St. Benedict's Episcopal Church

~ Tending Mind and Soul ~ Los Osos, California The Fifth Sunday after Easter May 15, 2022

-8 a.m. Service-

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant: Alleluia! Christ is Risen People: Christ is Risen indeed, alleluia.

All: Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen

Canticle D A Song of the Wilderness Isaiah 35:1-7,10

The wilderness and the dry land shall be glad, * the desert shall rejoice and blossom; It shall blossom abundantly, * and rejoice with joy and singing. They shall see the glory of the Lord, * the majesty of our God. Strengthen the weary hands, * and make firm the feeble knees. Say to the anxious, "Be strong, do not fear! * Here is your God, coming with judgment to save you." Then shall the eyes of the blind be opened, * and the ears of the deaf be unstopped. Then shall the lame leap like a deer, * and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness * and streams in the desert; The burning sand shall become a pool * and the thirsty ground, springs of water. The ransomed of God shall return with singing, * with everlasting joy upon their heads. Joy and gladness shall be theirs, * and sorrow and sighing shall flee away.

Collect of the Day

Celebrant:God be with youPeople:And also with you.

Celebrant: Let us pray.

All: God of glory, whose beloved took the shadow road and found life in the darkness; may his love be our law, undimmed by the fear that condemns what it does not understand; slipping through the hands of those who cling to sacred power; making us witness to the power of new birth; through Jesus Christ the Firstborn, Amen

Prayers for an Inclusive Church (2009)

Acts 11:1-18

Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. So when Peter went up to Jerusalem, the circumcised believers criticized him, saving, "Why did you go to uncircumcised men and eat with them?" Then Peter began to explain it to them, step by step, saying, "I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. I also heard a voice saying to me, `Get up, Peter; kill and eat.' But I replied, `By no means, Lord; for nothing profane or unclean has ever entered my mouth.' But a second time the voice answered from heaven, 'What God has made clean, you must not call profane.' This happened three times; then everything was pulled up again to heaven. At that very moment three men, sent to me from Caesarea, arrived at the house where we were. The Spirit told me to go with them and not to make a distinction between them and us. These six brothers also accompanied me, and we entered the man's house. He told us how he had seen the angel standing in his house and saying, `Send to Joppa and bring Simon, who is called Peter; he will give you a message by which you and your entire household will be saved.' And as I began to speak, the Holy Spirit fell upon them just as it had upon us at the beginning. And I remembered the word of the Lord, how he had said, `John baptized with water, but you will be baptized with the Holy Spirit.' If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?" When they heard this, they were silenced. And they praised God, saying, "Then God has given even to the Gentiles the repentance that leads to life."

— Hear What the Spirit is Saying to God's People.

Psalm 148

Praise the Lord! Across the heavens, from the heights, all you angels, heavenly beings, sing praise, sing praise!

Sun and moon, glittering stars, sing praise, sing praise! Highest heavens, rain clouds, sing praise, sing praise! Praise God's name, whose word called you forth and fixed you in place for ever by eternal decree.

Let there be praise: from depths of the earth, from creatures of the deep.

Fire and hail, snow and mist, storms, winds, mountains, hills, fruit trees and cedars, wild beasts and tame, snakes and birds,

Princes, judges, rulers, subjects, men, women, old and young, praise, praise the holy name, this name beyond all names.

God's splendor above the earth, above the heavens, gives strength to the nation, glory to the faithful, a people close to the Lord. Israel, let there be praise!

Source: The Psalter © 1994 Liturgy Training Publications

Revelation 21:1-6

I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from the throne saying,

"See, the home of God is among mortals.

He will dwell with them as their God;

they will be his peoples,

and God himself will be with them;

he will wipe every tear from their eyes.

Death will be no more;

mourning and crying and pain will be no more,

for the first things have passed away."

And the one who was seated on the throne said, "See, I am making all things new." Also he said, "Write this, for these words are trustworthy and true." Then he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life."

— Hear What the Spirit is Saying to God's People.

John 13:31-35

Gospeller:The Holy Gospel of Our Savior Jesus Christ According to Luke.People:Praise and Glory to God.

At the last supper, when Judas had gone out, Jesus said, "Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

Gospeller:This is the Gospel of Christ.People:Praise to Christ, the Word.

Gospel Discussion

Prayers of the People

From Glimpses of Glory © 2000 David Adam, Morehouse Pub.

