



# St Benedict's Episcopal Church

~ Tending Mind and Soul ~

Los Osos, California

Earth Sunday

April 24, 2022

Whoever you are and wherever you are in your faith journey, there is a warm welcome for you here at St. Benedict's!

## ~ Prelude ~

"We Are Called"

David Haas

Arr. by Mark Hayes

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Celebrant: **Alleluia. Christ is Risen!**

People: ***The Lord is risen indeed. Alleluia!***

All: ***Holy and Life-Giving Spirit, You know our innermost thoughts even before they break through into consciousness; You teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word and Holy Spirit, Amen***

## ♪ Asperges

"Christ is Risen"

WLP 817

(three times)

Christ is ri-sen from the dead, tramp-ling down death by death, and on

The first system of musical notation is in 4/4 time with a key signature of one sharp (F#). It consists of a vocal line and a piano accompaniment line. The vocal line begins with a quarter note on G4, followed by quarter notes on A4, B4, and C5. The piano accompaniment consists of a steady bass line of quarter notes and chords.

those in the tombs be - stow - ing life, be - stow - ing life!

The second system of musical notation continues the piece. The vocal line has a melodic phrase with a slur over the notes. The piano accompaniment features a more active bass line with chords and a final cadence.

Celebrant: **Christ be with you.**

People: ***And also with you.***

Celebrant: **Let us pray.**

All: **Praised are you Adonai our God, who rules the universe, which lacks nothing; for God created fine creatures and pleasant trees in order that humans might enjoy them.**

Prayer from The Rabbinical Assembly of Conservative Judaism

♩ Hymn of Praise

"The Words of the Lord Are Created in Wisdom" G493

1. The works of the Lord are cre - a - ted in wis - dom!  
 2. Not e - ven the an - gels have ev - er been grant - ed  
 3. The sun ev - 'ry morn - ing lights up all cre - a - tion,  
 4. The wind is his breath and the clouds are his sig - nal,  
 5. The song is un - fin - ished; how shall we com - plete it,

We view the earth's won - ders and call him to mind;  
 To tell the full sto - ry of na - ture and grace;  
 The moon marks the rhy - thm of months in their turn;  
 The rain and the snow are the robes of his choice;  
 And where find the skill to per - fect all his praise?

We hear what he says in the world we dis - cov - er,  
 But o - pen to God is all hu - man per - cep - tion,  
 The glit - ter - ing stars are ar - rayed in God's hon - or,  
 The storm and the light - ning, his stan - dards and her - alds,  
 At work in all plac - es, he cares for all peo - ples—

And God shows his glo - ry in all that we find.  
 The mys - ter - ies of time and the se - crets of space.  
 A - dorn - ing the years as they cease - less - ly burn.  
 The crash of the thun - der, the sound of his voice.  
 How great is the Lord to the end of all days!

## Ezekiel 47:6-12

Reader: *A Reading from the Book of Ezekiel*

**He** said to me, ‘Mortal, have you seen this?’

Then he led me back along the bank of the river. As I came back, I saw on the bank of the river a great many trees on one side and on the other. He said to me, ‘This water flows towards the eastern region and goes down into the Arabah; and when it enters the sea, the sea of stagnant waters, the water will become fresh. Wherever the river goes, every living creature that swarms will live, and there will be very many fish, once these waters reach there. It will become fresh; and everything will live where the river goes. People will stand fishing beside the sea from Engedi to En-eglaim; it will be a place for the spreading of nets; its fish will be of a great many kinds, like the fish of the Great Sea. But its swamps and marshes will not become fresh; they are to be left for salt. On the banks, on both sides of the river, there will grow all kinds of trees for food. Their leaves will not wither nor their fruit fail, but they will bear fresh fruit every month, because the water for them flows from the sanctuary. Their fruit will be for food, and their leaves for healing.’

