



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Seventh Sunday after Pentecost

August 28, 2022 10:30 am

Whoever you are and wherever you are in your faith journey, there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

“Joyful, Joyful, We Adore Thee”

HYMN TO JOY
Ludwig Van Beethoven

Arranged by Joel Raney
© 2011 Hope Publishing Co.

Celebrant: Blessed are you, holy and living One.

People: *Glory to God for ever and ever.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

♪ Hymn of Praise

Gather Us In

Gather Comprehensive 744



1. Here in this place new light is stream - ing,
2. We are the young— our lives are a mys - t'ry,
3. Here we will take the wine and the wa - ter,
4. Not in the dark of build - ings con - fin - ing,



Now is the dark - ness van - ished a - way,
We are the old— who yearn for your face,
Here we will take the bread of new birth,
Not in some heav - en, light - years a - way, But



See in this space our fears and our dream - ings,
We have been sung through - out all of his - t'ry,
Here you shall call your sons and your daugh - ters,
here in this place the new light is shin - ing,



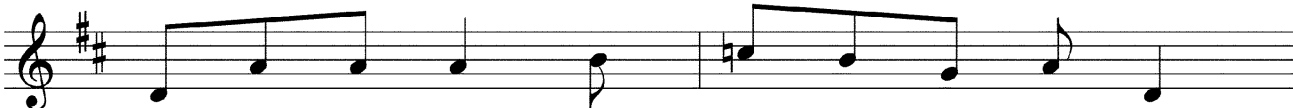
Brought here to you in the light of this day.
 Called to be light to the whole hu - man race.
 Call us a - new to be salt for the earth.
 Now is the King - dom, now is the day.



Gath - er us in— the lost and for - sak - en,
 Gath - er us in— the rich and the haugh - ty,
 Give us to drink the wine of com - pas - sion,
 Gath - er us in and hold us for ev - er,



Gath - er us in— the blind and the lame;
 Gath - er us in— the proud and the strong;
 Give us to eat the bread that is you;
 Gath - er us in and make us your own;



Call to us now, and we shall a - wak - en,
 Give us a heart so meek and so low - ly,
 Nour - ish us well, and teach us to fash - ion
 Gath - er us in— all peo - ples to - geth - er,



We shall a - rise at the sound of our name.
 Give us the cour-age to en - ter the song.
 Lives that are ho - ly and hearts that are true.
 Fire of love in our flesh and our bone.

Text: Marty Haugen, b.1950
 Tune: GATHER US IN, Irregular; Marty Haugen, b.1950
 © 1982, GIA Publications, Inc.

Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: **Inviting God, laying open your table to the deviant and deranged, setting a place for the foreign and unwanted: overturn our tables of power and teach us to receive bread from strange and wounded hands; through Jesus Christ, the One given for all. Amen.**

Prayers for an Inclusive Church, Steven Shakespeare, 2009 Church Publishing

Proverbs 25:6-7

Reader: *A Reading from the Book of Proverbs*

Do not put yourself forward in the king's presence
or stand in the place of the great;
for it is better to be told, "Come up here,"
than to be put lower in the presence of a noble.

Lector: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God.***

♪ Psalm 112

(Antiphon sung by Cantor, then all. Verses spoken in unison.)

Emergent Psalter

Psalm 112

♩ = 140 Emi G Emi G D C vamp in Em

Hap - py are they who fear God.

Led. * Led. * Led. * Led. * Led. * Led. *

From The Emergent Psalter by Isaac Everett, copyright by Isaac Everett, Church Publishing, Inc. www.churchpublishing.org.

antiphon

Hallelujah!

Happy are they who fear God
And have great delight in the commandments!
Their descendants will be mighty in the land;
The generations of the upright will be blessed.
Wealth and riches will be in their house,
And their righteousness will last forever.
Light shines in the darkness for the upright;
The righteous are merciful and full of compassion.
It is good for them to be generous in lending
And to manage their affairs with justice.
For they will never be shaken;
The righteous will be kept in everlasting remembrance.

