

St. Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Twelfth Sunday after Pentecost

August 28, 2022

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever!*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

Canticle S

A Song of Our True Nature

Julian of Norwich

Christ revealed our frailty and our falling, *
our trespasses and our humiliations.
Christ also revealed his blessed power, *
his blessed wisdom and love.
He protects us as tenderly and as sweetly when we are in greatest need; *
he raises us in spirit and turns everything to glory and joy without ending.
God is the ground and the substance, the very essence of nature; *
God is the true father and mother of natures.
We are all bound to God by nature, *
and we are all bound to God by grace.
And this grace is for all the world, *
because it is our precious mother, Christ.
For this fair nature was prepared by Christ for the honor and nobility of all, *
and for the joy and bliss of salvation.

Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *Inviting God, laying open your table to the deviant and deranged, setting a place for the foreign and unwanted: overturn our tables of power and teach us to receive bread from strange and wounded hands; through Jesus Christ, the One given for all. Amen.*

Proverbs 25:6-7

Do not put yourself forward in the king's presence
or stand in the place of the great;
for it is better to be told, "Come up here,"
than to be put lower in the presence of a noble.

— *Hear What the Spirit is Saying to God's People.*

Psalm 112

Source: The Psalter © 1994 Liturgy Training Publications

Hallelujah!
Happy those who love God and delight in the law.
Their children shall be blest, strong and upright in the land.

Their households thrive, their integrity stands firm.
A light shines on them in darkness, a God of mercy and justice.

The good lend freely and deal fairly,
They will never stumble; their justice shall be remembered.

Bad news holds no power, strong hearts trust God.
Steady and fearless, they look down on their enemy.

They support the poor, their integrity stands firm,
Their strength brings them honor.

Hatred devours the wicked.
They grind their teeth; their hopes turn to ashes.

Hebrews 13:1-8, 15-16

Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Let marriage be held in honor by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers. Keep your lives free from the love of money, and be content with what you have; for he has said, "I will never leave you or forsake you." So we can say with confidence,

"The Lord is my helper;
I will not be afraid.
What can anyone do to me?"

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.

Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

— *Hear What the Spirit is Saying to God's People.*

Luke 14:1, 7-14

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.
People: ***Praise and Glory to God.***

On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely.

When he noticed how the guests chose the places of honor, he told them a parable. "When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, 'Give this person your place,' and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, 'Friend, move up higher'; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted."

He said also to the one who had invited him, "When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous."

Gospeller: This is the Gospel of Christ.
People: ***Praise to Christ, the Word.***

Discussion of the Readings

Prayers of the People

God has searched for us to teach us how to search for one another. That we may learn to live in God's New Jerusalem, generous with life, let us pray together saying, Holy One, hear our prayer.

You come to us unarmed, may we never use you as a way to war, we ask you O God, **Holy One, hear our prayer.**

You come to us penniless. May we never use you as a way to wealth we ask you O God, **Holy One, hear our prayer.**

You come to us innocent. May we never use you as a way to corruption, we ask you O God, **Holy One, hear our prayer.**

May we follow your peaceful self as a way to make peace, we ask you O God, **Holy One, hear our prayer.**

May we follow your penniless self as a way to give generously, we ask you O God, **Holy One, hear our prayer.**

May we follow your innocence as the path to non-violence, we ask you O God, **Holy One, hear our prayer.**

Jolt us out of arrogance, dear God, arrogance of power, position and privilege, we ask you O God, **Holy One, hear our prayer.**

Engage us with the love you have for the least of things, we ask you O God, **Holy One, hear our prayer.**

Hear our prayers for all in any need, especially...

[here prayers are read from the bidding book. You are encouraged to add your own prayers aloud or silently]

We ask, Jesus, for your peacefulness, your humility, your innocence, both for ourselves, and for all the world. By the power of your Holy Spirit help us to see and serve you in all persons.

Amen.

Adapted from Intercessions for the Christian People c1990 Liturgical Press

Confession and Absolution

Let us confess our sins to God.

Silence may be kept.

Minister and People:

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: May our all-compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

The Holy Eucharist

EOW 3

Celebrant May God be with you.
People *And also with you.*
Celebrant Lift up your hearts.
People *We lift them to the Lord.*
Celebrant Let us give thanks to the Lord our God.
People *It is right to give God thanks and praise.*

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey.

And so as the morning stars sing your praises we join the heavenly beings and all creation as we say with joy:

All: *Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.*

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All ***Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!***

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with the blessed virgin Mary, blessed Benedict, and all your people into the joy of our true eternal home.

All ***Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.
Blessed are you now and for ever. AMEN.***

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All ***Eternal Spirit,
Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be, Father and
Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our hope
and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.***

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body, for we all share in the one bread.*

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest.

Closing Prayer

Celebrant: Let us pray.

All: *God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.*

The Blessing

Dismissal

Today's Eucharist Liturgy is from
"Enriching Our Worship" Supplemental Liturgical Materials
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This Week at St Ben's

Today

2:00 Deanery Meeting @ St Stephens or on Zoom

Tuesday

9:45a Prayers for the Morning

10:15a Spiritual Conversation: continuing the conversation about Forgiveness

5:30p Vespers

Wednesday

11:00a and 4:00p Laundry Love

Thursday

4:00p Community Dinner at South Bay Community Center

4:00p Liturgy Committee (Zoom)

5:30p Choir

Sunday

8:00a Contemplative Communion

10:30a Eucharist

COMING SOON!

- Storied Pilgrimage with Race starts September 8th—an online conversation about race based on the life experiences of members of the diocese.
- Saturday September 10th 2pm Brynn Albanese plays a one-person show here at St. Ben's. Suggested donation: \$20 per person.
- Bishop Lucinda will be here on October 9th. Let Caro+ know now if you want to be received or confirmed

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