth Elaine Schram

Tunes: St. Margaret & Martin

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"Locus Iste"

Anton Bruckner (1824-1896)

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St. Benedict's Singers

Rector Blessed be God: most holy, glorious, and undivided Trinity.

People *And blessed be God's reign now and for ever.*

Rector There is one Body and one Spirit

People *There is one hope in God's Call to us.*

Rector One Lord, one faith, one baptism;

People *One God and Father of all.*

♪ **Gloria** - Choir sings verses, congregation joins in refrain

Refrain

Glo-ry to God in the high - est, and
peace to his peo - ple on earth.

1. Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

2. Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit
in the glory of God, the Father. Amen! Amen!

Collect of the Day

Rector The Lord be with you.

People *And also with you.*

Rector Let us pray together.

All: **Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

2 Kings 5:1-3, 7-15c

Reader: *A Reading from the second book of Kings*

Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy."

When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me."

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But

his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Then he returned to the man of God, he and all his company; he came and stood before him and said, "Now I know that there is no God in all the earth except in Israel."

Reader *Hear what the Spirit is saying to God's People*

People *Thanks be to God*

Psalm 111

S408



- 1 Hallelujah!
I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.
- 2 Great are the deeds of the LORD! *
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, *
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; *
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works *
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; *
all his commandments are sure.
- 8 They stand fast for ever and ever, *
because they are done in truth and equity.

- 9 He sent redemption to his people;
 he commanded his covenant for ever; *
 holy and awesome is his Name.
- 10 The fear of the LORD is the beginning of wisdom; *
 those who act accordingly have a good understanding;
 his praise endures for ever.

2 Timothy 2: 18-15

Reader: *A Reading from the second letter to Timothy*

Remember Jesus Christ, raised from the dead, a descendant of David-- that is my gospel, for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. The saying is sure:

If we have died with him, we will also live with him;
 if we endure, we will also reign with him;
 if we deny him, he will also deny us;
 if we are faithless, he remains faithful--
 for he cannot deny himself.

Remind them of this, and warn them before God that they are to avoid wrangling over words, which does no good but only ruins those who are listening. Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth.

Reader *Hear what the Spirit is saying to God's People*

People **Thanks be to God**

♪ Thy Word

Refrain (Unison)

Chords: Eb, Bb7, Eb, Ab, Bb7, Eb, Ab, Eb, Fine, Bb7, Fm

Thy word is a lamp un - to my feet and a
 light un - to my path. 1. When I feel a -fraid,
 2. Now I will not for - get your

think I've lost my way, still you're there right be-side me, and
 love for me and yet my heart for-ev-er is wan-der-ing.

noth-ing will I fear as long as you are near.
 Je-sus, be my guide and hold me to your side, and

Please be near me to the end.
 I will love you to the end.

Chords: Cm, Gm, Ab, Bb7, Ab, Eb, Bb7, Fm, Cm, Gm, Ab, Bb7, Cm, C, G, Bb7, D.C.

Luke 17:11-19

Gospeller The Holy Gospel of Our Savior Jesus Christ According to Luke.

People *Glory to You, Lord Christ.*

On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well."

Gospeller The Gospel of Christ.

People *Praise to You, Lord Christ.*

Sermon

The Rt. Rev. Lucinda Ashby

[We pause for a few moments' reflection]

Presentation and Examination of the Candidates

The Bishop says The Candidates for Confirmation and Reception will now be presented.

Presenter I present Letty Cotta and Alan Estes to be received into this Communion.

The Bishop asks the candidates

Do you reaffirm your renunciation of evil?

Candidate *I do.*

Bishop Do you renew your commitment to Jesus Christ?

Candidate *I do, and with God's grace I will follow him as my Savior and Lord.*

After all have been presented, the Bishop addresses the congregation, saying

Will you who witness these vows do all in your power to support these persons in their life in Christ?

People ***We will.***

Bishop Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

The Renewal of Baptismal Vows

Bishop Do you believe in God the Father?

People ***I believe in God, the Father almighty creator of heaven and earth.***

Bishop Do you believe in Jesus Christ, the Son of God?

People ***I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.***

Bishop Do you believe in God the Holy Spirit?

People ***I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.***

Bishop Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

People ***I will, with God's help.***

Bishop Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People ***I will, with God's help.***

Bishop Will you proclaim by word and example the Good News of God in Christ?

People ***I will, with God's help.***

Bishop Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People ***I will, with God's help.***


Bishop Will you strive for justice and peace among all people, and respect the dignity of every human being?

