



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

The Fourth Sunday of Easter

May 8, 2022

Whoever you are and wherever you are in your faith journey,  
there is a warm welcome for you here at St. Benedict's!

## ~ Prelude ~

“Nearer, My God to Thee”

Tune: BETHANY, Lowell Mason, 1792-1872

Arr. by Mark Hayes

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Celebrant: Alleluia. Christ is Risen!

People: *The Lord is risen indeed. Alleluia!*

All: *Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen*

## ♪ Asperges

(three times)

Christ is ri-sen from the dead, tramp-ling down death by death, and on

those in the tombs be - stow - ing life, be - stow - ing life!

## Collect of the Day

Celebrant: Alleluia. Christ is risen.

People: *The Lord is risen indeed. Alleluia.*

Celebrant: Let us pray.

All: *O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice, we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. Amen.*

♪ Hymn of Praise

“Glory to You”

Blue Hymnal 236

1. Glo - ry to you, \_\_\_\_\_ Lord  
God of our fa - thers; \_\_\_\_\_ you are wor - thy of praise;  
glo - ry to you. \_\_\_\_\_ 2. Glo - ry to you \_\_\_\_\_  
\_ for the ra - di - ance of your ho - ly Name; \_\_\_\_\_ we will  
praise you and high - ly ex - alt you for ev - er. \_\_\_\_\_  
3. Glo - ry to you \_\_\_\_\_ in the splen - dor of your  
tem - ple; \_\_\_\_\_ on the throne of your ma - jes - ty, glo - ry to  
you. \_\_\_\_\_ 4. Glo - ry to you, \_\_\_\_\_ seat - ed bet -  
ween the Cher - u - bim; \_\_\_\_\_ we will praise you and  
high - ly ex - alt you for ev - er. \_\_\_\_\_

*Descant*

5. Glo - ry to you, be -

5. Glo - ry to you, be - hold - ing the

hold - ing the depths; in the high vault of

depths; in the high vault of hea - ven, glo - ry to

hea - ven, 6. Glo - ry to you,

you. 6. Glo - ry to you, Fa - ther,

Fa - ther, Son, and Ho - ly Spi - rit; we will

Son, and Ho - ly Spi - rit; we will praise you and

high - ly ex - alt you Glo - ry to you!

high - ly ex - alt you for ev - er.

## Acts 9:36-43

Lector: *A Reading from the Acts of the Apostles*

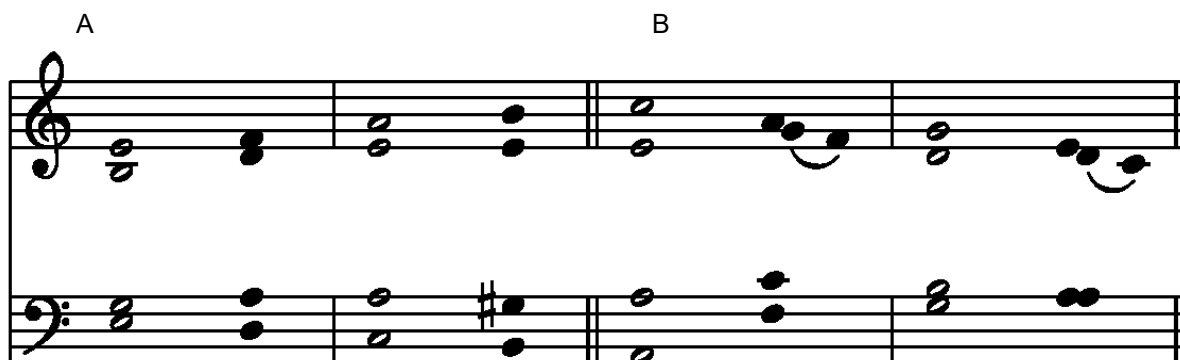
Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who

heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord. Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

Reader: *Hear what the Spirit is saying to God's people*

People: *Thanks be to God*

## ♪ Psalm 23



- A The Lord is my shepherd; \*  
I shall not be in want.
- B He makes me lie down in green pastures \*  
and leads me beside still waters.
- A He revives my soul \*  
and guides me along right pathways for his Name's sake.
- B Though I walk through the valley of the shadow of death, I shall fear no evil; \*  
for you are with me;  
your rod and your staff, they comfort me.
- A You spread a table before me in the presence of those who trouble me; \*  
you have anointed my head with oil,  
and my cup is running over.
- B Surely your goodness and mercy shall follow me all the days of my life, \*  
and I will dwell in the house of the Lord for ever.

