

St. Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Third Sunday after Pentecost

June 26, 2022

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant: Blessed be the one, holy, and living God.

People: *Glory to God for ever and ever!*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

Canticle N

A Song of God's Love

1 John 4:7-11

Beloved, let us love one another, *
for love is of God.
Whoever does not love does not know God, *
for God is Love.
In this the love of God was revealed among us, *
that God sent his only Son into the world, so that we might live through Jesus Christ.
In this is love, not that we loved God but that God loved us *
and sent his Son that sins might be forgiven.
Beloved, since God loved us so much, *
we ought also to love one another.
For if we love one another, God abides in us, *
and God's love will be perfected in us.

Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: Crossbound God, nothing protects you from open sky and beckoning grave: teach us to leave behind the fear that kills what is different, our love for what is dead and safe; may we set our face like you to find our true home, our unexpected city of peace, your fearless life, through Jesus Christ, who will not turn back. Amen.

Prayers for an Inclusive Church (2009)

1 Kings 19:15-16,19-21

The LORD said to Elijah, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place."

So he set out from there, and found Elisha son of Shaphat, who was plowing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. He left the oxen, ran after Elijah, and said, "Let me kiss my father and my mother, and then I will follow you." Then Elijah said to him, "Go back again; for what have I done to you?" He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

— *Hear What the Spirit is Saying to God's People.*

Psalm 16

Source: The Psalter © 1994 Liturgy Training Publications

Protect me O God, I turn to you for help.
I profess "You are my God, my greatest good."

I once put faith in false gods, the idols of the land.
Now I make no offering to them, nor invoke their names.
Those who chase after them add grief upon grief.

Lord you measure out my portion, the shape of my future;
You mark off the best place for me to enjoy my inheritance.

I bless God who teaches me, who schools my heart even at night.
I am sure God is here, right beside me. I cannot be shaken.

So my heart rejoices, my body thrills with life,
my whole being rests secure.

You will not abandon me to Sheol,
Nor send your faithful one to death.

You show me the road to life:
Boundless joy at your side for ever!

Galatians 5:1,13-25

A reading from Paul's Letter to the Galatians

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another.

Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

— *Hear What the Spirit is Saying to God's People.*

Luke 9:51-62

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: ***Praise and Glory to God.***

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

Gospeller: This is the Gospel of Christ.
People: ***Praise to Christ, the Word.***

Gospel Discussion

Prayers of the People

Mighty God, we pray that all people may have freedom to fulfil their vocations. Within your church may each find their ministry and calling. We pray for the newly baptized, those being confirmed and new Christians, that your church may grow in holiness, in outreach and in number. We ask you to guide and direct all who go out on mission, especially Jen, our trailblazer, all who preach the word and administer the sacraments. Show us the path of life. **Savior, hear us, graciously hear us.**

We ask that you will guide all who are called to govern, all who are in positions of authority or influence. We pray for the work of the United Nations and its peacekeeping forces; we pray for peace between Russia and Ukraine. We remember all who work to conserve the Earth and to reduce global warming. Show us the path of life. **Savior, hear us, graciously hear us.**

We give thanks for all who have enriched our lives by their talents and gifts. Bless our homes and communities making them places of gentleness and generosity, places of grace and goodness, places of holiness and hospitality, and begin now with us. Show us the path of life. **Savior, hear us, graciously hear us.**

We remember before you all who are restricted by poverty or oppression, all who cannot fulfil their calling due to illness or circumstance. We pray for all who are afraid to commit themselves to anyone. We pray for members of our community, friends and loved ones who are ill or in times of need, starting with those in the bidding book...

[after prayers are added from the bidding book, you are invited to add your own prayers of thanksgiving or intercession silently or aloud]

Show us the path of life. **Savior, hear us, graciously hear us.**

We rejoice with all your faithful people, and pray that you will make us not be numbered with your saints in that glory which is everlasting. We pray for friends and loved ones departed. Show us the path of life. **Savior, hear us, graciously hear us.**

Spirit of the Living God, come fill us, that we may live in joy and peace, and that our lives may show the gifts of patience, kindness, and generosity; that we may live in faithfulness, gentleness and self-control through your power working within us. We ask this in the name of Jesus Christ, who lives and reigns with the Father and you, blessed Spirit, now and for ever, Amen.

Adapted from Glimpses of Glory, David Adams

Confession and Absolution

Let us confess our sins to God.

Silence may be kept.

Minister and People:

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: May our all-compassionate God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

The Holy Eucharist

EOW 3

Celebrant May God be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We lift them to the Lord.***

Celebrant Let us give thanks to the Lord our God.

People ***It is right to give God thanks and praise.***

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey.

And so as the morning stars sing your praises we join the heavenly beings and all creation as we say with joy:

All: ***Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.***

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said:
“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:
Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ’s coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

All ***Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!***

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit’s power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with the blessed virgin Mary, blessed Benedict, and all your people into the joy of our true eternal home.

All ***Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.
Blessed are you now and for ever. AMEN.***

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All *Eternal Spirit,
Life-Giver, Pain-Bearer, Love Maker,
Source of all that is and that shall be, Father and
Mother of us all,
Loving God, in whom is heaven:
The Hallowing of your Name echo through the universe!
The Way of your Justice be followed by the people of the world!
Your Heavenly Will be done by all created beings!
Your Commonwealth of Peace and Freedom sustain our hope
and come on earth!
With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is love,
now and forever. Amen.*

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: *We who are many are one body, for we all
share in the one bread.*

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.
*If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing,
please cross your arms over your chest.*

Closing Prayer

Celebrant: Let us pray.

All: *Most loving God, creator and redeemer,
we give you thanks for this foretaste of your glory.
Through Christ, and with all your saints,
we offer ourselves and our lives to your service.
Send us out in the power of your Spirit,
to stand with you in your world.
We ask this through Jesus Christ, the servant,
our friend and brother. Amen.*

New Zealand Prayer Book

The Blessing

Live without fear: your Creator has made you holy, has always protected you, and loves you as a mother. Go in peace to follow the good road and may the blessing of God, Creator, Word and Holy Spirit, be with you always. *Amen.*

Dismissal

Alleluia, alleluia, let us go forth in peace to love and serve our God.
Thanks be to God, alleluia, alleluia,

Today's Eucharist Liturgy is from
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This Week at St Ben's

Tuesday

9:45a Prayers for the Morning
10:15a Spiritual Conversation Our conversation will be based on the great (and amusing) book,
The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life by Father James Martin.
5:30p Vespers

Wednesday 11:00a Laundry Love
4:00p Laundry Love

Sunday 9:20a Bible Conversation
10:30a Eucharist