Reader: *Hear what the Spirit is saying to God’s people*

People: *Thanks be to God*

## ♪ Psalm 147

♩ = 140    Gmi    F    E<sup>b</sup>    Dmi    Cmi    Dmi    E<sup>b</sup>    F    vamp in Gm

Je - ho - vah with im - meas - ur - able wis - dom calls each star by name.

*Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*

From The Emergent Psalter by Isaac Everrett, copyright by Isaac Everrett, Church Publishing, Inc. www.churchpublishing.org

Hallelujah!

How good it is to sing praises to our God!

How pleasant to sing glorious praise!

### *Antiphon*

God rebuilds Jerusalem

And gathers the exiles of Israel.

God heals the brokenhearted

And binds up their wounds.

God counts the number of the stars

And calls them all by name.

Great is our God and mighty in power;

There is no limit to God’s wisdom.

God lifts up the lowly

But casts the wicked to the ground.

### *Antiphon*

Sing to God with thanksgiving;

Make music on the harp to our God,

Who covers the heavens with clouds

And prepares rain for the earth,

Who makes grass grow upon the mountains  
 And green plants to serve humanity,  
 Who provides food for flocks and herds  
 And for the young ravens when they cry.  
 God is not impressed with the might of horses  
 and does not value the strength of people,  
 God has pleasure in those who fear God,  
 In those who await gracious favor.

♩ = 140    Gmi    F    E<sup>b</sup>    Dmi    Cmi    Dmi    E<sup>b</sup>    F    *vamp in Gm*

Je - ho - vah with im - meas - ur - able wis - dom calls each star by name.

*Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*    \* *Led.*

From The Emergent Psalter by Isaac Everrett, copyright by Isaac Everrett, Church Publishing, Inc. www.churchpublishing.org.

### **Antiphon**

Worship God, O Jerusalem;  
 Praise your God, O Zion;  
 For God has strengthened the bars of your gates;  
 And has blessed your children within you  
 God has established peace on your borders;  
 And satisfies you with the finest wheat.

### **Antiphon**

God sends out a command to the earth,  
 And word runs very swiftly.  
 God gives snow like wool;  
 And scatters hoarfrost like ashes.  
 God scatters hail like bread crumbs;  
 Who can stand against the cold?  
 God send forth a word and melts them;  
 God blows wind, and waters flow.  
 God declares to Jacob  
 Statutes and judgments for Israel.  
 God has not done so to any other nation;  
 To them God has not revealed judgments.  
 Hallelujah!

### **Antiphon**

## **Romans 8:18-25**

Reader: *A Reading from Paul's letter to the Romans*

**I** consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will

obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Reader: *Hear what the Spirit is saying to God's people*

People: *Thanks be to God*

## ♪ Hymn

## “God, Beyond All Names”

G491

Melody

1. God, be - yond our dreams, you have stirred in us a mem - 'ry; you have  
 2. God, be - yond all names, you have made us in your im - age; we are  
 3. God, be - yond all words, all cre - a - tion tells your sto - ry; you have  
 4. God, be - yond all time, you are la - bor - ing with - in us; we are  
 5. God of ten - der care, you have cra - dled us in good - ness, you have

1. placed your pow'r - ful spir - it in the hearts of hu - man - kind. All a - round us we have  
 2. like you, we re - flect you; we are wom - an, we are man.  
 3. shak - en with our laugh - ter, you have trem - bled with our tears.  
 4. mov - ing, we are chang - ing in your spir - it ev - er new.  
 5. moth - ered us in whole - ness, you have loved us in - to birth.

known you, all cre - a - tion lives to hold you. In our liv - ing and our dy - ing we are bring - ing you to birth.

## Mark 4:26-32

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to John

People: *Glory to You, Lord Christ.*

He also said, ‘The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come.’

He also said, ‘With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade.’

## The Sermon

*The Rev. Dr. Caroline Hall*

[We pause for a few moments' reflection before affirming our faith.]

Let us declare our faith in God.

