



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

## The Tenth Sunday after Pentecost

August 14, 2022

Whoever you are and wherever you are in your faith journey, there is a warm welcome for you here at St. Benedict's!

### ~ Prelude ~

*"Holy, Holy, Holy! Lord God Almighty"*

NICAIA

John B. Dykes

Arr. by Lloyd Larson

© 1998 Hope Publishing Co.

Celebrant: Blessed be the one, holy, and living God.

People: ***Glory to God for ever and ever!***

All: ***Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.***

### ♪ Gloria

S277



1. Glo - ry to God in the high - est, and peace to his peo - ple on earth.



2. Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you,



we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa - ther, Lord God, Lamb of God,



4. you take a - way the sin of the world; have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.

6. For you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - men.

## Collect of the Day

Celebrant: The Lord be with you.

People: *And also with you.*

Celebrant: Let us pray together.

All: *Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*



## Jeremiah 23:23-29

Reader: *A Reading from the book of Jeremiah*

Am I a God near by, says the Lord, and not a God far off? Who can hide in secret places so that I cannot see them? says the Lord. Do I not fill heaven and earth? says the Lord. I have heard what the prophets have said who prophesy lies in my name, saying, "I have dreamed, I have dreamed!" How long? Will the hearts of the prophets ever turn back-- those who prophesy lies, and who prophesy the deceit of their own heart? They plan to make my people forget my name by their dreams that they tell one another, just as their ancestors forgot my name for Baal. Let the prophet who has a dream tell the dream, but let the one who has my word speak my word faithfully. What has straw in common with wheat? says the Lord. Is not my word like fire, says the Lord, and like a hammer that breaks a rock in pieces?

Reader: *The Word of the Lord*

People: *Thanks be to God*

Robert Knox Kennedy  
(b. 1945)



God takes his stand in the council of heaven; \*

he gives judgment in the midst of the gods:

"How long will you judge unjustly, \*

and show favor to the wicked?

Save the weak and the orphan; \*

defend the humble and needy;

Rescue the weak and the poor; \*

deliver them from the power of the wicked.

They do not know, neither do they understand;

they go about in darkness; \*

all the foundations of the earth are shaken.

Now I say to you, 'You are gods, \*

and all of you children of the Most High;

Nevertheless, you shall die like mortals, \*

and fall like any prince."

Arise, O God, and rule the earth, \*

for you shall take all nations for your own.

## Hebrews 11:29-12:2

Reader: *A Reading from the letter to the Hebrews.*

By faith the people passed through the Red Sea as if it were dry land, but when the Egyptians attempted to do so they were drowned. By faith the walls of Jericho fell after they had been encircled for seven days. By faith Rahab the prostitute did not perish with those who were disobedient, because she had received the spies in peace.

And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented-- of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Reader: *The Word of the Lord*

People: ***Thanks be to God***

♪ **Hymn**

*“God Whose Purpose is to Kindle”*

G714 sung to Hymnal #376

God whose purpose is to kindle:  
Now ignite us with your fire;  
While the earth awaits your burning,  
With your passion us inspire.  
Overcome our sinful calmness,  
Stir us with your saving name:  
Baptize with your fiery Spirit,  
Crown our lives with tongues of fire.

God, who in your holy gospel  
Wills that all should truly live,  
Make us sense our share of failure,  
Our tranquility forgive.  
Teach us courage as we struggle  
In all liberating strife:  
Lift the smallness of our vision  
By your own abundant life.

God who still a sword delivers  
Rather than a placid peace,  
With your sharpened word disturb us,  
From complacency release!  
Save us now from satisfaction  
When we privately are free,  
Yet are undisturbed in spirit  
By our neighbor's misery.



## **Luke 8:26-39**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: ***Glory to You, Lord Christ.***

Jesus said, "I came to bring fire to the earth, and how I wish it were already kindled! I have a baptism with which to be baptized, and what stress I am under until it is completed! Do you think that I have come to bring peace to the earth? No, I tell you, but rather division! From now on five in one household will be divided, three against two and two against three; they will be divided:

father against son  
and son against father,  
mother against daughter  
and daughter against mother,  
mother-in-law against her daughter-in-law  
and daughter-in-law against mother-in-law."