## Revelation 7:9-17

Lector: *A Reading from the book of Revelations*

I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying,

“Salvation belongs to our God who is seated on the throne, and to the Lamb!”

And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, singing,

“Amen! Blessing and glory and wisdom  
and thanksgiving and honor  
and power and might  
be to our God forever and ever!  
Amen.”

Then one of the elders addressed me, saying, "Who are these, robed in white, and where have they come from?" I said to him, "Sir, you are the one that knows." Then he said to me, "These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb.

For this reason they are before the throne of God,  
and worship him day and night within his temple,  
and the one who is seated on the throne will shelter them.

They will hunger no more, and thirst no more;  
the sun will not strike them,  
nor any scorching heat;

for the Lamb at the center of the throne will be their shepherd,  
and he will guide them to springs of the water of life,  
and God will wipe away every tear from their eyes."

Reader: *Hear what the Spirit is saying to God's people*

People: ***Thanks be to God***

♪ Hymn

*“My Shepherd”*

Blue Hymnal 664



1 My Shep - herd will sup - ply my need, Je - ho - vah  
2 When I walk through the shades of death, thy pres - ence  
3 The sure pro - vi - sions of my God at - tend me



is his Name; \_\_\_\_\_ in pas - tures fresh he  
is my stay; \_\_\_\_\_ one word of thy sup -  
all my days; \_\_\_\_\_ oh, may thy house be

makes me feed be - side the liv - ing stream.\_\_\_\_  
 port - ing breath drives all my fears a - way.\_\_\_\_  
 mine a - bode and all my work be praise.\_\_\_\_

He brings my wan - dering spi - rit back when I for -  
 Thy hand, in sight of all my foes, doth still my  
 There would I find a sett - led rest, while o - thers

sake his ways, \_\_\_\_\_ and leads me, for his  
 ta - ble spread; \_\_\_\_\_ my cup with bless - ings  
 go and come; \_\_\_\_\_ no more a stran - ger

mer - cy's sake, in paths of truth and grace.\_\_\_\_  
 o - ver - flows, thy oil a - noints my head.\_\_\_\_  
 or a guest, but like a child at home.\_\_\_\_

Words: Isaac Watts (1674-1748); para. of Psalm 23

Music: *Resignation*, American folk melody, acc. David Hurd (b. 1950) Copyright ©1985, David Hurd. All rights reserved. Used with permission.

## John 10:22-30

At that time the festival of the Dedication took place in Jerusalem. It was winter, and Jesus was walking in the temple, in the portico of Solomon. So the Jews gathered around him and said to him, "How long will you keep us in suspense? If you are the Messiah, tell us plainly." Jesus answered, "I have told you, and you do not believe. The works that I do in my Father's name testify to me; but you do not believe, because you do not belong to my sheep. My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand. What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. The Father and I are one."

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: *Glory to You, Lord Christ.*

## Sermon

Berkeley Johnson

[We pause for a few moments' reflection before affirming our faith.]

Celebrant: Let us stand as we are able and join in the Affirmation of our Faith.

## Affirmation of Faith

All: *We trust in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.*

*We trust in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.*

*For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We trust in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We trust in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## Prayers of the People

BCP Form III

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;  
*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;  
*That your Name may be glorified by all people.*

We pray for all bishops, priests, and deacons;  
*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;  
***That there may be justice and peace on the earth.***

Give us grace to do your will in all that we undertake;  
***That our works may find favor in your sight.***

Have compassion on those who suffer from any grief or trouble;  
***That they may be delivered from their distress.***

Give to the departed eternal rest.  
***Let light perpetual shine upon them.***

We praise you for your saints who have entered into joy;  
***May we also come to share in your heavenly kingdom.***

Let us pray for our own needs and those of others.

[Prayers are read from the bidding book; additional prayers may be offered silently or aloud.]

*Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name, through Jesus Christ, our Lord. Amen.*

## **Peace**

Celebrant: The peace of Christ be always with you.