Antiphon

They will not be afraid of any evil rumors;
Their heart is right; they trust in God.
Their heart is established and will not shrink,
Until they see their desire upon their enemies.
They have given freely to the poor,
And their righteousness stands fast forever;
They will hold up their head with honor.
The wicked will see it and be angry;
They will gnash their teeth and pine away;
The desires of the wicked will perish.

Antiphon

Hebrews 13:1-8, 15-16

Reader: *A Reading from the letter to the Hebrews*

Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Let marriage be held in honor by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers. Keep your lives free from the love of money, and be content with what you have; for he has said, "I will never leave you or forsake you." So we can say with confidence,

"The Lord is my helper;
I will not be afraid.

What can anyone do to me?"

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.

Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Lector: *Hear what the Spirit is saying to God's people.*

People: ***Thanks be to God.***



♪ Halle, halle

Refrain

Hal - le, hal - le, hal - le - lu - jah. hal - le - lu - jah. jah.

Hal - le, hal - le, hal - le - lu - jah. hal - le - lu - jah. jah.

Hal - le, hal - le, hal - le - lu - jah. Hal - le -

	1, 2 <i>(Second time to verse)</i>	Last time
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lu - jah, hal - le - lu - jah. lu - jah, hal - le - lu, hal - le - lu - jah. jah. lu - jah, hal - le - lu - jah.

Luke 14:1, 7-14

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke

People: *Glory to You, Lord Christ.*

On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely.

When he noticed how the guests chose the places of honor, he told them a parable. "When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, 'Give this person your place,' and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, 'Friend, move up higher'; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted."

He said also to the one who had invited him, "When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous."

Gospeller: The Gospel of the Lord.

People: *Praise to You, Lord Christ.*

Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

Affirmation of Faith

(please stand as you are able)

Let us affirm our faith in Jesus Christ the Son of God.

Church of England

All *We believe in God the Father,
from whom every family
in heaven and on earth is named.
We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.
We believe in God the Holy Spirit,
who strengthens us
with power from on high.
We believe in one God;
Father, Son and Holy Spirit.*

Prayers of the People

God has searched for us to teach us how to search for one another. That we may learn to live in God's New Jerusalem, generous with life, let us pray together saying, Holy One, hear our prayer.

You come to us unarmed, may we never use you as a way to war, we ask you O God,
Holy One, hear our prayer.

You come to us penniless. May we never use you as a way to wealth we ask you O God,
Holy One, hear our prayer.

You come to us innocent. May we never use you as a way to corruption, we ask you O God,
Holy One, hear our prayer.

May we follow your peaceful self as a way to make peace, we ask you O God,
Holy One, hear our prayer.

May we follow your penniless self as a way to give generously, we ask you O God,
Holy One, hear our prayer.

May we follow your innocence as the path to non-violence, we ask you O God,
Holy One, hear our prayer.

Jolt us out of arrogance, dear God, arrogance of power, position and privilege, we ask you O God,
Holy One, hear our prayer.

Engage us with the love you have for the least of things, we ask you O God, **Holy One, hear our prayer.**
Hear our prayers for all in any need, especially...

[here prayers are read from the bidding book. You are encouraged to add your own prayers in the chat or privately]

*We ask, Jesus, for your peacefulness, your humility, your innocence, both for ourselves, and for all the world.
By the power of your Holy Spirit help us to see and serve you in all persons. Amen.*

Adapted from Intercessions for the Christian People c1990 Liturgical Press

Confession and Absolution

EOW

All: ***God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.***

Celebrant: All Compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, please share in the chat.

50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) _____ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

You may mail your offering to the church office, or you may contribute on our website any time.

♪ Offertory Anthem

“Ev’ry Time I Feel the Spirit”

African-American Spiritual
Arr. by William L. Dawson

© 1973 William L. Dawson,
Tuskegee Institute

The St. Benedict’s Singers

Brian Spolarich, Soloist

♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow
Praise God all creatures here below, Alleluia, Alleluia
Praise God the Source of all our gifts
Praise Jesus Christ whose power uplifts
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

Holy Eucharist

Iona

The table of bread and wine is now made ready.
It is the table of company with Jesus, and all who love him.
It is the table of sharing with the poor of the world, with whom Jesus identified himself.
It is the table of communion with the earth, in which Christ became incarnate.
So come to this table, you who have much faith and you who would like to have more;
you who have been here often and you who have not been for a long time;
you who have tried to follow Jesus, and you who have failed; Come.
It is Christ who invites us to meet him here.

