



# St Benedict's Episcopal Church Los Osos, California

~ Tending Mind and Soul ~

LAST SUNDAY AFTER THE EPIPHANY:

10:30 am – February 27, 2022

Whoever you are and wherever you are on your faith journey, there's a warm welcome for you here!

**Prelude:** "Spirit of God, Descend Upon My Heart"  
Frederick Cook Atkinson © 1997 Hal Leonard Corporation

**Opening Anthem: Cry Out and Shout!** Knut Nysted c. 1956 Summy-Birchard Music  
St Benedict's Singers

Celebrant: Blessed be the one, holy, and living God.  
People: *Glory to God for ever and ever. Amen.*

All: *Holy and Life-Giving Spirit, you know our innermost thoughts even before they break through into consciousness; you teach us how to pray. Breathe your breath into our hearts and minds this morning. Prepare us for worship, that our thoughts may turn to you and our hearts bow down in grateful praise of God - Creator, Word, and Holy Spirit, Amen.*

## Hymn of Praise

Hal - le - lu - jah! We sing your prais - es! All our  
Ha - le - lu - ya! Pe - lo tsa ro - na, di tha -

hearts are filled with glad - ness! Hal - le - lu - jah! We sing your  
bi - le ka - o - fe - la. Ha - le - lu - ya! Pe - lo tsa

prai - ses! All our hearts are filled with glad - ness!  
ro - na, di tha - bi - le ka - o - fe - la.

Fine

Christ the Lord to us said: "I am wine, I am bread, I am  
Je - sus says to us still: "All who do the Lord's will, all who  
wine, I am bread, give to all who thirst and hun - ger!"  
do the Lord's will are my sis - ters and my bro - thers." *D.C.*

South African Church Publishing

### Collect of the Day

Celebrant: God be with you

People: *And also with you.*

Celebrant: Let us pray.

All: *God unknown and unsheltered by our poor constructs: open to us the moments when heaven overshadows time and robs us of empty words; in the moment of silence help us to listen to the Chosen One, who goes to die that we might live, Jesus Christ our Lord, Amen.*

Shakespeare, Prayers for an Inclusive Church, Church Publishing

### Exodus 34:29-35

Lector: *A Reading from the book of Exodus*

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

Lector: Hear what the Spirit is saying to God's people.

People: *Thanks be to God*

## Psalm 99

Emergent Psalter

[Antiphon will be sung by Cantor, then repeated by all. Verses said in unison.]

### Antiphon

Oh, might- y God, lov- er of jus- tice, it was you who cre- at- ed e- quit- y.

From The Emergent Psalter by Isaac Eirewell, copyright by Isaac Eirewell, Church Publishing, Inc. www.churchpublishing.org

God reigns, let the people tremble.  
God is enthroned upon the cherubim, let the earth shake.  
God is great in Zion  
And is high above all peoples.  
Let them confess the Name, which is great and awesome;  
God is the Holy One  
“O mighty ruler, lover of justice,  
You have established equity;  
You have executed righteous justice in Jacob.”  
Proclaim the greatness of God, our God  
And fall down before God’s footstool:  
God is the Holy One.

### Antiphon

Moses and Aaron among the priests,  
Samuel among those who call upon the Name,  
They called upon God,  
Who answered them.  
God spoke to them out of the pillar of cloud;  
And kept the testimonies and the decree that were given to them.  
“O God, our God, you answered them indeed;  
You were a God who forgave them,  
Yet punished them for their evil deeds.”

### Antiphon

Proclaim the greatness of God, our God,  
And worship him upon the holy hill;  
For God, our God, is the Holy One.

## 2 Corinthians 3:12-4:2

Lector: *A Reading from the Second letter of Paul to the Corinthians*

Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord,

the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practice cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

Lector: Hear what the Spirit is saying to God's people.

People: ***Thanks be to God.***

**Gospel Hymn:**            *Jubilate Deo*            *Michael Praetorius arr. Berthier c. Presses de Taizé*  
The St Benedict's Singers

### **Luke 9:28-43a**

Gospeller: The Holy Gospel of Our Savior Jesus Christ According to Luke.

People: ***Glory to You, Lord Christ.***

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah"--not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

On the next day, when they had come down from the mountain, a great crowd met him. Just then a man from the crowd shouted, "Teacher, I beg you to look at my son; he is my only child. Suddenly a spirit seizes him, and all at once he shrieks. It convulses him until he foams at the mouth; it mauls him and will scarcely leave him. I begged your disciples to cast it out, but they could not." Jesus answered, "You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here." While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. And all were astounded at the greatness of God.