People ***I will, with God's help.***


Hymn # 297

“ Descend O Spirit ”


Blue Hymnal



1 De - scend, O Spi - rit, purg - ing flame, brand
2 For - bid us not this sec - ond birth; grant



us this day with Je - sus' Name! Con - firm our faith, con -
un - to us the great - er worth! En - list us in your



sume our doubt; sign us as Christ's, with - in, with - out.
ser - vice, Lord; bap - tize all na - tions with your Word.

Words: Scott Francis Brenner (1903-1991), alt. Reprinted and used from *The Worship Book — Services and Hymns*, Copyright © 1972, The Westminster Press. Music: *Erhalt uns Herr*, melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750).

The people are sprinkled with water as a sign and reminder of their baptism.

Prayers for the Candidates

Bishop Let us now pray for these persons who have renewed their commitment to Christ.

A Person appointed leads the following petitions

Leader Deliver them, O Lord, from the way of sin and death.

People ***Lord, hear our prayer.***

Leader Open their hearts to your grace and truth.

People ***Lord, hear our prayer.***

Leader Fill them with your holy and life-giving Spirit.

People ***Lord, hear our prayer.***

Leader Keep them in the faith and communion of your holy Church.

People ***Lord, hear our prayer.***

Leader Teach them to love others in the power of the Spirit.

People ***Lord, hear our prayer.***

Leader Send them into the world in witness to your love.

People ***Lord, hear our prayer.***

Leader Bring them to the fullness of your peace and glory.

People ***Lord, hear our prayer.***

Then the Bishop says..

Almighty God, we thank you that by the death and resurrection of your Son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you made with them at their Baptism. Send them forth in the power of that Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

The Bishop lays hands upon each one and says

Letty/Alan, we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of this Communion. God, the Father, Son, and Holy Spirit, bless, preserve, and keep you. ***Amen.***

The Bishop concludes with this prayer

Almighty and everliving God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them; and so lead them in the knowledge and obedience of your Word, that they may serve you in this life, and dwell with you in the life to come; through Jesus Christ our Lord. ***Amen.***

The Peace

Bishop The peace of the Lord be always with you.

People ***And also with you.***

Please greet others in the chat.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) _____ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

Commissioning

J.W. is commissioned as a member of the Altar Guild

The Offertory

You may contribute at our website www.stbenslososos.org at any time.

♪ Offertory Anthem

Heinrich Schütz, 1585-1672
from *Becker Psalter*

“Praise God the Lord”

Arr. by Robert LeBlanc
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St. Benedict's Singers

♪ Doxology:

[Hymn tune #400]

[sung] *Praise God from Whom all blessings flow*
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts

*Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

BCP A

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

People *It is right to give God thanks and praise.*

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in Jesus Christ our Lord you have received us as your sons and daughters, made us citizens of your kingdom, and given us the Holy Spirit to guide us into all truth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

G166

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is
he who comes in the name of the Lord.
Ho - san - na in the high - est, ho -
san - na in the high - est.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

Lord's Prayer

As our Savior Christ has taught us, we now say,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

*as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.*

The Breaking of the Bread

The celebrant breaks the Bread.

A period of silence is kept.

♪ Fraction Anthem

G 167-c



The musical score is written on three staves in G major and 2/2 time. The first staff is for the Priest, starting with a treble clef and a key signature of one flat. The lyrics are: "Let us pro - claim the mys - ter - y of faith:". The second staff is for the congregation, starting with a treble clef and a key signature of one flat. The lyrics are: "When we eat this bread, when we drink this cup, we pro - claim your". The third staff continues the congregation's part with the lyrics: "death, Lord Je - sus, un - til you come in glo - ry." The score includes various musical notations such as notes, rests, and a double bar line.

Music: *Mass of Creation*, Marty Haugen, © 1993, GIA Publications, Inc.

Holy Communion

The Gifts of God for the People of God.
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.
This is God's table, and all are welcome here.

*If God is calling you, you are welcome and invited to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

"My Shepherd Will Supply My Need"

Mark Hayes
Tune: Resignation

Southern Harmony, 1835
© 2006 Lorenz Publishing Co.

♩ Communion Hymn

Pan de Vida

G848

Refrain

* Pan de Vi - da, cuer-po del Se - ñor,
cup of bless - ing, blood of Christ the Lord.
At this ta - ble the last shall be first, ** po -
der es ser - vir, por-que Dios es a - mor.

Verses

1. We are the dwell-ing of God,
*** 2. Us - te - des me lla - man "Se - ñor," me in -
3. There is no Jew or Greek,
fra - gile and wound-ed and weak. We are the
cli - no a la - var - les los pies: Ha - gan lo
there is no slave or free: there is no
bod - y of Christ, called to be the com -
mis - mo, hu - mil - des, sir - vién - do - se
wom-an or man; on - ly heirs of the
D.C.
pas - sion of God.
u - nos a o - tros.
prom - ise of God.