Celebrant: The Lord be with you,

All: *And also with you.*

Celebrant: Lift up your hearts,

All: *We lift them up to God.*

Celebrant: Let us give thanks to God,

All: *It is right to give both thanks and praise.*

Celebrant: We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore, with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with Michael and the host of heaven, with all the saints before and beside us, with Columba and Brigid, Patrick and Margaret, Blessed Mary and Blessed Benedict, with brothers and sisters, east and west, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:

♪ Sanctus

LEVAS 255

Ho - ly, ho - ly, ho - ly, ho - ly

ho - ly Lord God of hosts.

Heav - en and earth are filled with your glo -

ry. Ho - san - na in the high - est.

Bless - ed is He who comes in the name

of the Lord, of the Lord.

The image shows a musical score for a hymn. It consists of two systems of music, each with a treble and bass staff. The lyrics are: "Ho - san - na in the high - est, ho - san - na in the high - est". The music is in a simple, homophonic style with a key signature of one flat (B-flat) and a common time signature. The lyrics are written below the notes, with hyphens indicating syllables that span across multiple notes.

Celebrant: Blessed is our brother Jesus,
 who walks with us the road of our world's suffering,
 and who is known to us in the breaking of bread.

On the night of his arrest Jesus took bread and having blessed it
 he broke the bread and gave it to his disciples, saying,
 This is my body, given to you.

In the same way he took wine and having given thanks for it
 he poured it out and gave the cup to his disciples, saying,
 This cup is the new relationship with God,
 sealed with my blood. Take this and share it.
 I shall drink wine with you next in the coming Kingdom of God.

All: *Loving God, through your goodness we have this bread and wine to offer,
 which earth has given and human hands have made.
 May we know your presence in the sharing of this bread,
 So that we may know your touch in all bread, all matter.
 We celebrate the life that Jesus has shared among his community
 through the centuries, and shares with us now.
 Made one in Christ and one with each other, we offer these gifts
 and with them ourselves, a single, holy, living sacrifice. Amen.*

Celebrant: Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine. May they
 become for us your body, vibrant with your life, healing, renewing and making us whole. And as
 the bread and wine which we now eat and drink are changed into us, may we be changed again
 into you, bone of your bone, flesh of your flesh, loving and caring in the world.

All: *Through Christ and with Christ and in Christ,
all honor and glory are yours, All-Compassionate God,
in the unity of the Holy Spirit, for ever and ever. AMEN*

Lord's Prayer

And now as our Savior Christ taught us, we are bold to say:

*Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our hope
and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For your reign is the glory of the power that is love, now and forever.
Amen.*

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the Bread

Silence

♪ Fraction Anthem

(sung twice)

WLP 878

Who - ev - er comes to me shall not hun - ger and
who - ev - er be - lieves in me shall nev - er thirst.

Holy Communion

Celebrant Look, the Body of Christ is broken for the life of the world.
Here is Christ coming to us in bread and in wine.

The gifts of God for the people of God. This is God's table, and all are welcome here.

*If God is calling you, you are welcome to receive communion.
Please contact the church office to arrange to receive communion in your home.*

♪ Communion Music

"O Master, Let Me Walk With Thee"

Tune: MARYTON
Arr. by William Ringham

by H. Percy Smith (1825-1898)
© 2018 Lorenz Publishing Co.

♪ Communion Hymn

Pan de Vida

Gather 8

Refrain

* Pan de Vi - da, cuer-po del Se - ñor,
cup of bless - ing, blood of Christ the Lord.
At this ta - ble the last shall be first, ** po -
der es ser - vir, por-que Dios es a - mor.