Gospeller: *The Gospel of Christ.*

People: ***Praise to You, Lord Christ.***

### **The Sermon**

The Rev. Susan Plucker

*[We pause for a few moments' reflection before affirming our faith.]*

## Affirmation of Our Faith

*Let us stand and join in the Affirmation of our Faith*

People: ***We believe in God the Creator,  
from whom every family in heaven and on earth is named.  
We believe in God the Redeemer,  
who lives in our hearts through faith, and fills us with God's love.  
We believe in God the Holy Spirit,  
who strengthens us with power from on high.  
We believe in One God: Creator, Christ and Holy Spirit. Amen.***

*Source: Common Worship, Church of England*

## Prayers of the People

Holy One, we pray that the glory of your presence may fill our lives and be reflected in all that we do. We ask that our churches may be radiant with your glory, that the gospel is not veiled from sight but revealed in our action and witness. We pray for all preachers, for ministers of the word and sacraments, that they will reveal to us the face of Jesus the Christ. We remember especially those who are suffering for their faith. Christ, let your glory be about us ***and fill our hearts and minds.***

We give thanks for all who add beauty to our world. We pray for artists, writers, musicians and craftspeople; for gardeners, architects, planners and for all who influence our daily life. We pray for all who live in desolate places and places of deprivation where beauty is scarce. Christ, let your glory be about us ***and fill our hearts and minds.***

We give thanks for all who have enriched our lives and improved our environment, especially EcoSlo and the Los Osos Valley Garden Club. We pray for those who work to meet our daily needs. We ask your blessing upon our homes and places of work, upon our friends and our loved ones. Christ, let your glory be about us ***and fill our hearts and minds.***

We pray for all who are finding life dull or drab, for all who are getting no joy or satisfaction out of their life. We remember the stressed and the distressed, the over-worked and the over-anxious. We pray also for all who suffer from defective hearing or vision, especially any who are losing the use of their faculties. We ask for comfort and strength for all who are ill and all who have asked for our prayers, starting with those in the bidding book...

[you are encouraged to add your own prayers and thanksgivings aloud or silently]

Christ, let your glory be about us ***and fill our hearts and minds.***

Holy One, we pray that we may be changed from glory into glory. We pray for all who now see you face to face, all who rejoice in the glory of your nearer presence. Christ, let your glory be about us ***and fill our hearts and minds.***

*God of grace and goodness, awaken us to your glory, that our lives may reflect your radiance, that we may share in your likeness, and in walking the way of Christ we may reveal your love to the world; through the same Christ who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

## **Confession and Absolution**

*Let us confess our sins to God.*

All:        *God of all mercy,  
              we confess that we have sinned against you,  
              opposing your will in our lives.  
              We have denied your goodness in each other,  
              in ourselves, and in the world you have created.  
              We repent of the evil that enslaves us,  
              the evil we have done,  
              the evil done on our behalf,  
              and the good that we have left undone.  
              Forgive, restore, and strengthen us  
              through our Savior Jesus Christ,  
              that we may abide in your love  
              and serve only your will. Amen.*

*May the All-Compassionate God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.*

## **The Peace**

Celebrant:    *The peace of Christ be always with you.*

People:        *And also with you.*

To maintain safe social distancing, please simply greet others verbally or with a bow or nod.

## **Birthdays and Anniversaries**

Those wanting a special prayer for a birthday, anniversary, or travel, may come forward.  
Prayers can be found on the white card in your pew.

## **Offertory**

Collection plates are not passed, but you may put your contributions in the plate by the usher's station before the service, or at the Peace, or contribute at our website any time.

1. I love to tell the sto - ry Of un - seen things a - bove,  
 2. I love to tell the sto - ry, For those who know it best

1. Of Je - sus and His glo - ry, Of Je - sus and His love,  
 2. Seem hun - ger - ing and thirst - ing To hear it, like the rest,

1. I love to tell the sto - ry, Be - cause I know it's true;  
 2. And when, in scenes of glo - ry, I sing the new, new song,

1. It sat - is - fies my long - ings As noth - ing else would do,  
 2. 'Twill be the old, old sto - ry That I have loved so long.

I love to tell the sto - ry; 'Twill be my theme in glo - ry.

To tell the old, old sto - ry Of Je - sus and His love.