People: ***And also with you.***

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

## **Birthday & Anniversary Prayers**

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers are below.

### **50. For a Birthday p 830**

O God, our times are in your hand: Look with favor, we pray on your servant(s) \_\_\_\_\_ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their life/lives*; through Jesus Christ our Lord. *Amen.*

### **51. For a Birthday p 830**

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

### **52. For an Anniversary p 431**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*



### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_ ]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## The Offertory

*Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.*

### ♪ Offertory

### *"I Know That My Redeemer Liveth"*

Tune: HANNAH by James Fillmore

Arr. by Darcy Stanley

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### ♪ Doxology:

[Hymn tune #400]

[sung]

*Praise God from Whom all blessings flow*

*Blue Hymnal*

*Praise God all creatures here below, Alleluia, Alleluia*

*Praise God the Source of all our gifts*

*Praise Jesus Christ whose power uplifts*

*Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

## Holy Eucharist

BCP Prayer B

Celebrant      The Lord be with you.

People          *And also with you.*

Celebrant      Lift up your hearts.

People          *We lift them to the Lord.*

Celebrant      Let us give thanks to the Lord our God.

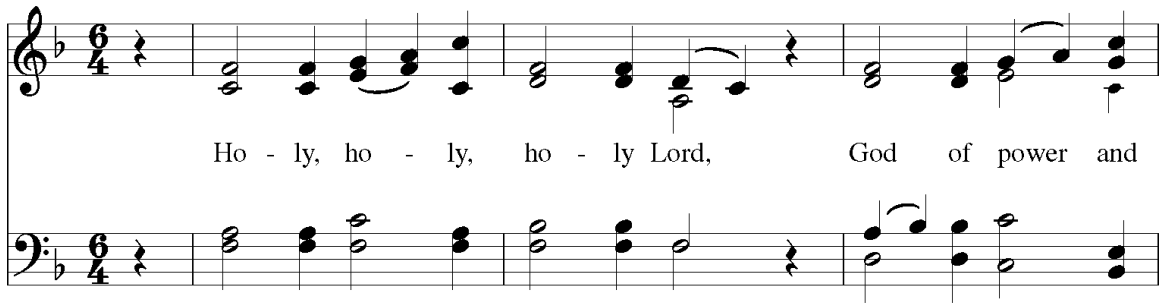
People          *It is right to give him thanks and praise.*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

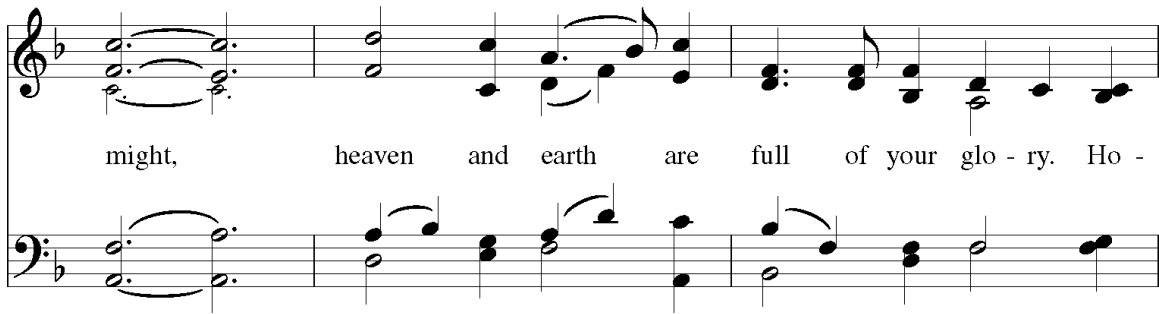
But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