* Bread of Life, body of the Lord, **power is for service, because God is Love.
***You call me "Lord," and I bow to wash your feet:
you must do the same, humbly serving each other.

Prayer

All:

*Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.*

Blessing

Announcements

Final Hymn

“I vow to you my Savior”

Andante (♩=80)



1. I vow to you my Sav - ior my heart, my life, my all,
2. Called to - ge - ther, washed in wa - ter, fed with ho - ly Wine and Bread,
3. “Should you fall I will up - raise you, from val - ley sha - dowed death,
4. I stand here now be - fore you in an - swer to your call.
we are One with saints and an - gels, the liv - ing and the dead.
I have borne you from your birth - ing, from first to fin - al breath.”
8. My hope is for the fut - ure as my faith shows from the past,
God has called us each be - lov - ed, not a ser - vant but a friend,
No - thing in the whole cre - a - tion, no - thing high or low or broad,
12. that in ev - ery com - ing pre - sent your Love will hold me fast.
and up - holds us with a pro - mise as faith - ful to the end:
can re - voke the stead - y pur - pose of the con - stant love of God.

16

For I trust with your good plea-sure to stay for - ev - er true

"I'll not leave you nor for - sake you on your path through pass-ing things,
Praise to God for such a mer - cy, praise to God for such a love,

20

and my heart, for so long rest - less will find its rest in you.
Should you fal - ter I will bear you on eag - les' spread-ing wings."
praise to Fa - ther, Son, and Spi - rit who reigns here and a - bove.

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Dismissal

Deacon Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

All: ***Thanks be to God. Alleluia! Alleluia!***

♪ Postlude

"Sing Praise to God, Who Reigns Above"

Cindy Berry
Bohemian Brethren's *Kirchengesänge*, 1566

Tune: Mit Freuden Zart
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Today's Eucharist Liturgy is
Eucharistic Prayer A from the Book of Common Prayer
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Ministers of the Service

Celebrant:	The Rt Rev. Lucinda Ashby
Deacon of the Table:	Deacon Jen Crompton
Bishop's Chaplain:	Berkeley Johnson
Eucharistic Minister:	Lisa Gonzalez
Lector:	Sandy Fisher
Ushers:	Maureen Titus & Michael Lucas
Altar Guild:	Sarah Chesebro
Flowers:	Sarah Chesebro
Intercessor:	Helen Schnieders
Tellers:	Diana Hammerlund and Dianne Long
Online Hosts:	Don and Liz Maruska
Music Director:	Dave Alm
Technical:	Hannah-Jaye Matthews
Rector:	The Rev. Dr. Caroline Hall

This Week at St Ben's

Tuesday

9:45a Prayers for the Morning (Zoom)

10:15a Spiritual Conversation (Zoom)

5:30p Vespers (In-person)

Thursday

5:30p Choir Rehearsal

Friday

9:00a Gentle Yoga

Saturday

9:00a Men's Breakfast

Sunday

8:00a Contemplative Communion

10:30a Eucharist

ANNOUNCEMENTS

WELCOME Bishop Lucinda today. Everyone is invited to stay for a light lunch after the service

MEMORIAL service for Emily Young will be held on October 29 at 3pm .

Everyone is invited to **GENTLE YOGA Fridays** at 9am in the Great Room. For more info see Maureen Titus.

SPIRITUAL CONVERSATION has started a new conversation based on the book Lives of Unforgetting by fiction writer Stant Litore. Litore encourages us to read the Bible in a new way and to notice narratives we may have skipped over. Everyone is welcome, whether or not you read the book. Tuesdays at 10:15 on Zoom.

VESPERS is now in-person only, no Zoom. Everyone is welcome and also for supper afterwards.

OPENING DOORS FOR INTERFAITH UNDERSTANDING—an interfaith gathering happens **October 10** at 7pm at Nativity Catholic Church in SLO and on Zoom. See the Benediction Weekly for more info.

GRATITUDE DINNER will be on **October 28th**. Mark your calendars and plan to come!

PERSONAL PRAYER – If you'd like prayer support during the week, contact Helen Schnieders (818) 324 2646. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to prayers@stbenslososos.org and requests for pastoral care may be sent to pastoralcare@stbenslososos.org.

BIDDING BOOK PRAYERS – If you'd like to include someone's name in the prayers during the worship services on Sunday, please write them in the bidding book on the stand by the usher's station as you come into church.

Message from Bishop Curry:

The Presiding Bishop at the 2018 General Convention addressed the National Altar Guild Association: "People go to church to refocus. Focus on God. What you do for God matters. The Altar Guild helps us to refocus. Focus on God the Creator then follow Jesus into the world."

The Altar Guild serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Sarah Chesebro or Diana Hammerlund.