## Holy Eucharist

IONA

*(Please Stand)*

**Doxology**    *Praise God from Whom all blessings flow  
Praise God all creatures here below, Alleluia, Alleluia  
Praise God the Source of all our gifts  
Praise Jesus Christ whose power uplifts  
Praise the Spirit, Holy Spirit, Alleluia, Alleluia, Alleluia*

H400

Celebrant:    The table of bread and wine is now made ready.  
It is the table of company with Jesus, and all who love him.  
It is the table of sharing with the poor of the world,  
with whom Jesus identified himself.  
It is the table of communion with the earth,  
in which Christ became incarnate.  
So come to this table,  
you who have much faith  
and you who would like to have more;  
you who have been here often  
and you who have not been for a long time;  
you who have tried to follow Jesus,  
and you who have failed;  
Come.  
It is Christ who invites us to meet him here.

Celebrant:    The Lord be with you.  
All:            *And also with you.*  
Celebrant:    Lift up your hearts.  
All:            *We lift them up to God.*  
Celebrant:    Let us give thanks to God.  
All:            *It is right to give both thanks and praise.*

Celebrant:    We offer you praise, dear God, and hearts lifted high, for in the communion of your love Christ comes close to us and we come close to Christ. Therefore with the whole realm of nature around us, with earth, sea and sky, we sing to you. With the angels of light who envelop us, with Michael and the host of heaven, with all the saints before and beside us, with Columba and Brigid, Patrick and Margaret, Blessed Mary and Blessed Benedict, with brothers and sisters, east and west, we sing to you. And with our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of your unending greatness:



Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might,  
 heav-en and earth are full of your glo-ry. Ho -  
 san-na, ho - san-na on high. Bless-ed is he who comes in the  
 name of the Lord. Ho - san - na in the high - est, ho -  
 san - na in the high-est, ho - san-na, ho - san-na on high.

Music: *St. Louis Jesuits Mass*; Dufford & Schutte

Celebrant:

Blessed is our brother Jesus,  
 who walks with us the road of our world's suffering,  
 and who is known to us in the breaking of bread.

On the night of his arrest Jesus took bread and having blessed it  
 he broke the bread and gave it to his disciples, saying,  
 This is my body, given to you.

In the same way he took wine and having given thanks for it  
 he poured it out and gave the cup to his disciples, saying,  
 This cup is the new relationship with God,  
 sealed with my blood. Take this and share it.  
 I shall drink wine with you next in the coming Kingdom of God.

All:

***Loving God,  
 through your goodness we have this bread and wine to offer,  
 which earth has given and human hands have made.  
 May we know your presence in the sharing of this bread,  
 So that we may know your touch in all bread, all matter.  
 We celebrate the life that Jesus has shared among his community  
 through the centuries, and shares with us now.  
 Made one in Christ and one with each other, we offer these gifts  
 and with them ourselves, a single, holy, living sacrifice. Amen.***

Celebrant:

Hear us, O Christ, and breathe your Spirit upon us and upon this bread and wine.  
 May they become for us your body, vibrant with your life, healing, renewing and  
 making us whole. And as the bread and wine which we now eat and drink are  
 changed into us, may we be changed again into you, bone of your bone, flesh of  
 your flesh, loving and caring in the world.

All:

***Through Christ and with Christ and in Christ,  
 all honor and glory are yours, All-Compassionate God,  
 in the unity of the Holy Spirit, for ever and ever. AMEN***

## The Lord's Prayer

New Zealand Prayer Book

*As our Savior Christ teaches us, we now pray:*

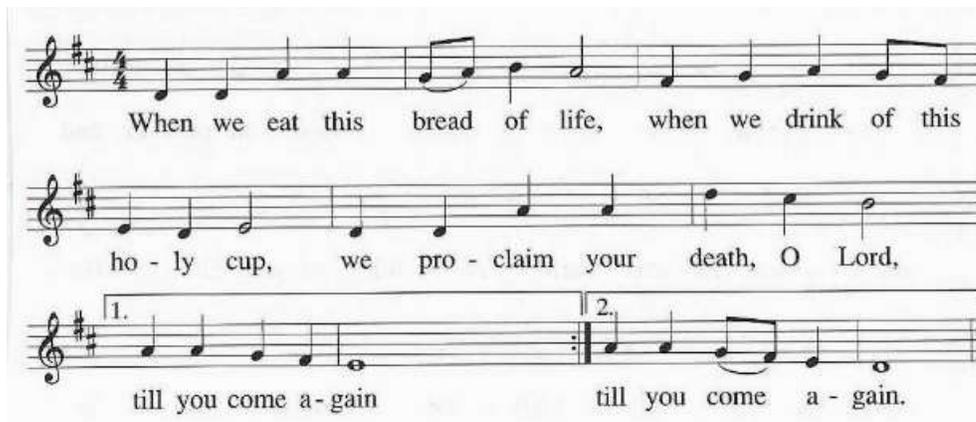
*Eternal Spirit, Life-Giver, Pain-Bearer, Love Maker,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:  
The Hallowing of your Name echo through the universe!  
The Way of your Justice be followed by the people of the world!  
Your Heavenly Will be done by all created beings!  
Your Commonwealth of Peace and Freedom sustain our hope and come on earth!  
With the bread we need for today, feed us.  
In the hurts we absorb from one another, forgive us.  
In times of temptation and test, strengthen us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.  
For you reign in the glory of the power that is love, now and forever. Amen.*

