



St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Trinity Sunday

June 12, 2022

Whoever you are and wherever you are in your faith journey, there is a warm welcome for you here at St. Benedict's!

~ Prelude ~

"You Are My All in All"

arr. Mark Hayes

© Word Music, 2000

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: *And blessed be God's kin-dom, now and for ever. Amen.*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

♪ Hymn of Praise

WLP 743

1. O three-fold God of ten-der u-ni-ty, life's great un-known that
2. O blaze of ra-diance, source of light that blinds, the fie-ry splen-dor
3. Most lov-ing Par-ent, Child of joys and pains cre-a-tive Spi-rit,
4. In ev-'ry mak-ing, each cre-a-tive dream and in the flow of
5. O three-fold God of ten-der u-ni-ty, life's great un-known that

binds and sets us free: felt in our lov-ing, great-er than our thought,
of pro-phe-tic minds, you live in mys-tery, yet with-in us dwell;
life-force that sus-tains, in bone and flesh, we touch your gen-tle hand,
life's great heal-ing stream, when love is born or peo-ple re-con-ciled,
binds and sets us free: felt in our lov-ing, great-er than our thought,

Collect of the Day

Celebrant: Christ be with you.

People: *And also with you.*

Celebrant: Let us pray.

All: *Holy Trinity, you are neither monarch nor monologue but an eternal harmony of gift and response: through the Uncreated Word and the Spirit of Truth include us and all creation in your extravagant love; through the Wisdom of God, who raises her voice to call us into life. Amen.*

Prayers for an Inclusive Church, Church Pub. 2009

Proverbs 8:1-4, 22-31

Lector: *A Reading from the Book of Proverbs*

Does not wisdom call,
and does not understanding raise her voice?
On the heights, beside the way,
at the crossroads she takes her stand;
beside the gates in front of the town,
at the entrance of the portals she cries out:
"To you, O people, I call,
and my cry is to all that live.
The LORD created me at the beginning of his work,
the first of his acts of long ago.
Ages ago I was set up,
at the first, before the beginning of the earth.
When there were no depths I was brought forth,
when there were no springs abounding with water.
Before the mountains had been shaped,
before the hills, I was brought forth--
when he had not yet made earth and fields,
or the world's first bits of soil.
When he established the heavens, I was there,
when he drew a circle on the face of the deep,
when he made firm the skies above,
when he established the fountains of the deep,
when he assigned to the sea its limit,
so that the waters might not transgress his command,
when he marked out the foundations of the earth,
then I was beside him, like a master worker;
and I was daily his delight,
rejoicing before him always,
rejoicing in his inhabited world
and delighting in the human race."

Lector: *Hear what is Spirit is saying to God's people.*

People: *Thanks be to God*

Refrain

O Lord, our God, how glo-ri-ous is your name! How
glo-ri-ous is your name o-ver all the earth!

Verses

1. When I see the heavens, the work of your hands,
the moon and the stars which you arranged,
What are we that you keep us in mind?
Your children that you remember them at all?
2. Yet you have made us little less than gods, with glory and honor you crowned us,
Gave us pow'r over the work of your hands, dominion over all that you have made.
3. All sheep and oxen, birds of the air, all things that swim in the sea.
Beasts without number, life without names, you have placed under our feet.

Text: Psalm 8:4-5, 6-7, 8-9; Rory Cooney
Music: Rory Cooney
© 1990, GIA Publications, Inc.

Romans 5:1-5

Lector: *A Reading from Paul's letter to the Romans*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

Lector: *Hear what is Spirit is saying to God's people.*

People: **Thanks be to God**

1 Ho - ly God, we praise thy Name, Lord of all, we bow be - fore thee;
 2 Hark, the loud ce - les - tial hymn an - gel choirs a - bove are rais - ing;
 3 Lo, the a - po - sto - lic train join, thy sa - cred Name to hal - low;
 4 Ho - ly Fa - ther, ho - ly Son, Ho - ly Spi - rit, Three we name thee,
 *5 Christ, thou art our glo - rious King, Son of God en - throned in splen - dor;

1 all on earth thy scep - ter claim, all in heaven a - bove a - dore thee;
 2 cher - u - bim and ser - a - phim, in un - ceas - ing cho - rus prais - ing,
 3 pro - phets swell the loud re - frain, and the white - robed mar - tyrs fol - low;
 4 while in es - sence on - ly One, un - di - vi - ded God we claim thee;
 5 but de - liv - er - ance to bring thou all hon - ors didst sur - ren - der,

1 in - fi - nite thy vast do - main, ev - er - last - ing is thy reign.
 2 fill the heavens with sweet ac - cord: ho - ly, ho - ly, ho - ly Lord!
 3 and, from morn till set of sun, through the Church the song goes on.
 4 then, a - dor - ing, bend the knee and con - fess the mys - ter - y.
 5 and wast of a vir - gin born hum - bly on that bless - ed morn.