Please stand as you are able and join in the Affirmation of our faith.

## Affirmation of Faith

All *We believe in God the Father,  
 from whom every family*

*in heaven and on earth is named.  
We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.  
We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.  
We believe in one God;  
Father, Son and Holy Spirit.*

*Amen.*

## **Prayers of the People**

All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty. Fill us with peace, that we may live as brothers and sisters, harming no one.

O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction. Touch the hearts of those who look only for gain at the expense of the poor and the earth.

Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light. We thank you for being with us each day. Encourage us, we pray, in our struggle for justice, love and peace.

Source: A prayer for our earth, Pope Francis

We pray for those whose lives are closely connected to ours and for those who are in our hearts, starting with the bidding book.

[here you may add your own prayers of intercession or thanksgiving, aloud or silently]

**O God, enlarge within us the sense of fellowship with all living things, our brothers the animals to whom thou gavest the earth as their home in common with us.**

**We remember with shame that in the past we have exercised the high dominion of man with ruthless cruelty so that the voice of the earth, which should have gone up to thee in song, has been a groan of travail.**

**May we realize that all living things live not for us alone but for themselves and for thee, and that they love the sweetness of live. Amen**

St Basil the Great 330-379 CE

## The Peace

Celebrant: The peace of Christ be always with you.

People: *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

## Birthday & Anniversary Prayers

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.

Prayers can be found on the white card in your pew.

### 50. For a Birthday p 830

O God, our times are in your hand: Look with favor, we pray on your servant(s) \_\_\_\_\_ as *he/she/they* begin(s) another year. Grant that *he/she/they* may grow in wisdom and grace, and strengthen *his/her/their* trust in your goodness all the days of *his/her/their* life/lives; through Jesus Christ our Lord. *Amen.*

### 51. For a Birthday p 830

Watch over thy child, O Lord, as *his/her/their* days increase; bless and guide *him/her/their* wherever *he/she/they* may be. Strengthen *him/her/them* when *he/she/they* stand(s); comfort *him/her/their* when discouraged or sorrowful; raise *him/her/their* up if *he/she/they* fall; and in *his/her/their* heart may thy peace which passeth understanding abide all the days of *him/her/their* life; through Jesus Christ our Lord. *Amen.*

### 52. For an Anniversary p 431

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### 53. For Travelers p 831

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel [in particular \_\_\_\_\_]; surround them with your loving care; protect them from every danger; and bring them into safety to their journey's end; through Jesus Christ our Lord. *Amen.*

## The Offertory

*Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.*

### ♪ Offertory Hymn

*"Jesus is Lord of all the earth"*

Blue Hymnal 178

The image shows two staves of musical notation in G major (one sharp). The top staff is labeled "Descant" and contains a melodic line with a repeat sign. The bottom staff is labeled "Refrain" and contains a more rhythmic melodic line, also with a repeat sign. The lyrics are written below the notes.

Al - le - lu - ia, al - le -  
Al - le - lu - ia, al - le - lu - ia! Give thanks to the

lu - ia, al - le - lu - ia!

ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give

Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.

2 Spread the good news o'er all the earth:

3 We have been cru - ci - fied with Christ.

4 Come, let us praise the liv - ing God,

He is the King of cre - a - tion.

Je - sus has died and has ris - en. Al - le -

Now we shall live for ev - er.

joy - ful - ly sing to our Sa - vior.

