

# St. Benedict's Episcopal Church

~ *Tending Mind and Soul* ~

Los Osos, California

8<sup>th</sup> Sunday after Pentecost

July 29, 2022

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

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Celebrant: Blessed are you, holy and living one.

People: *Glory to God for ever and ever.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

**Canticle Q**

**A Song of Christ's Goodness**

Anselm of Canterbury

Jesus, as a mother you gather your people to you; \*  
you are gentle with us as a mother with her children.  
Often you weep over our sins and our pride, \*  
tenderly you draw us from hatred and judgment.  
You comfort us in sorrow and bind up our wounds, \*  
in sickness you nurse us and with pure milk you feed us.  
Jesus, by your dying, we are born to new life; \*  
by your anguish and labor we come forth in joy.  
Despair turns to hope through your sweet goodness; \*  
through your gentleness, we find comfort in fear.  
Your warmth gives life to the dead, \*  
your touch makes sinners righteous. Lord Jesus, in your mercy, heal us; \*  
in your love and tenderness, remake us.  
In your compassion, bring grace and forgiveness, \*  
for the beauty of heaven, may your love prepare us.

## Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.*

### **Ecclesiastes 1:2, 12-14; 2:18-23**

Reader: A Reading from the book of Ecclesiastes

Vanity of vanities, says the Teacher, vanity of vanities! All is vanity.

I, the Teacher, when king over Israel in Jerusalem, applied my mind to seek and to search out by wisdom all that is done under heaven; it is an unhappy business that God has given to human beings to be busy with. I saw all the deeds that are done under the sun; and see, all is vanity and a chasing after wind.

I hated all my toil in which I had toiled under the sun, seeing that I must leave it to those who come after me -- and who knows whether they will be wise or foolish? Yet they will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. So I turned and gave my heart up to despair concerning all the toil of my labors under the sun, because sometimes one who has toiled with wisdom and knowledge and skill must leave all to be enjoyed by another who did not toil for it. This also is vanity and a great evil. What do mortals get from all the toil and strain with which they toil under the sun? For all their days are full of pain, and their work is a vexation; even at night their minds do not rest. This also is vanity.

Reader: *Hear what the Spirit is saying to God's people*

### **Psalm 49:1-11**

Everyone take heed, all the world listen,  
High and low, rich and poor alike.

I have wisdom you need to hear, I see to the heart of things.  
I tune my ear to the truth, and set my insight to music.

Why should I be afraid in bad times when enemies surround me,  
Disdainful in their power, arrogant in their wealth?

We cannot save ourselves, cannot set things right with God;  
The price is too high, well beyond our means.

There is no escaping death, no avoiding the grave.  
Look, even the wisest die.  
Fools and idiots perish with them, and others claim their wealth.

## **Colossians 3:1-11**

Reader: A reading from the Letter to the Colossians

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

Put to death, therefore, whatever in you is earthly: fornication, impurity, passion, evil desire, and greed (which is idolatry). On account of these the wrath of God is coming on those who are disobedient. These are the ways you also once followed, when you were living that life. But now you must get rid of all such things-- anger, wrath, malice, slander, and abusive language from your mouth. Do not lie to one another, seeing that you have stripped off the old self with its practices and have clothed yourselves with the new self, which is being renewed in knowledge according to the image of its creator. In that renewal there is no longer Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and free; but Christ is all and in all!

Reader: *Hear what the Spirit is saying to God's people*

## **The Gospel**

### **Luke 12:13-21**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke  
People: *Glory to You, Lord Christ.*

Someone in the crowd said to Jesus, "Teacher, tell my brother to divide the family inheritance with me." But he said to him, "Friend, who set me to be a judge or arbitrator over you?" And he said to them, "Take care! Be on your guard against all kinds of greed; for one's life does not consist in the abundance of possessions." Then he told them a parable: "The land of a rich man produced abundantly. And he thought to himself, 'What should I do, for I have no place to store my crops?' Then he said, 'I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.' But God said to him, 'You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?' So it is with those who store up treasures for themselves but are not rich toward God."

Gospeller: The Gospel of Christ.  
People: *Praise to Christ the Word*

## **Gospel Discussion**

## Prayers of the People

Let us pray together for the riches that endure saying, Christ have mercy.