John 16:12-15

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: *Glory to You, Lord Christ.*

Jesus said to the disciples, "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

Gospeller: The Gospel of the Lord.
People: *Praise to You, Lord Christ.*

Sermon

The Rev. Dr. Caroline Hall

[We pause for a few moments' reflection before affirming our faith.]

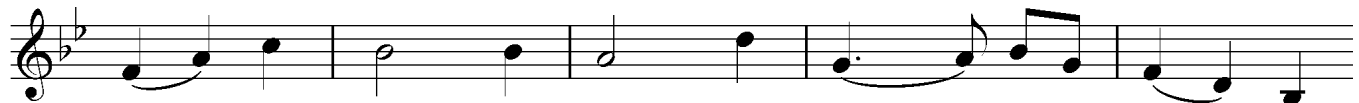
♪ Affirmation of Faith

"I bind unto myself"

Blue Hymnal 370



1. I bind un - to my - self to - day the strong Name



of the Trin - i - ty, by in - vo - ca - tion



of the same, the Three in One, and One in Three.



2. I bind this day to me for ev - er, by power of

*3. I bind un - to my - self the power of the great

*4. I bind un - to my - self to - day the vir - tues

*5. I bind un - to mys - elf to - day the power of



faith, Christ's In - car - na - tion; his bap - tism in the
love of cher - u - bim; the sweet "Well done" in
of the star - lit heaven the glo - rious sun's life -
God to hold and lead, his eye to watch, his



Jor - dan riv - er; his death on cross for my sal - va - tion;
judg - ment hour; the ser - vice of the ser - a - phim;
giv - ing ray, the white - ness of the moon at even,
might to stay, his ear to heark - en, to my need;



his burst - ing from the spic - èd tomb; his rid - ing
con - fess - ors' faith, a - pos - tles' word, the pa - triarchs'
the flash - ing of the light - ning free, the whirl - ing
the wis - dom of my God to teach, his hand to

up the heaven - ly way; his com - ing at the
 prayers, the pro - phets' scrolls; all good deeds done un -
 wind's tem - pes - tuous shocks, the sta - ble earth, the
 guide, his shield to ward; the word of God to

day of doom: I bind un - to my - self to - day.
 to the Lord, and pu - ri - ty of vir - gin souls.
 deep salt sea, a - round the old e - ter - nal rocks.
 give me speech, his heaven - ly host to be my guard.

*6. Christ be with me, Christ with - in me, Christ be - hind me,
 Christ be - neath me, Christ a - bove me, Christ in qui - et,

Christ be - fore me, Christ be - side me, Christ to
 Christ in dan - ger, Christ in hearts of all that

win me, Christ to com - fort and re - store me,
 love me, Christ in mouth of friend and stran - ger.

7. I bind un - to my - self the Name, the strong Name

of the Trin - i - ty, by in - vo - ca - tion

of the same, the Three in One, and One in Three.

Of whom all nature hath cre - a - tion, e - ter - nal

Fa - ther, Spi - rit, Word: praise to the Lord of

my sal - va - tion, sal - va - tion is of Christ the Lord.

Prayers of the People

Adapted from *Intercessions for the Christian People* Liturgical Press 1990

On this Trinity Sunday, let us lift our petitions to the Creator, Word and Holy Spirit saying: ***Three-in-one, hear our prayer.***

For the ministers of the church especially Bishop Lucinda, our Rector Caro+, Susan Plucker+ and Jen Crompton that they may build a community of love which flows from the community of God, we pray to our God, ***Three-in-one, hear our prayer.***

For every member of the human family that we may be guided to all truth by the Spirit of truth, we pray to our God, ***Three-in-one, hear our prayer.***

For the stewards of the earth, especially the leaders of the nations, that they may accept creation as a wondrous gift and work to preserve its health and beauty, we pray to our God, ***Three-in-one, hear our prayer.***

For the sick, that their affliction lead to endurance, their endurance to virtue, and their virtue to hope, we pray to our God, ***Three-in-one, hear our prayer.***

We pray for all whose lives are closely linked with ours, and those who have asked for our prayers, starting with those in the bidding book

[Here we add other prayers starting with the requests in the bidding book.
Please add your own prayers or thanksgivings silently or aloud.]

We pray to our God, ***Three-in-one, hear our prayer.***

For we who celebrate community here, that our labors spread joy and witness bring peace especially through the Abundance Shop, we pray to our God, ***Three-in-one, hear our prayer.***

Celebrant: *O God the Creator from whom all good things flow, we thank you and praise you.*

Answer our prayers and bring us hope through Christ your Son who celebrates life with you in the unity of the Spirit now and forever. Amen.