*The descant may be sung after stanzas 3 and 4.*

Words: Donald Fishel (b. 1950) Music: *Alleluia No. 1*, Donald Fishel (b. 1950) Words, Music (melody): Copyright ©1973, The Word of God.  
arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938) Copyright ©1979, Celebration.  
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## ♪ Doxology:

*Traditional Hymn Tune #400*

*Praise God from Whom all blessings flow  
Praise God all creatures here below,  
Praise God above, ye heavenly host.  
Praise Father Son and Holy Ghost. Amen.*



# Holy Eucharist

HE III

Celebrant: The Lord be with you,

All: *And also with you.*

Celebrant: Lift up your hearts,

All: *We lift them up to God.*

Celebrant: Let us give thanks to God,

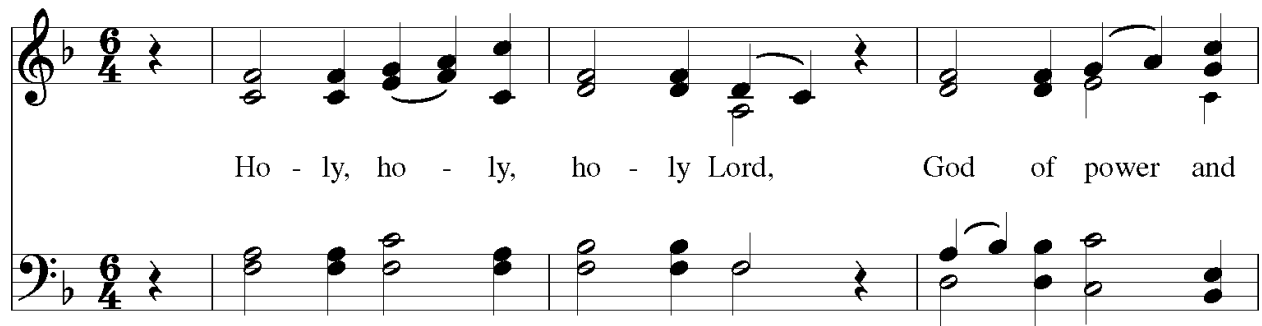
All: *It is right to give both thanks and praise.*

It is right and our joy and privilege to give thanks to you our Creator for the wonder of the universe: for all you have created and given life. We thank you for pollinators and spiders, for frogs and fish, for geckos and lizards, sparrows and eagles, for marsupials and mammals. You have created a universe of dark holes and brilliant supernovas which never ceases to astound and amaze us.

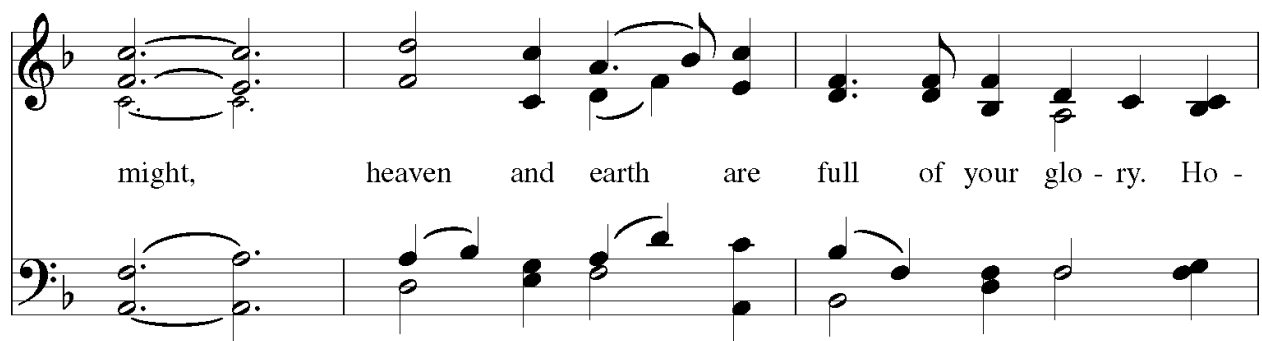
And you have chosen to make yourself known to us through the words of the prophets, through Christ manifest in creation, and through the action of the Holy Spirit connecting us with all beings and with your very Self in the intricate dance of the universe.