He also said to the crowds, "When you see a cloud rising in the west, you immediately say, 'It is going to rain'; and so it happens. And when you see the south wind blowing, you say, 'There will be scorching heat'; and it happens. You hypocrites! You know how to interpret the appearance of earth and sky, but why do you not know how to interpret the present time?"

Gospeller: The Gospel of the Lord.

People: ***Praise to You, Lord Christ.***

## **Sermon**

The Rev Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

## **Affirmation of Faith**

*Let us stand and join in the Affirmation of our Faith*

All: ***We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.***

*For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen*

## **Prayers of the People**

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
*That our works may find favor in your sight.*

Have compassion on those who suffer from any grief or trouble;  
*That they may be delivered from their distress.*

Give to the departed eternal rest.  
*Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;  
*May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

[Prayers are added from the bidding book. You are encouraged to add your own prayers of thanksgiving or intercession]

*O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. Amen.*

## Confession and Absolution

*Let us confess our sins to God.*

All: **Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Celebrant: May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

Please greet others in the chat.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

### 50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) \_\_\_\_\_ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## The Offertory

*You may mail your offering to the church office or you may contribute on our website any time.*

### ♪ Offertory Hymn # 628

*"Help Us O Lord"*

Blue Hymnal

1 Help us, O Lord, to learn the truths your word im - parts: to  
2 Help us, O Lord, to live the faith which we pro - claim, that  
3 Help us, O Lord, to teach the beau - ty of your ways, that

stu - dy, that your laws may be in - scribed up - on our hearts.  
all our thoughts and words and deeds may glo - ri - fy your Name.  
yearn - ing souls may find the Christ and live a life of praise.

### ♪ Doxology:

*[Hymn tune #400]*

[sung]

*Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

BCP B

*Please stand as you are able*

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.



People *We lift them to the Lord.*

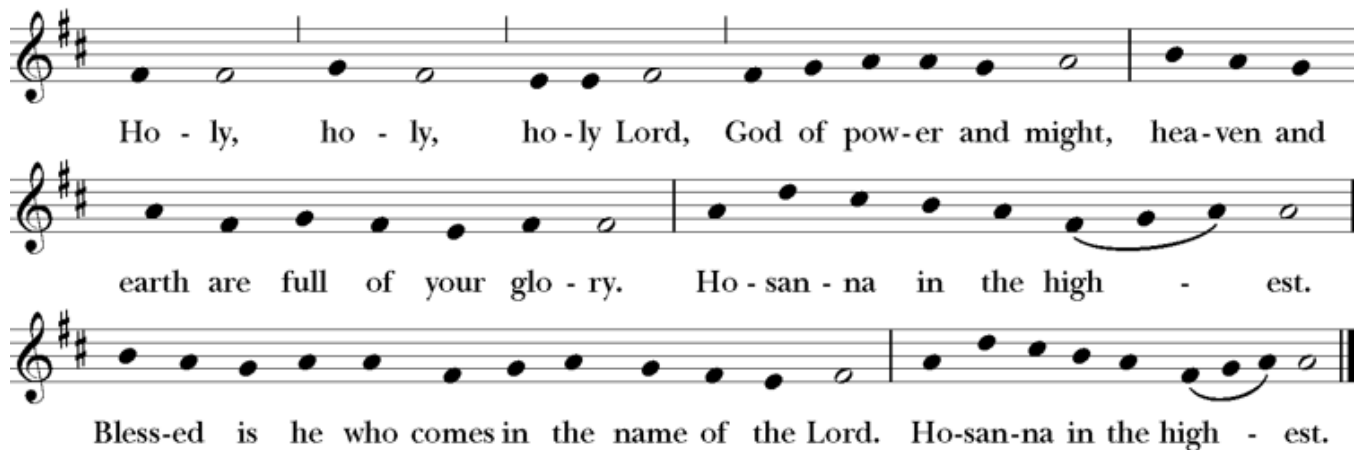
Celebrant Let us give thanks to the Lord our God.