Confession and Absolution

Let us confess our sins to God.

Silence may be kept.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: May our all-compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers can be found on the white card in your pew.

50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) _____ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* *life/lives*; through Jesus Christ our Lord. *Amen.*

51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular _____]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

The Offertory

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

♪ Offertory Hymn

“Holy Holy Holy”

Blue Hymnal 362

1 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
*2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,
3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,
4 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:
cast - ing down their gold - en crowns a - round the glass - y sea;
though the sin - ful hu - man eye thy glo - ry may not see,
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,
cher - u - bim and ser - a - phim fall - ing down be - fore thee,
on - ly thou art ho - ly; there is none be - side thee,
Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.
 which wert, and art, and ev - er - more shalt be.
 per - fect in power, in love, and pu - ri - ty.
 God in three Per - sons, bless - ed Trin - i - ty.

♪ Doxology:

[Hymn tune #400]

[sung]

Praise God from Whom all blessings flow

Praise God all creatures here below, Alleluia, Alleluia

Praise God the Source of all our gifts

Praise Jesus Christ whose power uplifts

Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia

Holy Eucharist

EOWI

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Lift up your hearts.

People *We raise our hearts to God.*

Celebrant Let us thank the giver of life.

People *It is right to give our thanks and praise.*

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God,
 source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Blessed are you, gracious God, creator of the universe and giver of life.

You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards
 and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves;

we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you.

You delivered us from slavery, sustained us in the wilderness, and raised up prophets
 to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus.
Born into the human family, and dwelling among us, he revealed your glory.
Giving himself freely to death on the cross, he triumphed over evil,
opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat:
This is my Body which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died.
Christ is risen.
Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

***Through Christ and with Christ and in Christ, in the unity of the Holy Spirit,
to you be honor, glory, and praise, for ever and ever. AMEN.***

The Lord's Prayer

As our Savior Christ has taught us, we now pray

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins

as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

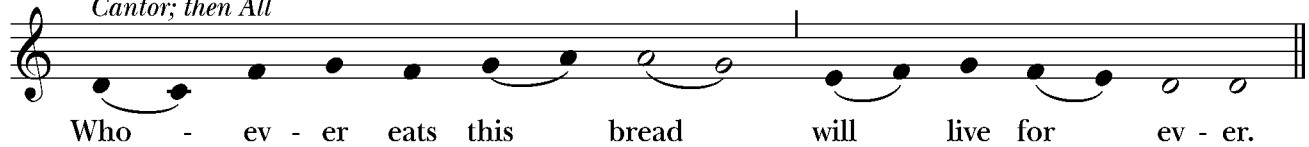
The Breaking of the Bread

The celebrant breaks the Bread

♪ Fraction Anthem

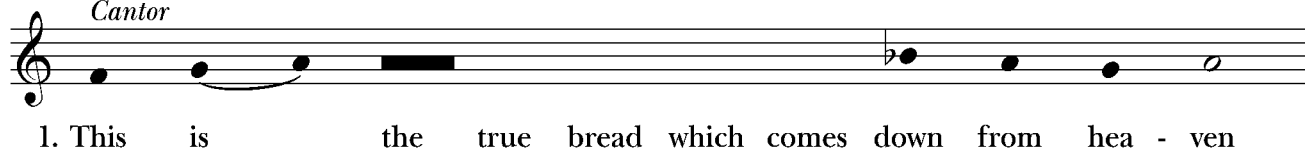
Antiphon

Cantor; then All



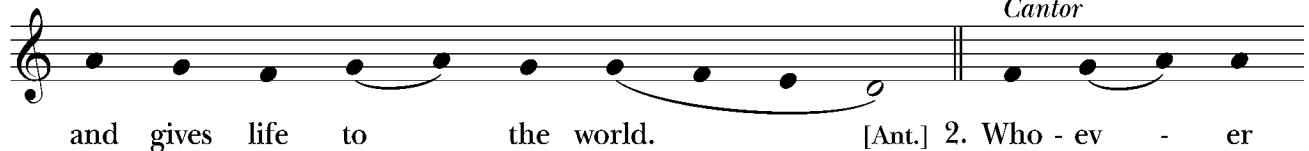
Who - ev - er eats this bread will live for ev - er.