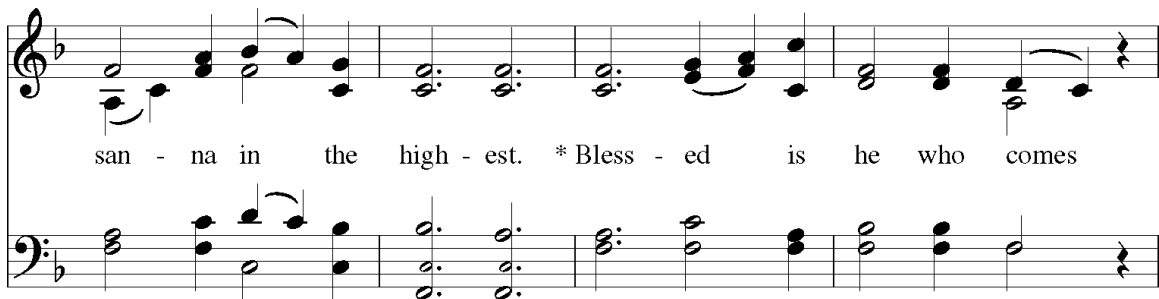
# Sanctus



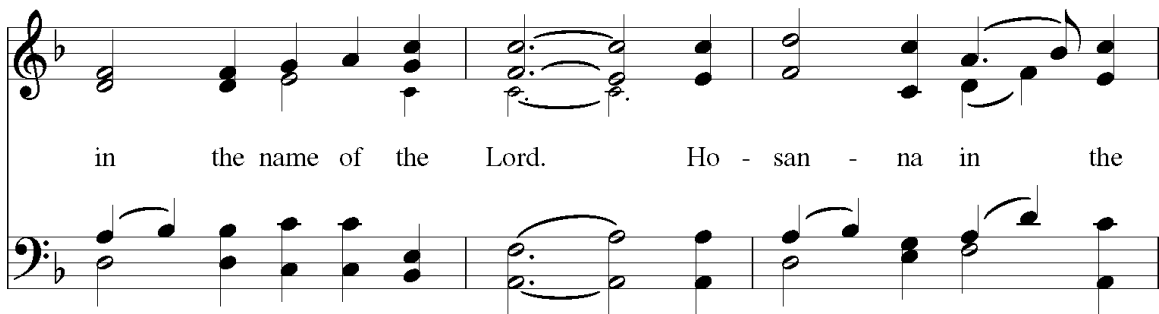
Ho - ly, ho - ly, ho - ly Lord, God of power and



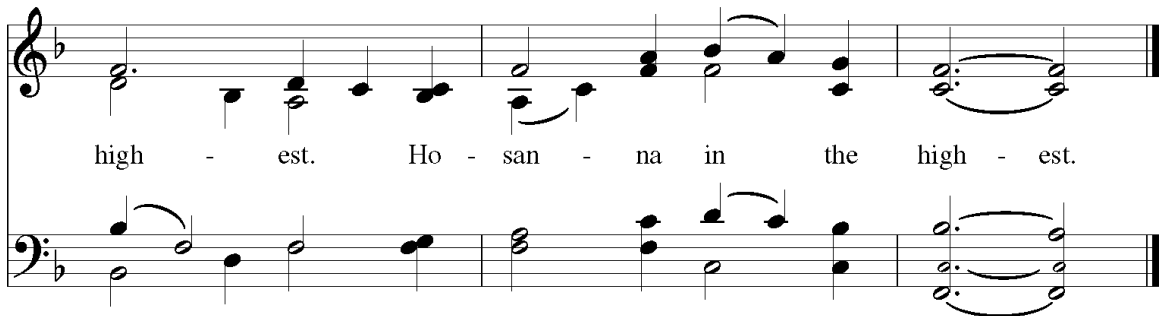
might, heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. \* Bless - ed is he who comes



in the name of the Lord. Ho - san - na in the



high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All:     ***We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;***

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary, Blessed Benedict, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

All:     ***By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.***

As our Savior Christ has taught us, we now pray,

**The Lord's Prayer**

*Our Father in heaven,  
 hallowed be your Name,  
 your kingdom come,  
 your will be done,  
 on earth as in heaven.  
 Give us today our daily bread.  
 Forgive us our sins  
 as we forgive those  
 who sin against us.  
 Save us from the time of trial,  
 and deliver us from evil.  
 For the kingdom, the power,  
 and the glory are yours,  
 now and for ever. Amen.*

### ♪ Fraction Anthem

*Principal Canon*

Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

### The Breaking of the Bread

The celebrant breaks the Bread

Celebrant      Look, the Body of Christ is broken for the life of the world.  
 Here is Christ coming to us in bread and in wine.