People *It is right to give God thanks and praise.*

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## ♪ Sanctus

S124



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

From *New Plainsong*, David Hurd

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

“Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

“Drink this, all of you: This is my Blood of the new Covenant,  
which is shed for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

*We remember his death,*

*We proclaim his resurrection,*

*We await his coming in glory;*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Blessed Mary, Blessed Benedict and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

*By him, and with him, and in him, in the unity of the Holy Spirit  
all honor and glory is yours, Almighty Father, now and for ever. AMEN.*

## Lord's Prayer

*And now, as our Savior Christ has taught us, we are bold to say,*

*Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.*

## The Breaking of the Bread

The celebrant breaks the Bread.

A period of silence is kept.

## ♪ Fraction Anthem

S154

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

From *New Plainsong*, David Hurd

## Holy Communion

The Gifts of God for the People of God.  
 Take them in remembrance that Christ died for you,  
 and feed on him in your hearts by faith, with thanksgiving.  
 This is God's table, and all are welcome here.

*If God is calling you, you are welcome to receive communion.*

*Please contact the church office to arrange to receive communion in your home.*

## ♪ Communion Music

*"Just As I Am"*

WOODWORTH  
 William B. Bradbury

Piano Setting by Joel Raney  
 © 2003 Hope Publishing Co.

## ♪ Communion Hymn #324

*"Let All Mortal Flesh"*

Blue Hymnal

1 Let all mortal flesh keep silence, and with fear and  
 2 King of kings, yet born of Ma - ry, as of old on  
 3 Rank on rank the host of hea - ven spreads its van - guard  
 4 At his feet the six - winged ser - aph; cher - u - bim with

trem - bling stand; pon - der noth - ing earth - ly -  
 earth he stood, Lord of lords in hu - man  
 on the way, as the Light of Light de -  
 sleep - less eye veil their fac - es to the

mind - ed, for with bless - ing in his hand  
 ves - ture, in the Bo - dy and the Blood  
 scend - eth from the realms of end - less day,  
 Pres - ence, as with cease - less voice they cry,

Christ our God to earth de - scend - eth,  
 he will give to all the faith - ful  
 that the powers of hell may va - nish  
 "Al - le - lu - ia, al - le - lu - ia!

our full hom - age to de - mand.  
 his own self for heaven - ly food.  
 as the dark - ness clears a - way.  
 Al - le - lu - ia, Lord Most High!"

## Prayer

All: *Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.*

## Blessing

*May God give you grace, to become the people he has called you to be, that you may live and work to his praise and glory. And the blessing of God, Father, Son, and Holy Spirit be among you and remain with you always. Amen.*

*Traces of Glory.* David Adam © Morehouse Publishing 2000

## Announcements

### Final Hymn # 366

*"Holy God, We Praise Thy Name"*

Blue Hymnal

1 Ho - ly God, we praise thy Name, Lord of all, we bow be - fore thee;  
 2 Hark, the loud ce - les - tial hymn an - gel choirs a - bove are rais - ing;  
 3 Lo, the a - po - sto - lic train join, thy sa - cred Name to hal - low;  
 4 Ho - ly Fa - ther, ho - ly Son, Ho - ly Spi - rit, Three we name thee,  
 \*5 Christ, thou art our glo - rious King, Son of God en - throned in splen - dor;

1 all on earth thy scepter claim, all in heaven above adore thee;  
 2 cherubim and seraphim, in unceasing chorus praising,  
 3 prophets swell the loud refrain, and the white-robed martyrs follow;  
 4 while in essence only One, undivided God we claim thee;  
 5 but deliverance to bring thou all honors didst surrender,

1 infinite thy vast domain, everlasting is thy reign.  
 2 fill the heavens with sweet accord: holy, holy, holy Lord!  
 3 and, from morn till set of sun, through the Church the song goes on.  
 4 then, adoring, bend the knee and confess the mystery.  
 5 and wast of a virgin born humbly on that blessed morn.