We give you praise, together with all those who have gone before and with the angelic hosts whose song echoes through the world, as we sing

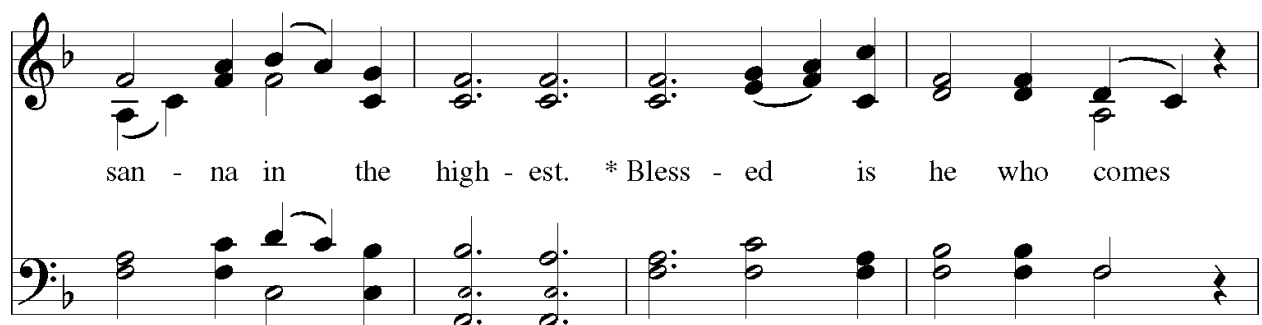
## Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of power and



might, heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. \* Bless - ed is he who comes

The image shows a musical score for a hymn. It consists of two systems of music, each with a treble and bass staff. The lyrics are: "in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est." The music is in a simple, homophonic style with a key signature of one flat (B-flat) and a common time signature.

We thank you that in your love for the world you created, you chose to incarnate and take on human form and human experience. We thank you that in Christ's death and burial you experienced what it is to be mortal, made of carbon and stardust. And we thank you that in the glorious resurrection of your Christ you opened for us the gates of heaven.

And now we come to you, bringing with us the whole of creation, longing for healing and reconciliation as we remember that on the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Recalling now his suffering and death, and celebrating his resurrection and ascension, we await his coming in glory.

*Christ has died*

*Christ is Risen*

*Christ will come again*

Accept, O Lord, our sacrifice of praise, this memorial of our redemption.

Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

And may all who eat this bread and drink this cup know the joy of your resurrection and live as your Body in the world, working together that all beings may be brought into harmony with one another and with you.

***All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.***

And now as our Savior Christ taught us, we are bold to say:

## The Lord's Prayer

*Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our hope  
and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For your reign is the glory of the power that is love, now and forever.  
Amen.*

New Zealand Prayer Book

## The Breaking of the Bread

The celebrant breaks the Bread

### Fraction Anthem

*Principal Canon*



Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

Celebrant      Look, the Body of Christ is broken for the life of the world.  
Here is Christ coming to us in bread and in wine.  
The gifts of God for the people of God.

## Communion Music

*Sakura* - Japanese folk melody

“*Blossom*”

Arranged by Chris de Silva

Communion Hymn

"I am the Bread of life"

Blue Hymnal 335



1 I am the bread of life; — they who  
 2 (The) Bread that — I will give — is my  
 3 (Un-) less — you eat — of the  
 4 I am the re - sur - rec - tion, —  
 5 (Yes,) Lord, — we be - lieve — that —



1 come to me shall not — hun - ger; they who be -  
 2 Flesh for the life of the world, — and they who  
 3 Flesh of the Son of — Man — and —  
 4 I — am the — life. — They who be -  
 5 you — are the — Christ, — the —



1 lieve in me shall not thirst. No one can come to  
 2 eat — of this bread, they shall — live for  
 3 drink — of his Blood, you shall not have life with -  
 4 lieve — in me, e - ven — if they  
 5 Son — of God who — has



1 me — un - less the — Fa - ther draw them.  
 2 ev - er. — they shall — live for ev - er.  
 3 in you. you shall not have life with - in you.  
 4 die, — they shall — live for ev - er.  
 5 come — in - to — the — world. —

*Descant*

And I will raise them up, and I will raise them

*Refrain*

And I will raise them up, and I will raise them

up, and I will raise them up on the

last day. 5 Yes, day.

last day. 2 The 3 Un- day. 4 5 Yes, (♯)

The descant may be sung after stanzas 4 and 5.