### Holy Communion

The Gifts of God for the People of God. Take them in remembrance that Christ died for you,  
 and feed on him in your hearts by faith, with thanksgiving.

This is God's table, and all are welcome here.

*If God is calling you, please contact the church office to have communion brought to you in your home.*

♩ Communion Hymn

“Praise the Lord”

Blue Hymnal 334

1 Praise the Lord, rise up re - joic - ing, wor - ship, thanks, de -  
 2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,  
 3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -

vo - tion voic - ing; glo - ry be to God on high!  
 one voice hear - ing, ears at - ten - tive to your word;  
 lert and liv - ing in your Spi - rit, strong and free.

Christ, your cross and pas - sion shar - ing, by this Eu - cha -  
 by your Blood new life re - ceiv - ing, in your Bo - dy,  
 Part - ners in your new cre - a - tion, seek - ing peace in

rist de - clar - ing yours the fi - nal vic - to - ry.  
 firm be - liev - ing, we are yours, and you the Lord.  
 ev - ery na - tion, may we faith - ful fol - lowers be.

Words: Howard Charles Adie Gaunt (b. 1902), alt. Copyright © by permission of H.C.A. Gaunt. All rights reserved. Used with permission. Music: *Alles ist an Gottes Segen*, melody att. Johann Balthasar König (1691-1758), alt.; harm. Johann Löhner (1645-1705), after chorale ver. Johann Sebastian Bach (1685-1750)

[We pause for a few moments' reflection before joining in our final prayer.]

All: ***Most loving God, creator and redeemer,  
 we give you thanks for this foretaste of your glory.  
 Through Christ, and with all your saints,***

*we offer ourselves and our lives to your service.  
 Send us out in the power of your Spirit,  
 to stand with you in your world.  
 We ask this through Jesus Christ, the servant,  
 our friend and brother. Amen.*

New Zealand Prayer Book

## Blessing

## Announcements

### Final Hymn

### “Savior Like A Shepherd”

Blue Hymnal 708

1 Sa - vior, like a shep - herd lead us; much we need thy  
 2 Ear - ly let us seek thy fa - vor, ear - ly let us

ten - der care; in thy plea - sant pas - tures feed us;  
 learn thy will; do thou, Lord, our on - ly Sa - vior,

for our use thy folds pre - pare. Bless - ed Je - sus!  
 with thy love our bos - oms fill. Bless - ed Je - sus!

Bless - ed Je - sus! Thou hast bought us, thine we are.  
 Bless - ed Je - sus! Thou hast loved us: love us still.

## Dismissal

Alleluia! Alleluia! Let us go forth into the world,  
Rejoicing in the power of the Spirit.

*Thanks be to God. Alleluia! Alleluia!*

## ♪ Postlude

*“Hallelujah! Jesus Lives!”*

Tune: FRED TIL BOD, Ludwig Linderman

Arr. Terry Osman

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Eucharist Liturgy Adapted from The Book of Common Prayer

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## Ministers of the Service

|                       |                              |
|-----------------------|------------------------------|
| Celebrant:            | The Rev. Dr. Caroline Hall   |
| Preacher:             | Berkley Johnson              |
| Eucharistic Minister: | Michael Lucas                |
| Lector:               | Diana Hammerlund             |
| Flowers:              | Sara Chesebro                |
| Ushers:               | Maureen Titus & Ron Thompson |
| Intercessor:          | Louisa Beeler                |
| Altar Guild:          | Lisa Gonzalez                |
| Online Hosts:         | Pat Henry & Suzan Vaughn     |
| Tellers:              | Jane Wu & Steve Cake         |
| Director of Music:    | Dave Alm                     |
| Technical:            | Hannah Jay Matthew           |

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## This Week at St Ben's

### Tuesday

9:45a Prayers for the Morning

10:15a Spiritual Conversation based on the great (and amusing) book, *The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life* by Father James Martin.

5:30p Vespers

Wednesday

6:00p Choir Rehearsal

Thursday

4:00p Community Dinner: We will provide TAKE OUT dinners, following a planned menu. Please contact Maureen Titus at 805-441-7262 to volunteer.

Sunday

8:00a Contemplative Communion

9:20a Bible Conversation

10:30a Eucharist

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