## The Breaking of the Bread

*The celebrant breaks the consecrated bread.  
A period of silence is kept.*

## Fraction Anthem

G-298



When we eat this bread of life, when we drink of this  
ho - ly cup, we pro - claim your death, O Lord,  
till you come a - gain                      1.                      2.                      till you come a - gain.

Music: St. Louis Jesuits Mass; Dufford and Schutte © 1979 New Dawn Music

## Holy Communion

Celebrant:

The gifts of God for the people of God.  
This is God's table, and all are welcome here.

If God is calling you, you are welcome to receive communion,  
If you prefer to receive a blessing, please cross your arms over your chest.  
As your group is called forward, please spread out to widen the circle and increase safe social distancing.

**Communion Music:** "Fairest Lord Jesus" *Schlesische Volkslieder*, 1842  
Piano Setting by Joel Raney © 2007 Hope Publishing

Verses



1. Glo-ri-ous in maj-es-ty, Ho-ly in his prais-es,  
 2. Vic-to-ry he won for us, Free-ing us from dark-ness,  
 3. One in love, as fam-i-ly, Liv-ing with each oth-er,



Je-sus, our Sav-ior and our King. Born a man, yet God of old,  
 Dy-ing and ris-ing from the dead. Liv-ing with the Fa-ther now,  
 Glad-ly we share each oth-er's pain. Yet he will not leave us so,



Let us all a-dore him: Filled with his Spir-it, let us sing.  
 Yet he is a-mong us: We are the bod-y, he the head.  
 Soon he is re-turn-ing, Tak-ing us back with him to reign.

Refrain



Liv-ing is to love him, serv-ing him to know his free-dom.



Come a-long with us to join the praise of Je-sus.



Come to Je-sus now, Go to live his word re-joic-ing.

Text: Jeff Cothran, fl.1972, © 1972, GIA Publications, Inc.  
 Tune: SHIBBOLET BASADEH, 7 6 8 D with refrain; Jewish melody; harm. by Jeff Cothran, fl.1972

*(We pause for a moment of silence before joining together in our final prayer)*

All: ***Creator of all, we give you thanks and praise  
 that when we were still far off you met us in your Son and brought us home.  
 Dying and living, he declared your love, gave us grace, and  
 opened the gate of glory.  
 Keep us firm in the hope you have set before us,  
 so we and all your children shall be free,  
 and the whole earth live to praise your name;  
 through Christ our Savior. Amen.***

*Episcopal Church of Scotland (adapted)*

## The Blessing

May the everlasting God shield you, east and west and wherever you go,  
And the blessing of God be upon us, *the blessing of the God of life.*  
The blessing of Christ be upon us, *the blessing of the Christ of love.*  
The blessing of the Spirit be upon us, *the blessing of the Spirit of grace.*  
The blessing of the Trinity be upon us, now and for ever more. *Amen.*

## Announcements

## Final Hymn

*"I will sing, I will sing"*

G 543

Verses 1, 2, 3, 6



1. I will sing, I will sing a song un - to the Lord.  
2. We will come, we will come as one be - fore the Lord.  
3. If the Son, if the Son shall make you free,  
6. In his name, in his name we have the vic - to - ry.



I will sing, I will sing a song un - to the Lord.  
We will come, we will come as one be - fore the Lord.  
If the Son, if the Son shall make you free,  
In his name, in his name we have the vic - to - ry.



I will sing, I will sing a song un - to the Lord.  
We will come, we will come as one be - fore the Lord.  
If the Son, if the Son shall make you free,  
In his name, in his name we have the vic - to - ry.



Al - le - lu - ia, glo - ry to the Lord.  
Al - le - lu - ia, glo - ry to the Lord.  
You shall be free in - deed.  
Al - le - lu - ia, glo - ry to the Lord.