Cantor



1. This is the true bread which comes down from hea - ven

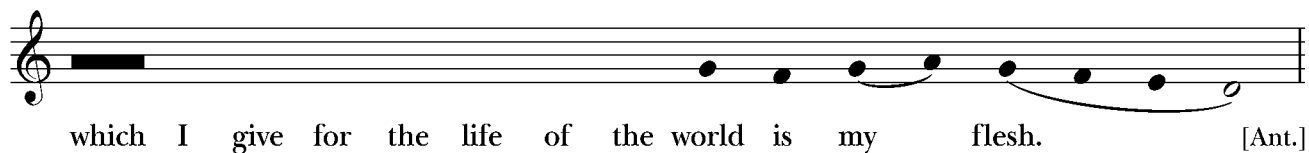
Cantor



and gives life to the world. [Ant.] 2. Who - ev - er



believes in me shall not hun - ger or thirst, for the bread



which I give for the life of the world is my flesh. [Ant.]

Holy Communion

The Gifts of God for the People of God. Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest. As your group is called forward, please spread out to widen the circle and increase safe social distancing.

♪ Communion Songs

"Seek Ye First"

arr. Carol Tornquist

© Word Music, 2000

"Take My Life and Let it Be Consecrated"

arr. Greg Howlett

© Word Music, 2000

Taste and see. Taste and see the good - ness

of the Lord. O Taste and see. Taste and

see the good - ness of the Lord, of the Lord. Fine

1. I will bless the Lord at all times.
 2. Glo - ri - fy the Lord with me.
 3. Wor - ship the Lord all you peo - ple.

1. — His praise _____ shall al - ways — be on my
 2. — To - geth - er — let us all _____ praise His
 3. — You'll _____ want for noth - ing _____ if you

1. lips; _____ my soul _____ shall
 2. name. _____ I called _____ the
 3. ask. _____ Taste _____ and

1. glo - ry _____ in the Lord; _____ for
 2. Lord _____ and He an - swered me; _____ from
 3. see _____ that God is good; _____ in

(continues on next page)

1. He _____ has been _____ so good to me. _____
 2. all _____ my trou - bles _____ He set me free. _____
 3. Him _____ we need _____ put all our trust. _____

D.C.

We pause for a few minutes of silent prayer.

Final Prayer

*Most loving God, creator and redeemer,
 we give you thanks for this foretaste of your glory.*

*Through Christ, and with all your saints,
 we offer ourselves and our lives to your service.*

*Send us out in the power of your Spirit,
 to stand with you in your world.*

*We ask this through Jesus Christ, the servant,
 our friend and brother. Amen.*

A Prayer Book for New Zealand

Blessing

May the outrageous welcome of the Father accept us for who we are;
 may the incarnation of the Word touch and hold us close;
 may the wandering of the Spirit help us risk ourselves for love;
 and may the blessing of God All-Compassionate,
 Father, Son, and Holy Spirit, be upon you, and remain with you always.

Amen.

Prayers for an Inclusive Church © 2009 Church

Pub. Co.

Announcements

Final Hymn

“Praise to the Living God”

Blue Hymnal 372

Dismissal

Eucharist Liturgy from *Enriching Our Worship*, Church Publishing

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Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Dianne Long
Lector:	John Horseley
Cantor:	Lorienne Schwenk
Flowers:	Elaine Beckham
Ushers:	Connie Weldon & Maureen Titus
Intercessor:	Louisa Beeler
Altar Guild:	Sarah Chesebro & JW
Online Hosts:	Pat Henry & Suzan Vaughn
Tellers:	Alice Welchert & Bryson McKelvey
Pianist:	Dr. Ann Lucas
Technical:	Hannah Jay Matthew

St. Benedict's Episcopal Church

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This Week at St Ben's

Tuesday June 14

9:45a Prayers for the Morning

10:15a Spiritual Conversation Our conversation is based on the great (and amusing) book, The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life by Father James Martin.

5:30p Vespers followed by social time

Wednesday June 15

2:00p Earthcare

6:00p No Choir Rehearsal

Thursday June 16

6:30p Prayers for Ukraine—in-person and on Zoom

Saturday June 18

9:00a Men's Breakfast

7:00p Celebration of Juneteenth—video and conversation on Zoom

Sunday June 19

8:00a Contemplative Communion

9:20a Bible Conversation

10:30a Eucharist

12:30p Parish Council

Announcements

SATURDAY JUNE 18: Join us on Zoom at 7pm to commemorate Juneteenth by watching a short TED talk, "3 myths about racism that keep the US from progress" by political scientist Candis Watts Smith. We will also hear about the recent report on reparations on California's racist past and the recommended reparations.

On JUNE 19 we will welcome **Jen Crompton** who will be working with us half-time for two years to help us form new relationships in the community especially with younger adults and families. Jen just graduated from seminary, will be ordained deacon in late July or soon after that, and ordained priest in 2023. If you would like to be part of Jen's prayer and support team please let Caro+ know.

JUNE 25 1pm-7pm Queerwood at Baywood. Consider attending this local LGBTQ event as a member of St Ben's. Some of us will be there wearing "Ask me about St Ben's" pride badges. For more info, ask Caro+