St. Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California The Fourth Sunday of Easter May 8, 2022

—8 a.m. Service—

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

Celebrant: The Lord is Risen

People: Christ is Risen indeed, alleluia

All: Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen

Canticle D A Song of the Wilderness Isaiah 35:1-7,10

The wilderness and the dry land shall be glad, * the desert shall rejoice and blossom; It shall blossom abundantly, * and rejoice with joy and singing. They shall see the glory of the Lord, * the majesty of our God. Strengthen the weary hands, * and make firm the feeble knees. Say to the anxious, "Be strong, do not fear! * Here is your God, coming with judgment to save you." Then shall the eyes of the blind be opened, * and the ears of the deaf be unstopped. Then shall the lame leap like a deer, * and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness * and streams in the desert: The burning sand shall become a pool * and the thirsty ground, springs of water. The ransomed of God shall return with singing, * with everlasting joy upon their heads. Joy and gladness shall be theirs, * and sorrow and sighing shall flee away.

Collect of the Day

Celebrant: God be with you People: And also with you.

Celebrant: Let us pray.

All: O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. Amen.

Acts 9:36-43

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord. Meanwhile he stayed in Joppa for some time with a certain Simon, a tanner.

— Hear What the Spirit is Saying to God's People.

Psalm 23

The Lord is my shepherd, I need nothing more.

You give me rest in green meadows,

setting me near calm waters, where you revive my spirit.

You guide me along sure paths; you are true to your name.

Though I should walk in death's dark valley,

I fear no evil with you by my side, your shepherd's staff to comfort me.

You spread a table before me as my foes look on.

You soothe my head with oil; my cup is more than full.

Goodness and love will tend me every day of my life.

I will dwell in the house of the Lord as long as I shall live.

The Psalter © 1994 Liturgy Training Publications

Revelation 7:9-17

I looked, and there was a great multitude that no one could count, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, robed in white, with palm branches in their hands. They cried out in a loud voice, saying, "Salvation

belongs to our God who is seated on the throne, and to the Lamb!" And all the angels stood around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, singing, "Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen." Then one of the elders addressed me, saying, "Who are these, robed in white, and where have they come from?" I said to him, "Sir, you are the one that knows." Then he said to me, "These are they who have come out of the great ordeal; they have washed their robes and made them white in the blood of the Lamb. For this reason they are before the throne of God, and worship him day and night within his temple, and the one who is seated on the throne will shelter them. They will hunger no more, and thirst no more; the sun will not strike them, nor any scorching heat; for the Lamb at the center of the throne will be their shepherd, and he will guide them to springs of the water of life, and God will wipe away every tear from their eyes."

— Hear What the Spirit is Saying to God's People.

John 10:22-30

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: Glory to You, Lord Christ.

At that time the festival of the Dedication took place in Jerusalem. It was winter, and Jesus was walking in the temple, in the portico of Solomon. So the Jews gathered around him and said to him, "How long will you keep us in suspense? If you are the Messiah, tell us plainly." Jesus answered, "I have told you, and you do not believe.

The works that I do in my Father's name testify to me; but you do not believe, because you do not belong to my sheep. My sheep hear my voice. I know them, and they follow me. I give them eternal life, and they will never perish. No one will snatch them out of my hand. What my Father has given me is greater than all else, and no one can snatch it out of the Father's hand. The Father and I are one."

Gospeller: The Gospel of Christ.

People: Praise to Christ the Word

Gospel Discussion

Prayers of the People

BCP Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

[Prayers are read from the bidding book; additional prayers may be offered silently or aloud.]

Lord, hear the prayers of your people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of your Name, through Jesus Christ, our Lord. **Amen.**

The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

To maintain safe social distancing, please simply greet others verbally or with a bow or nod. Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

Holy Eucharist EDW1

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People *We raise our hearts to God.*Celebrant Let us thank the giver of life..

People It is right to give our thanks and praise.

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy

God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

Celebrant and People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

ΑII

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time. you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

The Celebrant continues.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

"Take, eat:

This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

"Drink this, all of you:

This is my Blood of the new Covenant,

which is poured out for you and for all

for the forgiveness of sins.

Whenever you drink it,

do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Virgin Mary, Blessed Benedict, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Celebrant and People

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. AMEN.

The Lord's Prayer

As our Savior Christ has taught us, we now pray:

All Eternal Spirit,

Life-Giver, Pain-Bearer, Love Maker, Source of all that is and that shall be, Father and Mother of us all,

Loving God, in whom is heaven: The Hallowing of your Name echo through the universe!

The Way of your Justice be followed by the people of the world!

Your Heavenly Will be done by all created beings!

Your Commonwealth of Peace and Freedom sustain our hope and come on earth!

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In times of temptation and test, strengthen us. From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever. Amen.

New Zealand Prayer Book

The Breaking of the Bread

The celebrant breaks the consecrated bread.

A period of silence is kept.

Celebrant: We break this bread to share in the Body of Christ.

People: We who are many are one body, for we all

share in the one bread.

Celebrant: The Gifts of God for the People of God. This is God's table and all are welcome here.

If God is calling you, you are welcome to receive communion, If you prefer to receive a blessing, please cross your arms over your chest.

Closing Prayer

Celebrant: Let us pray.

All: Loving God,

we give you thanks

for restoring us in your image

and nourishing us with spiritual food

in the Sacrament of Christ's Body and Blood.

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

The Blessing

May God give you grace, to become the people he has called you to be, that you may live and work to his praise and glory. And the blessing of God, Father, Son, and Holy Spirit be among you and remain with you always. **Amen.**

Traces of Glory, David Adam © Morehouse Publishing 2000

Dismissal

Alleluia, alleluia, let us go forth in peace to love and serve our God Thanks be to God, alleluia, alleluia.

Today's Eucharist Liturgy is from "Enriching Our Worship" Supplemental Liturgical Materials prepared by The Standing Liturgical Commission of the Episcopal Church © 1997 Church Publishing Incorporated, New York. Used with permission.



St. Benedict's Episcopal Church

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THIS WEEK AT ST BEN'S

Tuesday, May 10

9:45 am – Prayers for the Morning (Zoom)

10:15am - Spiritual Conversation (Zoom)

5:30 pm – Vespers in person and on **Zoom**

Wednesday, May 11

6pm - Choir Practice

Sunday, May 15

8:00 am - Contemplative Communion in-person and Zoom

9:20 am – Bible Conversation

10:30 am – Eucharist (in-person and live-streamed on FB)

SAVE THE DATE! May 27 at 4pm Congressman Salud Carbajal will be here to give Caro+her Woman of the Year award. Please plan to come, and bring your friends. If you would like to help with refreshments, please let Caro+know.