Refrain



Al - le - lu, al - le - lu - ia, glo - ry to the Lord. Al - le -



lu, al-le-lu - ia, glo - ry to the Lord. Al-le - lu, al-le-lu - ia, glo -

ry to the Lord. Al-le - lu - ia, glo - ry to the Lord.

Verses 4, 5

4. They that sow in tears shall reap in joy. They that  
5. Ev - 'ry knee shall bow and ev - 'ry tongue con - fess, Ev - 'ry

sow in tears shall reap in joy. They that  
knee shall bow and ev - 'ry tongue con - fess, Ev - 'ry

sow in tears shall reap in joy. Al - le -  
knee shall bow and ev - 'ry tongue con - fess, That

lu - ia, glo - ry to the Lord.  
Je - sus Christ is Lord.

Text: Max Dyer  
Tune: PULKINGHAM, Irregular: Max Dyer  
© 1974, 1975, Celebration

## The Dismissal

Celebrant: Alleluia, alleluia! Let us go forth into the world,  
rejoicing in the power of the Spirit.

People: ***Thanks be to God. Alleluia, alleluia!***

## Postlude:

"Shine, Jesus, Shine"  
Graham Kendrick © 2006 Make Way Music

Eucharist Liturgy Adapted from The Iona Abbey Worship Book  
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Music reproduced under OneLicense #A706314

## This Week at St. Ben's

### Sunday February 27

12:30pm - Staff-Parish Liaison Team meeting on Zoom  
2pm -- Deanery Meeting with speaker on SLO4Home, Details on our website,  
<https://www.stbenslososos.org/events/deanery-meeting-with-slo4home/>

### Monday, Feb 28 RECTOR'S SABBATH

### Tuesday, March 1

9:45 am – Prayers for the Morning (Zoom)  
10:15 am – *NO Spiritual Conversation*  
5:30 pm – Vespers service: in person and on Zoom

### Wednesday, March 2

7:30 - 11:00 am – Ashes to Go outside the Abundance Shop  
6:00 pm – Choir Rehearsal  
7:15 – Ash Weds service with music

### Thursday, March 3

11:00 – Lord Teach us to Pray (Zoom and in-person)  
4:00 Community Dinner

### Sunday, March 6

9:20 am – Bible Conversation  
10:30 am – Eucharist service (also live-streamed on FB)

## ANNOUNCEMENTS

**SPECIAL DEANERY MEETING** with speakers Lauren Brown and Vance Rodgers of the SLO4Home organization that is putting together an effort to help in the resettlement of Afghan refugees. February 27 at 2pm <https://us02web.zoom.us/j/88412212033?pwd=L2R0Mnplb01pb0p1aTVqU3pkdHNYdz09>

**LORD TEACH US TO PRAY** - a study of the spirituality of the Lord's Prayer starts March 3 at 11am and continues every Thursday during Lent. The study booklet costs \$17 if you can afford it. Please contact Jay to pre-register.

**TUESDAY SPIRITUAL CONVERSATION** The weekly Spiritual Conversation will start again on Tuesday March 8 and will be based on the book "[In God's Presence: Theological Reflections on Prayer](#)" by Marjorie Suchocki. This conversation is open to anyone and everyone whether or not you read the book. On-line via Zoom on Tuesdays at 10:15am. A service of Prayers for the Morning is also available on Tuesdays, starting at 9:45 on Zoom

**OFFICE HOURS:** Jay will be in the office on Monday, Wednesday and Friday from 2-5. If you need something at other times please contact Caro+

**BIRTHDAYS THIS WEEK—**

- March 4 Susan Plucker+
- March 5 Ruth Turner

**PERSONAL PRAYER** – A member of the Healing Prayer Ministry team is available each week after the 10:30 service to pray with you for special concerns. If you'd like this prayer support during the week, contact **Jill Denton** at **(805)704-1364**. If no answer, please leave a message and your call will be returned.

**Ministers of the Service**

Celebrant:	The Rev. Dr. Caroline Hall
Deacon:	The Rev. Sharon Dalrymple
Preacher:	The Rev. Susan Plucker
Eucharistic Minister:	Lisa Gonzalez
Lector:	Dianne Long
Ushers:	Maureen Titus & Sandy Fisher
Flowers:	Brian Spolarich
Altar Guild:	Lorienne Schwenk
Music Director:	Dave Alm
Intercessor:	Jill Denton
On-line Hosts:	Pat Henry & Suzan Vaughn
Tellers:	Alice Welchert & Diana Hammerlund
Technical Support:	Jay Matthew