6 Thou didst take the sting from death,  
 Son of God, as Savior given;  
 on the cross thy dying breath  
 opened wide the realm of heaven.  
 In the glory of that land  
 thou art set at God's right hand.

7 As our judge thou wilt appear.  
 Savior, who hast died to win us,  
 help thy servants, drawing near.  
 Lord, renew our hearts within us.  
 Grant that with thy saints we may  
 dwell in everlasting day.

## Dismissal

Celebrant: Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.

All: *Thanks be to God. Alleluia! Alleluia!*

## ♪ Postlude

*"Make Me a Channel of Your Peace"*

(Prayer of St. Francis)  
 by Sebastian Temple

Arr. by Jane Holstein  
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## Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Brian Spolarich
Lector:	Alan Kiste
Ushers:	Ron Thompson & Maureen Titus
Altar Guild:	Diana Hammerlund
Flowers:	Laura Thompson
Intercessor:	Helen Schnieders
Tellers:	Diana Hammerlund and Dianne Long
Online Hosts:	The Maruskas
Music Director:	Dave Alm
Technical:	Hannah-Jaye Matthews

## This Week at St Ben's

### Tuesday Aug 16

9:45a	Prayers for the Morning (Zoom)
10:15a	Spiritual Conversation (Zoom)
5:30p	Vespers (In-person and Zoom)

### Wednesday Aug 17

3:00p	Earthcare Meeting (Zoom)
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### Thursday Aug 18

5:30p	Choir Rehearsal
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### Saturday Aug 20

9:00a	Men's Breakfast
2:30p	Memorial for Stefanie Shuman

### Sunday Aug 21

8:00a	Contemplative Communion
9:20a	Bible Conversation
10:30a	Eucharist

## Announcements

**PERSONAL PRAYER** – If you'd like prayer support during the week, contact Helen Schnieders 818-324-2646. If no answer, please leave a message and your call will be returned. Prayer requests may also be emailed at any time to [prayers@stbenslososos.org](mailto:prayers@stbenslososos.org).

The **deadline** for submitting articles to our bimonthly newsletter, The Benediction, is August 30.

The **Altar Guild** serves each Sunday by setting up and creating sacred space and then putting the vessels and linens away at the end as well as by looking after everything we use in worship. There are openings for two or more people to join the team. If God is calling you to this special ministry please talk to Sarah Chesebro.

A reminder that **all organic waste** must now be put into a green container not into the trash. Less organic waste in the landfill means less methane and less global warming. Thank you for caring for the planet and obeying the law.

Those who are in leadership positions in the church are expected to participate in training to keep us all safe, especially those who are most vulnerable and to avoid racism in our policies and activities. A new anti-racism training "**A Storied Pilgrimage through Race**," developed by the diocese will be offered by SLO deanery clergy two Thursday evenings a month September - February starting on September 8. Each session will last about one hour.

Our Spiritual Conversation on **Tuesdays at 10:15 on** Zoom is about Forgiveness using a video presentation by Adam Hamilton. Please consider joining us for a generous conversation.

Bishop Lucinda will be visiting on October 9. This is an opportunity to be received into the Episcopal Church or to be confirmed. If you would like more information, please talk to Caro+.



#### **Our Mission Statement**

*St. Benedict's is an inclusive Christian community that celebrates the divine in all beings, and inspires spiritual growth through joyful sacramental worship, loving service, creative expression, thoughtful inquiry and commitment to social justice.*

The people of St Benedict's are called to share God's love as we minister with and to all persons in Los Osos and beyond, providing worship, nurture, fellowship, and service.

Our welcome knows no boundaries of age, race, ethnicity, culture, gender, sexual orientation, gender identity or expression, economic condition, or physical or mental ability.

We embrace and seek to preserve the beautiful, amazing diversity of God's creation.

We cooperate in ministry with other local churches and groups of God's people as we participate in the worldwide mission of Christ.

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