

# St. Benedict's Episcopal Church

~ *Tending Mind and Soul* ~

Los Osos, California

**Eighteenth Sunday after Pentecost**

**October 9, 2022**

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

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Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be God's kin-dom, now and for ever. Amen.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

## Canticle R

## A Song of True Motherhood

Julian of Norwich

God chose to be our mother in all things \*  
and so made the foundation of his work, most humbly and most pure, in the Virgin's womb.  
God, the perfect wisdom of all, \*  
arrayed himself in this humble place.  
Christ came in our poor flesh \*  
to share a mother's care.  
Our mothers bear us for pain and for death; \*  
our true mother, Jesus, bears us for joy and endless life.  
Christ carried us within him in love and travail, \*  
until the full time of his passion.  
And when all was completed and he had carried us so for joy, \*  
still all this could not satisfy the power of his wonderful love.  
All that we owe is redeemed in truly loving God, \*  
for the love of Christ works in us; Christ is the one whom we love

## Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *God of the borderlands, you travel between the foreign and the familiar: open our world to those we would exclude and despise; heal and liberate us when we are outcaste that we might learn to praise your name with hearts that are whole; through Jesus Christ, the Rejected One. Amen.*

Prayers for an Inclusive Church, Church Pub. 2009

## 2 Kings 5:1-3, 7-15c

Lector: *A Reading from the Second book of Kings*

Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy."

When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me."

But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Then he returned to the man of God, he and all his company; he came and stood before him and said, "Now I know that there is no God in all the earth except in Israel."

— *Hear What the Spirit is Saying to God's People.*

## Psalm 111

Source: The Psalter © 1994 Liturgy Training Publications

Hallelujah!

With my whole heart I praise the Lord among the just.

Great are God's works, a delight to explore.

In splendor, in majesty, God's justice will stand.

Who can forget God's wonders! A God merciful and kind

Who nourished the faithful; upheld the covenant

And revealed mighty deeds, giving them the land of the pagans.

Faithful, just and true are all God's decrees:  
Each law in its place, valid for ever.

The Lord redeems the faithful,  
Decrees a lasting covenant  
Holy and awesome God's name!

Fear of the Lord is wisdom's crown,  
Wise are those who live by it,  
Praise the Lord for ever!

## **2 Timothy 2:8-15**

Lector: *A Reading from the Second Letter to Timothy*

Remember Jesus Christ, raised from the dead, a descendant of David-- that is my gospel, for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. The saying is sure:

If we have died with him, we will also live with him;  
if we endure, we will also reign with him;  
if we deny him, he will also deny us;  
if we are faithless, he remains faithful--  
for he cannot deny himself.

Remind them of this, and warn them before God that they are to avoid wrangling over words, which does no good but only ruins those who are listening. Do your best to present yourself to God as one approved by him, a worker who has no need to be ashamed, rightly explaining the word of truth.

— *Hear What the Spirit is Saying to God's People.*

## **Luke 17:11-19**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John.

People: *Praise and Glory to God.*

On the way to Jerusalem Jesus was going through the region between Samaria and Galilee. As he entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus' feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? But the other nine, where are they? Was none of them found to return and give praise to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well."

Gospeller: This is the Gospel of Christ.

People: *Praise to Christ, the Word.*

## Discussion of the Readings

### Prayers of the People

We do not know the wisdom of God nor what our God intends. But we do know God's mercy. So we confidently gather our needs and present them to God the Creator, saying Holy One have mercy.

For the leaders of the church, that they may be single-hearted in love of our God and in service to the people, we pray to God, *Holy One have mercy.*

For the imprisoned and the oppressed, the solitary and the unwanted, that they may know the love of Christ in the care of the Christian community we pray to God, *Holy One have mercy.*

For those who have decided to follow Jesus, that they may keep sight of his cross and the joy it holds for them, we pray to God, *Holy One have mercy.*

For those who love far from family and friends, that they may find companionship and friendship, we pray to God, *Holy One have mercy.*

For the young who are searching for their lives, and for those who are seeking work, that they may have the wisdom to know their gifts and use them for the greater good, we pray to God, *Holy One have mercy.*

For all who make decisions that affect many beings, especially Joseph our president and Gavin our governor that they may seek God and choose that which will bring life and flourishing, we pray to God, *Holy One have mercy.*

For all in any need, especially those on our hearts and in our minds this morning starting with the bidding book...

Please add your own prayers silently or aloud...

we pray to God, *Holy One have mercy.*

*Celebrant: Loving Creator, you are our life and our prosperity. We who make big plans know that before you they are little. Fill us with your wisdom; hear us and the needs of this world, that we may care well for your creation. We ask this in the name of Jesus the Christ, Amen.*

Adapted from *Intercessions for the Christian People* Liturgical Press 1990

## Confession and Absolution

Let us confess our sins to God.