Verses

1. We are the dwell-ing of God,
*** 2. Us - te - des me lla - man "Se - ñor," me in -
3. There is no Jew or Greek,
fra - gile and wound-ed and weak. We are the
cli - no_a la - var - les los pies: Ha - gan lo
there is no slave or free: there is no

bod - y of Christ, called to be the com -
 mis - mo, hu - mil - des, sir - vién - do - se
 wom - an or man; on - ly heirs of the **D.C.**

pas - sion of God.
 u - nos a o - tros.
 prom - ise of God.

* *Bread of Life, body of the Lord,* ***power is for service, because God is Love.*
 ****You call me "Lord," and I bow to wash your feet:*
you must do the same, humbly serving each other.

Text: John 13:1-15, Galatians 3:28-29; Bob Hurd, b.1950, and Pia Moriarty, © 1988, Bob Hurd and Pia Moriarty
 Tune: Bob Hurd, b.1950, © 1988; acc. by Craig Kingsbury, b.1952
 Published by OCP Publications

Final Prayer

Creator of all, we give you thanks and praise that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. **Amen.**

Blessing

May the everlasting God shield you, east and west and wherever you go,
 And the blessing of God be upon us, *the blessing of the God of life.*
 The blessing of Christ be upon us, *the blessing of the Christ of love.*
 The blessing of the Spirit be upon us, *the blessing of the Spirit of grace.*
 The blessing of the Trinity be upon us, now and for ever more. **Amen.**

Announcements

Check our website for more details



1. Bless - ed as - sur - ance, Je - sus is mine! — O what a
 2. Per - fect sub - mis - sion, per - fect de - light, — Vi - sions of
 3. Per - fect sub - mis - sion, all is at rest, — I in my

1. fore-taste of glo - ry di - vine! — Heir of sal - va - tion, pur - chase of
 2. rap - ture now burst on my sight; — An - gels de - scend - ing, bring from a -
 3. sav - ior am hap - py and blest; — Watch - ing and wait - ing, look - ing a -

1. God, — Born of His spir - it, washed in His blood. —
 2. bove — Ech - oes of mer - cy, whis - pers of love. —
 3. bove, — Filled with His good - ness, lost in His love. —

This is my sto - ry, this is my song, — Prais - ing my

sav - ior all the day long;— This is my sto - ry, this is my

song, — Prais - ing my sav - ior all the day long. —

Words: Fanny Crosby, Music Phoebe Knapp: Public Domain

Dismissal

Celebrant: Alleluia, Alleluia, Let us go forth in the Name of Christ

All: **Thanks be to God, Alleluia, Alleluia**

♪ Postlude

“Come, Thou Fount of Every Blessing”

NETTLETON

John Wyeth's *Repository of Sacred Music*, 1813

Arr. by Joel Raney

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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Deacon:	The Rev. Jen Crompton
Eucharistic Minister:	Carol Walton
Lector:	Jerry Walton
Cantor:	The St. Benedict's Singers
Flowers:	Brian Spolarich
Ushers:	Michael Lucas & Maureen Titus
Intercessor:	Jill Denton
Altar Guild:	Diana Hammerlund
Online Host:	Elaine Beckham
Tellers:	Judith Cadigan & Jane Wu
Director of Music:	Dave Alm
Technical:	Hannah-Jaye Matthew

Eucharist Liturgy Adapted from The Iona Abbey Worship Book

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This Week at St Ben's

Today

2:00 Deanery Meeting @ St Stephens or on Zoom

Tuesday

9:45a Prayers for the Morning

10:15a Spiritual Conversation: continuing the conversation about Forgiveness

5:30p Vespers

Wednesday

11:00a and 4:00p Laundry Love

Thursday

4:00p Community Dinner at South Bay Community Center

4:00p Liturgy Committee (Zoom)

5:30p Choir

Sunday

8:00a Contemplative Communion

10:30a Eucharist

COMING SOON!

- Storied Pilgrimage with Race starts September 8th—an online conversation about race based on the life experiences of members of the diocese.
- Saturday September 10th 2pm Brynn Albanese plays a one-person show here at St. Ben's.
Suggested donation:\$20 per person.
- Bishop Lucinda will be here on October 9th. Let Caro+ know now if you want to be received or confirmed

St. Benedict's Episcopal Church

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