Words: Suzanne Toolan (b. 1927); adapt. of John 6, Copyright ©1971, G.I.A. Publications, Inc. Music: *I Am the Bread of Life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928) Copyright ©1970, 1975, Celebration. All rights reserved. Used with permission.

We pause for a few minutes reflection

All: ***Faithful God in the wonder of your wisdom and love you fed your people in the wilderness with the bread of angels, and you sent Jesus to be the bread of life. We thank you for feeding us with this bread. May it strengthen us that by the power of the Holy Spirit we may embody your desire and be renewed for your service through Jesus Christ our Savior. Amen.***

## The Blessing

May the waters flow peacefully; may the herbs and plants grow peacefully; may all the divine powers bring unto us peace. May the rain come down in the proper time, may the earth yield plenty of corn, may the country be free from war. May the peace of God reign in your hearts and the blessing of God, Creator, Redeemer and Holy Spirit be among you and remain with you always. Amen

Adapted from a Hindu prayer

## Announcements



1. I danced in the morn-ing when the
2. I danced for the scribe and the
3. I danced on the Sab-bath and I
4. I danced on a Fri-day when the
5. They cut me down and I



world was be-gun, And I danced in the moon and the  
 phar-i-see, But they would-n't dance, and they  
 cured the lame: The ho-ly peo-ple said it  
 sky turned black; It's hard to dance with the  
 leap up high; I am the life that-ll



stars and the sun, And I came down from heav-en and I  
 would-n't fol-low me; I danced for the fish-er-men, for  
 was a shame. They whipped and they stripped and they  
 dev-il on your back. They bur-ied my bod-y and they  
 nev-er, nev-er die; I'll live in you if you'll



danced on the earth; At Beth-le-hem I had my birth.  
 James and John; They came with me and the dance went on.  
 hung me high, And left me there on a cross to die.  
 thought I'd gone; But I am the dance and I still go on.  
 live in me: I am the Lord of the Dance, said he.

**Dismissal**

Alleluia, alleluia Let us go forth in peace to love and serve our God  
*Thanks be to God, Alleluia, alleluia*

**Postlude:***"We Are Called"*

David Haas

Arr. by Mark Hayes

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## Ministers of the Service

Celebrant:	The Rev. Dr. Caroline Hall
Eucharistic Minister:	Diana Hammerlund
Lector:	John Horsley
Cantor:	Diana Hammerlund
Flowers:	Easter Flowers
Ushers:	Dianne Long and Barbara Skippers
Intercessor:	Jill Denton
Altar Guild:	Pat Stoneman
Online Host:	Jane Wu
Tellers:	Dianne Long and Diana Hammerlund
Director of Music:	Dave Alm
Technical:	Hannah Jay Matthew

## This Week at St Ben's

### Tuesday April 26

9:45 Prayers for the Morning  
10:15 Spiritual Conversation  
5:30 Vespers

### Wednesday, April 27

11am and 4pm Laundry Love  
6pm Choir Practice  
*Newsletter deadline*

### Friday April 29/Saturday April 30

Diocesan Spring Renewal

### Sunday, May 1

NO 8:00  
9:20 Bible Conversation  
10:30 Eucharist  
Wayside Cross Picnic

## Announcements

The Rector will be on vacation this week and next: if you need help please contact Maureen Titus 805-441-7262 or Hannah in the church office.

The Tuesday Spiritual conversation will be based on the great (and amusing) book, *The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life* by Father James Martin.

Next Thursday (May 5) we serve the Community Dinner.

Please contact Maureen Titus to see how you can help.

## St. Benedict's Episcopal Church

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