*Silence may be kept.*

***God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.***

Celebrant: May our all-compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

## The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

*To maintain safe social distancing, please simply greet others verbally or with a bow or nod.*

*Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.*

## Holy Eucharist

EDW I

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We raise our hearts to God.***

Celebrant Let us thank the giver of life..

People ***It is right to give our thanks and praise.***

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

*Celebrant and People*

***Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.***

***Hosanna in the highest.***

***Blessed is the one who comes in the name of the Lord.***

***Hosanna in the highest.***

All

*Blessed are you, gracious God,  
creator of the universe and giver of life.  
You formed us in your own image  
and called us to dwell in your infinite love.  
You gave the world into our care  
that we might be your faithful stewards  
and show forth your bountiful grace.  
But we failed to honor your image  
in one another and in ourselves;  
we would not see your goodness in the world around us;  
and so we violated your creation,  
abused one another,  
and rejected your love.  
Yet you never ceased to care for us,  
and prepared the way of salvation for all people.  
Through Abraham and Sarah  
you called us into covenant with you.  
You delivered us from slavery,  
sustained us in the wilderness,  
and raised up prophets  
to renew your promise of salvation.  
Then, in the fullness of time,  
you sent your eternal Word,  
made mortal flesh in Jesus.  
Born into the human family,  
and dwelling among us,  
he revealed your glory.  
Giving himself freely to death on the cross,  
he triumphed over evil,  
opening the way of freedom and life.*

The Celebrant continues.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat:

This is my Body which is given for you.

Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.

Whenever you drink it,

do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

***Christ has died.  
Christ is risen.  
Christ will come again.***

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

***Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever. AMEN.***

## **The Lord's Prayer**

As our Savior Christ has taught us, we now pray:

All    ***Eternal Spirit,  
Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be, Father and  
Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our hope  
and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love,  
now and forever. Amen.***

New Zealand Prayer Book

## **The Breaking of the Bread**

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body, for we all share in the one bread.*

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest.*

## **Closing Prayer**

Celebrant: Let us pray.

All: *Most loving God, creator and redeemer,  
we give you thanks for this foretaste of your glory.  
Through Christ, and with all your saints,  
we offer ourselves and our lives to your service.  
Send us out in the power of your Spirit,  
to stand with you in your world.  
We ask this through Jesus Christ, the servant,  
our friend and brother. Amen.*

*A Prayer Book for New Zealand*

## **The Blessing**

### **Dismissal**

Alleluia, alleluia, let us go forth in peace to love and serve our God  
Thanks be to God, alleluia, alleluia.

Today's Eucharist Liturgy is from  
"Enriching Our Worship" Supplemental Liturgical Materials  
prepared by The Standing Liturgical Commission of the Episcopal Church  
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## This Week at St Ben's

Tuesday Oct 11	9:00a	Gentle Yoga	
9:45a	Prayers for the Morning	Saturday Oct 15	
10:15a	Spiritual Conversation	9:00a	Men's Breakfast
5:30p	Vespers followed by	Sunday Oct 16	
supper		8:00a	Contemplative Communion
Thursday Oct 13		10:30a	Eucharist
5:30p	Choir Practice	12:30p	Parish Council
Friday Oct 14			

## ANNOUNCEMENTS

**OPENING DOORS FOR INTERFAITH UNDERSTANDING**—an interfaith gathering happens **October 10** at Nativity Catholic Church in SLO and on Zoom. This month the conversation will center on Bonhoeffer from the Christian tradition, and Mecca and Medina from the Muslim perspective. See the Benediction Weekly for details.

Everyone is invited to **GENTLE YOGA Fridays** at 9am in the Great Room. For more info see Maureen Titus

**SPIRITUAL CONVERSATION** has started a new conversation based on the book Lives of Unforgetting by fiction writer Stant Litore. Litore encourages us to read the Bible in a new way and to notice narratives we may have skipped over. Everyone is welcome, whether or not you read the book. Tuesdays at 10:15 on Zoom.

**GRATITUDE DINNER** will be on **October 28th**. This is a gift to the parish from the Parish Council, in gratitude. Please come!

**MEMORIAL service** will be held on October 29 at 3pm for Emily Young.

**STORIED PILGRIMAGE WITH RACE** continues October 20—an online conversation about race based on the life experiences of members of the diocese. This forms the official diocesan anti-racism training and is required for all church leaders.

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Helen Schneiders (818-324-2646). If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org) and requests for pastoral care may be sent to [pastoralcare@stbenslososos.org](mailto:pastoralcare@stbenslososos.org).



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