For faith enough to proclaim God's word, let us pray to our God, ***Christ have mercy.***

For compassion enough to comfort the suffering, let us pray to our God, ***Christ have mercy.***

For hope enough to bolster the discouraged, let us pray to our God, ***Christ have mercy.***

For courage enough to tackle the problems of nations and peoples, let us pray to our God, ***Christ have mercy.***

For forgiveness enough to heal old wounds, let us pray to our God, ***Christ have mercy.***

For those in times of need that they may have healing enough, let us pray to our God, ***Christ have mercy.***

[prayers are added from the bidding book, then you are invited to add your prayers of intercession or thanksgiving, silently or aloud]

For love enough to bind us to all in Christ's community, let us pray to our God, ***Christ have mercy.***

*Deacon: Giver of all gifts, what we are and what we have comes from you. Enrich us with your blessings; impoverish us in the service of the Son who lived and died in poverty. He is our greatest wealth, Jesus Christ our Savior. Amen*

"Intercessions for the Christian People" © 1990 Liturgical Press

## The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

*To maintain safe social distancing, please simply greet others verbally or with a bow or nod.*

*Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.*

## The Eucharist

God is here.

***God's Spirit is with us.***

Lift up your hearts.

***We lift them to the Lord.***

Let us give thanks to God.

***It is right to offer thanks and praise.***

It is right indeed, it is our joy and our salvation, holy Lord, all-compassionate and everlasting God, at all times and in all places to give you thanks and praise through Christ your only Son.

You are the source of all life and goodness; through your eternal Word you have created all things from the beginning and formed us in your own image; uniquely human you created each of us.

When we sinned and turned away you called us back to yourself and gave your Son to share our human nature.

By his death on the cross, he made the one perfect sacrifice for the sin of the world and freed us from the bondage of sin.

You raised him to life triumphant over death;  
you exalted him in glory.

In him you have made us a holy people by sending upon us  
your holy and life-giving Spirit.

Therefore, with the faithful who rest in him, with angels and archangels and all the company of heaven, we proclaim your great and glorious name, forever praising you and saying:

***Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is the one who comes in the name of the Lord.  
Hosanna in the highest.***

All glory and thanksgiving to you, Holy Father;  
on the night before he died your Son, Jesus Christ, took bread;  
when he had given you thanks, he broke it, gave it to his disciples, and said:

Take, eat, this is my body  
which is given for you; do this to remember me.

After supper he took the cup; when he had given you thanks,  
he gave it to them and said:

Drink this, all of you,  
for this is my blood of the new covenant  
which is shed for you and for all  
for the forgiveness of sins;  
do this as often as you drink it, to remember me.

***Glory to you, Lord Christ; your death we show forth;  
your resurrection we proclaim; your coming we await;  
Amen! Come Lord Jesus.***

Therefore loving God, recalling your great goodness to us in Christ,  
his suffering and death, his resurrection and ascension,  
and looking for his coming in glory, we celebrate our redemption  
with this bread of life and this cup of salvation.

Accept our sacrifice of praise and thanksgiving  
which we offer through Christ our great high priest.

Send your Holy Spirit that these gifts of bread and wine which we receive  
may be to us the body and blood of Christ,  
and that we, filled with the Spirit's grace and power,  
may be renewed for the service of your kingdom.

United in Christ with all who stand before you in earth and heaven,  
we worship you, O God, in songs of everlasting praise.

*Blessing, honor and glory be yours,  
here and everywhere,  
now and forever. Amen*

## **The Lord's Prayer**

New Zealand Prayer Book

As our Savior Christ has taught us we now pray:

*Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our hope and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For your reign is the glory of the power that is love, now and forever. Amen.*

## **The Breaking of the Bread**

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body, for we all  
share in the one bread.*

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing,  
please cross your arms over your chest.*

## Closing Prayer

Celebrant: Let us pray.

All: ***Loving God,  
we give you thanks  
for restoring us in your image  
and nourishing us with spiritual food  
in the Sacrament of Christ's Body and Blood.  
Now send us forth  
a people, forgiven, healed, renewed;  
that we may proclaim your love to the world  
and continue in the risen life of Christ our Savior. Amen.***

## The Blessing

May the outrageous welcome of the Father accept us for who we are;  
may the incarnation of the Word touch and hold us close;  
may the wandering of the Spirit help us risk ourselves for love;  
and may the blessing of God All-Compassionate,  
Father, Son, and Holy Spirit, be upon you, and remain with you always. ***Amen***

Prayers for an Inclusive Church © 2009 Church Pub. Co.

## Dismissal

Alleluia, alleluia, let us go forth in peace to love and serve our God.  
***Thanks be to God, alleluia, alleluia.***

Today's Eucharist Liturgy is from  
The New Zealand Prayer book. Used with permission.



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