Holy One, we rejoice that we abide in you and in your great love; you accept us when we find it hard to accept ourselves or each other. We pray that you will strengthen the fellowship of your people, that you will sustain us in our unity and help us to know we are one in you. We pray for all who are striving to realize the unity that you give to your church. We pray for inter-church relationships and all groups that help to break down barriers. Christ, lead us from despair to hope, *from division to wholeness*.

Holy One, we remember before you all areas of ethnic violence and racial hatred, for all places where there is division, strife and animosity especially the people of Ukraine and Russia and those who are refugees. We pray for the United Nations and for all who work for peace and unity, for all peoples that work for the building up of community and fellowship. We remember all who are scorned, rejected or belittled by others. Christ, lead us from despair to hope, *from division to wholeness*.

We give thanks for our own homes and their love. We pray for homes of strife and discord, homes where there is neglect, abuse or violence. We remember homes where there is no love or where love is betrayed. We pray for all families suffering from a breakdown in their relationships. Christ, lead us from despair to hope, *from division to wholeness*.

We pray for all who suffer from schizophrenia, for those whose lives are torn apart by memories or fears. We pray for all who have suffered from any form of breakdown. We ask for your blessing on loved ones and friends who are suffering at this time, and for all in any need...beginning with those in our bidding book....

[Prayers are read from the bidding book; additional prayers may be offered silently or aloud.]

Christ, lead us from despair to hope, *from division to wholeness*.

We look forward to the day when we will share fully in the communion of saints, when we will be one in the spirit and one in our God. We pray for loved ones departed, for all who have gone before us in the faith, and for the day when we will share with them in your kingdom. Christ, lead us from despair to hope, *from division to wholeness*.

Jesus Christ, Son of the Author, give us wisdom and faith to trust in you. When we cannot see your presence, when the way is full of darkness and doubt, increase our faith and help us to know that you will never leave us or forsake us, for you are ever with us, Jesus Christ our Lord, to whom with the Creator and the Holy Spirit be all honor and glory, now and for ever. **Amen**

The Peace

Celebrant:	The peace of Christ be always with you.
People:	And also with you.

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

Offertory

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

The Holy Eucharist

Celebrant:May God be with you.People:And also with you.Celebrant:Lift up your hearts.People:We raise our hearts to God.Celebrant:Let us thank the giver of life.People:It is right to give our thanks and praise.

Celebrant: We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

Celebrant: Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said:

"Take, eat: This is my Body, which is given for you.

Do this for the remembrance of me."

EOW 2

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said:

"Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with the Blessed Virgin Mary, Blessed Benedict, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

All: Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker, Source of all that is and that shall be, Father and Mother of us all, Loving God, in whom is heaven: The Hallowing of your Name echo through the universe! The Way of your Justice be followed by the people of the world! Your Heavenly Will be done by all created beings! Your Commonwealth of Peace and Freedom sustain our hope and come on earth! With the bread we need for today, feed us. In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever. Amen.

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant:We break this bread to share in the Body of Christ.People:We who are many are one body, for we all share in the one bread.

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest.

Closing Prayer

Celebrant:	Let us pray.
All:	Eternal God, whose Son at supper prayed
	that his disciples might be one,
	as he is one with you:
	draw us closer to him,
	that in common love and obedience to you
	we may be united to one another
	in the fellowship of the one Spirit,
	that the world may believe that he is Lord,
	to your eternal glory;
	through Jesus Christ our Lord. Amen.

The Blessing

You are God's servants gifted with dreams and visions Upon you rests the grace of God like flames of fire; love and serve the Lord in the strength of the Spirit; may the deep peace of Christ be with you The strong arms of God sustain you And the power of the Holy Spirit strengthen you in every way. Amen

Diane Karay Tripp

Dismissal

Alleluia, alleluia, let us go forth in peace to love and serve our God Thanks be to God, alleluia, alleluia.

This Week at St Ben's

Monday	Rector's Sabbath
Tuesday 9:45a 10:15a 5:30p	Prayers for the Morning Spiritual Conversation on Jesuit Spirituality Vespers, followed by social time
Wednesday 6:00p	Choir rehearsal
Thursday 6:30p	Prayers for Ukraine
Friday 5:30p	Messy Church!!
Saturday 9:00a	Men's Breakfast at Celia's Garden Cafe
Sunday 8:00a 9:20a 10:30a 2:00p	Contemplative Communion Bible Conversation Eucharist followed by Tree Blessing Deanery Meeting

Today's Eucharist Liturgy is from "Enriching Our Worship" Supplemental Liturgical Materials prepared by The Standing Liturgical Commission of the Episcopal Church © 1997 Church Publishing Incorporated, New York. Used with permission.



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